

**CLERK OF THE BOARD OF SUPERVISORS
EXHIBIT/DOCUMENT LOG**

MEETING DATE & AGENDA NO. 09/24/2024 #14

STAFF DOCUMENTS (Numerical)

No.	Presented by:	Description:
1	Staff	14 page PowerPoint

2

3

4

5

PUBLIC DOCUMENTS (Alphabetical)

No.	Presented by:	Description:
A	N/A	

B

C

D

E

F

Item #14: Receive Update on the Aging Roadmap

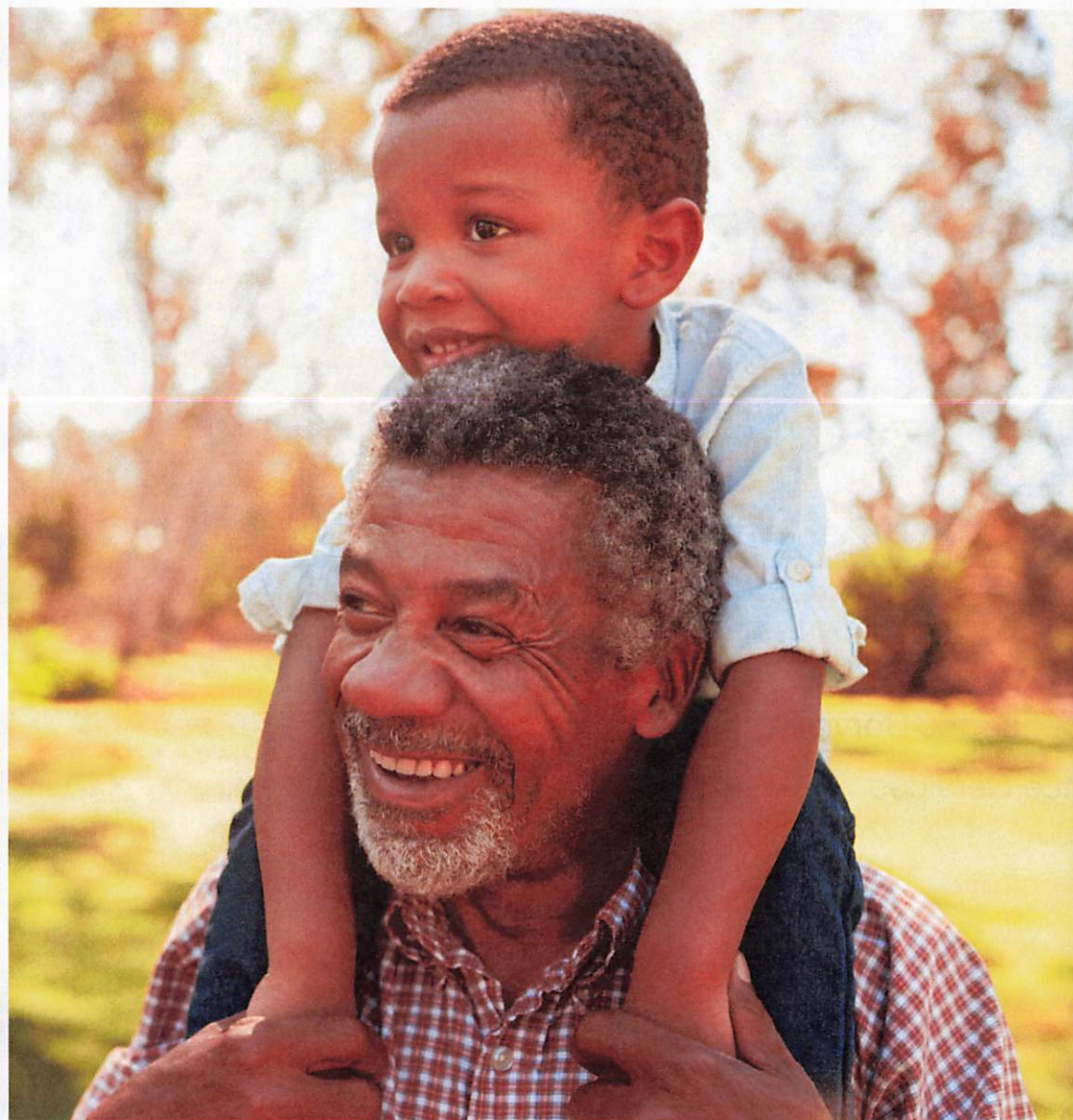
Caroline Smith, Interim Deputy Chief Administrative Officer, Health and Human Services Agency

Jennifer Bransford-Koons, Director, Aging & Independence Services

Brynn Long, Deputy Director, Aging & Independence Services

September 24, 2024



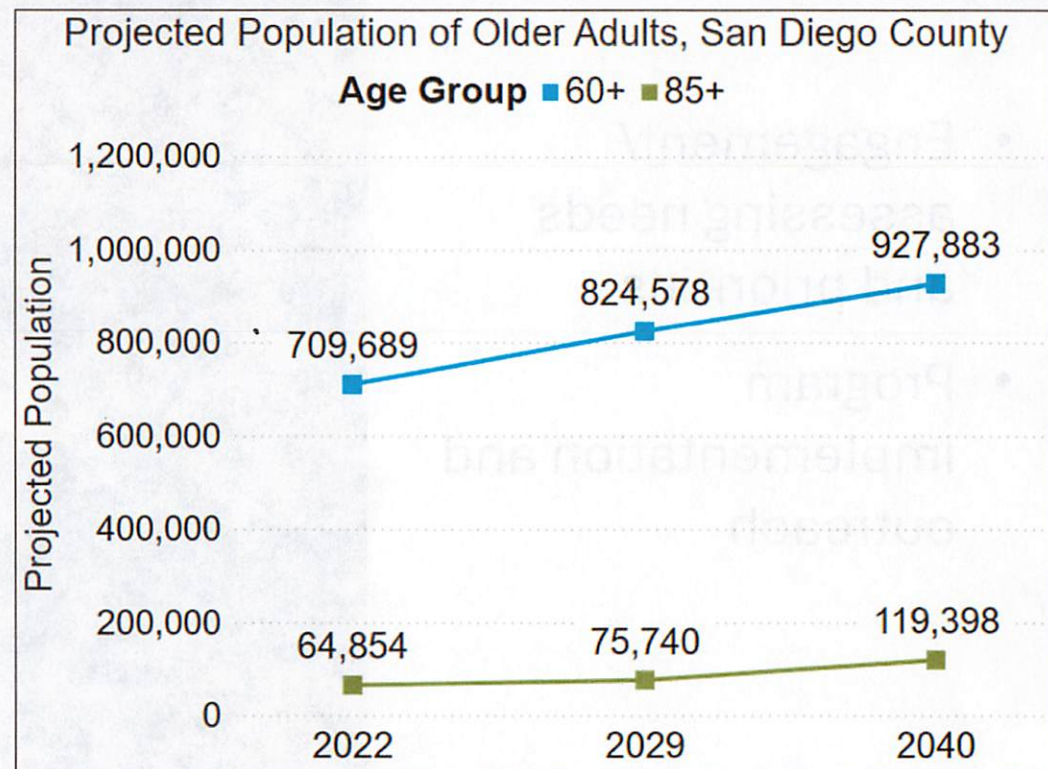


UPDATE ON THE AGING ROADMAP



LIVE WELL
SAN DIEGO

A Growing and Diverse Aging Population



Source: SANDAG, Series 15 Regional Forecast (2024).

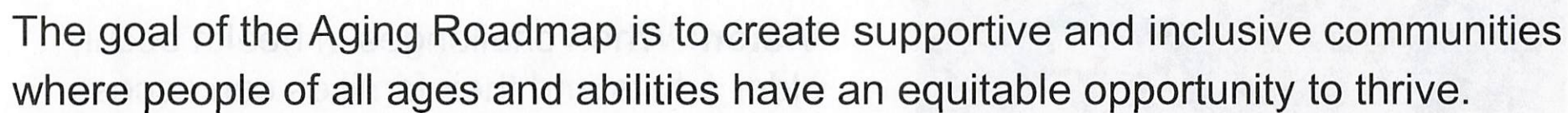
Prepared by: County of San Diego Health and Human Services Agency, Aging & Independence Services, 2024.

Community Engagement



- Engagement/ assessing needs and priorities
- Program implementation and outreach





Health & Community Support



Vision: When challenges in health occur, older adults and their families can access relevant resources, support, and care. The community promotes mental and physical health.

- Increased awareness of IHSS
- Tech2Connect: IHSS Technology for Social Inclusion and Wellbeing
- Development and translation of a food resource guide

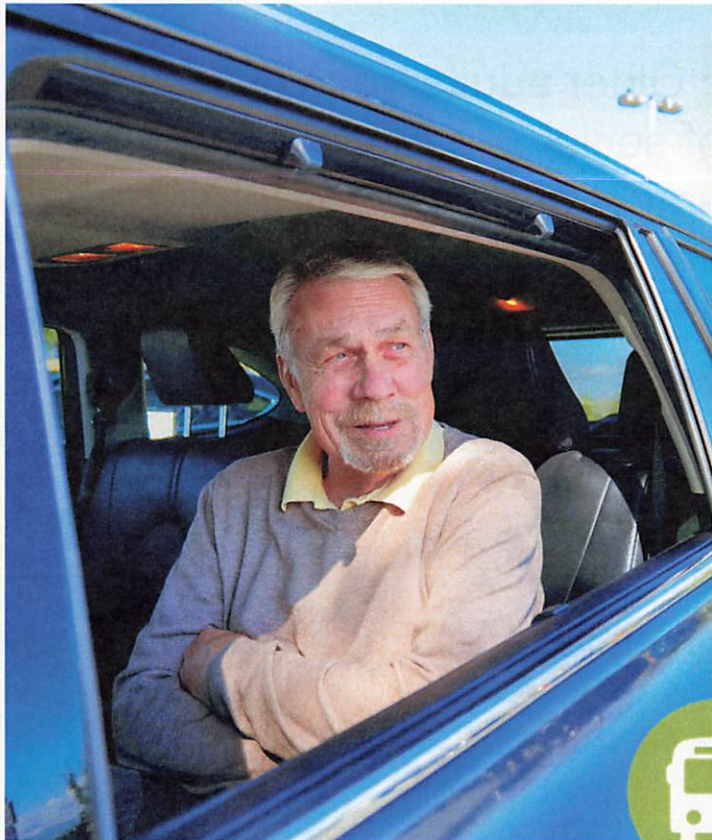
Social Participation



Vision: Older adults have access to a range of social and community engagement opportunities that promote active living, reduce isolation, and provide enriching experiences with others across age groups and generations.

- Digital Inclusion Program
- Intergenerational Engagement

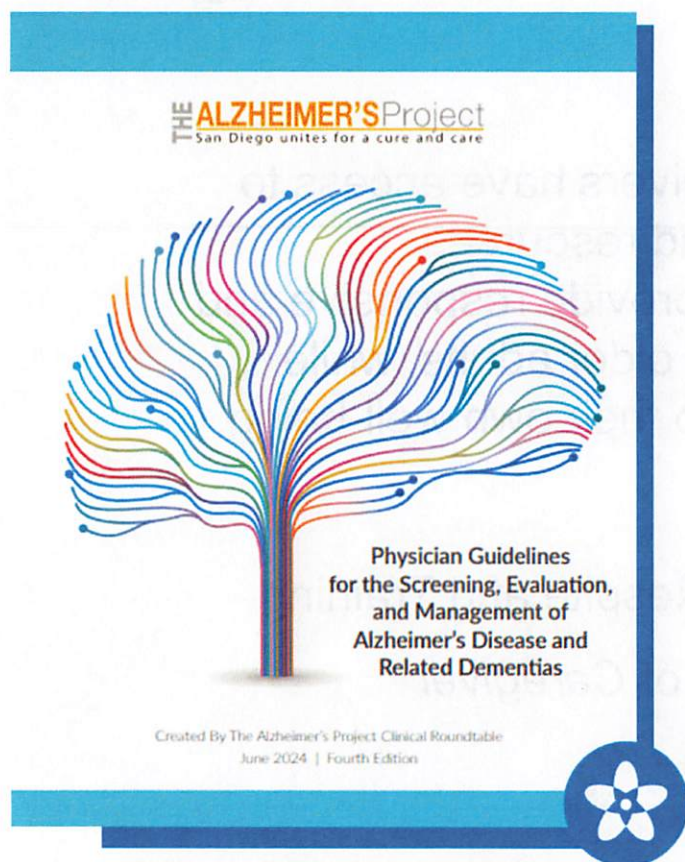
Transportation



Vision: Older adults have access to safe and affordable transportation options that are accessible for all ages and abilities.

- San Diego County No-Cost Transportation Program for Older Adults

Dementia



Vision: San Diegans reduce their risk of Alzheimer's disease and related dementias (ADRD); receive the highest standard of clinical care; are well cared for and supported by "Dementia-Friendly" communities; and family members have support to care for their loved ones.

- Guidelines and Training
- Electronic Medical Record System Improvements
- ADRD Caregiver and Patient Support

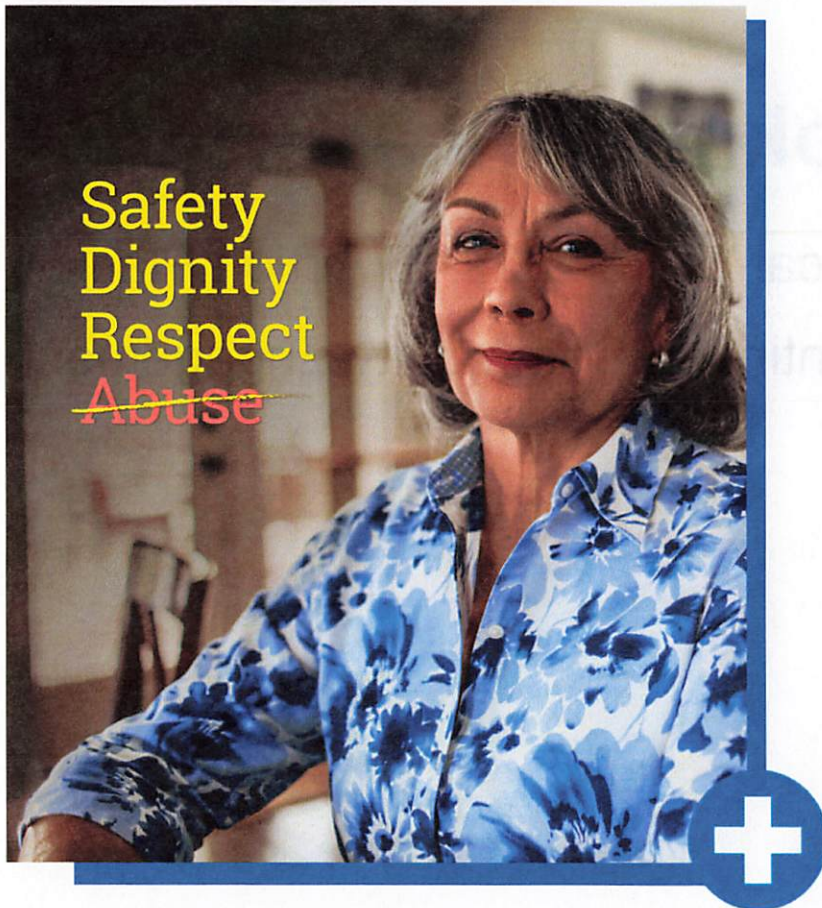
Caregiver Support



Vision: Caregivers have access to the support and resources necessary to provide responsive and quality care to older adults, while also tending to their own well-being.

- Caregiver Respite and Training
- Translation of *Caregiver Handbook*

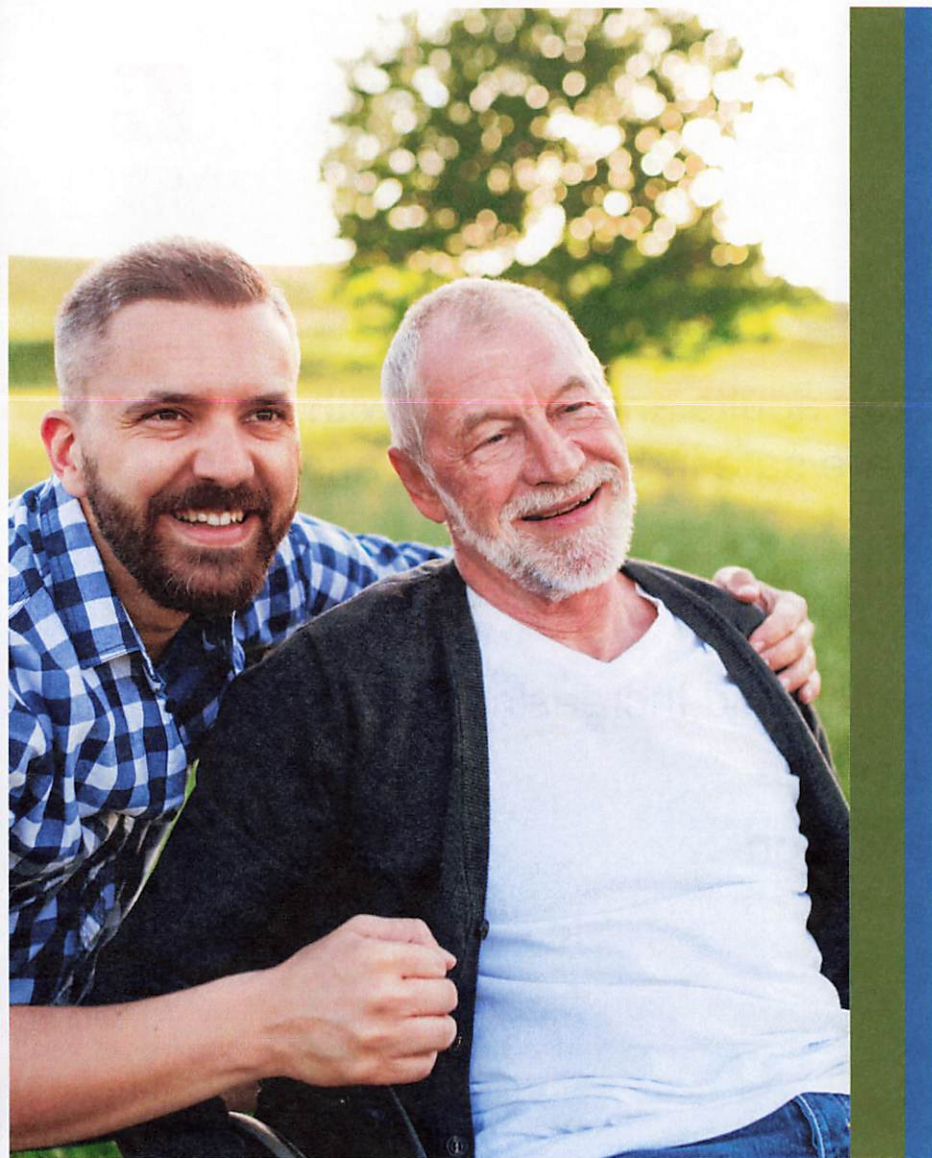
Safety



Vision: Older adults and persons with disabilities are safe in their homes and community.

- Investigating and Increasing Awareness of Elder Abuse
- Fall Prevention





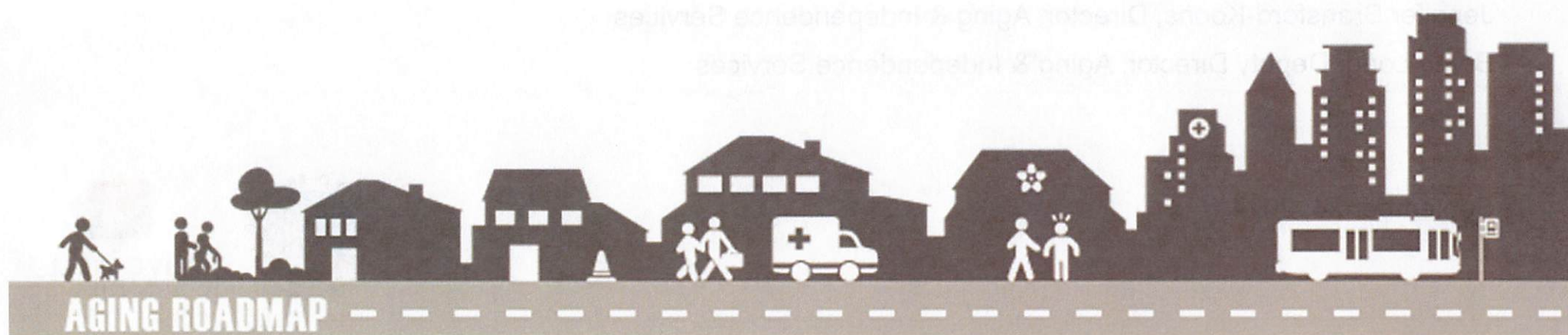
Looking Ahead

- Fiscal Years 2024-28 Action Plan
- Continued Community Engagement

Recommendations



1. Receive update on the Aging Roadmap.



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