

ATTACHMENT

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For Item

#31

Tuesday,
November 15, 2022

PUBLIC COMMUNICATION RECEIVED BY THE
CLERK OF THE BOARD

From: durfeycraig778@gmail.com
Sent: Sunday, November 6, 2022 2:55 PM
To: amijares@ocde.us; FGG, Public Comment; publiccomment@anaheim.net.;
tbass@anaheim.net; VKELLY@OCHCA.COM; AMUGRITCHIAN@OCHCA.COM;
MLawrenz@ochca.com; sbe@cde.ca.gov; annie.mitchell@ocgov.com
Cc: AN.TRAN@SSA.OCGOV.COM; CHRISTEN.SNAPPER@SSAGOV.COM;
JYOTHI.ATLURI@SSA.OCGOV.COM; DORTHE.LEE@SSA.OCGOV.COM;
GAIL.ARAUJO@SSA.OCGOV.COM; FRANK.KIM@OCGOV.COM; cadurfey@gmail.com;
senator.umberg@senate.ca.gov; SENATOR.GONZALEZ@senate.ca.gov;
David.Ochoa@sen.ca.gov
Subject: [External] FW: PUBLIC COMMENT REQUESTING SUPPORT TO ALL GOVERNMENT AGENCY
/CHILD ABUSE TECHONOLGY BLUE LIGHT, EXCESSIVE SCREENTIME DEFIND BY The
Federal Child Abuse Prevention and Treatment Act (CAPTA) (42 U.S.C.A. .. AND MAYO
CLINIC WITH WEBSITE SOCIAL...

Follow Up Flag: Follow up
Flag Status: Completed

From: Craig A Durfey <cadurfey@gmail.com>
Sent: Monday, November 08, 2021 10:18 AM
To: CADURFEY@GMAIL.COM; 'Christopher.Aguilera@asm.ca.gov Walter Muneton' <walter.muneton@ggusd.us>
Subject: FW: PUBLIC COMMENT REQUESTING SUPPORT TO ALL GOVERNMENT AGENCY /CHILD ABUSE TECHONOLGY BLUE
LIGHT, EXCESSIVE SCREENTIME DEFIND BY The Federal Child Abuse Prevention and Treatment Act (CAPTA) (42 U.S.C.A. ..
AND MAYO CLINIC WITH WEBSITE SOCIALEMOTIONALPAWS

From: Craig A Durfey <cadurfey@gmail.com>
Sent: Saturday, November 06, 2021 5:30 PM
To: CADURFEY@GMAIL.COM; anan@ggcity.org; info@ocsheriff.gov; 'Teresa Pomeroy' <teresap@ggcity.org>;
'Mark.Pulido@mail.house.gov Congressman Alan Lowenthal' <CA47ALima@mail.house.gov>; norma.kurtz@asm.ca.gov;
preston.romero@asm.ca.gov; Assemblymember.Nguyen@assembly.ca.gov; 'Nick Dibs' <nickdibs1@gmail.com>;
Emily.Humpal@asm.ca.gov; Brian.Sala@mhsoac.ca.gov; ""SENATOR.PAN@SENATE.CA.GOV""
<SENATOR.PAN@senate.ca.gov>; SENATOR.GONZALEZ@senate.ca.gov; ""SENATOR.WIENER@SENATE.CA.GOV""
<SENATOR.WIENER@senate.ca.gov>; 'Senator Umberg' <Senator.Umberg@outreach.senate.ca.gov>;
Carlos.Condarco@mail.house.gov; 'COB_Response' <response@ocgov.com>; OCMentalHealthBoard@ochca.com;
ocbe@ocde.us; SBE@cde.ca.gov; 'Congressman Alan Lowenthal' <CA47ALima@mail.house.gov>;
TGOODBRAND@CITYOFIRVINE.ORG; 'Maria Stipe' <marias@ci.garden-grove.ca.us>; MLawrenz@ochca.com;
'Christopher.Aguilera@asm.ca.gov Walter Muneton' <walter.muneton@ggusd.us>;
Assemblymember.Nguyen@assembly.ca.gov; assemblymember.rendon@assembly.ca.gov;
assemblymember.fong@assembly.ca.gov; assemblymember.odennell@assembly.ca.gov; joneill@garden-grove.org;
'stevej' <stevej@garden-grove.org>; stephaniek@garden-grove.org; 'George Brietigam' <georgeb@ggcity.org>; 'Theresa
Bass' <tbass@anaheim.net>; thuhan@ggcity.org; KIMN@ggcity.org; 'Public Records Request' <cityclerk@ggcity.org>;
'Phat Bui' <phatb@ggcity.org>; anan@ggcity.org; superintendent@capousd.org
Cc: 'Supervisor Andrew Do' <Andrew.Do@ocgov.com>; 'Supervisor Doug Chaffee' <Fourth.District@ocgov.info>;

'Gabriela Mafi' <gmafi@ggusd.us>; 'Kelly McAmis' <kmcamis@ggusd.us>; "" <info@ggea.org>; info@capta.org;
info@nbpd.org; INFO@NAMIOC.ORG; info@oclabor.org; fourthdistrictpta@sbcglobal.net; 'Lan Nguyen'
<lan.nguyen@ggusd.us>

Subject: PUBLIC COMMENT REQUESTING SUPPORT TO ALL GOVERNMENT AGENCY /CHILD ABUSE TECHONOLGY BLUE LIGHT, EXCESSIVE SCREENTIME DEFIND BY The Federal Child Abuse Prevention and Treatment Act (CAPTA) (42 U.S.C.A. ... AND MAYO CLINIC WITH WEBSITE SOCIALEMOTIONALPAWS.ORG

10-06-2021

(P.R.D.D.C.)

PARENTS FOR THE RIGHTS OF DEVELOPMENTALLY DISABLED CHILDREN

CRAIG A. DURFEY FOUNDER OF P.R.D.D.C.

P.O.BOX 937 GARDEN GROVE, CA 92842

CELL 714-321-8238

CADURFEY@GMAIL.COM

SOCIALEMOTIONALPAWS.COM

[FACEBOOK: CRAIG DURFEY](#)

U.S. HOUSE OF CONGRESS H2404 - HONORING CRAIG DURFEY FOR HIS FIGHT AGAINST AUTISM ... Ms. LORETTA SANCHEZ of California.

<https://www.govinfo.gov/content/pkg/CREC-2003-03-27/pdf/CREC-2003-03-27.pdf>

[new website socialemotionalpaws.org](http://newwebsite.socialemotionalpaws.org)

**Governor Gavin Newsom
1303 10th Street, Suite 1173
Sacramento, CA 95814
Phone: (916) 445-2841
Fax: (916) 558-3160**

**cc. Todd Spitzer
Orange County District DA
Main Office
300 North Flower St.
Santa Ana, CA 92703
714-834-3600**

cc. MHSOAC
Commissioners { Public Comment }
1325 J Street, Suite 1700
Sacramento, CA 95814
Phone: (916) 445-8696
Fax: (916) 445-4927
Email: MHSOAC@mhsoc.ca.gov

cc. Sheriff-Coroner Don Barns
550 N. Flower Street
Santa Ana, CA 92703
United States

cc. Behavioral Health Advisory Board Members { Public comment }
Address: 405 W. 5th St.
Santa Ana, CA 92701

cc. Orange County Board of Supervisor
333 W. Santa Ana Blvd., Santa Ana, CA 92701
(714) 834-3100

cc. Mayor Steve Jones { Public comment }
City of Garden Grove
11222 Acacia Parkway
Garden Grove CA

cc. Anthony Rendon
Assembly Speaker ,
District 63
State Capitol
Room 219
Sacramento, CA 95814
Tel: (916) 319-2063
Fax: (916) 319-2163

Senator Toni G. Atkins
Senate President Pro Tempore
Capitol Office
State Capitol, Room 205
Sacramento, CA 95814
Phone: (916) 651-4039

Fax: (916) 651-4939

Ca U.S. Congress representatives.

Calif U.S. Senators

**U.S. Congress Alan Lowenthal
108 Cannon House Office Building
Washington, DC 20515
The 47th District
Phone: (202) 225-7924
Fax: (202) 225-7926**

To whom it may Concern.

To all Cities.

**Tony Thurmond,
State Superintendent
California Department of Education
1430 N Street
Sacramento, CA 95814-5901**

**Orange County Board of Education Board
200 Kalmus Drive
Costa Mesa, CA 92626
Phone: 714-966-4012
Fax: 714-432-1916
E-mail: ocbe@ocde.us
Al Mijares, Ph.D.
County Superintendent of Schools**

{ Public Comment }

**Mayor Harry Sidhu
Theresa Bass, CMC
Office of the City Clerk
200 S. Anaheim Boulevard
2nd Floor, Room 217
Anaheim, CA 92805
tbass@anaheim.net <tbass@anaheim.net>;
Phone: (714) 765-5166
Fax: (714) 765-4105**

{ Public Comment }

State Senator Tom Umberg
District Office
1000 E. Santa Ana Blvd., Ste. 220B
Santa Ana, CA 92701
Phone: (714) 558-3785
Senator.Umberg@outreach.senate.ca.gov

Assemblywoman Janet Nguyen
District Office
17011 Beach Blvd
Suite 1120
Huntington Beach, CA 92647
714-843-4966
Assemblymember.Nguyen@assembly.ca.gov

Dear Governor Newsom

Requesting your assistance with screen time, blue light harm defined in this letter prevention, "Screen time for US tweens and teens DOUBLED during the COVID-19 pandemic to nearly eight hours a day", study finds .Child abuse is current occurring blue light causing injuries to the eyes of children. Mayo Clinic has outline the cause what is child abuse. "The Federal Child Abuse Prevention and Treatment Act (CAPTA) (42 U.S.C.A. ... "Any recent act or failure to act on the part of a parent or caretaker which results in death, serious physical or emotional harm, sexual abuse or exploitation"; or. "An act or failure to act which presents an imminent risk of serious harm." The Child Abuse and Neglect Reporting Act requires a mandated reporter, which includes a teacher or one of certain other types of school employees, to report whenever he or she, in his or her professional capacity or within the scope of his or her employment, has knowledge of or has observed a child whom the mandated reporter knows or reasonably suspects has been the victim of child abuse or neglect. ..."Mayo clinic defines child abuse as [Symptoms and causes - Mayo Clinic](#) "Any act that injures a minor can be considered abuse if it causes a traumatic condition or is "cruel and inhuman." The term "cruel and inhuman" is not specifically defined under California law. But a jury will give the words their ordinary meaning. Ca State Penal Code 273d PC - Child Abuse - California Law & Penalties"

The team - from the University of California, San Francisco; the University of California, Los Angeles; the University of Toronto in Canada; and SRI International -

says this increased screen time doesn't just affect physical health, such as worsening vision, but is also associated with mental health risks. [Screen time for US teens DOUBLED during the COVID-19 pandemic to nearly eight hours a day | Daily Mail Online](#)

From my Blog Post below: !

Excessive screen time in kids under 5 is worse than we thought.

[Excessive screen time in kids under 5 is worse than we thought \(socialemotionalpaws.org\)](#)

ADDICTION: Gray Matters: Too Much Screen Time Damages the Brain. [Gray Matters: Too Much Screen Time Damages the Brain | Psychology Today](#)

How Could Blue Light Be Affecting Your Child's Vision?

[How Could Blue Light Be Affecting Your Child's Vision? \(socialemotionalpaws.org\)](#)

95% Of Americans Risk Eye Problems By Staring At Screens All Day.

[95% Of Americans Risk Eye Problems By Staring At Screens All Day \(socialemotionalpaws.org\)](#)

DO YOU SUFFER FROM SOCIAL MEDIA'S 'DARK SIDE'? HERE ARE THE 46 HARMFUL EFFECTS OF SOCIAL MEDIA.

[Among the 46 harmful effects of social media were found to be anx \(socialemotionalpaws.org\)](#)

Autism and Screen Time: Special Brains, Special Risks.

[Autism and Screen Time: Special Brains, Special Risks. \(socialemotionalpaws.org\)](#)

As Screen Time Reaches All-Time Highs, California Recognizes the 3rd Annual Blue Light Awareness Day on October 10.

[As Screen Time Reaches All-Time Highs Blue Light Awareness Day on \(socialemotionalpaws.org\)](#)

What Screen Time Can Really Do to Kids' Brains

Too much at the worst possible age may have negative consequences.

[What Screen Time Can Really Do to Kids' Brains Too much at the \(socialemotionalpaws.org\)](#)

Digital devices can interfere with everything from sleep to creativity

[Screen Time and the Brain Digital devices can interfere with ever \(socialemotionalpaws.org\)](#)

OPEN LETTER AWARENESS TECNOLOGY BLUE LIGHT PREVENT CHILD ABUSE!!!
[OPEN LETTER AWARENESS TECNOLOGY BLUE LIGHT PREVENT CHILD ABUSE!!!](#)
[\(socialemotionalpaws.org\)](#)

Limit screen time to an hour a day for under 5s with none at all
[Limit screen time to an hour a day for under 5s with none at all](#)
[\(socialemotionalpaws.org\)](#)

The Blue Light Summit 2020 brings together world leaders from consumer electronics and health care, and is open for registrants including employers, health care providers, media and the public.
[Welcome to the Blue Light Summit 2020 What are the Effects of Blu](#)
[\(socialemotionalpaws.org\)](#)

Preferring print in our digital age.! {LA TIMES REPORT}
[Preferring print in our digital age.! \(socialemotionalpaws.org\)](#)

Blue Light Filters:
[Blue Light Filters \(socialemotionalpaws.org\)](#)

The number of nearsighted kids is soaring – and screen time
[The number of nearsighted kids is soaring – and screen time](#)
[\(socialemotionalpaws.org\)](#)

[Symptoms and causes - Mayo Clinic](#)

Symptoms and causes - Mayo Clinic
<https://www.mayoclinic.org/diseases-conditions/child-abuse/symptoms-causes/syc-20370864>

Request your upmost consideration to address these concerns.

Thank You

Craig A, Durfey

Founder of P.R.D.D.C.



CHILD ABUSE

OVERVIEW

ANY INTENTIONAL HARM OR MISTREATMENT TO A CHILD UNDER 18 YEARS OLD IS CONSIDERED CHILD ABUSE. CHILD ABUSE TAKES MANY FORMS, WHICH OFTEN OCCUR AT THE SAME TIME.

- **PHYSICAL ABUSE. PHYSICAL CHILD ABUSE OCCURS WHEN A CHILD IS PURPOSELY PHYSICALLY INJURED OR PUT AT RISK OF HARM BY ANOTHER PERSON.**
- **SEXUAL ABUSE. SEXUAL CHILD ABUSE IS ANY SEXUAL ACTIVITY WITH A CHILD, SUCH AS FONDLING, ORAL-GENITAL CONTACT, INTERCOURSE, EXPLOITATION OR EXPOSURE TO CHILD PORNOGRAPHY.**
- **EMOTIONAL ABUSE. EMOTIONAL CHILD ABUSE MEANS INJURING A CHILD'S SELF-ESTEEM OR EMOTIONAL WELL-BEING. IT INCLUDES VERBAL AND EMOTIONAL ASSAULT — SUCH AS CONTINUALLY BELITTLING OR BERATING A CHILD — AS WELL AS ISOLATING, IGNORING OR REJECTING A CHILD.**
- **MEDICAL ABUSE. MEDICAL CHILD ABUSE OCCURS WHEN SOMEONE GIVES FALSE INFORMATION ABOUT ILLNESS IN A CHILD THAT REQUIRES MEDICAL ATTENTION, PUTTING THE CHILD AT RISK OF INJURY AND UNNECESSARY MEDICAL CARE.**
- **NEGLECT. CHILD NEGLECT IS FAILURE TO PROVIDE ADEQUATE FOOD, SHELTER, AFFECTION, SUPERVISION, EDUCATION, OR DENTAL OR MEDICAL CARE.**

IN MANY CASES, CHILD ABUSE IS DONE BY SOMEONE THE CHILD KNOWS AND TRUSTS — OFTEN A PARENT OR OTHER RELATIVE. IF YOU SUSPECT CHILD ABUSE, REPORT THE ABUSE TO THE PROPER AUTHORITIES.

SYMPTOMS

A CHILD WHO'S BEING ABUSED MAY FEEL GUILTY, ASHAMED OR CONFUSED. HE OR SHE MAY BE AFRAID TO TELL ANYONE ABOUT THE ABUSE, ESPECIALLY IF

THE ABUSER IS A PARENT, OTHER RELATIVE OR FAMILY FRIEND. THAT'S WHY IT'S VITAL TO WATCH FOR RED FLAGS, SUCH AS:

- **WITHDRAWAL FROM FRIENDS OR USUAL ACTIVITIES**
- **CHANGES IN BEHAVIOR — SUCH AS AGGRESSION, ANGER, HOSTILITY OR HYPERACTIVITY — OR CHANGES IN SCHOOL PERFORMANCE**
- **DEPRESSION, ANXIETY OR UNUSUAL FEARS, OR A SUDDEN LOSS OF SELF-CONFIDENCE**
- **AN APPARENT LACK OF SUPERVISION**
- **FREQUENT ABSENCES FROM SCHOOL**
- **RELUCTANCE TO LEAVE SCHOOL ACTIVITIES, AS IF HE OR SHE DOESN'T WANT TO GO HOME**
- **ATTEMPTS AT RUNNING AWAY**
- **REBELLIOUS OR DEFIANT BEHAVIOR**
- **SELF-HARM OR ATTEMPTS AT SUICIDE**

SPECIFIC SIGNS AND SYMPTOMS DEPEND ON THE TYPE OF ABUSE AND CAN VARY. KEEP IN MIND THAT WARNING SIGNS ARE JUST THAT — WARNING SIGNS. THE PRESENCE OF WARNING SIGNS DOESN'T NECESSARILY MEAN THAT A CHILD IS BEING ABUSED.

PHYSICAL ABUSE SIGNS AND SYMPTOMS

- **UNEXPLAINED INJURIES, SUCH AS BRUISES, FRACTURES OR BURNS**
- **INJURIES THAT DON'T MATCH THE GIVEN EXPLANATION**

SEXUAL ABUSE SIGNS AND SYMPTOMS

- **SEXUAL BEHAVIOR OR KNOWLEDGE THAT'S INAPPROPRIATE FOR THE CHILD'S AGE**
- **PREGNANCY OR A SEXUALLY TRANSMITTED INFECTION**
- **BLOOD IN THE CHILD'S UNDERWEAR**
- **STATEMENTS THAT HE OR SHE WAS SEXUALLY ABUSED**
- **INAPPROPRIATE SEXUAL CONTACT WITH OTHER CHILDREN**

EMOTIONAL ABUSE SIGNS AND SYMPTOMS

- **DELAYED OR INAPPROPRIATE EMOTIONAL DEVELOPMENT**
- **LOSS OF SELF-CONFIDENCE OR SELF-ESTEEM**
- **SOCIAL WITHDRAWAL OR A LOSS OF INTEREST OR ENTHUSIASM**
- **DEPRESSION**

- **AVOIDANCE OF CERTAIN SITUATIONS, SUCH AS REFUSING TO GO TO SCHOOL OR RIDE THE BUS**
- **DESPERATELY SEEKS AFFECTION**
- **A DECREASE IN SCHOOL PERFORMANCE OR LOSS OF INTEREST IN SCHOOL**
- **LOSS OF PREVIOUSLY ACQUIRED DEVELOPMENTAL SKILLS**

NEGLECT SIGNS AND SYMPTOMS

- **POOR GROWTH OR WEIGHT GAIN OR BEING OVERWEIGHT**
- **POOR HYGIENE**
- **LACK OF CLOTHING OR SUPPLIES TO MEET PHYSICAL NEEDS**
- **TAKING FOOD OR MONEY WITHOUT PERMISSION**
- **HIDING FOOD FOR LATER**
- **POOR RECORD OF SCHOOL ATTENDANCE**
- **LACK OF APPROPRIATE ATTENTION FOR MEDICAL, DENTAL OR PSYCHOLOGICAL PROBLEMS OR LACK OF NECESSARY FOLLOW-UP CARE**

PARENTAL BEHAVIOR

SOMETIMES A PARENT'S DEMEANOR OR BEHAVIOR SENDS RED FLAGS ABOUT CHILD ABUSE. WARNING SIGNS INCLUDE A PARENT WHO:

- **SHOWS LITTLE CONCERN FOR THE CHILD**
- **APPEARS UNABLE TO RECOGNIZE PHYSICAL OR EMOTIONAL DISTRESS IN THE CHILD**
- **BLAMES THE CHILD FOR THE PROBLEMS**
- **CONSISTENTLY BELITTLES OR BERATES THE CHILD, AND DESCRIBES THE CHILD WITH NEGATIVE TERMS, SUCH AS "WORTHLESS" OR "EVIL"**
- **EXPECTS THE CHILD TO PROVIDE HIM OR HER WITH ATTENTION AND CARE AND SEEMS JEALOUS OF OTHER FAMILY MEMBERS GETTING ATTENTION FROM THE CHILD**
- **USES HARSH PHYSICAL DISCIPLINE**
- **DEMANDS AN INAPPROPRIATE LEVEL OF PHYSICAL OR ACADEMIC PERFORMANCE**
- **SEVERELY LIMITS THE CHILD'S CONTACT WITH OTHERS**
- **OFFERS CONFLICTING OR UNCONVINCING EXPLANATIONS FOR A CHILD'S INJURIES OR NO EXPLANATION AT ALL**

CHILD HEALTH EXPERTS CONDEMN THE USE OF VIOLENCE IN ANY FORM, BUT SOME PEOPLE STILL USE CORPORAL PUNISHMENT, SUCH AS SPANKING, AS A WAY TO DISCIPLINE THEIR CHILDREN. ANY CORPORAL PUNISHMENT MAY LEAVE EMOTIONAL SCARS. PARENTAL BEHAVIORS THAT CAUSE PAIN, PHYSICAL INJURY OR EMOTIONAL TRAUMA — EVEN WHEN DONE IN THE NAME OF DISCIPLINE — COULD BE CHILD ABUSE.

WHEN TO SEE A DOCTOR

IF YOU'RE CONCERNED THAT YOUR CHILD OR ANOTHER CHILD HAS BEEN ABUSED, SEEK HELP IMMEDIATELY. DEPENDING ON THE SITUATION, CONTACT THE CHILD'S DOCTOR OR HEALTH CARE PROVIDER, A LOCAL CHILD PROTECTIVE AGENCY, THE POLICE DEPARTMENT, OR A 24-HOUR HOTLINE SUCH AS CHILDHHELP NATIONAL CHILD ABUSE HOTLINE (1-800-422-4453).

IF THE CHILD NEEDS IMMEDIATE MEDICAL ATTENTION, CALL 911 OR YOUR LOCAL EMERGENCY NUMBER.

KEEP IN MIND THAT HEALTH CARE PROFESSIONALS ARE LEGALLY REQUIRED TO REPORT ALL SUSPECTED CASES OF CHILD ABUSE TO THE APPROPRIATE COUNTY AUTHORITIES OR THE POLICE.

RISK FACTORS

FACTORS THAT MAY INCREASE A PERSON'S RISK OF BECOMING ABUSIVE INCLUDE:

- **A HISTORY OF BEING ABUSED OR NEGLECTED AS A CHILD**
- **PHYSICAL OR MENTAL ILLNESS, SUCH AS DEPRESSION OR POST-TRAUMATIC STRESS DISORDER (PTSD)**
- **FAMILY CRISIS OR STRESS, INCLUDING DOMESTIC VIOLENCE AND OTHER MARITAL CONFLICTS, OR SINGLE PARENTING**
- **A CHILD IN THE FAMILY WHO IS DEVELOPMENTALLY OR PHYSICALLY DISABLED**
- **FINANCIAL STRESS, UNEMPLOYMENT OR POVERTY**
- **SOCIAL OR EXTENDED FAMILY ISOLATION**
- **POOR UNDERSTANDING OF CHILD DEVELOPMENT AND PARENTING SKILLS**
- **ALCOHOL, DRUGS OR OTHER SUBSTANCE ABUSE**

COMPLICATIONS

SOME CHILDREN OVERCOME THE PHYSICAL AND PSYCHOLOGICAL EFFECTS OF CHILD ABUSE, PARTICULARLY THOSE WITH STRONG SOCIAL SUPPORT AND

RESILIENCY SKILLS WHO CAN ADAPT AND COPE WITH BAD EXPERIENCES. FOR MANY OTHERS, HOWEVER, CHILD ABUSE MAY RESULT IN PHYSICAL, BEHAVIORAL, EMOTIONAL OR MENTAL HEALTH ISSUES — EVEN YEARS LATER. BELOW ARE SOME EXAMPLES.

PHYSICAL ISSUES

- **PREMATURE DEATH**
- **PHYSICAL DISABILITIES**
- **LEARNING DISABILITIES**
- **SUBSTANCE ABUSE**
- **HEALTH PROBLEMS, SUCH AS HEART DISEASE, IMMUNE DISORDERS, CHRONIC LUNG DISEASE AND CANCER**

BEHAVIORAL ISSUES

- **DELINQUENT OR VIOLENT BEHAVIOR**
- **ABUSE OF OTHERS**
- **WITHDRAWAL**
- **SUICIDE ATTEMPTS OR SELF-INJURY**
- **HIGH-RISK SEXUAL BEHAVIORS OR TEEN PREGNANCY**
- **PROBLEMS IN SCHOOL OR NOT FINISHING HIGH SCHOOL**
- **LIMITED SOCIAL AND RELATIONSHIP SKILLS**
- **PROBLEMS WITH WORK OR STAYING EMPLOYED**

EMOTIONAL ISSUES

- **LOW SELF-ESTEEM**
- **DIFFICULTY ESTABLISHING OR MAINTAINING RELATIONSHIPS**
- **CHALLENGES WITH INTIMACY AND TRUST**
- **AN UNHEALTHY VIEW OF PARENTHOOD**
- **INABILITY TO COPE WITH STRESS AND FRUSTRATIONS**
- **AN ACCEPTANCE THAT VIOLENCE IS A NORMAL PART OF RELATIONSHIPS**

MENTAL HEALTH DISORDERS

- **EATING DISORDERS**
- **PERSONALITY DISORDERS**
- **BEHAVIOR DISORDERS**

- **DEPRESSION**
- **ANXIETY DISORDERS**
- **POST-TRAUMATIC STRESS DISORDER (PTSD)**
- **SLEEP DISTURBANCES**
- **ATTACHMENT DISORDERS**

PREVENTION

YOU CAN TAKE IMPORTANT STEPS TO PROTECT YOUR CHILD FROM EXPLOITATION AND CHILD ABUSE, AS WELL AS PREVENT CHILD ABUSE IN YOUR NEIGHBORHOOD OR COMMUNITY. THE GOAL IS TO PROVIDE SAFE, STABLE, NURTURING RELATIONSHIPS FOR CHILDREN. FOR EXAMPLE:

- **OFFER YOUR CHILD LOVE AND ATTENTION. NURTURE YOUR CHILD, LISTEN AND BE INVOLVED IN HIS OR HER LIFE TO DEVELOP TRUST AND GOOD COMMUNICATION. ENCOURAGE YOUR CHILD TO TELL YOU IF THERE'S A PROBLEM. A SUPPORTIVE FAMILY ENVIRONMENT AND SOCIAL NETWORKS CAN FOSTER YOUR CHILD'S SELF-ESTEEM AND SENSE OF SELF-WORTH.**
- **DON'T RESPOND IN ANGER. IF YOU FEEL OVERWHELMED OR OUT OF CONTROL, TAKE A BREAK. DON'T TAKE OUT YOUR ANGER ON YOUR CHILD. TALK WITH YOUR DOCTOR OR THERAPIST ABOUT WAYS YOU CAN LEARN TO COPE WITH STRESS AND BETTER INTERACT WITH YOUR CHILD.**
- **THINK SUPERVISION. DON'T LEAVE A YOUNG CHILD HOME ALONE. IN PUBLIC, KEEP A CLOSE EYE ON YOUR CHILD. VOLUNTEER AT SCHOOL AND FOR ACTIVITIES TO GET TO KNOW THE ADULTS WHO SPEND TIME WITH YOUR CHILD. WHEN OLD ENOUGH TO GO OUT WITHOUT SUPERVISION, ENCOURAGE YOUR CHILD TO STAY AWAY FROM STRANGERS AND TO HANG OUT WITH FRIENDS RATHER THAN BE ALONE — AND TO TELL YOU WHERE HE OR SHE IS AT ALL TIMES. FIND OUT WHO'S SUPERVISING YOUR CHILD — FOR EXAMPLE, AT A SLEEPOVER.**
- **KNOW YOUR CHILD'S CAREGIVERS. CHECK REFERENCES FOR BABYSITTERS AND OTHER CAREGIVERS. MAKE IRREGULAR, BUT FREQUENT, UNANNOUNCED VISITS TO OBSERVE WHAT'S HAPPENING. DON'T ALLOW SUBSTITUTES FOR YOUR USUAL CHILD CARE PROVIDER IF YOU DON'T KNOW THE SUBSTITUTE.**
- **EMPHASIZE WHEN TO SAY NO. MAKE SURE YOUR CHILD UNDERSTANDS THAT HE OR SHE DOESN'T HAVE TO DO ANYTHING THAT SEEMS SCARY OR UNCOMFORTABLE. ENCOURAGE YOUR CHILD TO LEAVE A**

THREATENING OR FRIGHTENING SITUATION IMMEDIATELY AND SEEK HELP FROM A TRUSTED ADULT. IF SOMETHING HAPPENS, ENCOURAGE YOUR CHILD TO TALK TO YOU OR ANOTHER TRUSTED ADULT ABOUT THE EPISODE. ASSURE YOUR CHILD THAT IT'S OK TO TALK AND THAT HE OR SHE WON'T GET IN TROUBLE.

- **TEACH YOUR CHILD HOW TO STAY SAFE ONLINE. PUT THE COMPUTER IN A COMMON AREA OF YOUR HOME, NOT THE CHILD'S BEDROOM. USE THE PARENTAL CONTROLS TO RESTRICT THE TYPES OF WEBSITES YOUR CHILD CAN VISIT, AND CHECK YOUR CHILD'S PRIVACY SETTINGS ON SOCIAL NETWORKING SITES. CONSIDER IT A RED FLAG IF YOUR CHILD IS SECRETIVE ABOUT ONLINE ACTIVITIES. COVER GROUND RULES, SUCH AS NOT SHARING PERSONAL INFORMATION; NOT RESPONDING TO INAPPROPRIATE, HURTFUL OR FRIGHTENING MESSAGES; AND NOT ARRANGING TO MEET AN ONLINE CONTACT IN PERSON WITHOUT YOUR PERMISSION. TELL YOUR CHILD TO LET YOU KNOW IF AN UNKNOWN PERSON MAKES CONTACT THROUGH A SOCIAL NETWORKING SITE. REPORT ONLINE HARASSMENT OR INAPPROPRIATE SENDERS TO YOUR SERVICE PROVIDER AND LOCAL AUTHORITIES, IF NECESSARY.**
- **REACH OUT. MEET THE FAMILIES IN YOUR NEIGHBORHOOD, INCLUDING PARENTS AND CHILDREN. CONSIDER JOINING A PARENT SUPPORT GROUP SO THAT YOU HAVE AN APPROPRIATE PLACE TO VENT YOUR FRUSTRATIONS. DEVELOP A NETWORK OF SUPPORTIVE FAMILY AND FRIENDS. IF A FRIEND OR NEIGHBOR SEEMS TO BE STRUGGLING, OFFER TO BABYSIT OR HELP IN ANOTHER WAY.**

IF YOU WORRY THAT YOU MIGHT ABUSE YOUR CHILD

IF YOU'RE CONCERNED THAT YOU MIGHT ABUSE YOUR CHILD, SEEK HELP IMMEDIATELY. THESE ORGANIZATIONS CAN PROVIDE INFORMATION AND REFERRALS:

- **CHILDHELP NATIONAL CHILD ABUSE HOTLINE: 1-800-4-A-CHILD (1-800-422-4453)**
- **PREVENT CHILD ABUSE AMERICA: 1-800-CHILDREN (1-800-244-5373)**

OR YOU CAN START BY TALKING WITH YOUR FAMILY DOCTOR OR HEALTH CARE PROVIDER. HE OR SHE MAY OFFER A REFERRAL TO A PARENT EDUCATION CLASS, COUNSELING OR A SUPPORT GROUP FOR PARENTS TO HELP YOU LEARN APPROPRIATE WAYS TO DEAL WITH YOUR ANGER. IF YOU'RE ABUSING ALCOHOL OR DRUGS, ASK YOUR DOCTOR ABOUT TREATMENT OPTIONS.

IF YOU WERE ABUSED AS A CHILD, GET COUNSELING TO ENSURE YOU DON'T CONTINUE THE ABUSE CYCLE OR TEACH THOSE DESTRUCTIVE BEHAVIORS TO YOUR CHILD.

REMEMBER, CHILD ABUSE IS PREVENTABLE — AND OFTEN A SYMPTOM OF A PROBLEM THAT MAY BE TREATABLE. ASK FOR HELP TODAY.

[BY MAYO CLINIC STAFF](#)

MAYO CLINIC FOOTER

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From: [Desmond, Jim](#)
To: [CAROL OLSEN](#)
Cc: [McDonald, Hunter](#); [FGG, Public Comment](#)
Subject: RE: [External] Jamul Casino Expansion
Date: Monday, November 14, 2022 3:50:07 PM
Attachments: [image003.png](#)

Thank you for your email. I appreciate you sharing your thoughts on this matter. When this item comes before the Board of Supervisors, I will consider your input and all other input before making a decision.

Again, I appreciate you contacting my office.

Sincerely,
JIM DESMOND
Supervisor, Fifth District
County of San Diego
p: 619-531-5555

Connect with us:



From: CAROL OLSEN <colsen2@cox.net>
Sent: Monday, November 14, 2022 12:34 PM
To: Fletcher, Nathan (BOS) <Nathan.Fletcher@sdcounty.ca.gov>; Vargas, Nora (BOS) <Nora.Vargas@sdcounty.ca.gov>; BOS, District1Community <District1Community@sdcounty.ca.gov>; Anderson, Joel <Joel.Anderson@sdcounty.ca.gov>; Lawson-Remer, Terra <Terra.Lawson-Remer@sdcounty.ca.gov>; Desmond, Jim <Jim.Desmond@sdcounty.ca.gov>; james.desmond@sdcounty.ca.gov; Robbins-Meyer, Helen <Helen.Robbins-Meyer@sdcounty.ca.gov>; Lynch, Dahvia <Dahvia.Lynch@sdcounty.ca.gov>; Kazmer, Gregory <Gregory.Kazmer@sdcounty.ca.gov>
Subject: [External] Jamul Casino Expansion

To whom it may concern,

Please read the attached letter in response to the proposal from the Jamul band of Indians for an expansion of their casino. **This is a time sensitive request, please expedite.**

Thank you,

Chris Olsen

colsen2@cox.net

From: [Desmond, Jim](#)
To: stephen.comer@cox.net
Cc: [McDonald, Hunter](#); [EGG, Public Comment](#)
Subject: RE: [External] Jamul Indian Casino Plans to Expand
Date: Monday, November 14, 2022 4:14:28 PM
Attachments: [image003.png](#)

Thank you for your email. I appreciate you sharing your thoughts on this matter. When this item comes before the Board of Supervisors, I will consider your input and all other input before making a decision.

Again, I appreciate you contacting my office.

Sincerely,
JIM DESMOND
Supervisor, Fifth District
County of San Diego
p: 619-531-5555

Connect with us:



From: stephen.comer@cox.net <stephen.comer@cox.net>
Sent: Sunday, November 13, 2022 6:12 PM
To: gavin.newsom@gov.ca.gov; governor@governor.ca.gov; bios@wildlife.ca.gov; robin_owen@dot.ca.gov; tony.taavares@dot.ca.gov; Fletcher, Nathan (BOS) <Nathan.Fletcher@sdcounty.ca.gov>; BOS, District1Community <District1Community@sdcounty.ca.gov>; Anderson, Joel <Joel.Anderson@sdcounty.ca.gov>; Desmond, Jim <Jim.Desmond@sdcounty.ca.gov>; e-mcao_mail@sdcounty.ca.gov; benhueso@sen.ca.gov; assemblymember.voepel@assembly.ca.gov; Kazmer, Gregory <Gregory.Kazmer@sdcounty.ca.gov>; Lawson-Remer, Terra <Terra.Lawson-Remer@sdcounty.ca.gov>; info.tribalaffairs@gov.ca.gov
Cc: secretaryjdcpg@gmail.com
Subject: [External] Jamul Indian Casino Plans to Expand

To Whom it may Concern:

The citizens of Jamul CA need your help to resolve a situation that suddenly caught them off guard.

In spite of all proven reasons that it should never have been approved, the Jamul Indian Tribe opened a casino in 2016, stating it was all they needed to bring prosperity and self-reliance to their small tribe of about 50 people. The existing casino has proven to be a catastrophic addition to Highway 94/Campo Road and the town of Jamul.

Now tribe has suddenly blindsided the community by announcing that they have plans to start construction in "December 2022" on a 16-story hotel, 6-story parking structure, 645 seat bingo hall, and an "outdoor rooftop 25,500 sq ft Event Center with 1,500 seats". While that is a staggering

number, 25,500 sq ft is a huge area that may accommodate many more than 1,500. The existing event venue for 250 people already fills the night with bright lights and noise that can be heard two miles away.

Apparently, the Indians can do what they want on their property, but they should not have a right to take away our dark skies, quiet nights, and jeopardize the safety of the other citizens of the community and the travelers on the local roads. Highway 94, also known as Campo Road, is a two-lane road; it doesn't appear there will ever be a possibility to widen it. Traffic continuously travels on Highway 94 to local homes, to schools, to nearby towns, and it is a major heavily used route to Mexico. Since the casino opened, traffic and accidents on Highway 94/Campo Road have increased dramatically. This area is designated a very high wildfire hazardous area; emergency vehicles cannot get through backed up traffic. What our town is now inundated with that we did not expect is homeless living in the bushes outside the casino, drug dealing that is frequently witnessed by nearby residents, theft, prostitution, break-ins, abandoned cars, crime, motorhomes parked on the shoulders, etc. There is only one sheriff assigned to our town who cannot handle the problems that we see on a daily basis.

Right now, the casino is open 24 hours, 7 days a week, and gamblers are on no specified time schedule, so they trickle in and out all day. **Bingo and Events, such as concerts, start at a given time.** All patrons will be arriving at the same time, during the heaviest early evening hours. Our town was paralyzed the day the casino opened because everyone came at the same time. Traffic was actually backed up all the way into the surrounding towns of Spring Valley, El Cajon, and La Mesa. That is going to become the norm if these new projects are allowed to take place.

The Indians' construction plan states the first step in this construction will be to drill soil nails into the Hollenbeck Canyon Wildlife Preserve property. That is not their property; it belongs to the county and the citizens. How is this possible? This amounts to construction of a gambling facility on non-Indian land. Surely that is not legal. Can we count on you to stop this plan and enforce the law?

Please take an interest in our town of Jamul; show us that you care. The Indians have put together their own draft study (TEIR) that is basically citing the same data they used when they built the original casino. The study is comparing Jamul Casino to the Cache Creek Casino Resort in Brooks, California (Northern California). It appears Jamul Casino has nothing in common with Cache Creek. That study is inadequate; their proposed project is nothing like the original casino. Traffic generated by these new plans cannot be compared to the original plan. They need to complete an entirely new plan and all of our local government officials need to take an interest in these plans. If they can afford to finance this huge expansion, they must have already achieved their initial goal of prosperity and self-reliance; therefore, there is no need for them to expand their facility.

Please get involved. Help and support us in working out a solution with the Indians.

Thank you,

Helen and Steve Comer

14904 Presilla Drive

Jamul CA 91935

email: Stephen.comer@cox.net

Cell/Text: (619) 889-2959

From: [Desmond, Jim](#)
To: [Danielle Harman](#)
Cc: [McDonald, Hunter](#); [EGG, Public Comment](#)
Subject: RE: TEIR Response - Jamul Casino
Date: Monday, November 14, 2022 4:25:18 PM
Attachments: [image003.png](#)

Thank you for your email. I appreciate you sharing your thoughts on this matter. When this item comes before the Board of Supervisors, I will consider your input and all other input before making a decision.

Again, I appreciate you contacting my office.

Sincerely,
JIM DESMOND
Supervisor, Fifth District
County of San Diego
p: 619-531-5555

Connect with us:



From: Danielle Harman <DanielleHines@live.com>
Sent: Friday, November 11, 2022 7:31 PM
To: admin@jamulteir.com
Cc: gavin.newsome@gov.ca.gov; governor@governor.ca.gov; info.tribalaffairs@gov.ca.gov; bios@wildlife.ca.gov; robin_owen@dot.ca.gov; tony.tavares@dot.ca.gov; Fletcher, Nathan (BOS) <Nathan.Fletcher@sdcounty.ca.gov>; Anderson, Joel <Joel.Anderson@sdcounty.ca.gov>; terr.lawson-remmer@sdcounty.ca.gov; Desmond, Jim <Jim.Desmond@sdcounty.ca.gov>; e-mcao_mail@sdcounty.ca.gov; ben.hueso@sen.ca.gov; assemblymember.voepel@assembly.ca.gov; Kazmer, Gregory <Gregory.Kazmer@sdcounty.ca.gov>; BOS, District1Community <District1Community@sdcounty.ca.gov>
Subject: [External] TEIR Response - Jamul Casino

Via Email

admin@jamulteir.com

Attn: Chairwoman Erica M. Pinto

To Whom It May Concern-

Good evening. I am a local Jamul citizen with grave concern regarding the Jamul Indian Village (JIV) plans with building an entertainment center, bingo hall and hotel. The current casino already affects our daily lives. The increased traffic affects us every day. There are days that we also are impacted greatly by the noise that is emitted from the building. We can hear the music lyrics from the new rooftop floor of the casino. The current light pollution also affects the valley of Jamul. When the casino was originally built, we were promised that this would be mitigated, but as time has gone on things have gotten worse and the promises have not been kept.

First off and most importantly, I would like to request that the Jamul Indian Village revises the

current MOU and renegotiates it to mitigate the issues that will be brought to our community, your neighbors, with this new project. The current MOU was created and approved for the casino; not for an entertainment venue and hotel. This is a new project and a new or re-negotiated MOU should go through the correct process in the state so that all concerns of not only the community, but the county and state can be properly addressed.

After reviewing the TEIR, my two biggest concern are the environment and the wildlife as well as the safety of the community in case of the need of an evacuation. These will both be greatly affected by these plans.

In regards to the environment, with the current plans that the JIV has, there will need to be steel support rods drilled in to the ground and into the neighboring land, which is a protected Nature Preserve. This will have not only an effect on the nature preserve, but possibly could affect our water supply in Jamul as well. The majority of Jamul depends on wells to supply our water. These support rods could potentially seep into the ground water contaminating it. The nature preserve run off also is what feeds Otay Lakes, which is the water supply for all of the South Bay area of San Diego.

In addition to my concern with the water contamination, is the concern of the light and sound pollution to the wildlife in the area. The current plans that JIV has issued does not address how they are going to mitigate the light and the noise from the outdoor entertainment center. The noise and the light pollution will not only continue infect the daily lives of the neighbors, but it will also infect the wildlife that is being protected on the Nature Preserve. The light pollution of a 16-story hotel with glass windows will also be a huge cause of light pollution in the area. The JIV will not be able to mitigate when a guest of the hotel has the lights on or off in their room, which will pollute the neighboring community. No matter how a 16-story building is place in Jamul, it will be out of place in our small rural and remote town.

In regards to community safety, I am gravely concerned about the safety of the roadways and evacuation in case of an emergency. Jamul is a community that has been affected numerous times by fire and forced evacuations. Our only route of travel is State Highway 94, which holds an "F" grade for safety. We already risk our lives everyday traveling this road. I can't imagine what adding possibly 500+ cars all at once, one to two times a week, on to Hwy 94 highway would do. (I am estimating 500+ cars given the number of people the entertainment center will hold, along with nighttime bingo, and the extra cars traveling to and from the hotel.) In the past, when we have had mandatory evacuations, our highway has been gridlocked with community members trying to evacuate, not only themselves, but the livestock in the area. People that are not familiar with this routine aren't going to sit in place and stay at the hotel and casino, they too, will add to the traffic of the community trying to get to safety. This will cause a major gridlock and could be catastrophic! Emergency personnel will also be affected by this increase in traffic by not being able to travel our roads.

The TEIR shows the research that the JIV did in regards to traffic. I believe after reviewing the report that the company that the tribe hired to perform the data collection greatly manipulated the report to favor the JIV. I do not believe that this company acted without bias and that it needs to be re-done properly to address the traffic and safety concerns of the community. Our travel times home each day have been greatly affected by the additional traffic. It is hard to enter and exit our roadway that is not far from the casino. The days that the casino already has giveaways or events will add up to 30 minutes to our commute.

In the traffic report, it did state what the tribe was currently working on to improve Hwy 94. They

have been working on these items since the casino opened on October 10, 2016 and they are nowhere close to even being started! (In addition, the JIV is trying to undercut the costs for these projects that were negotiated in the original MOU!) I think these improvements need to be completed before even considering adding-on or starting a new project.

One of these road mitigation projects specifically is to add additional lanes at Hwy 94 and Steele Canyon. They are "awaiting the right-of-way acquisition" to make this happen. The right-of-way acquisition will require taking away the parking lot of 4 locally owned business. This will require these 4 locally owned businesses to shut their doors. I do not believe that the Jamul Indian Village should have the control of taking away or closing family owned business in our community for their benefit.

Another concern of mine is that the TEIR failed to mention the increase of drugs and crime in our community since the opening of the casino. Our neighborhoods have riddled with drugs and crime since the casino has opened. The casino has attracted this to our community. I have driven through and sat in my car in the parking structure to see the drug deals occurring on their premise. I believe that the JIV should be responsible for providing the additional research on how crime rates have increased in the immediate area and provide details on how these crime rates can be controlled with an increase in customers.

In collusion, as a concerned community member, that is also raising my children here, I would like for the JIV to reconsider this project and go with the alternative to not move forward with this project, at least until the community has been given ample time to address their concerns and a NEW or re-negotiated MOU is put in place. I would also request that the road mitigation be completed before the project is started. I am also requesting that the JIV give full details on how the noise and lights will be mitigated from the event center and the hotel prior to starting this project. Please reconsider this project.

Regards,
Danielle Harman