



*Aging & Independence Services (AIS) Advisory Council Meeting Minutes  
Executive & Membership Subcommittee  
March 24, 2026, 9:30 a.m. – 10:30 a.m.  
County Operations Center, 5560 Overland Ave Suite 310, 3rd Floor –  
Joaquin Anguera Room, San Diego, CA 92123*

Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)  
Microsoft Teams Meeting ID: 248 050 530 608 | Meeting Password: ZL6HF7T3

**Meeting Attendance**

*Members Present In Person*

1. Stephen Huber
2. Elaine Lewis
3. Susan Mallett
4. Jacqueline Simon

*Members Not Present*

- Wanda Smith

*Guests Present: None*

*AIS Staff Present*

- Jana Jordan
- Samantha Hasler

**Meeting Minutes - Draft**

1. **Call to Order: Susan Mallett, Chair**
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of Quorum
    - i. Quorum met with 3 members present at the start of the meeting.
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.**
  - a. None stated or requested for this meeting.
3. **Standard Business**
  - a. Public Comment/Announcements: Members or Non-members
  - b. Approval of February 24, 2026, Meeting Minutes (Action)\*  
**[M/S – E. Lewis / J. Simon: Unanimous]**

**4. Membership Business**

- a. Current Status – 5 vacancies. The committee discussed vacancies, recruitment, and seat terms.
- b. Resignations – N/A
- c. Applicants
  - i. Application Log\* – The subcommittee reviewed this log.
  - ii. Application Review\* – The subcommittee reviewed and discussed applications.
  - iii. Interviews – The subcommittee conducted an interview with candidate S. Slaten. No recommendation for appointment was made at this time.
- d. Interested Parties – Individuals that have submitted an application will be encouraged to continue attending meetings.
- e. Vacancy Log\*
  - Supervisor-Appointed Seat Vacancies: 4
  - Council-Appointed Seat Vacancies: 1
- f. Actions
  - i. Recommendations to seat applicant(s): Refer to item 4.c.iii.
  - ii. Actions regarding term expiration(s): Appoint Susan Mallett to 2<sup>nd</sup> full term, to expire 5/11/2030 (Action)  
**[M/S – J. Simon / E. Lewis: Unanimous]**
  - iii. Assign seat(s) for proposed member(s): Refer to item 4.c.iii.
- g. Membership
  - i. Attendance: Monitor/Review Attendance Log\*
  - ii. Ethics Training: 6 upcoming; 1 overdue; 1 new member pending

**5. Executive Business**

- a. Monthly Presentations [see Annual Calendar]\* (Possible Action)
- b. Standing Subcommittee Status and Appointments (Possible Action)
- c. Ancillary Subcommittee Status and Appointments (Possible Action)
  - IHSS Public Authority Advisory Committee – Appointment of Silvia Martinez (Action)  
**[M/S – S. Mallett / J. Simon: Unanimous]**
- d. Auxiliary Subcommittee Status and Appointments (Possible Action)
  - Waive Declaration of Vacancy Requirement – Taryn Patterson (Action)  
**[M/S – J. Simon / E. Lewis: Unanimous]**
- e. Ad Hoc Subcommittee Status and Appointments (Possible Action)

**6. Build April 13<sup>th</sup> Council Meeting Agenda**

- a. The April 13th agenda was prepared.  
**[M/S – S. Mallett / E. Lewis: Unanimous]**

**7. Next Meeting**

- a. The next meeting will be on April 28, 2026, at 9:30 a.m.

**8. Adjournment**

- a. Meeting adjourned at 10:54 a.m.

*Minutes respectfully submitted by Kendall Bremner.*

**AIS Advisory Council**  
**Application Log**  
**April 28, 2026**

Applicant Name	Application Received	Region/District	Meeting Attended	Meeting Attended	Interviewed	Follow-up	Comments	Endorsed by Subcommittee	Subcommittee Involvement	Age > 60	(To Be) Seated	To Clerk of the Board
Aguilar, Armando	3/24/26	South / 1										
Alioto, Antoinette	3/19/25	North / 5	6/9/25	11/10/25	10/20/25			10/20/25			11/10/25	X
Attisha, Josephine	10/29/25	North / 2										
Bergmann, Brett	9/2/25	East / 4	9/8/25	10/13/25	12/2/25			12/2/25			1/12/26	X
Bloomberg, Diane	4/6/26	Central / 4										
Cahen, Eva	8/26/25	North / 3								Yes		
Chisolm, Helen	9/1/25	East / 4								Yes		
Esguerra, Junne	9/26/25	North / 5	10/13/25	11/10/25	4/28/26							
Javier, Cesar	6/9/25	East / 4	5/12/25	6/9/25	9/30/25					Yes		
Kurup, Deepti	9/15/25	North / 3	10/13/25	11/10/25							3/24/26	
Larkins, Ethel	4/9/26	South / 1										
Mitchell, Veronica	6/9/25	Central / 4	2/9/26	3/9/26								
Slaten, Shantella	10/14/25	Central / 4	11/10/25	1/12/26	3/24/26							
Subra, Reva	1/5/26	North / 5	1/12/26	2/9/26	4/28/26							
Strohl, Linda	9/6/25	North / 2	9/8/25	10/13/25	12/2/25					Yes		
Valerdi, Jorge	5/9/25	East / 4	5/12/15	6/9/25	9/30/25					Yes		



COUNTY OF SAN DIEGO

APPLICATION FOR COUNTY OF SAN DIEGO BOARD, COMMISSION, OR COMMITTEE

INSTRUCTIONS: Please complete this form in its entirety. Be sure to include the full title of the Board, Commission or Committee for which you desire consideration. Note the additional requirements listed at the bottom of the second page.

(For Official Use Only)

Please note that this application is a public record subject to disclosure. This application will be active for a period of one year. After one year, it is necessary to file a new application for another year of eligibility.

Submit the completed application to the Clerk of the Board of Supervisors, BCC Desk, 1600 Pacific Highway, Room 402, San Diego, CA 92101-2471 or via e-mail at bcc@sdcounty.ca.gov

Form with fields for Last Name (Esguerra), First Name (Junne), Name of Board, Commission, or Committee (Aging & Independence Services, Advisory Council), and District (District 5).

Form asking if applicant can schedule time accordingly. Includes checkboxes for Yes and No, and a field for time restrictions (Mondays at 10 am from 12pm).

Form asking for principal areas of interest in County Government. Includes a detailed text response about policy, governance, and community engagement.

Form asking to list all County Boards, Commissions or Committees of which the applicant is a current member. Includes checkboxes for current and non-current members, and fields for Committee Name and Date Appointed.

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**List past County appointments with dates served, and other past or present community or public service appointments.**

Not a current member

*Committee/Organization Name*

*Dates Served*

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**STATEMENT OF OCCUPATIONAL EXPERIENCE**

San Diego Seniors Community Foundation

*Current Employer*

Director of Programs

15 months

*Job Title*

*Length of Employment*

<b>Previous Employers</b>	<b>Position Title</b>	<b>Length of Employment</b>
Halycon In Home Care	CEO/Owner	3 years
Regional Task Force on Homelessness	Director of CES (Coordinated Entry System)	3 years
San Diego Regional Center	Service Coordinator	8 years

**What experience or special knowledge can you bring to your area(s) of interest?**

I bring both governance experience and subject matter knowledge to the Aging and Independence Advisory Council. For six years, I served on the City of Vista's Community Development Block Grant (CDBG) Citizens Advisory Committee, where I gained first-hand experience evaluating community needs, allocating limited resources, and ensuring that federal funds were used effectively to strengthen local services. In addition, I am deeply engaged in senior issues across San Diego County, working with organizations, service providers, and community members to understand the challenges older adults face. This involvement has given me a broad and practical knowledge of aging services, including housing, transportation, elder fraud prevention, and social isolation. Together, these experiences equip me to bring both a policy-oriented perspective and a community-grounded understanding to the Council's work.

**Please list community organizations to which you belong:**

None

**Please describe your ethnic origin:**

ASIAN: All persons having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.

Select the gender you identify as:

Female

What is your age?

[REDACTED]

What is your total income?

[REDACTED]

**NOTE:** Candidates for the Assessment Appeals Board, County Hearing Officer, Eye Gnat Abatement

Appeals Board, Fly Abatement and Appeals Board and/or Planning Commission, are required to submit evidence of their qualifications and a Statement of Incompatible Activities Related to County Duties (Form 519) that can be found on the Clerk of the Board's website at: [www.sandiegocounty.gov/content/sdc/cob/forms.html](http://www.sandiegocounty.gov/content/sdc/cob/forms.html). Candidates may be asked to provide additional information.

Membership qualifications for all County Boards, Commissions and Committees may be accessed through the Clerk of the Board's website at [www.sandiegocounty.gov/cob/bcac/](http://www.sandiegocounty.gov/cob/bcac/) or by calling (619) 531-5600. This Application will be considered complete when such requirements are provided by the applicant.

By signing below, I declare that the information provided above is accurate and complete to the best of my knowledge.

Junne Esguerra

9/26/2025

\_\_\_\_\_  
*Applicant's Signature*

\_\_\_\_\_  
*Date*



COUNTY OF SAN DIEGO

STATEMENT OF INCOMPATIBLE ACTIVITIES RELATED TO COUNTY DUTIES (Form 519)

INSTRUCTIONS: Please complete both sections of this form, checking the appropriate boxes, sign the form, and return it to the Clerk of the Board of Supervisors, 1600 Pacific Highway, Room 402, San Diego, CA 92101-2471.

(For Official Use Only)

Esguerra

Junne

Last Name

First Name

AIS Advisory Council

Name of Board, Committee, or Commission

[Redacted]

[Redacted]

E-mail Address

Phone Number

Please check one:

1

I am NOT engaged in any outside employment or activity for compensation.

I am engaged in the following outside employment or activity for compensation:

Non-Profit Philanthropy

San Diego Seniors Community Foundation

Name of Business or Activity

Employer (if applicable)

List duties performed: Program development and management, grantmaking and fund management,

community engagement and partnerships, advocacy, monitoring and evaluation, leadership and capacity building

For additional information, please include on a separate page.

Please check one:

2

I am NOT currently an officer or member of a policy-making board of a nonprofit organization funded by the County.

I am currently an officer or member of the policy-making board of the following nonprofit organization(s) funded by the County:

N/A

N/A

Name of Organization

Status in organization

N/A

Specific Funding Request (if applicable)

N/A

N/A

Organization or County Department

Department Head Initials

For additional organizations please include on a separate page.

Signature

9/26/25

Date

(For Official Use Only) Determination:  Not incompatible with duties  May be incompatible with duties Reviewer:



COUNTY OF SAN DIEGO

APPLICATION FOR COUNTY OF SAN DIEGO BOARD, COMMISSION, OR COMMITTEE

INSTRUCTIONS: Please complete this form in its entirety. Be sure to include the full title of the Board, Commission or Committee for which you desire consideration. Note the additional requirements listed at the bottom of the second page.

(For Official Use Only)

Please note that this application is a public record subject to disclosure. This application will be active for a period of one year. After one year, it is necessary to file a new application for another year of eligibility.

Submit the completed application to the Clerk of the Board of Supervisors, BCC Desk, 1600 Pacific Highway, Room 402, San Diego, CA 92101-2471 or via e-mail at bcc@sdcounty.ca.gov

Form with fields for Last Name (Subra), First Name (Reva), Name of Board, Commission, or Committee to Which You are Applying for Membership (Aging & Independence Services, Advisory Council), and Supervisorial District You Live In (District 5).

Form asking: County boards, commissions, and committees meet at times mutually satisfactory to the members. Day meetings are more common than evening meetings. Will you be able to schedule your time accordingly? [X] Yes [ ] No. Includes a field for 'None' and 'Please list any time restrictions'.

Form asking: What are your principal areas of interest in County Government? Answer: Aging and Independence, Caregivers support, Disability Education, .

Form asking: List all County Boards, Commissions or Committees of which you are a current member. Not a current member [ ]\_. Includes a table with columns for Committee Name and Date Appointed, with entries for State Council for Developmental Disabilities (June 2023, CA, June).

Form asking: List past County appointments with dates served, and other past or present community or public service appointments. Not a current member [ ]\_. Includes a table with columns for Committee/Organization Name and Dates Served.

**STATEMENT OF OCCUPATIONAL EXPERIENCE**

Serene Solutions		
<hr/>		
Current Employer		
Director		4 months
Job Title		Length of Employment

Previous Employers	Position Title	Length of Employment
Mission2Help	CO founder	7years
<hr/>	<hr/>	<hr/>
<hr/>	<hr/>	<hr/>
<hr/>	<hr/>	<hr/>

**What experience or special knowledge can you bring to your area(s) of interest?**  
 Professional certied transitional coach, Special needs educator

**Please list community organizations to which you belong:**  
 Asian Indian community, TIE san diego community,

**Please describe your ethnic origin:**  
 ASIAN: All persons having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.

**Select the gender you identify as:**  
 Female

**What is your age?**  
 [REDACTED]

**What is your total income?**  
 Decline to state

**NOTE:** Candidates for the Assessment Appeals Board, County Hearing Officer, Eye Gnat Abatement Appeals Board, Fly Abatement and Appeals Board and/or Planning Commission, are required to submit evidence of their qualifications and a Statement of Incompatible

Activities Related to County Duties (Form 519) that can be found on the Clerk of the Board's website at: [www.sandiegocounty.gov/content/sdc/cob/forms.html](http://www.sandiegocounty.gov/content/sdc/cob/forms.html). Candidates may be asked to provide additional information.

Membership qualifications for all County Boards, Commissions and Committees may be accessed through the Clerk of the Board's website at [www.sandiegocounty.gov/cob/bcac/](http://www.sandiegocounty.gov/cob/bcac/) or by calling (619) 531-5600. This Application will be considered complete when such requirements are provided by the applicant.

By signing below, I declare that the information provided above is accurate and complete to the best of my knowledge.

Reva Subra

1/3/2026

\_\_\_\_\_  
*Applicant's Signature*

\_\_\_\_\_  
*Date*

# **AIS Advisory Council Executive & Membership Subcommittee**

## **Vacancy Log**

April 28, 2026

**Current Vacancies: 6**

### ***Board of Supervisors-Appointed Seats (5 vacancies)***

May be filled 14 days after posting if vacant prior to end of Supervisor's term.

1. Seat #2 (Term ends 1/8/2029)
2. Seat #5 (Term ends 1/8/2029)
3. Seat #7 (Term ends 1/4/2027)
4. Seat #9 (Term ends 1/4/2027)
5. Seat #10 (Term ends 1/4/2027)

### ***Council-Appointed Seats (1 vacancy)***

May be filled 14 days after posting if vacant prior to term expiration.

1. Seat #21 (Term ends 1/4/2027)

### ***Pending Term Expiration: 1***

1. Seat #24 (Term ends 5/14/2026)

Pending Council Action: None

Pending Board of Supervisors / Clerk of the Board Action: None

\* Occupied by current appointee until reappointment or replacement is made.

+ Dates in parentheses indicate term expiration dates.

## AIS Advisory Council Attendance 2025-2026

Name	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug
Alioto, Antoinette					Present	Present	Present	Absent				
Bergmann, Brett						Present	Present	Present				
Colburn-Hargis, Paige*	Present	Present	Absent		Present	Present	Present	Present				
Coulbourn, Sheila	Virtual	Present	Present		Present	Present	Present	Absent				
Detsky-Weil, Faye	Present	Present	Absent		Present	Present	Virtual	Absent				
Huber, Stephen	Present	Present	Present		Present	Present	Absent	Virtual				
Rhys Jones	Present	Present	Present		Present	Present	Present	Present				
Kagan, Ted	Present	Present	Present		Present	Present	Absent	Present				
Kerr, Mina	Present	Present	Present		Absent	Present	Present	Present				
Kurup, Deepti								Present				
Leggett, Dennis	Present	Present	Present		Present	Present	Present	Present				
Lewis, Elaine	Present	Present	Absent		Present	Present	Present	Present				
Lochner, Mikie	Present	Absent	Present		Present	Present	Present	Absent				
Mallett, Susan	Present	Present	Absent		Present	Present	Present	Present				
Martinez, Silvia	Present	Present	Present		Present	Present	Present	Present				
McNamara, Dan	Present	Present	Present		Present	Present	Present	Absent				
Milroy, David*	Present	Present	Present		Present	Present	Present	Present				
Mulvey, Bradlyn	Present	Present	Present		Present	Virtual	Present	Present				
Nocon, Molly*	Present	Present	Present		Present	Present	Absent	Present				
Patterson, Taryn	Absent	Present	Absent		Present	Present	Waived	Present				
Phillips, Maureen*	Absent	Present	Absent		Present	Present	Present	Present				
Simon, Jacqueline	Present	Virtual	Present		Present	Present	Present	Present				
Smith, Wanda	Absent	Present	Present		Present	Present	Present	Present				
Whittaker, Cristin	Absent	Present	Absent		Present	Waived	Present	Present				

**Legend:**

Present = Attended meeting Absent = Did not attend

Virtual = Virtual participation (AB 2449)

Waived = Waived attendance

\* Supervisor Appointee

## AIS Advisory Council Annual Calendar – FY 2025-26

Month	AIS Topics	Guests/Activities	Date Sensitive Council Business	Authority	Observances
September 09/08/25		Housing and Community Development Services	<ul style="list-style-type: none"> <li>• Annual Meeting</li> <li>• Swear-in Officers</li> <li>• Adopt Annual Calendar</li> <li>• Adopt Annual Report</li> <li>• Adopt Annual Subcommittees</li> <li>• Council Goals: Review Draft</li> <li>• Subcommittee Chair Annual Training</li> </ul>	<ul style="list-style-type: none"> <li>• IIIa 82.5 (B)</li> <li>• BL 4(A)(3)</li> <li>• BL 5(C)(1)(A)(V)</li> <li>• IIIa 82.16</li> <li>• BL 5(C)(2)(A)</li> <li>• A-74(E)(4)</li> <li>• BL 5(C)(2)(A)</li> </ul>	<ul style="list-style-type: none"> <li>• 9/21: World Alzheimer's Day</li> <li>• 9/22: Fall Prevention Awareness Day</li> <li>• World Alzheimer's Month</li> </ul>
October 10/13/25	Aging Roadmap Annual Report	San Diego Oasis	<ul style="list-style-type: none"> <li>• Adopt Council Goals</li> </ul>	<ul style="list-style-type: none"> <li>• A-74(E)(4)</li> </ul>	
November 11/10/25	Ombudsman Annual Report	Elder Law & Advocacy	<ul style="list-style-type: none"> <li>• CSL Caucus Report: Sacramento</li> </ul>	<ul style="list-style-type: none"> <li>• WIC 9302</li> </ul>	<ul style="list-style-type: none"> <li>• National Family Caregivers Appreciation Month</li> <li>• 11/25: National Family Caregiver Day</li> </ul>
December	No meeting.				
January 01/12/26	Public Health Nurse Team	Scripps Health – Impact of Polypharmacy in Older Adults			
February 02/09/26	In-Home Supportive Services		<ul style="list-style-type: none"> <li>• Appoint Area Plan Subcommittee</li> </ul>	<ul style="list-style-type: none"> <li>• BL 5(C)(3)</li> </ul>	
March 03/09/26	Public Administrator/ Public Guardian				
April 04/13/26	Health Promotion Programs		<ul style="list-style-type: none"> <li>• Appoint Budget Subcommittee</li> <li>• Area Plan Public Hearing - 26-27 Annual Update</li> </ul>	<ul style="list-style-type: none"> <li>• IIIa 82.1(A)</li> <li>• A-74(C)(8)</li> <li>• BL 5(C)(3)</li> </ul>	

## AIS Advisory Council Annual Calendar – FY 2025-26

Month	AIS Topics	Guests/Activities	Date Sensitive Council Business	Authority	Observances
May 05/11/26		Self-Sufficiency Services – HR1	<ul style="list-style-type: none"> <li>• Appoint Nominating Subcommittee</li> <li>• CSL Vacancy Election - CSL Full Term Election</li> </ul>	<ul style="list-style-type: none"> <li>• A-74(C)(12)</li> <li>• BL 5(C)(3)</li> <li>• WIC 9302</li> </ul>	<ul style="list-style-type: none"> <li>• Older Americans Month</li> </ul>
June 06/08/26	Advisory Council Strategic Planning	HHSA Budget Presentation	<ul style="list-style-type: none"> <li>• Offsite Meeting</li> <li>• Appoint Legislative Subcommittee</li> <li>• Declare Officer Nominations</li> <li>• Council Goals: Report Status</li> <li>• Council Strategic Planning</li> <li>• Subcommittee Goals 26-27 - Discuss/Develop in Subcommittee Meetings</li> </ul>	<ul style="list-style-type: none"> <li>• BL 4(A)(2)(B)</li> <li>• A-74(E)(4)</li> <li>• IIIa 82.12</li> <li>• BL 3(C)(2)</li> </ul>	<ul style="list-style-type: none"> <li>• Alzheimer's &amp; Brain Awareness Month</li> <li>• 6/15: World Elder Abuse Awareness</li> <li>• 6/30: End of County Fiscal Year</li> </ul>
July 07/13/26	Adult Protective Services		<ul style="list-style-type: none"> <li>• Council: Leg. Policy Guidelines–Conclude Review, Forward Proposals</li> <li>• Elect Officers</li> <li>• Exec/Membership Subcommittee</li> <li>• Officer Transition &amp; Brown Act</li> <li>• Draft Annual Calendar</li> <li>• Draft Annual Report</li> <li>• Draft Annual Goals</li> <li>• Propose Subcommittees</li> </ul>	<ul style="list-style-type: none"> <li>• BL 5(C)(3)</li> <li>• IIIa 82.5(A)</li> <li>• BL 4(A)(3)</li> <li>• BL 5(C)(1)(A)</li> <li>• BL 5(C)(1)(A)(V)</li> <li>• IIIa 82.16</li> <li>• BL1(B)(6)</li> <li>• A-74(E)(4)</li> <li>• BL 5(C)(2)(A)</li> </ul>	<ul style="list-style-type: none"> <li>• 7/1: County Fiscal Year Begins</li> </ul>
August	No meeting.				

**Abbreviations:**

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>• IIIa = SD County Admin Ordinance</li> <li>• A-74 = Board Policy</li> <li>• BL= Council By-laws</li> <li>• CDA PM = California Department of Aging Program Memo</li> </ul> | <ul style="list-style-type: none"> <li>• CSL = California Senior Legislature</li> <li>• OAA = Older Americans Act</li> <li>• WIC = Welfare and Institutions Code</li> </ul> |
|--|---|



LIVE WELL  
SAN DIEGO

## Aging & Independence Services (AIS) Advisory Council Meeting Agenda

May 11, 2026 | 12:00 p.m.

County Operations Center, 5560 Overland Ave Suite 310, 3rd Floor –  
Joaquin Anguera Room, San Diego, CA 92123

### Virtual Meeting Participation Options:

To Call in: 1 (619) 343-2539 | To Join Meeting Virtually: [Join Teams Meeting](#)  
Microsoft Teams Meeting ID: 224 849 240 117 | Meeting Password: eq7c5wR2

### Meeting Agenda – Draft

1. **Call to Order:** Susan Mallett, Chair
  - a. Welcome & Pledge of Allegiance
  - b. Guest/Member Introductions
  - c. Confirmation of Quorum (quorum = 13)
2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business**
  - a. Public Comment/Announcements: Members or Non-members
  - b. Approval of April 13, 2026, Meeting Minutes (Action)\*
4. **California Senior Legislature (CSL) 2026 Elections\***
  - a. Senior Senator – Two (2) Seats Available
    - Susan Mallett
    - Jemma Samala
    - Wanda Smith
  - b. Senior Assembly member – Six (6) Seats Available
    - Antoinette Alioto
    - Rhys Jones
    - Elaine Lewis
    - Helen McBrady
    - Shantella Slaten
    - Linda Strohl
5. **AIS Director's Items** (Possible action)
  - a. AIS Director's Update
  - b. Board Letter



- i. Authorize Acceptance of Older Adult Services Revenue Agreements and Grants for Fiscal Year 2026-27 Through Fiscal Year 2028-29, and Authorize Application for Future Funding Opportunities for Programs Serving Older Adults and Persons with Disabilities (Districts: All) (Action)\*
- c. Legislative Update

**6. Guest Speaker**

- a. Self-Sufficiency Services – HR1  
*Assmaa Elayyat, Deputy Director, Self-Sufficiency Services*

**7. Executive & Membership Subcommittee Report/Other Business (Possible action)**

- a. Chair’s Report: Susan Mallett, Chair
  - i. Subcommittee Appointments and Updates
    - a) Convene Ad Hoc Nominating Subcommittee (Action)
      - ROLE: Prepare a slate of officer recommendations by June 2026 for the officer elections in July 2026 and officer swearing in September 2026.
      - TERM: May 11, 2026, through June 8, 2026.
      - MEMBERS: TBD.
  - b. Membership Report: Jacqueline Simon, Secretary
    - a) Recommendation to appoint Susan Mallett to 2<sup>nd</sup> full term
      - Seat #24, effective immediately, to expire 5/10/2030
- c. Board of Supervisors Annual Visits (Dates posted as confirmed):
 

i. District #1: Aguirre	[Kurup/Vacant]	2/12/2026
ii. District #2: Anderson	[Phillips/Nocon]	2/26/2025
iii. District #3: Lawson-Remer	[Vacant/Colburn-Hargis]	1/28/2026
iv. District #4: Montgomery Steppe	[Vacant/Milroy]	10/11/2024
v. District #5: Desmond	[Vacant/Vacant]	

**8. Ancillary Subcommittee Oral Reports (Possible action)**

- a. LTC Ombudsman/Facilities (met XX/XX/XX): Elaine Lewis, Chair
- b. Healthy Aging (met XX/XX/XX): Wanda Smith, Chair
- c. Affordability in Aging (met XX/XX/XX): David Milroy, Chair
- d. Nutrition (met XX/XX/XX): Vacant, Chair

**9. Other Announcements**

**10. Adjournment & Next Meetings:**

- a. Next Council Meeting: June 8, 2026, at 12:00 p.m. noon
  - i. This meeting will be held offsite at Jewish Family Service at 8804 Balboa Ave, San Diego, CA 92123
  - ii. Virtual meeting details are included on agendas at: <http://www.sandiegocounty.gov/AISAdvisoryCouncil>
- b. Future Subcommittee Meetings:
 

i. Healthy Aging:	XX/XX/XX	2:15 p.m.
ii. Executive & Membership:	XX/XX/XX	9:30 a.m.



- |      |                           |          |            |
|------|---------------------------|----------|------------|
| iii. | Nutrition:                | XX/XX/XX | 1:00 p.m.  |
| iv.  | Affordability in Aging:   | XX/XX/XX | 10:30 a.m. |
| v.   | LTC Ombudsman/Facilities: | XX/XX/XX | 10:30 a.m. |

*This meeting is public, and the location is ADA accessible.  
If you are planning to attend and need special accommodations,  
please call (858) 495-5885 at least three days in advance of the meeting.*

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.



LIVE WELL  
SAN DIEGO

*Aging & Independence Services (AIS) Advisory Council Meeting Minutes*  
Nutrition Subcommittee  
April 8, 2026, 1:00 PM  
County Operations Center, 5560 Overland Ave, 3<sup>rd</sup> Floor  
John Gaffaney Conference Room, San Diego, CA 92123

*Virtual Meeting Participation Options:*  
To Join Virtually: [Join Zoom Meeting](#)

Microsoft Teams Meeting ID: 896 0847 3221 | Meeting Passcode: 035415

### Meeting Attendance

#### *Members Present In Person*

1. Shirley King
2. Maureen Phillips
3. Bradlyn Mulvey
4. Jacqueline Simon

#### *Members Absent:*

1. Susan Mallett

*Guests Present: None*

*AIS Staff Present: None*

### Meeting Minutes - Draft

1. **Call to Order:** Shirley King, Chair
  - a. Welcome & Guest/Member Introductions
  - b. Confirmation of quorum (quorum = 3): A quorum was achieved.
2. **Statement (Just Cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)
3. **Standard Business:**
  - a. Public Comment/Announcements: Members or non-members
    - Shirley King announced that she will be relinquishing her position on the Advisory Council. The Nutrition Subcommittee Chair will become vacant.
  - b. Approval of March 4, 2026, Meeting Minutes (Action)\*  
**[M/S – E. Lewis / J. Simon: Unanimous]**
4. **General Discussion:**
  - a. Congregant Dining Site Placemat – The Congregant dining placemat has been distributed to six sites. Delilah Bisase received important feedback from one site that discouraged the use of plastic lamination. The Subcommittee members



accepted this as a very sound direction. They recommended that any future materials be free from the lamination. The members concluded that with the elimination of funding for this kind of promotional materials within Health Promotions, there will be no future formulations of the placemat. The Subcommittee recommended that the placemat content be available in a downloadable format along with the SNAP Education materials that had been available but are no longer being produced. The members recommended that the dining sites could learn more about what their clients have learned from the four education sessions per year with a pre and post-test. Report from AIS Community Health Promotion Specialist about internal resources to develop future versions of the placemat.

- b. Report from Shirley King about TREF grant funding and discussion about future site visit to Oceanside Senior Center.

**5. Next Meeting:** May 6, 2026, at 1:00 PM

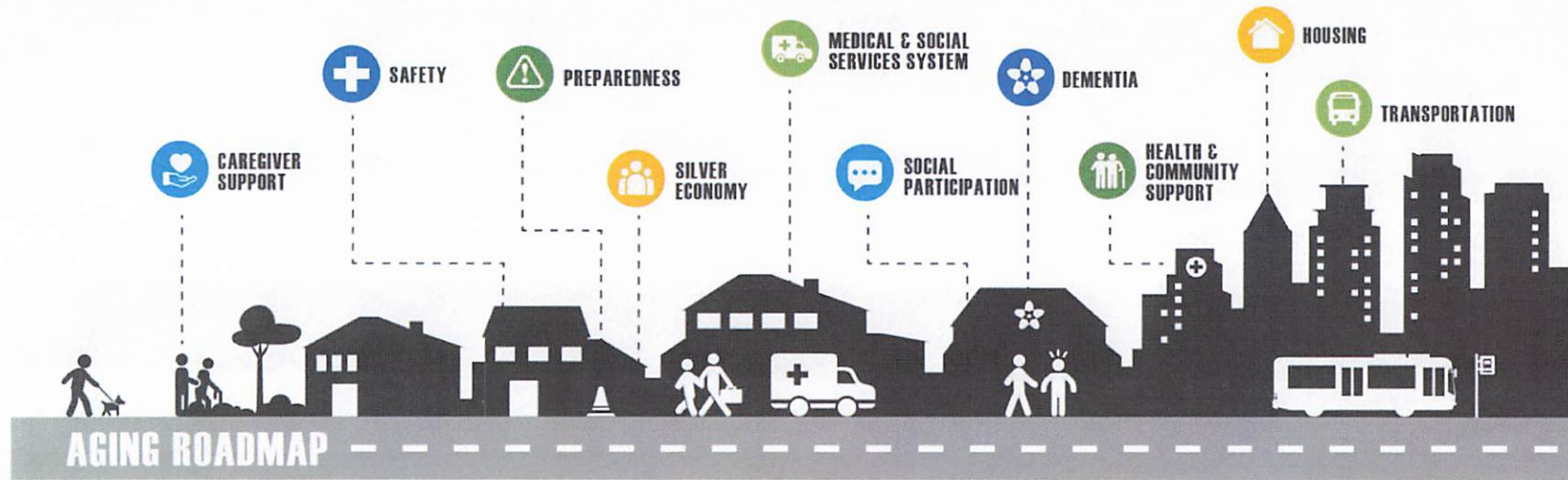
**6. Adjournment**

Respectfully submitted by Shirley King


## AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028

**COUNCIL FOCUS:** Use or gain expertise to identify, project, and anticipate needs and trends, and advise on AIS operational actions to address the needs of older adults and persons with disabilities.







**AGING ROADMAP:** County of San Diego’s [regional plan](#) that is implemented and organized by 10 focus areas that collectively represent the County’s comprehensive system of care, including both person-centered and community-wide efforts. Roadmap focus areas are as follows and identified throughout the Council’s Goals:








### GOALS 2025 – 2028

#	Goal	Timeline	Lead	Measure	Outcome	Status
1	Advise on Area Plan updates for FY 2025-2026. 	Feb – May 2025	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> <li>Meeting date(s)</li> <li>Discussion</li> <li>Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>Ad Hoc Area Plan Subcommittee met on 3/27/25.</li> <li>Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/14/25.</li> <li>Discussion included: Area Plan 2025-2026 updates and process and content of the Area Plan. The Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from the Advisory Council.</li> <li>Authorization passed with 20 votes on 4/14/25.</li> </ul>	Completed







**AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028**

1a	<p>Advise on Area Plan updates for FY 2026-2027.</p> 	Feb – May 2026	Ad Hoc Area Plan Subcommittee	<ul style="list-style-type: none"> <li>• Meeting date(s)</li> <li>• Discussion</li> <li>• Vote and authorization of Council Chair to sign letter of transmittal</li> </ul>	<ul style="list-style-type: none"> <li>• Discussion included:</li> </ul>	Not yet started
2	<p>Monitor and plan for services for older adults to meet the needs of the growing population.</p> 	Ongoing	Ad Hoc Area Plan Subcommittee and Advisory Council	<ul style="list-style-type: none"> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Discussion included:</li> </ul>	In progress
3	<p>Find engaging speakers for the AIS Advisory Council general meetings.</p> 	Ongoing	Advisory Council	<ul style="list-style-type: none"> <li>• Speakers</li> </ul>	<ul style="list-style-type: none"> <li>• Speakers’ topics included:</li> </ul>	In progress
4	<p>Expand participation in appropriate Auxiliary Subcommittees.</p> 	Ongoing	Advisory Council	<ul style="list-style-type: none"> <li>• Meeting date(s)</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Auxiliary Subcommittee met on:</li> <li>• Discussion included:</li> <li>• Authorization passed:</li> </ul>	In progress
5	<p>Participate in appropriate Ancillary Subcommittees.</p> 	Ongoing	Advisory Council	<ul style="list-style-type: none"> <li>• Meeting date(s)</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Ancillary Subcommittee met on:</li> <li>• Discussion included:</li> <li>• Authorization passed:</li> </ul>	In progress
6	<p>Research and make recommendations for priority areas to support economic security amongst older adults in San Diego County.</p> 	Ongoing	Affordability in Aging Subcommittee	<ul style="list-style-type: none"> <li>• Finding(s)</li> <li>• Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Topics may include, but are not limited to, affordable housing for older adults, transportation for older adults, healthcare programs for older adults, and financial supplemental programs for older adults.</li> </ul>	In progress

**AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028**

7	Research and make recommendations for priority areas of healthcare and hospital community systems for older adults. 	Ongoing	Healthy Aging Subcommittee	• Finding(s)	• Topics may include, but are not limited to, neurodegenerative diseases of AD, PD, FTD, Dementia, polypharma, and life planning to increase awareness and education within the health care providers’ community.	In progress
8	Review how older adults who have the greatest economic or social need are made aware of and utilize nutrition services including CalFresh benefits. 	Ongoing	Nutrition Subcommittee	• Finding(s)	• Topics may include, but not limited to, review of nutrition resources and education through the AIS website, California Association of Food Banks, California Department of Food and Agriculture, and printed materials. • Examine the barriers to CalFresh benefit enrollment with online and phone applications, and how enrollment assistance is promoted through navigation support.	In progress
9	Review the research and implementation efforts of local and national ‘food as medicine’ initiatives that focus on the integration of food for disease prevention and management. 	Ongoing	Nutrition Subcommittee	• Finding(s)	• Topics may include, but not limited to, enhancing nutritional quality through increased fruit and vegetable consumption and the importance of good nutrition for older adults living with chronic health conditions, and how local health care providers are integrating the ‘Food as Medicine’ program models for the purpose of reducing food and nutrition insecurity.	In progress
10	Increase awareness about good oral health and dental treatment options through public insurance benefits. 	Ongoing	Nutrition Subcommittee	• Finding(s)	• Topics may include, but not limited to, the barriers to the utilization of Medi-Cal Dental insurance benefits, the outreach efforts by California Smile, and an annual update with Dr. Whyte, County Chief Dental Officer.	In progress
11	Identify disease risk and injury reduction strategies to advocate for educational opportunities for older adults. 	Ongoing	Healthy Aging Subcommittee	• Finding(s)	• Topics may include, but are not limited to, cardiac health, diabetes, oral health, hearing and vision loss, care and nutrition, dementia, and neurodegenerative diseases.	In progress

**AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028**

<p><b>12</b> Monitor and advise on AIS programs through presentations and site visits.</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include, but not limited to, the outreach activities to the outlying and rural communities where nutrition resources are limited to distant retail businesses.</li> </ul>	In progress
<p><b>12a</b> Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B). Review nutrition education and in-service requirements for congregate sites.</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include, but not limited to, site visits for the purpose of reviewing the social engagement and nutrition education supports and CalFresh outreach.</li> </ul>	In progress
<p><b>12b</b> Home-Delivered Meals (Title III C2)</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> </ul>	In progress
<p><b>12c</b> SNAP (Cal Fresh)</p> 	Ongoing	Nutrition Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Topics may include, but not limited to, tracking the proposed California legislation to maintain level of CalFresh benefits if the federal investment is decreased.</li> </ul>	In progress
<p><b>12d</b> Older Adult Health Promotion (Feeling Fit, Fall Prevention, etc.) and Healthy Aging in life-long learning.</p> 	Ongoing	Healthy Aging Subcommittee	<ul style="list-style-type: none"> <li>Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>Awareness and Promotion of local programs in lifelong learning to support Healthy Aging.</li> </ul>	In progress
<p><b>13</b> Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation.</p> 	Ongoing	Advisory Council and Ad Hoc Legislative Subcommittee	<ul style="list-style-type: none"> <li>Legislation monitored</li> </ul>	<ul style="list-style-type: none"> <li>Discussion included:</li> <li>Recommendations:</li> </ul>	In progress

**AGING & INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2025 – 2028**

14	Attend <i>Live Well San Diego</i> meetings once a quarter, and monitor AIS programs in support of the <i>Live Well San Diego</i> vision.	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> <li>• Date(s) of regional meeting(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>• Recommendations for improvement, including assessment of effectiveness or additional resources needed.</li> <li>• Discussion included:</li> </ul>	In progress																												
							15	Advise AIS on legislative proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly.	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> <li>• Legislation monitored</li> </ul>	<ul style="list-style-type: none"> <li>• Raise and maintain awareness for the AIS Advisory Council surrounding legislation related to skilled nursing facilities and residential care facilities for the elderly.</li> <li>• Discussion included:</li> </ul>	In progress								16	Monitor and advise AIS on the Ombudsman program standard of operations, goals, performance, and increasing the number of volunteers as well as advise on areas of concern related to long-term care.	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> <li>• Meeting(s) and date(s) attended</li> </ul>	<ul style="list-style-type: none"> <li>• Recommendations for improvement, including assessment of effectiveness or additional resources needed.</li> <li>• Discussion included:</li> </ul>	In progress							
15	Advise AIS on legislative proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly.	Ongoing	Long-Term Care & Ombudsman Facilities	<ul style="list-style-type: none"> <li>• Legislation monitored</li> </ul>	<ul style="list-style-type: none"> <li>• Raise and maintain awareness for the AIS Advisory Council surrounding legislation related to skilled nursing facilities and residential care facilities for the elderly.</li> <li>• Discussion included:</li> </ul>	In progress																												
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Community Service Area 128

Meeting Minutes: 3/3/2026

1. **Attending:** Rolland Slade, Carl Kasimatis, Tina Carlson, Kelly Daniels, Chris Pierson, Kellie Surgeon, Helena Villegas and Jakayla Daniels
2. **Absent:** Joe Diehl
3. **Remote participation:** none
4. **Guests:** Students from SDSU observing, Jason Hemmins County of San Diego, Danny Avitia – District 1 rep
5. The meeting was called to order at 6:36pm by Chair Rolland Slade
6. **Public Communication**
  - a. DHOSA – Doing good work on Dictionary Hill.
7. **Minutes of 2/3/26 M:** Chris P. S: Carl K. Approved
8. **Park and Recreation Staff reports:**
  - a. **Kelly:**
    - i. Budget: we are on track.
    - ii. We have some vacancies in part-time positions.
    - iii. Drywall repair at the community center will not exceed \$2000.
    - iv. The Community center purchased new banquet tables.
    - v. We were awarded along with the Lakeside Community center \$4000 - \$2000 each to support \$ trips this year.
  - b. **Joe:**
    - i. Sweetwater Lane needed to be regraded.
    - ii. Seasonal vegetation projects are in the works, weed eating.
    - iii. Trees are thriving in all parks.
    - iv. 3/11 South Trails & South Locals starting installation of hilltop fence Dictionary hill.
    - v. Mulch at Lamar
    - vi. Landscaping at Ildica Park.
    - vii. Main sewer line was fixed at Sweetwater Lane and Eucalyptus Park.
    - viii. Sweetwater Lane host is moving this week, actively looking for a replacement.
  - c. **Jakalya:**
    - i. February Pee Wee Sports has wrapped up.
    - ii. MMHS is done using our gym.
    - iii. County employees Basketball game is 3/14.
    - iv. Rentals are going well.
  - d. **Helena:**
    - i. Fun, Food & Film Fridays 36 teens attended.
    - ii. Black History month 28 attended.
    - iii. Camping at Dos Picos in March.
    - iv. We will be closed for Spring Break.

e. Kellie:

- i. Programming update: we lost our Zumba instructor, looking for a new one.
- ii. Staff led programs are still going strong.
- iii. Spring Camp 3/30 – 4/13.
- iv. We had 2 park beautification events that went very well.
- v. We had an uptick on rentals we will have a good summer.
- vi. Slow your roll event will be 3/28 10 – 1pm.
- vii. Fix it event 4/11-time TBD.
- viii. Pages in the park 4/28 w/ Library.

9. PLDO – As of January 31<sup>st</sup>, the fund balance was \$937,859.02

10. Old Business –

- a. Fence at Bancroft Park/Bancroft Ranch House – \* Not being funded, we will leave under old business so we can follow to see if funding will become available no update.  
Lighting at Lamar Park, Parks will be applying for CDBG for more lighting in the park.  
PLDO Priority List, was submitted by Rolland S. on 1/31/2026 NO UPDATE

11. New Business: none

12. Announcements: Danny Avitia – All good to go for applications for CSA for Rolland, Carl & Tina, we will also be seating Carlos Arerleo. Please joins us for our coffee on 3/26.

13. Adjournment at 7:19 pm. M: Tina C. S: Carl K. All in Favor.



**Past Grand Jurors  
Association Implementation  
Review Committee**

Cheryl Converse-Rath – Chair  
Patricia Larkin – Vice Chair  
Skip Kruszona  
Judith Nurse  
Lixya Preston de Silva  
Melvyn Stein  
Susan Tostado-Pope

**COUNTY OF SAN DIEGO**

COSD CLERK OF THE BOARD  
2026 APR 23 PM 1:41

**PAST GRAND JURORS ASSOCIATION  
IMPLEMENTATION REVIEW COMMITTEE**

**MINUTES**

**Regular Meeting of Wednesday, April 1, 2026, 9:00 a.m.  
County Administration Center, Room 402A  
1600 Pacific Highway, San Diego, California**

**I. Call to Order and Pledge of Allegiance**

Chair Cheryl Converse-Rath called the meeting to order at 9:00 a.m.

Present: Skip Kruszona, Melvyn Stein, Cheryl Converse-Rath, Lixya Preston de Silva, Patricia Larkin, Susan Tostado-Pope, Judith Nurse

Absent: N/A

Present PGJAIRC members and meeting attendees said the Pledge of Allegiance.

**II. Approval of Meeting Minutes**

February 4, 2026, regular meeting minutes were approved.

**III. New Business**

***Performance Indicators Displayed on a Publicly Accessible Dashboard May Be Beneficial in Lowering Death Rate in Jails***

The PGJAIRC received an update from staff of the San Diego County Sheriff's office (SDSO). See details below:

**Recommendation R1:** Develop system-wide jail metrics to be used as performance indicators for CQI Purposes targeting incarcerated persons requests for medical/mental health services.

- Per SDSO, In September 2025, the SDSO transitioned from a Quality Assurance/Quality Improvement (QA/QI) approach to a Continuous Quality Improvement (CQI) model to monitor and assure medical and mental health services. DSO expects that this system should become more robust within the next year. In addition, there are quarterly CQI meetings to review the metrics.

**Recommendation R2:** Develop system-wide jail metrics to be used as performance indicators for CQI purposes targeting MAT programming.

- The SDSO has reviewed and incorporated several suggested metrics from the “Medication-Assisted Treatment for Opioid Use Disorder in Jails and Prisons: Planning and Implementation Toolkit” published by the National Council for Mental Wellbeing. Further, the SDSO has plans to open MAT for incarcerated individuals with addictions at 2 facilities this year.

**Recommendation R3:** Develop system-wide jail metrics to be used as performance indicators for CQI purposes targeting incarcerated persons grievances.

- The SDSO now records grievances by type of grievance to better monitor timeliness and outcomes. They are partnering with SMART Communication to launch a digital grievance submission system using handheld tablets. This system will eventually offer multiple languages.

**Recommendation R4:** Develop metrics to be used as performance indicators for CQI purposes targeting safety checks and the review of all safety checks by every level of command. These metrics shall be developed using aggregate data throughout the jail system.

- Per SDSO, the CQI process focuses on medical and mental health. Safety checks fall under the Division of Inspectional Services and are considered custodial operations.

**Recommendation R5:** Implement a CQI dashboard display available to the public on the SDSO website. This dashboard shall include the following four jail functions:

- Incarcerated persons request for medical/mental health services
- Medication-assisted treatment for opioid use disorder
- Incarcerated persons grievances
- Safety checks

The dashboard shall also include all jail functions that have both custodial and healthcare functions.

- Per SDSO, beginning in January 2026, the SDSO Medical Services Division began publishing a quarterly report. However, the Jail Information Management System (JIMS) is over 25 years old and not able

to accommodate all of these requests. Replacement of the system is cost-prohibitive, and there is currently no single system that can incorporate all the listed functions.

**Carryover Recommendation: *Sheriff's Department Incarcerated Persons' Welfare Fund***

**Recommendation 23-75:** Expand membership of the Incarcerated Persons' Welfare Committee (IPWC) to at least 3 qualified civilian members, especially those with academic or specific interests involving the re-entry of incarcerated individuals into society. Include formerly incarcerated individuals or those with incarcerated family members for consideration.

- Per SDSO, The Sheriff's Office Incarcerated Persons' Welfare Committee (IPWC) currently has three civilian members, including at least one individual who was previously incarcerated. The third member was onboarded on December 16, 2025.

**IV. Old Business**

The committee reviewed the member report for the County Fire presentation and made minor edits.

**V. Chair Report**

None

**VI. Public Input**

None

**VII. Staff Report**

County staff provided an update to the committee on Senate Bill 707 (SB 707) – Remote accessibility for public meetings.

**VIII. Adjourn**

Meeting adjourned at 10:21 a.m.

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*Changes to this agenda will be posted at the County of San Diego Clerk of the Board Office and outside the South Entrance of the First Floor of the County Administration Center (1600 Pacific Highway) at least 72 hours prior to the scheduled meeting.*



1600 Pacific Highway, Room 352  
San Diego, CA 92101-2942

[www.sdstatusofwomenandgirls.org](http://www.sdstatusofwomenandgirls.org)  
[CSWG@sdcounty.ca.gov](mailto:CSWG@sdcounty.ca.gov)

**Chairwoman:** Kristine Custodio Suero

**Vice Chair**

Kelly Jenkins-Pultz  
Rohida Khan  
Idara Ogunsaju

**District 1, Vacant**

**Vacant**  
Monica Martinez

**District 2, Anderson**

Mary Davis  
**Vacant**

**District 3, Lawson-Remer**

Kimberly Keen  
Kristine Custodio Suero

**District 4, Montgomery**  
**Steppe**

Idara Ogunsaju  
**Vacant**

**District 5, Desmond**

Rohida Khan  
Amy Nantkes

**Members At Large**

Kelly Jenkins-Pultz  
Vernita Gutierrez  
Amelia Tsering

**Staff Assistant**

Chiara Leroy

**Senior Deputy County**

**Counsel**  
Heather Murray

**MINUTES**  
**April 3, 2026**  
**Regular Meeting**  
**12:00 PM – 1:00 PM**

**Chair Custodio Suero Meeting was called to order at 12:08 PM.**

**Agenda item #1 – Commissioner Roll Call:**

Members Present:

Monica Martinez	Mary Davis
Kristine Custodio Suero	Idara Ogunsaju
Rohida Khan	Amy Nantkes
Kelly Jenkins-Pultz	Vernita Gutierrez
Amelia Tsering	

Members Late:

Kimberly Keen	
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**Agenda item #2 – Approval of Minutes:** March 6, 2026

Motion by Commissioner Davis, seconded by Commissioner Tsering.  
Motion passes.

**Agenda item #3 – Public Comments:**

None

**Agenda item #4 – Guest Speaker: Athia Carrim, FGM Task Force**

Athia Carrim presented on Femail Genital Mutilation (FGM) – Dispelling the Myths – Attachment #1

Q&A followed the presentation.

**Agenda item #5 – Committee Reports:**

- a. Civic Engagement: VC Jenkins-Pultz – Provided an update.
- b. Governance: VC Khan – Provided an update.
- c. Policy: VC Ogunsaju – Provided an update.
- d. Executive: Chair Custodio Suero – Provided an update.

**Agenda item #6 – OERJ Presentation & Updates**

Director Taryell Simmons provided updates to the board:

1. Virtual Meetings – The next opportunity for the Commission to submit a request will be in September with potential implementation as early as December if approved.
2. Trainings – Chiara has been reviewing the training records and will be reach out to each of you about any training needs.
3. Potential Collaboration Efforts – As you become aware of collaboration efforts that are in alignment with OERJ, please reach out as we would love to collaborate with the Commission.

Commissioner Keen wanted clarification if they are allowed as individuals to contact Mr. Simmons. County Counsel says yes, if quorum is not being held.

**Agenda item #7 – 2026 U.N. Conference on the Commission on the Status of Women – Commissioner Nantkes**

Public comment: Advocacy in Action - USD VIP Career Mixer attendee, Kylie Campo, introduced herself to the commission.

Commissioner Nantkes presented to the commission on her and her students' trip to the UN. – Attachment #2

**Old Business:**

**Agenda item #8 – Vacancies & Appointments**

- a. Vacancies - Districts 2 (Anderson) & 4 (Montgomery Steppe)
- b. Appointments –District 1 (Aguirre) Daniela Perez
  - Pending onboarding and orientation.

Chair Custudio Suero

**Agenda item #9 – Update on the status of County staff's drafting of the board letter requesting approval of CSWG Bylaws revisions.**

Chair Custudio Suero confirmed with Chaira that the draft Bylaws was submitted to the BOS, Chiara confirmed it was submitted and approved on March 24<sup>th</sup> 2026.

**Agenda item # 10 – Further Debrief and updates on Status regarding CEDAW baseline analysis report**  
Pending OERJ updates.

**Agenda item # 11 – 3/24/26 County of San Diego Board of Supervisors' Presentation to the Commission for CEDAW Advocacy**

Chair Custudio Suero showed the board the Proclamation they received on March 24<sup>th</sup>, thanked the Office of Equity and Racial Justice for co-collaborating. It was discussed a group photo would occur after the meeting.

**Agenda item #12 - Initiative Updates and Liaison Reports**

- a. CEDAW Advisor: Chair Emeritus, Parisa Ijadi-Maghsoodi  
No updates provided.
- b. National Association of Commissions for Women (NACW): VC Kelly Jenkins-Pultz  
No updates provided.
- c. Women's Hall of Fame: VC Kelly Jenkins-Pultz  
No updates provided.

**Agenda item #13 – Annual Report for Board of Supervisors regarding Status Updates, Discussion and Submission**

VC Kelly Jenkins-Pultz provided an update to the commission.

**Agenda item #14 - Triton Consulting Group – Interest in Paid Family Leave Research Project**

No updates provided.

**Agenda item #15 - Standard Operating Procedures (SOPs) Updates –**

No updates provided.

**Agenda item #16 – Collaborators/Partners of the Commission – Update on Selection Process & Information Gathering for Upcoming Events/Projects**

- Board of Supervisors - 2026 Board of Supervisors Meeting Calendar – Interest & Availability for Attendance by Commissioners • 4/21/2026 – Annual County Volunteer Recognition Event (9 am) & General Legislative Session (10 am)
- 5/5/2026 – General Legislative Session (9 am)
- 5/19/2026 – General Legislative Session (9 am)
- 6/1/2026 – Budget Hearing: Recommended Budget Presentation & Community Feedback (12 pm)
- 6/9/2026 – General Legislative Session (9 am)
- 6/23/2026 – General Legislative Session/Budget Deliberations & Adoption (9 am)

VC Kelly Jenkins-Pultz informed the commission that for their next meeting held on May 1<sup>st</sup>, there will be a ‘No Day of Action’, CAC could be impacted by event attendees, suggests looking elsewhere to hold the meeting or for the meeting to be cancelled altogether.

Chiara will look at County Operations Center (COC) on Overland for a conference room. More to come.

**New Business**

**Agenda item #17 – Chair/Commissioner Announcements**

- 3/3/2026 Mesa College Human Rights Law Career Panel
- 3/3/2026 USD Business for Good VIP Career Mixer
- 3/7/2026 Silayan Filipina Women in Law Career Panel
- 3/9/2026 International Women’s Day (Consulate Generals) – Attachment #3
- 3/6-8/2026 Startup Weekend Women San Diego

**Agenda item #18 – ADJOURNED: This meeting is closed at 1:06 PM.**

**NOTE:** The Commission on the Status of Women and Girls jurisdiction is established by action of the Board of Supervisors as follows: The Board of Supervisors of the County of San Diego declares that it is the policy of the County to take action to identify needs and problems of women in the County that are affected by public policy decisions; and furthermore, to eliminate the practice of discrimination and prejudice on the basis of sex within the County. In order to promote this policy and to provide an open forum for discussion and action, there is hereby established a San Diego County Commission on the Status of Women in the Chief Administrative Office. County Code of Administrative Ordinances, Section 85.

# Female Genital Mutilation (FGM)

Dispelling the Myths

Athia Carrim  
Interfaith and Education Director  
International Institute of Tolerance 2018

## FGM: Dispelling the Myths- Rewiring the Brain

- What is FGM? What are the first thoughts that come to mind when you hear this term?
  - Barbaric: these communities have to be civilized and educated
  - Islamic: spread by religious belief of Islam only and raises ethical questions about Islamic beliefs and structure
  - Africa: only occurs here
    - Unknown: never heard of it in my culture therefore it's a foreign practice that must be destroyed or wiped out.

## History of FGM

- The origins of FGC are a mystery. It is thought to have existed in ancient Egypt, Ethiopia, and Greece. The practice transcends religion, geography, and socioeconomic status. Although FGC predates Islam, a small number of Muslims have adopted the practice as a religious requirement. As late as the 1960s, American obstetricians performed clitoridectomies to treat erotomania, lesbianism, hysteria, and clitoral enlargement.<sup>2</sup>
- There's no way of knowing the origins of FGM, it appears in many different cultures, from Australian aboriginal tribes to different African societies," medical historian David Gollaher, president and CEO of the California Healthcare Institute (CHI), and the author of "Circumcision," told Discovery News.
- Another assumption is that it originated in Egypt because of the term "pharaonic circumcision". While there's evidence of male circumcision in Old Kingdom Egypt, there is none for female. "This was not common practice in ancient Egypt. There is no physical evidence in mummies, neither there is anything in the art or literature. It probably originated in sub-Saharan Africa, and was adopted here later on," Salima Ikram, professor of Egyptology at the American University in Cairo.
- It is known to be practiced by Greeks on female slaves, Russians and South American tribes. It is also practiced by Jews, Catholics, Christian Copts, Muslims and Animists.

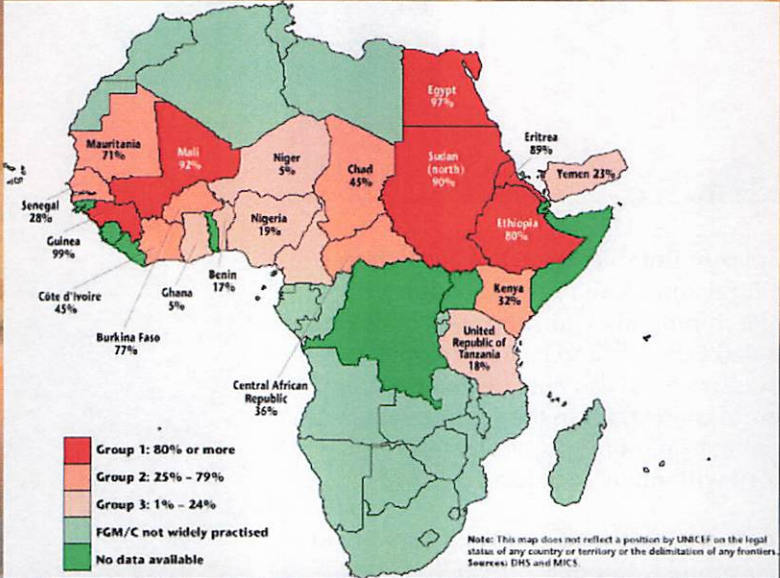
# The Forgotten Practice of FGM in America

- The following six excerpt quotes are from actual American medical journals:
- "...that the girl who becomes irritable, disagreeable and hysterical may become charming, interesting and possessed of all feminine graces when her prepuce[clitoral hood] is forcibly peeled away from the glans of the clitoris, and we have made a distinct step forward in civilization..." [Is evolution trying to do away with the clitoris? Transactions of the American Association of Obstetricians and Gynecologists Vol. 5, 1892, pp. 288-302]  
[http://www.historyofcircumcision.net/index.php?option=com\\_content&task=view&id=50&Itemid=68](http://www.historyofcircumcision.net/index.php?option=com_content&task=view&id=50&Itemid=68)
- "I for one have circumcised as many girls as boys, and always with happy results." [Circumcision of Girls. Journal of Official Surgery, Vol. 7, July 1898, pp. 31-33]  
[http://www.historyofcircumcision.net/index.php?option=com\\_content&task=view&id=51&Itemid=68](http://www.historyofcircumcision.net/index.php?option=com_content&task=view&id=51&Itemid=68)
- "Many neuroses and even psychoses have their origin in pathological conditions of the hood of the clitoris." [Circumcision in the Female: Its Necessity and How to Perform It. American Journal of Clinical Medicine, Vol. 22, No. 6, June 1915, pp. 520-523]  
<http://www.noharmm.org/circinthefemale.htm>
- "Circumcision will relieve one of the greatest causes of masturbation" [Why not circumcise the girl as well as the boy? Texas State Journal of Medicine, Vol. 14, May 1918, pp. 17-19]  
[http://www.historyofcircumcision.net/index.php?option=com\\_content&task=view&id=60&Itemid=68](http://www.historyofcircumcision.net/index.php?option=com_content&task=view&id=60&Itemid=68)
- "The same reasons that apply for the circumcision of males are generally valid when considered for the female." [Circumcision of the Female. General Practitioner, Vol. 18 No. 3, September 1958, pp. 98-99]  
<http://www.noharmm.org/circumfemale.htm>
- "If the husband is unusually awkward or difficult to educate, one should at times make the clitoris easier to find[by amputating the clitoral hood]." [Female Circumcision: Indications and a New Technique General Practitioner, Vol. 20, No. 3, September 1959, pp. 115-120]  
<http://www.noharmm.org/amecircrctech.htm>

FGM in America ?????



# UNICEF Demographics: FMG 15-49 years





FGM is a complex multifaceted practice deeply rooted in a strong cultural and social framework. It is endorsed by the community and supported by loving parents with what is believed to be the best interests of a young girl at heart. FGM can only be understood within its cultural context, for in the societies where it is practiced - despite its harmful physical affects - FGM provides women with many social and cultural benefits.

The beliefs sustaining the practice of FGM vary greatly from one ethnic group to another, although there are many common themes. Caution needs to be made when addressing individuals because of its sensitivity.

## A Persisting Practice

Parents who continue this practice are compassionate and loving. They believe that they are protecting their daughters from harm. Reasons that practitioners give for the practice include rite of passage, femininity, ensuring marriageability, improving fertility, religious requirement, hygiene, and enhancing sexual pleasure for men.

Another significant factor in the continuation of the practice of FGM is the status and vested interests of circumcizors within affected communities. The role of circumcizors varies within the ethnic groups practicing FGM. In Somalia for instance, they have no special respect, while in West Africa they wield much power and have considerable status within traditional power structures. In Sierra Leone, the circumcizors are considered to be priestesses by their followers - they control the 'secret societies' and commonly have extended roles as counsellors and consultants in mother and child care. In Mali, they are often the gatekeepers of traditional power bases for women, feared and respected by women and the community at large. FGM is an irreplaceable source of revenue for the circumcizors and any challenge to FGM not only threatens this revenue, but is also perceived as an attack on the respected older women of the community.

## The Role of Circumcizors



Com  
instr

## Traditional Myths and Beliefs

- in areas where infant mortality is high and fertility so important, FGM is promoted as a pre-requisite for the cleanliness of a woman and the good health of her baby. (In practice however, infibulation has the opposite effect, compromising hygiene and causing an increased risk of infection, infertility, health complications and childbearing difficulties.)
- the Dogon and the Bambara of Mali, and the Mosi of Burkina Faso believe that the clitoris is dangerous during childbirth and can cause death when in contact with the baby's head
- amongst some communities the clitoris is thought to produce an offensive discharge and exude a foul odor
- in some areas of Ethiopia, there is the belief that if the female genitals are not excised they will grow and dangle between the legs like a man
- the Tagouna of the Ivory Coast believe that an unexcised woman cannot conceive
- in some countries such as Somalia, the external female genitals are considered dirty, ugly, and disfiguring. Infibulation is believed to produce a clean smooth skin surface that is desirable to touch
- in some cultures it is believed that the clitoris is a masculine feature which must be removed to create true femininity in women. Women who have not undergone FGM are believed to have characteristics thought to be only appropriate for men, such as sexual desire and promiscuity
- In the West it was a common practice to deal with mental illnesses among females
- Across the spectrum it was generally believed that a woman's sexual urges can be destroyed by this practice. What it shows is the extend of domination and control exercised by men over women in all societies irrespective of geography, belief or culture.

# Dispelling Myths

## Unknown In Scriptures

- The bible does not mention FGM. Despite the absence of scriptural support, women and girls within Christian communities, including in Egypt, Kenya, Nigeria and Tanzania, do undergo FGM. It has been found among **Coptic Christians** in Egypt, **Orthodox Christians** in Ethiopia, and **Protestants** and **Catholics** in Sudan and Kenya. A 2013 UNICEF report identified 17 African countries in which at least 10 percent of Christian women and girls aged 15–49 had undergone it. In Niger, for example, 55 percent of Christian women and girls had experienced it, against two percent of Muslim women and girls.
- The Beta Israel Jew of Ethiopia practice FGM.
- Widely practiced among Animists

## Islamic Responses

- In 2004 Grand Mufti of Egypt, Tantawi, declared the hadiths on FGM unreliable.
- In 2006 conference in Al-Azhar Uni.: Muslim clergy declare it unnecessary.
- In 2007 Al-Azhar Supreme Council of Islamic Research ruled : FGM “has no basis in core Islamic law/provisions & that its harmful & should not be practiced”.
- In 2012 Ihsanoglu, Sec.-Gen. of Organization of Islamic Cooperation :FGM is “A ritual that has survived over centuries & must be stopped as Islam does not support it”.
- Deputy chief Kadhi Rashid Ali Omar gives a press statement for FGM on 7th.May.2018“From the Islamic Law there is nothing called FGM and it prohibits the mutilation of any organ of a person and even of an animal,”.

## How do We Deals with FGM: Rewiring the Mind

- Education: One of the most powerful phenomena to deal with a practice that has been embedded in the psyche for thousands of years. In many cultures it's the foundation upon which the family structure exists. What is the best way to tackle this?
- Cultural Relevancy: FGM is practiced in diverse cultures across diverse lands. In cities the practice is unknown when compared to remote communities in the same country. How much is understood about this diversity?
- Support Network: How effective is the support network for victims who experience alienation, expulsion, hopelessness and fear? What protection can you offer besides litigation?
- Bias & stereotyping cultures & individuals: How to empower & embrace victims/communities by overcoming personal prejudices?

It's Time to Dispel the Myth & Rewire the Brain

HOW TO DEHUMANISE MUSLIMS:

~~TERROLISTS!!~~

~~They hate Jews!!~~

~~Hate teachers~~

~~"FGM!"~~

~~Homophobes~~

~~Racist~~

~~SEXIST~~

YES!!

GET OUT!!!

## References

- Female Genital Mutilation: Information for Health & Child Protection Professionals. [www.fgm.co.nz](http://www.fgm.co.nz)
- Involuntary Foreskinectomy Awareness. [Sites.google.com/site/completebaby/female](http://sites.google.com/site/completebaby/female)
- Female Genital Cutting: A Persisting Practice. [www.ncbi.nlm.nih.gov](http://www.ncbi.nlm.nih.gov)
- FGM National Clinical Group- Historical & Cultural. [www.fgmnationalgroup.org](http://www.fgmnationalgroup.org)
- Female Genital Mutilation : An Islamic Perspective. <http://www.minaret.org/fgm-pamphlet.htm>

PRESENTATION TO  
THE SAN DIEGO  
COUNTY  
COMMISSION ON  
THE STATUS OF  
WOMEN AND GIRLS  
APRIL 4, 2026

Attachment #2

JESSICA DEYOUNG  
LAINE MORAES  
DR. AMY NANTKES



*United Nations 70<sup>th</sup>*  
**COMMISSION ON THE  
STATUS OF WOMEN**



# CEDAW *and* LOCALITIES



THE COMMITMENT TO ADOPT CEDAW AS LAW IN CITIES AND COUNTIES IN THE UNITED STATES IS STRONGER THAN EVER




LEADER FORUM 70

**FROM COMMITMENT TO IMPACT:  
DRAFTING AND IMPLEMENTING  
LOCAL CEDAW LEGISLATION**

March 9, 2026

Moderator: Jenni Prisk  
Chair, CEDAW Rising  
Advisory Board



# HOW OUR CSWG CAN ADVANCE

*Gender Equality*



- STRENGTHEN NETWORKS
- HIGHLIGHT ALIGNMENT
- EDUCATE VIA SOCIAL MEDIA
- SHARE ANALYSIS RESULTS WIDELY
- RECONVENE STAKEHOLDERS IN PLANNING PHASE
- MONTHLY PUBLIC COMMUNICATION ON IMPLEMENTATION

# EDUCATION AND YOUTH INVOLVEMENT

WOMEN HAVE AND  
WILL CONTINUE TO  
LEAD NATIONS, SHAPE  
POLICIES, AND  
INFLUENCE GLOBAL  
CHANGE

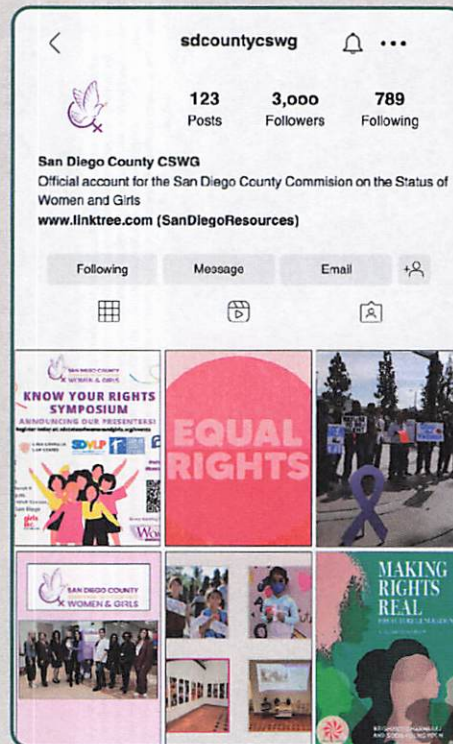


# ROLE OF FUTURE GENERATIONS

YOUNG PEOPLE CAN CHALLENGE OUTDATED STEREOTYPES AND PROMOTE INCLUSIVITY.



STUDENTS CAN ADVOCATE FOR EQUAL OPPORTUNITIES IN EDUCATION AND EXTRACURRICULAR ACTIVITIES.



SOCIAL MEDIA CAN BE USED RESPONSIBLY TO SPREAD POSITIVE MESSAGES ABOUT EQUALITY.

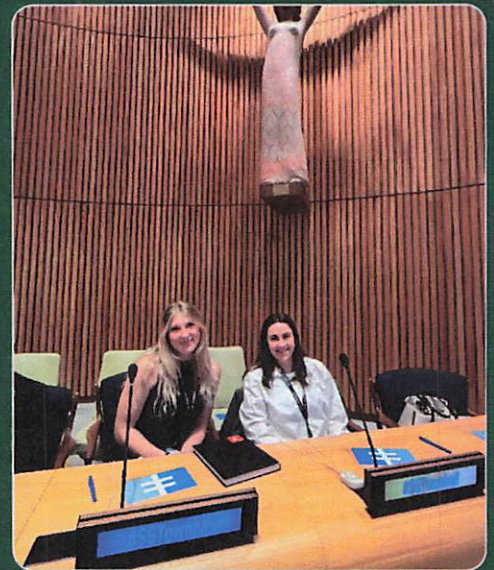
EMPOWERED YOUTH CAN BUILD A SOCIETY BASED ON FAIRNESS AND RESPECT.

FUTURE LEADERS HAVE THE RESPONSIBILITY TO CREATE INCLUSIVE WORKPLACES AND COMMUNITIES.

# ENGAGING YOUNG PROFESSIONALS

*with CSWG*

- COALITION BUILDING
- ENGAGING LOCAL UNIVERSITIES: SDSU, USD, UCSD, PLNU
- FORMAL YOUTH/YOUNG PROFESSIONAL BODIES
- RESERVING SEATS



# HOW CEDAW CAN IMPACT SAN DIEGO

*Housing Services*

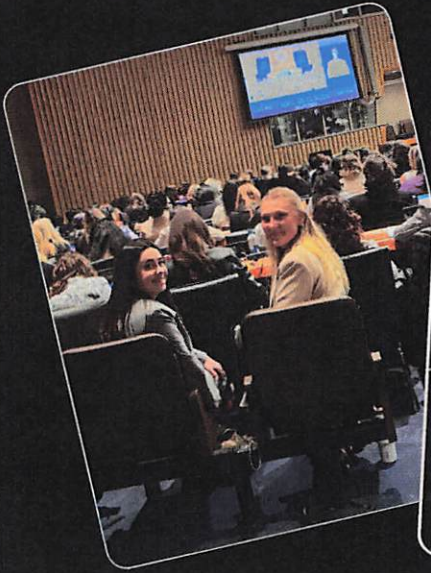


- EVICTION GENDER DISPARITY
- SAN DIEGO COUNTY AS A SERVICE PROVIDER - HOUSING AND COMMUNITY DEVELOPMENT SERVICES
- PROGRAMS ADMINISTERED WITH GENDER PERSPECTIVE

# CELEBRATING

*Women and Girls*

# ADVANCING EQUALITY



SAN DIEGO COUNTY  
COMMISSION ON THE STATUS OF  
WOMEN & GIRLS

COSD CLERK OF THE BOARD  
2026 APR 27 PM2:36

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Vice Chair  
Kelly Jenkins-Pultz  
Rohida Khan  
Idara Ogunsaju

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Staff Assistant

Miranda Hart,  
Deputy County Counsel



**MINUTES**  
**April 10, 2026**

**Executive Board Committee Meeting**  
**1:00 PM**

The meeting began at 1:11 pm at the Rancho Bernardo Library located at 17110 Bernardo Center Dr., San Diego, CA 92128. There were not members of the public present.

In attendance were Chair Kristine Custodio Suero (KCS), Vice Chair Idara Ogunsaju (IO) and Vice Chair Kelly Jenkins-Pultz (KJP). Vice Chair Rohida Khan was absent.

IO shared Policy Committee updates and discussed the Triton Consulting Group project focusing on caregiving by the sandwich generation, which will be presented by Sadhana at the August 14, 2026 Commission's monthly meeting. The project will examine county policies and compare them to other jurisdictions' approaches to supporting women caring for both children and aging parents.

Regarding the Civic Engagement Committee, KJP reported setting up a meeting with Jasmine LaFleur from Greater Than Tech for April 16, 2026 at 4 pm, with a potential presentation at the June commission meeting. The group discussed the Commission's monthly meeting held on April 3, 2026, where participants debated whether to reschedule the May 1, 2026 monthly meeting due to a protest acknowledging different perspectives on the scheduling conflict. Discussion also included a future tour of the San Diego Women's History Museum potentially on June 12, 2026 considering how to structure it to comply with meeting protocols while allowing public participation. The discussion included updates on youth engagement outreach efforts, including notifications sent to various organizations about a History Project initiative. KCS shared that she recently attended an American Association of University Women (AAUW) salary negotiations workshop related to Equal Pay Day and that resources were provided to the attendees; KCS inquired if the Civic Engagement Committee has or will discuss upcoming workshops on this issue. KJP also stated that the City of San Diego's Youth Summit will be held on June 3, 2026 and that she will be participating and presenting on behalf of the Commission. The conversation also touched on additional resources from the that could supplement the workshop, emphasizing the importance of both knowledge and advocacy in addressing gender and racial wage disparities.

KCS also discussed the importance of leveraging youth involvement and ambassadors to advance the Commission's work, highlighting the benefits of virtual meetings and collaboration with external organizations. KCS also emphasized the need to address financial literacy and economic mobility alongside the current focus on CEDAW, noting the interconnectedness of these issues with women's experiences across different life stages. KCS expressed hope that the Commission would not lose sight of broader issues while focusing on CEDAW implementation, suggesting these topics could be discussed further in upcoming committee meetings.

The discussion also focused on several key updates and planning items. IO confirmed that Daniela's orientation would take place on Monday, April 13, 2026 at 4 pm, after which she could officially join the May 1, 2026 meeting after connecting with staff representative, Chiara Leroy. The group decided not to secure a guest speaker for the May 1, 2026 meeting due to location uncertainty, instead planning to conduct a mid-year strategic planning session to review progress and plan future activities. There was discussion on upcoming community events, including an April 21, 2026 Department of Labor Women's Bureau event and a potential focus on military appreciation and mental health awareness for May, with plans to develop resources and information about women veterans.

The meeting ended at 2:08 pm.