

ATTACHMENT

For Item

21

TUESDAY
April 9, 2024

PUBLIC COMMUNICATION RECEIVED BY THE
CLERK OF THE BOARD

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Valdivia, Janely

From: henkinp@earthlink.net
Sent: Thursday, April 4, 2024 3:13 PM
To: Desmond, Jim; Anderson, Joel; MontgomerySteppe, Monica; Vargas, Nora (BOS);
Lawson-Remer, Terra
Cc: FGG, Public Comment
Subject: [External] ACCESS TO MEDICATION-BASED ABORTION TREATMENT (PLEASE INCLUDE
WITH DOCUMENTS FOR AGEND #21)

Follow Up Flag: Follow up
Flag Status: Flagged

Hi Supervisors,

Given the alarming side effects of these medicines you want to ensure our access to, we need a better alternative than just medicines. I think it is bad that the Board Letter and Resolution do not mention the importance of non-medicinal treatments.

This letter mentions mifepristone and misoprostol which is usually used afterward.

Mifepristone has many more side-effects: More common are: Abdominal or stomach pain or uterine cramping; back pain; diarrhea; dizziness; headache; nausea or vomiting.

There is also heavy bleeding including blood clots.

Less common are: Acid or sour stomach; anxiety; belching; cough; excessively heavy vaginal bleeding; fainting or lightheadedness when getting up from a lying or sitting position; fever; flu-like symptoms; headache; heartburn; increased clear or white vaginal discharge; indigestion; itching of the vagina or genital area; lack or loss of strength; pain during sexual intercourse; pain or tenderness around the eyes and cheekbones; pale skin; shaking chills; stomach discomfort, upset, or pain; stuffy or runny nose; tightness of the chest; trouble sleeping; troubled breathing; troubled breathing, exertional; unusual bleeding or bruising; unusual tiredness or weakness

Incidence not known: Chest pain or discomfort; confusion; fast, weak pulse; fever or chills; lower back or side pain; pain or discomfort in the arms, jaw, back, or neck; painful or difficult urination; pale, cold, or clammy skin; shortness of breath; sudden increase in stomach or shoulder pain; sweating; unusual or large amount of vaginal bleeding.

The most commonly reported adverse effects of Misoprostol include shivering/chills, diarrhea, abdominal pain, hyperthermia, nausea, vomiting, flatulence, constipation, dyspepsia, headache, breakthrough bleeding, and menstrual irregularity.

Again, I think that the Board Letter and Resolution should mention the importance of non-medicinal treatments. They need to be rewritten.

Regards,

Paul Henkin