

Advisory Council for Aging & Independence Services

NUTRITION SUBCOMMITTEE

October 8, 2025 | 1 P.M.

Call In: (619) 343-2538

Phone Conference ID: 728 771 44#

Meeting ID: 231 545 090 575

Passcode: m8RV9Hh9

CDSB CLERK OF THE BOARD

2025 OCT 28 PM 4:08

MINUTES

Members		Absent Members	Guests
Attendance:	Shirley King, Chair Bradlyn Mulvey Jackie Simon Susan Mallett Maureen Phillips		
	Staff		
	Delilah Bisase, R.D., Public Health Nutrition Manager		
Item	Outcome		
1. Call to Order	Shirley King, Chair, 1:10 P.M. a. Welcome & Guest/Member Introductions b. Confirmation of Quorum (Three): (Quorum Met)		
2. Statement of (Just Cause) and/or Consideration of a request to Participate Remotely (emergency circumstances) by a Council Member, if applicable	Remote participation granted to Jackie Simon with 'Just Cause'		
3. Standard Business	a. Public Comments/Announcements: Members or non-members: Susan reminded the members of the snack rotation for Advisory Council meetings. Nutrition Subcommittee will bring the snacks for the January 2026 meeting. December will become an additional 'dark' month - no meetings. b. Approval of September 3, 2025, Meeting Minutes (Action) [M/S - Bradlyn Mulvey/Susan Mallett: Unanimous vote]		
4. General Discussion	Proposed design of fall prevention/nutrition education tool in the form of a dining placemat for senior congregate dining sites: Delilah reported from her contact with the administrators at two congregate sites - the Salvation Army and Chula Vista Norman Park - that about 1,000 diners were served between April to June 2025. Subcommittee Members discussed the advantage of two pilot sites with this number of attendees for the trial period of an educational dining placemat at each guest's table place. The dining placemat concept and design with promotional messages about fall prevention and nutritional nudges and reminders about changing CalFresh requirements will need to be screened and approved by the Health Promotion staff. Introducing this to the congregate sites will have to be cleared with the on-site staff for any extra work demand such as the distribution of these placemats to the guests. Delilah agreed to bring this proposal to the site staff. It was suggested that a monthly placemat theme be incorporated in addition to area-specific population factors and language translation. Once implemented, feedback from the dining guests could be collected with a tear-off mini survey. Paige Colburn-Hargis will attend the next Subcommittee meeting, bringing the information about cost and the hopeful funding through the Trauma Research and Education Foundation (TREF). It was clarified that this is not sponsored by Scripps Health. At next month's meeting with a Health Promotions team member in attendance, the members will emphasize the key elements: 1) the initial product will have a monthly theme with Spanish language translation (to start).		

	2) the workflow at the dining sites needs to be respected. 3) a pilot period at two sites. 4) educational content will be balanced with messages about fall prevention and nutrition support. Shirley will speak with Jana about arranging for team member from Health Promotion to attend next month's meeting.
5. Next Meeting	November 5, 2025, 1 P.M.
6. Adjournment	Meeting adjourned at 2:00 P.M.

Respectfully submitted by Shirley King.

Prevent Falls, Stay Independent.

Falls affect us all—whether personally or someone we love or care about. Most falls are caused by a combination of risk factors. The more risk factors a person has, the greater their chances of falling. The good news is that many falls are preventable, and there are simple steps you can take to decrease your fall risk.



EVERY SECOND OF EVERY DAY an older adult (65+) falls in the U.S. Falls are the leading cause of injury-related death in this age group.



Each year, over **300,000** older people are hospitalized for hip fractures. **More than 95%** of hip fractures are caused by falling, usually by falling sideways.

Unscramble these common fall risk factors:

1. KACL FO CIAVTIY _____
2. LVGINI ALEON _____
3. ROPO NIVISO _____
4. ISRHYTO FO LALFS _____
5. EMIDTNAE _____

ANSWERS: 1. LACK OF ACTIVITY 2. LIVING ALONE 3. POOR VISION 4. HISTORY OF FALLS 5. DEMENTIA

To learn more, visit SanDiegoFallPrevention.org

Fall Prevention Programs in San Diego

A Matter of Balance

Bingocize

Tai Chi for Arthritis

Tai Chi Moving for Better Balance (Tai Ji Quan)

For more fall prevention information and resources, visit:

- ▶ CDC.gov/STEADI
- ▶ NCOA.org/FallsFreeCheckUp
- ▶ HealthierLivingSD.org





Fall Prevention Checklist

- ☐ Join a good balance and physical activity program.
- ☐ Regularly review your medications with your doctor or pharmacist.
- ☐ Use an assistive device if you need extra support when walking.
- ☐ Get your vision checked annually, and update your eyeglasses.
- ☐ If you are 50+, get a hearing screening every 3 years, or more frequently if you are at a higher risk for hearing loss. Ask your doctor if hearing aids are recommended.
- ☐ Talk to your healthcare provider, family, and friends about falls, near falls, or fear of falling.
- ☐ Wear non-skid, rubber-soled, low-heeled shoes.
- ☐ Manage your health conditions, like diabetes.
- ☐ Fall-proof your home.

Fall Prevention Trivia

1. How can you increase safety in a home stairway?
 - A. Add light switches at top and bottom of the stairs
 - B. Add railings on both sides of the stairs
 - C. Use non-skid contrasting tape on non-carpeted stairs
 - D. All of the above
2. Unless a fall results in injury, it's unnecessary to inform a medical provider.
 - A. True
 - B. False
3. What can you do to your bathroom to make it safer? (circle all that apply)
 - A. Add a throw rug in front of your sink
 - B. Add grab bars by the toilet and shower
 - C. Wax your floor tiles
 - D. Add a non-slip mat to your bathtub or shower floor
 - E. Add a raised toilet seat
4. What should you do if an item is out of reach? (circle all that apply)
 - A. Use a step ladder or chair
 - B. Climb on your tippy toes
 - C. Use a reacher/grabber tool
 - D. Wait and call someone for help

ANSWERS: 1. D 2. B 3. B, D, and E 4. C and D



Find that Hazard!

Find and circle these common home hazards.

CLUTTER
POOR LIGHT
STAIRS

CORDS
SPILLS
THROW RUGS

LOW BED
LADDER
LOOSE STEPS

P B L F N A O W G X Y G W I I
Q V G U M E N X W H I U Z Y I
F W M A S O L O W B E D G F P
Y D T E T W P O Y I I Z M P B
R P F G C A Q R X F F E U C H
Q H J S P L T U V Z A P Z L N
R Q T C T O O H T S K J V U F
K Y L X U A O O R O Q K A T C
P H A I J O I R S O S Z R T S
Y E D J Z U I R L E W L R E P
Z I D Y Y H W X S I S R A R I
R I E Z J V Z L Y M G T U R L
C O R D S K R T L Z X H E G L
F B Z B N W O O Q U P F T P S
H E F R U V J N S A N S T G S

Aging & Independence Services Advisory Council
Monday, October 13, 2025 | 12:00 p.m. – 2:00 p.m.
5560 Overland Avenue, 3rd Floor, Joaquin Anguera Room, San Diego, CA 92123

Call in: 1 (619) 343-2539
Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2

MINUTES - DRAFT

Members		Absent Members	Guests	
Attendance:	Paige Colburn-Hargis Shelia Coulbourn Faye Detsky-Weil Stephen Huber Rhys Jones Ted Kagan Mina Kerr Shirley King Dennis Leggett Elaine Lewis Susan Mallett	Silvia Martinez Dan McNamara (joined 12:26 p.m.) David Milroy Bradlyn Mulvey Molly Nocon Taryn Patterson Maureen Phillips Jacqueline Simon (virtual) Wanda Smith Cristin Whittaker	Sabrina Bishop Mikie Lochner Smith Sirisakorn	Brett Bergmann (virtual) Junne Esguerra (virtual) Brandon Harding Thomas Johnson (virtual) Deepti Kurup Linda Strohl (virtual)
	Staff			
	Allison Boyer Jennifer Bransford-Koons Wendy Garcia Michelle Hollie-Luterick	Jana Jordan Roberto Ramirez Kristen Smith Jennifer Sovay		
	Outcome			
1. Call to Order	Susan Mallett, Chair, 12:04 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <i>21 present at this time.</i>			
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.				
3. Standard Business	a. Public Comment/Announcements: Members or non-members b. Approval of September 8, 2025, Meeting Minutes (Action)* [M/S – T. Kagan/ S. King (<i>Passed with 18 votes.</i>)]			
4. AIS Director's Items	Highlights included: a. Board Letter i. Health and Human Services Agency Administrative Codes and Board Policy Sunset Review 2025: AIS Advisory Council Ordinance IIIa (Action)* [M/S – W. Smith / B. Mulvey (<i>Passed with 20 votes.</i>)] b. AIS Director's Update c. Legislative Update			

5. Guest Speakers	a. San Diego Oasis <i>Brandon Harding, Program Director</i> Highlights included: - o What is San Diego Oasis - o What San Diego Oasis Offers - o Demographics - o Covid-19 – The Digital Divide - o San Diego Oasis: Always Growing - o Healthy Living - o Grossmont Wellness Center - o Rancho Bernardo Wellness Center - o Lifelong Learning - o Arts and Crafts, Live Performances/Events, Lectures and Classes, Cooking Classes: Shamily's Kitchen - o Oasis & Cox Communications, Cox Tech Tank - o San Diego Oasis: Party Time - o Intergenerational Tutoring - o Linking Generations, Changing Lives - o Tutoring Results - o Volunteer Today: Tutoring and Beyond b. Aging Roadmap Annual Report <i>Roberto Ramirez, Health Promotion Manager</i> Highlights included: - o Update On The Aging Roadmap - o San Diego County's Aging Population 60+ - o Aging Roadmap - o Informed By Community Input & Driven By Stakeholder Collaboration - o Health & Community Support - o Social Participation - o Transportation - o Housing - o Dementia - o Caregiver Support - o Safety - o Preparedness - o Silver Economy - o Medical & Social Services - o Looking Ahead
6. Executive & Membership Subcommittee Report/Other Business	a. Chair's Report: Susan Mallett, Chair i. Action on behalf of the Council presented for Council ratification per By-laws Article Sec. C. (1)(a)(iii) a) Approve Out-of-Country Travel for County of San Diego Representatives to participate in the Japan Center for International Exchange US-Japan Program on Healthy and Resilient Aging (Action)* [M/S – F. Detsky-Weil / D. Milroy (Passed with 20 votes.)] ii. Adopt Council Goals (Action)* [M/S – W. Smith / B. Mulvey (Passed with 21 votes.)] b. Membership Report: Jacqueline Simon, Secretary c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1: Aguirre [Vacant/Vacant] ii. District #2: Anderson [Phillips/Nocon] 2/26/2025 iii. District #3: Lawson-Remer [King/Colburn-Hargis] 1/31/2025 iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024 v. District #5: Desmond [Vacant/Vacant]

7. Ancillary Subcommittee Oral Reports (Possible action)	a. LTC Ombudsman/Facilities (met 10/13/25): Elaine Lewis, Chair b. Healthy Aging (met 9/8/25): Wanda Smith, Chair c. Affordability in Aging (met 10/13/25): David Milroy, Chair d. Nutrition (met 10/8/25): Shirley King, Chair
8. Other Announcements	
9. Adjournment & Next Meeting	Meeting adjourned: 2:00 p.m. Next Council Meeting: November 10, 2025, 12:00 p.m. Future Subcommittee Meetings: ➤ Healthy Aging: 10/13/25 2:15 p.m. ➤ Executive & Membership: 10/20/25 9:30 a.m. ➤ Nutrition: 11/5/25 1:00 p.m. ➤ LTC Ombudsman/Facilities: 11/10/25 10:30 a.m. ➤ Affordability in Aging: 11/10/25 10:30 a.m.

Minutes respectfully submitted by Michelle Hollie-Luterick.



**STATE OF CALIFORNIA
CALIFORNIA SENIOR LEGISLATURE**

1020 N Street, Room 527, Sacramento, CA 95814

Phone (916) 767-4382

www.4csl.org

**FOR IMMEDIATE RELEASE
October 24, 2025**

The California Senior Legislature Announces Top Legislative Priorities for 2026

(**Sacramento, CA**) The California Senior Legislature (CSL) adjourned its 45th Annual Legislative Session and announced the Top State Legislative Proposals this week. Members will advocate diligently during the 2026 legislative session to have state lawmakers support these priorities. Each priority has the Governor's Master Plan for Aging (MPA) goal referenced.

The following were listed as the top ten State Legislative proposals:

SP-1: Medi-Cal Personal Needs

(Senior Senator Helen Lopez, El Centro, CA) MPA Goal # 2

This measure would increase the personal needs allowance from \$35 to \$50 per month and require that the amount be increased annually up to the amount of any cost-of-living adjustment implemented by the United States Social Security Administration.

AP-1: Caregiving Grandparents: Handbook

(Senior Assembly Member Mark Cox, El Centro, CA) MPA Goal # 5

This measure requests that the California Department of Aging and State Department of Social Services provide a bilingual handbook, modeled after the county of San Diego Handbook for grandparents raising grandchildren and other relative caregivers, that provides relative information and resources on the caregiving of dependent children for Child Welfare Agencies, County Area Agencies on Aging and caregiving grandparents.

SP-2: Older Adult Education: Local Public Health Departments

(Senior Senator Steve Lipson, El Cerrito, CA) MPA Goal #3

This measure authorizes local Public Health Departments to establish older adult education programs that include, among other things, communal meals and instruction in digital literacy and access to technology, fall prevention and physical activity.

AP-8: Seniors: Fall Prevention: Lighting

(Senior Assembly Member Richard White, Vacaville, CA) MPA Goal # 2

This measure (1) requires the adoption, design, development, and implementation of a comprehensive program to support and fund the installation of improved lighting in the

homes of eligible older adults, and requires the inclusion of funding for specific lighting products that will improve visibility.

AP-2: Personal Income Tax: Senior Child Care Tax Credit

(Senior Assembly Member Mark Cox, Yucaipa, CA) MPA Goal # 5

This measure establishes an income tax credit for qualifying seniors of \$2,500 for each claimed dependent under 18 years of age.

AP-9: Area Agencies on Aging: Electronic Device Tracking

(Senior Assembly Member Richard White, Vacaville, CA) MPA Goal #3

This measure requires the Department of General Services and the Department of Technology to revise the State Administrative Manual to designate electronic devices purchased by certain local agencies as non-sensitive and non-high risk and to exempt Area Agencies on Aging from annual inventory tracking requirements.

AP-5: Senior Welfare

(Senior Assembly Member Rob Holt, Chico, CA) MPA Goal #5

This measure would create a Senior EBT Card exempting eligible seniors from state and local sales and use taxes on all purchases.

AP-3: Master Plan for Aging: Caregiving: Grandparents

(Senior Assembly Member Mark Cox, Yucaipa, CA) MPA Goal #4

This measure would require the California Department of Aging, California Health and Human Services Agency, Department of Justice, and State Department of Social Services to add an initiative to the Master Plan for Aging to address the issues and expenses associated with being a caregiving grandparent.

AP-4: Automatic External Defibrillators

(Senior Assembly Member Milissa Meyer, Indian Wells, CA) MPA Goal #2

This measure requires a senior center or community center providing activities to 50 or more people who are 55 years of age or older, to obtain and maintain an Automatic External Defibrillator.

AP-7: Food Labeling Country of Origin

(Senior Assembly Member Helen McBrady, El Cajon, CA) MPA Goal #2

This measure mandates the clear and conspicuous disclosure of the country of origin on the principal display panel of all imported or domestically packaged food products to promote transparency, traceability and consumer safety.

-END-

CONTACT:

For additional information contact Janice Bailey, Executive Director, at (916) 767-4382 or jbailey@seniorleg.ca.gov.

CSA 128 9/2/25

Attending: Rolland Slade, Carl Kasimatis, Tina Carlson, Josh Chavez, Joe Diehl, Kelly Daniels, Chris Pierson, Kellie Surgeon and Helena Villegas

Absent: none

Remote participation: None

Guests: None

- I. The meeting was called to order at 6:30pm by Chair Rolland Slade
- II. Public Communication
None
- III. Minutes of 8/5/25 M: Chris P. S: Carl K. Approved with changes
- IV. Park and Recreation Staff reports:
 - a. Kelly:
 - i. Budget: we are on track; the team is doing great on rentals.
 - ii. Joanne McGee is back as Kelly's boss
 - iii. Take Back the Park is: 10/4/25 10:00 – 12:00
 - iv. There were some questions about the budget, Kelly will investigate it.
 - b. Kellie:
 - i. Fall camp registration has opened.
 - ii. Full rental calendar for September at the center.
 - iii. We had our 1st movies in the park last month well attended.
 - iv. We will have our next movies in the park on 9/19/25.
 - v. Feeling Fit class is very popular with over 60 participants.
 - c. Josh:
 - i. Volleyball is very popular.
 - ii. Open gym in the afternoons.
 - iii. Steam Academy is back at school; they use the gym during the day.
 - iv. We held Back to School jam with over 300 people; we gave out 200 backpacks.
 - v. Field Trips are TBD, as we have a new person, Helena Villegas will be taking over the Teen Center.
 - d. Joe:
 - i. Vegetation management and fire breaks are our number 1 priority now.
 - ii. Lamar Park channel will be cleaned out.
 - iii. Working on the vegetation removal at Estrella Park.
 - iv. I Love a Clean San Diego will be doing a clean p at Spring Valley Park on 9/20/25.
 - v. Hawktober will be coming to Spring Valley Park on 10/8/25.

- V. PLDO – no update, balance is the same.
- VI. Old Business –
Fence at Bancroft Park/Bancroft Ranch House – * Not being funded, we will leave under old business so we can follow to see if funding will become available. Lighting at Lamar Park NO UPDATE
- VII. New Business: None
- VIII. Announcements: none
- IX. Adjournment at 6:59 pm. M: Chris P. S: Tina C. All in Favor.



PARKS ADVISORY COMMITTEE

September 12, 2025

Members Present	Members Absent	Staff Present	Public Present
<u>In-Person</u> Doug Goad, Chair, District 3 Rob Hutsel, Vice-Chair, District 3 Susan Hector, District 4 Paul Davis, District 5 Jeffrey Jones, District 2 Nicole Honstead, District 2 Susie Murphy, District 1		Jason Hemmens Cynthia Robles Sean Hill Elisa Jazo(virtual) Andrew Quinn Lidor Shuster	

MEETING MINUTES

1. Call to Order – 9:07 AM
2. REMOTE PARTICIPATION DISCLOSURE
 - None
3. OPPORTUNITY FOR MEMBERS OF THE PUBLIC TO SPEAK
 - None
4. APPROVAL OF THE MEETING MINUTES
 - MOTION TO APPROVE the August 8, 2025, MEETING MINUTES – Committee Member Davis, 2nd by Committee Member Hutsel.
ALL IN FAVOR – 7-0-0
5. COMMITTEE MEMBER COMMENTS ON ANY ITEM NOT ON TODAY’S AGENDA
 - Committee member Hutsel mentioned that the San Diego River Foundation has entered escrow for the purchase of fifty-eight (58) acres of property where Mildred Falls is located.
 - Committee member Hector mentioned that Julian Pioneer Museum is displaying Marjorie Reed paintings.
 - Committee member Murphy shared that a ribbon-cutting was held for the Sweetwater Reservoir shared maintenance road and trail after a year-long wait.
6. DEPARTMENT REPORT

Jason Hemmens, Director, gave the department report, which included notifications about the following upcoming items related to Parks:

 - Village View County Park in Fallbrook had a ribbon cutting event on Friday, August 22nd. The park includes an avocado-shaped skate bowl.

- The County has started working with the Miracle Field and the San Diego Padres for funding of the Naming Rights Program.
- Upcoming Hike-A-Thon Meet-Up in San Dieguito County Park on October 4th, Santa Ysabel Nature Center Loop will be held on October 11th, on October 18th the hike will be held at San Elijo Nature Center and the last scheduled hike will be on October 25th at Goodan Ranch/Sycamore Canyon County Preserve.
- An opportunity to meet live hawks will be held through October in various County parks the event is known as Hawktober 2025.

7. DPR ITEM PRESENTATIONS

- Park Land Dedication Ordinance (PLDO) – Lidor Shuster, Chief of Departmental Operations, gave a presentation on the PLDO annual procedures and requirements.
- CIVICS - Andrew Quinn, Chief of Departmental Operations, gave a presentation on Community Involved Vocational Inmate Crew Services Program highlighting the objectives, components, logistics and projects of the program.

8. ADJOURNMENT – 10:09 am

- MOTION TO ADJOURN - Committee Member Murphy, 2nd Committee Member Hutsel. ALL IN FAVOR – 7-0-0



1600 Pacific Highway, Room 352
San Diego, CA 92101-2942
www.sdstatusofwomenandgirls.org
CSWG@sdcounty.ca.gov

Chairwoman: Kristine Custodio Suero

Vice Chair

Vernita Gutierrez
Kelly Jenkins-Pultz
Idara Ogunsaju

District 1, Vacant

Vacant
Monica Martinez

District 2, Anderson

Mary Davis
Vacant

District 3, Lawson-Remer

Kimberly Keen
Kristine Custodio Suero

District 4, Montgomery

Steppe

Idara Ogunsaju
Vacant

District 5, Desmond

Rohida Khan
Amy Nantkes

Members At Large

Kelly Jenkins-Pultz
Vernita Gutierrez
Vacant

Staff Assistant

Chiara Leroy

Senior Deputy County

Counsel

Heather Murray

MINUTES

October 3, 2025

Regular Meeting

12:00 PM – 1:00 PM

Chair Kristine Custodio Suero: Meeting was called to order at 12:03 PM.

Agenda item #1 – Commissioner Roll Call:

Members Present:

Kristine Custodio Suero	Rohida Khan
Mary Davis	Amy Nantkes
Vernita Gutierrez	Idara Ogunsaju
Kelly Jenkins-Pultz	

Members Late:

Kimberly Keen	
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Members Absent:

Monica Martinez	
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Agenda item #2 – Approval of Minutes: September 5, 2025

Motion by Commissioner Ogunsaju, seconded by Commissioner Khan. Motion passed unanimously.

Agenda item #3 – Public Comments:

San Diego Workforce Partnership (SDWP) – President & CEO Rachel Bereza gave background of organization and presented SDWP slides, attachment A

Q: Commissioner Khan: Is there a particular number human trafficking victims can utilize or would they just walk into the office?

A: They can call or walk into any facility to get assistance, but Ms. Bereza offered to work 1:1 w/ commissioner Khan to assist victims.

Q: Vice-Chair (VC) Jenkins-Pultz: She is aware that SDWP has the Erica Grant, what other support services do you offer?

A: The Workforce Innovation and Opportunity Act (WIOA) is flexible, so we built in significant childcare supports in the Erica Grant, but there are other supportive services available to individuals: Transportation, apprenticeship program (earn and learn), housing, mental health.

Q: Vice-Chair (VC) Ogunsaju: How do you and the team take care of yourselves in order to maintain the energy towards doing this work?

A: Vicarious trauma is something that we pay a lot of attention to in this line of work because many of us do have lived experience. Coming into the organization, it was important that we do was 'Name the Harm' and commit to not creating more. What does that look like and how do we Co create that future together instead of having sort of a dictation from leadership? That was probably one of the most powerful things that we did and the other ways that we really try doing that is by caring for our staff and the individuals in the workplace.

Q: Commissioner Keen: Can you describe the learn and earn program?

A: The Erica grant is in construction with trades, so that is a construction apprenticeship program. Apprenticeship programs teach you and then raise your wage once you've earned a certain level of certification. In San Diego apprenticeship programs include: Healthcare, IT, Creative Economy. Upskill, earn a new wage and repeat until you graduate.

Q: Chair Custodio Suero: #1, Curious how you address higher education populations that are coming out of school and having difficulty in finding a job. #2, We are seeing impacts right now on women in our communities with respect to the sandwich generation, they're caring for children and caring for elders is that being addressed in the work that you're doing?

A: Not in the way it probably could be, that is where I think feedback from groups like this is incredibly important. We are currently conducting research with youth: In high school, college, drop outs, or in need continuing education. Then we have community engagement model with proximate leaders. Those are the planning steps to be able to incorporate an informed decision making process.

Chair Custodio Suero confirmed Policy Committee can reach out directly to Ms. Bereza going forward.

Agenda item #4 – Committee Reports:

- a. Civic Engagement: VC Jenkins-Pultz – Planning an outreach with Office of Child Support for Human Trafficking month, January 2026, and they will provide a Zoom platform for use. Commissioner Khan will use her expertise in this subject matter to help us create the content and perhaps a guest speaker. Designed to be prevention and resources if they have been a victim.
- b. Governance: VC Gutierrez – Governance committee has not met in a couple of months, but they have been working on an operating procedures document that would outline some of the practices of the Commission. There are pending questions and it would be helpful to meet with County staff.
- c. Policy: VC Ogunsaju – Did not meet in September due to not meeting quorum, question for County Counsel, can we have virtual participation to make quorum and meet? Outside of that issue, they continue to work on CEDAW, paid family leave, safety (violence against women and girls), immigration; as soon as it is feasible and they identify the mechanisms for continuing the conversation including looking into economic opportunities for women and girls.
- d. Executive: Chair Custodio Suero - Reminded the commission about nominations and elections that occur at the end of the year followed by Strategic Planning session once elections are over. Chair Custodio Suero also informed the commission that she will be missing the November meeting. Chair Custodio Suero met with the director from the Office of Equity and Racial Justice (OERJ) and was provided with CEDAW updates regarding data collection and also the analysis portion that would

translate into the report that the contractor will be issuing. Draft report will be forthcoming.

Old Business:

Agenda item #5 – Vacancies & Appointments

Chair Custodio Suero reminded the commission on the standing policy in regards to attendance. If you miss 3 consecutive meetings, you will be removed from the commission. Chair also congratulated VC Gutierrez on being reappointed by the Board of Supervisors (BOS) to the commission.

Q: Commissioner Nantkes – Are we looking to fill the At-Large position?

A: Chair Custodio Suero – We can review and recommend to the BOS applicants for that position, but the district seats needs to be Supervisor appointed.

VC Jenkins-Pultz – Civic Engagement committee was tasked to review all the applications and looking at the current membership and seeing where there might be gaps and where our voices don't fully represent. The committee has identified the need for representation from women under 35, Hispanic, and Native American; as well as two individuals that are being acknowledged for their engagement and expressing their support of interest in furthering their expertise by joining the commission. The recommendation is to support one via the At-Large position and the other via a recommendation to the District 4 Supervisor.

Q: Commissioner Nantkes – What are next steps? When is vote?

A: Chair Custodio Suero - Write a letter to BOS on behalf of the Commission to get put the nominees on the BOS agenda. Voting will occur next month.

Agenda item #6 – Initiative Updates and Liaison Reports:

- a. CEDAW Advisor: Taken out of order, reported last - Chair Emeritus, Parisa Ijadi-Maghsoodi – We are in the most important phase of our CEDAW ordinance implementation. As you are all well aware based on the resolutions you have signed and the meetings that we have engaged with for the past two years and so the baseline data analysis for our CEDAW ordinance serves as the foundation by which all future San Diego County CEDAW efforts will be measured and the infrastructure for informing the Intersectional Gender Equity Action Plans that every county youth will be required to develop in order to close the gap at a granular county based program and service level. Praised the commissioners on their work. Informed the commission that the County has allocated more funds to this baseline data analysis for the CEDAW ordinance than it has in the past. The draft report has been released to the Chair and has been shared with advisor Chair Emeritus, Parisa Ijadi-Maghsoodi and Commissioner Nantkes for review, they provided feedback to OERJ, noting that some concerns that they raised were not carried over in the report. We are here to reiterate the importance that there is transparency in the meetings between OERJ and the consultants to avoid things being lost in translation. Chair Emeritus, Parisa Ijadi-Maghsoodi disclosed all the faults they found with the report and that OERJ spoke to the consultants, and a revised draft report will be sent out. Chair Emeritus, Parisa Ijadi-Maghsoodi also reminded the commission what they can do as a Commission under the law.

Commissioner Nantkes – Reiterates what Chair Emeritus, Parisa Ijadi-Maghsoodi said about the importance of getting this baseline right.

Q: VC Jenkins-Pultz – Can you elaborate what the timing is for a public hearing? If we were to go that route?

A: Once the final report is released, that is without a doubt an opportunity for the public to weigh in and provide public comments. However, what I was suggesting was doing it at the draft level and obtaining stakeholder feedback once the revised draft is received from OERJ.

- b. Women's Hall of Fame: Chair Custodio Suero – Reminded the commission that the Women's Hall of Fame has been absorbed by the San Diego History Center. Chiara will be forwarding an email about an event in November. Be mindful that when commissioners are invited to an event, they do not discuss commission matters.

Chiara – Additionally be mindful that you cannot all attend an event that will make you have quorum or is seen as being that you all are there on ‘behalf of’ or are doing commission business.

Q: VC Gutierrez – In the event that we are all hosting or invited to an event is that no allowed?

A: Chiara – Will confirm the rules and report back out.

Chair Custodio Suero – Reminded the commission that she informed the Women’s Hall of Fame that the commission is not in a position to offer funding, but did recommend they apply for Community Enhancement grants. There was also discussion on holding a smaller event his month, October, but there has been no other discussion about it. Once a response is received, the commission will be informed.

- c. Association of California Commissions for Women (ACCW): VC Jenkins-Pultz – The current ACCW is disorganized, and VC Jenkins-Pultz has sent an email offering assistance to get the group up and running again, but thus far has not received a response.

New Business

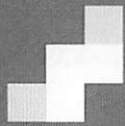
Agenda item # 7 – Chair/Commissioner Updates - Chair Custodio Suero and VC Ogunsaju will be attending the California Commission on the Status of Women event at Mount Saint Mary University on November 10, they will report back to the commission at the December meeting.

Agenda item #8 – ADJOURNED: This meeting is closed at 1:18 PM.

Information Items:

- **2025 Meetings:** November 7th, December 5th

NOTE: The Commission on the Status of Women and Girls jurisdiction is established by action of the Board of Supervisors as follows: The Board of Supervisors of the County of San Diego declares that it is the policy of the County to take action to identify needs and problems of women in the County that are affected by public policy decisions; and furthermore, to eliminate the practice of discrimination and prejudice on the basis of sex within the County. In order to promote this policy and to provide an open forum for discussion and action, there is hereby established a San Diego County Commission on the Status of Women in the Chief Administrative Office. County Code of Administrative Ordinances, Section 85.



San Diego
Workforce
Partnership

Attachment A

Everyone deserves the opportunity to succeed

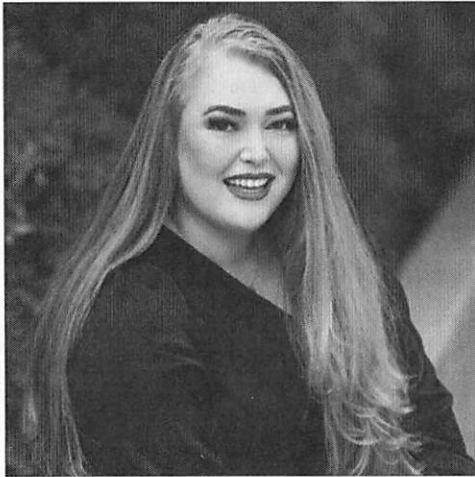
We design and deliver workforce services, programs and special initiatives that help San Diegans do just that.



[sdworkforce](#)

[#thisisworkforce](#)

[workforce.org](#)

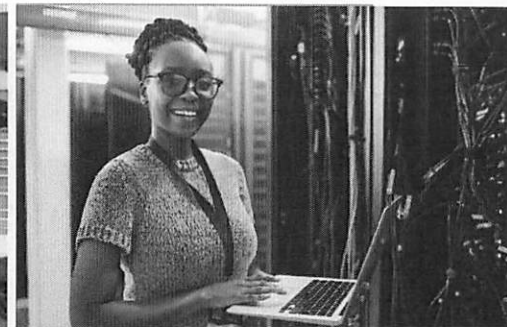
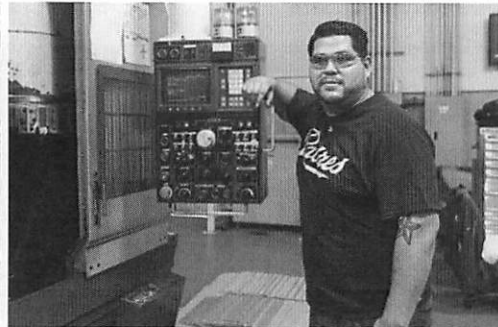


Hello!

I'm Rachel Bereza

President & CEO of San Diego Workforce Partnership

You can find us at www.workforce.org



MISSION

To empower job seekers to meet the current and future workforce needs of employers in San Diego County.

We recognize the uniqueness of individuals and businesses and connect them with the specific resources they need to succeed. We take a people-centered approach in our programs, research and resources.

We serve all of San Diego's job seekers and businesses.

FY24 Annual Results



145,905

general public
interactions



5,515

active
training/employment
enrollees



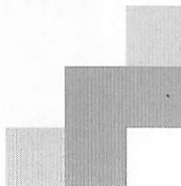
\$4M+

invested in job-
readiness training



1,176

employers
served

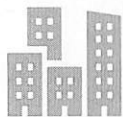


Supporting the Community

Our customers:



Job seekers



Employers



We bring money to the region from federal, state and local governments, as well as private business and philanthropy



We bring the community together through boards and committees that determine policy, strategy and priority



We identify local skill gaps to pinpoint the skills employers are looking for



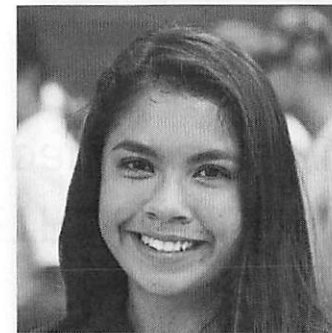
We organize community partners to create impactful workforce development programs based on research



We design, fund, deliver and measure programs to increase opportunities for job seekers and businesses

We serve ...

San Diego County residents, with specialized programs and services.

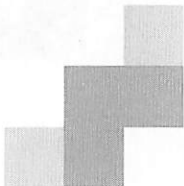


- Dislocated workers
- Low-income individuals
- Parents & families
- Young adults, black opportunity youth & foster youth
- Veterans
- Justice-involved
- Unhoused individuals
- Mental & physical disabilities
- Immigrants, refugees & English language learners

Training Opportunities



- We work with **36 training providers** with **170 courses** for participants to choose from.
- SDWP offers trainings for providers on how to add/or maintain status on the Eligible Training Provider List (ETPL) and keep information up-to-date.
- Enhancing our ETPL collaboration initiatives to connect more participants with SDCCD programs.



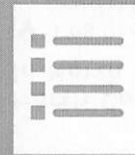
Job Seeker Services



RSVP to an Event



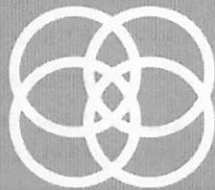
Career Centers



Job Boards



Find a Program



Our Ikigai



My Next Move



On-demand Training



Portal Log In

Career Centers

Metro Career Center

📍 4389 Imperial Ave.
San Diego, CA 92113

📖 Get Directions

🕒 M–F: 8 a.m.–5 p.m.

📍 Accepting walk-ins

📋 Additional resources located at this location:
PCG, EDD, Able Disabled Advocacy, Five Keys, and
Department of Rehabilitation

South County Career Center

📍 1111 Bay Blvd.
Suite E
Chula Vista, CA 91911

📖 Get Directions

🕒 M–F: 8 a.m.–5 p.m.

📍 Accepting walk-ins

📋 Additional resources located at this location:
Access, Inc., SER Jobs for Progress, EDD,
Turn BHS (Mental Health Systems) Employment Services, and
Department of Rehabilitation

East County Career Center (located in the PCG building)

📍 151 Van Houten Ave.
El Cajon, CA 92020

📖 Get Directions

🕒 M–F: 8 a.m.–5 p.m.

📍 Accepting walk-ins

📋 Additional resources located at this location:
Job Corps, Access, Inc., and Department of Rehabilitation

North County Coastal Career Center (located in North Coastal Live Well Center)

📍 3708 Ocean Ranch Blvd
Oceanside, CA 92056

📖 Get Directions

🕒 M–F: 8 a.m.–5 p.m.

📍 Accepting walk-ins



sdworkforce

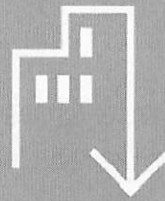
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Business Services



Capital for Talent Training



Support During Layoffs



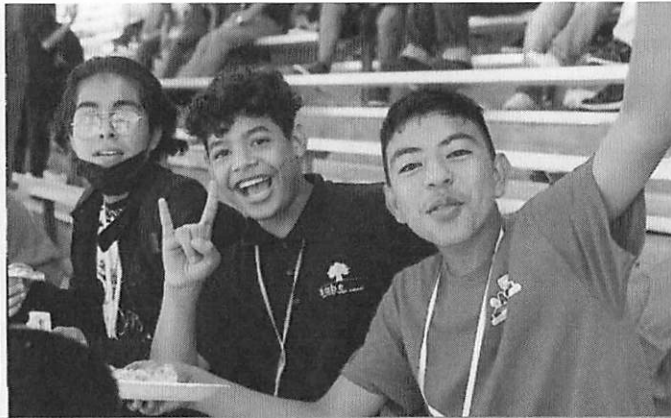
Industry-specific Talent Matching



Recruitment for Inclusive Growth



Resource Network



THANK YOU

Our work is made possible through the partnerships and support of businesses, community organizations, elected officials, board members, funders, investors and donors.

🖱 workforce.org

☎ (619) 316-WORK (9675)

✉ hello@workforce.org



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