

Advisory Council for Aging & Independence Services
Affordability in Aging Subcommittee
 January 12, 2026 | 10:30 AM
 5560 Overland Ave, Suite 310, San Diego, CA 92123

Meeting ID: 821 7872 7193
 Passcode: vp2cF9MP

COSD CLERK OF THE BOARD
 2026 FEB 5 PM 3:36

.MINUTES - DRAFT

| | Members | Absent Members | Guests |
|---|--|-----------------------|---------------|
| Attendance: | David Milroy, Chair Ted Kagan Dennis Leggett Mikie Lochner Silvia Martinez Smith Sirisakorn | | |
| | Staff | | |
| | | | |
| Item | Outcome | | |
| 1. Call to Order | David Milroy called meeting to order at: 10:30 AM a. Welcome & Guest/Member Introductions b. Confirmation of Quorum = 4 Affordability Members Present | | |
| 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member | N/A | | |
| 3. Standard Business - Names are noted when vote is not unanimous | a. Public Comments/Announcements: Minutes Approval – Motion to approve (Kagan/Sirisakorn) Approved | | |
| 4. New Business | Discussion of concerns: <ul style="list-style-type: none"> • Dennis made observation of the 211-system based on the one office on Ruffin Road. Suggestion that 211 provide a dedicated operator for helping older adults. Possibility of inviting 211 staff to speak at one of our future meetings. Will ask Susan Mallet for guidance. • Discussed invitation for Nick Martinez/staff to attend a future meeting. Will request that AIS make the invitation. • Reviewed charge and scope of the Affordability in Aging committee and how to best bring the issues of senior housing. Major focus for Affordability Committee: <ul style="list-style-type: none"> a. Housing b. Transportation c. Healthcare – Medicare and other programs d. Financial supplements (Shadow) FEMA Emergency funds e. Education programs for seniors f. Solutions for Isolation among older SD residents • Discussed impact of SB-707 on meetings after August 1st. • A suggestion was made to develop a social media presence for AIS to strengthen its visibility and to increase community participation in AIS activities in SD County. This would require AIS approval and direction. • The Committee would like to see fewer presentations and more discussion of issues in the AIS Committee. | | |
| 5. Actions Steps | <ul style="list-style-type: none"> • Several committee members volunteered for assignments between meetings and will report back. • Goal is to present our concerns to AIS and the Board of Supervisors. • Reach out to SD Housing and 211 services. | | |
| 6. Next Meeting | Date: 02/09/26 Time: 10:30 - 11:45 AM Location: JGR | | |
| 7. Adjournment | 11:45 AM | | |

Respectfully submitted by David Milroy

Advisory Council for Aging & Independence Services
Healthy Aging Subcommittee
 January 12, 2026, 2:15 PM
 5560 Overland Avenue, 3rd Floor, JG Conference Room

Meeting ID: 837 6653 8423
 Passcode: 864575

MINUTES - DRAFT

COST CLERK OF THE BOARD
 2026 FEB 5 PM 3:29

| | Members | Absent Members | Guests |
|-----------------------|---|----------------|--------------|
| Attendance: | Wanda Smith, Chair Paige Colburn-Hargis Susan Mallett David Milroy Bradlyn Mulvey Maureen Phillips Jackie Simon | | Shirley King |
| | Staff | | |
| | | | |
| Item | Outcome | | |
| 1. Call to Order | Wanda Smith, Chair called the meeting at 2:21 PM a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3) There was a quorum. | | |
| 2. Standard Business | a. Public Comments/Announcements: None b. Approval of November 10, 2025 Meeting Minutes (Action) c. [M/S Maureen Phillips made the motion to approve the minutes from the last meeting and Susan Mallett seconded the motion. Minutes were approved.] | | |
| 3. General Discussion | The meeting centered around a presentation on trauma data, specifically focusing on trends observed at Scripps Memorial Hospital La Jolla. The presenter, Paige, explained the hospital's trauma data collection process, emphasizing the speed at which they can access and analyze data compared to county-wide sources. A key focus was on the leading mechanisms of injury, with a significant emphasis on geriatric falls, which account for over 50% of their trauma cases. The presentation also covered motor vehicle crashes, motorcycle accidents, and injuries related to bikes and e-bikes, as well as pedestrian incidents. Paige highlighted the increase in motor vehicle crashes and the presence of intoxicants in drivers involved. There was discussion about helmet use among bike and e-bike riders, with concerns raised about the inadequacy of standard bike helmets for the speeds of e-bikes. The catchment area system was explained, noting that patients are typically taken to the closest trauma center within their designated area. The presentation included data on age and gender distribution across different injury types and touched on the issue of underreporting of intoxicant use in older adults who experience falls. Finally, there was a brief discussion of assaults and the Vision Zero plan, and a request for future data breakdowns by age and comparisons between trauma centers. | | |
| 4. Next Meeting | February 9, 2026 at 2:15 PM at 5560 Overland Avenue, 3 rd Floor, JG Conference Room | | |
| 5. Adjournment | Meeting adjourned at 3:15 PM | | |

Respectfully submitted by Bradlyn Mulvey, Secretary

**Advisory Council for Aging & Independence Services
Long Term Care Ombudsman and Facilities Subcommittee**

January 12, 2026, 10:30 a.m.
5560 Overland Ave, 3rd Floor, MSSP Room
San Diego, CA 92123

COSO CLERK OF THE BOARD
2026 FEB 4 PM4:01

MINUTES - DRAFT

| | Members | Absent Members | Guests |
|---|--|-----------------------|---------------|
| Attendance: | Elaine Lewis, Chair Bradlyn Mulvey Faye Detsky-Weil Rhys Jones | | |
| | Staff | | |
| | Brittney Willis, Lourdes Ramirez | | |
| Item | Outcome | | |
| 1. Call to Order | Elaine Lewis called the meeting at 10:45 a.m. a. Welcome & Guest/Member Introductions b. Confirmation of quorum (3) There was a quorum. | | |
| 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member | N/A | | |
| 3. Standard Business | a. Public Comments/Announcements: N/A b. Approval of September 8, 2025, Meeting Minutes: M/S – B. Mulvey/F. Detsky-Weil (Passed 4-0) | | |
| 4. General Discussion | <p>The meeting began with a discussion about the ombudsman volunteers. There was a net gain of two volunteers, with three certifications and one decertification due to scheduling conflicts. The committee discussed strategies for increasing the number of long-term care ombudsmen, including a public service announcement, and strategies for supporting current volunteers. A key issue was ensuring volunteers meet their 20-hour requirement and improving documentation of their service. The group also discussed training hours, continuing education, and efforts to simplify the documentation process with checklists tailored for different types of facilities. They reviewed a resource guide provided to volunteers and explored ways to improve volunteer engagement, including mentorship programs.</p> <p>Legislative updates were touched upon, with no current concerns about the program's federal funding. The committee revisited a previous decision regarding volunteer physical exams and raised concerns about ICE entering long-term care facilities, discussing the need for facilities to have training on interacting with ICE. They also addressed the potential impact of ICE raids on staffing levels and resident care.</p> <p>The meeting concluded with a discussion about challenges related to facility licensing, name changes, and the geographic distribution of volunteers, as well as the capacity to absorb new volunteers and potential advocacy for increased staffing.</p> | | |
| 5. Next Meeting | February 9, 2026, at 10:30 a.m. at 5560 Overland Avenue, 3rd Floor, MSSP Conference Room | | |
| 6. Adjournment | Meeting adjourned at 11:40 a.m. | | |

Respectfully submitted by Bradlyn Mulvey, Secretary

Long Term Care 2026 Trends and Outlook

Steve Manning 1/20/2026

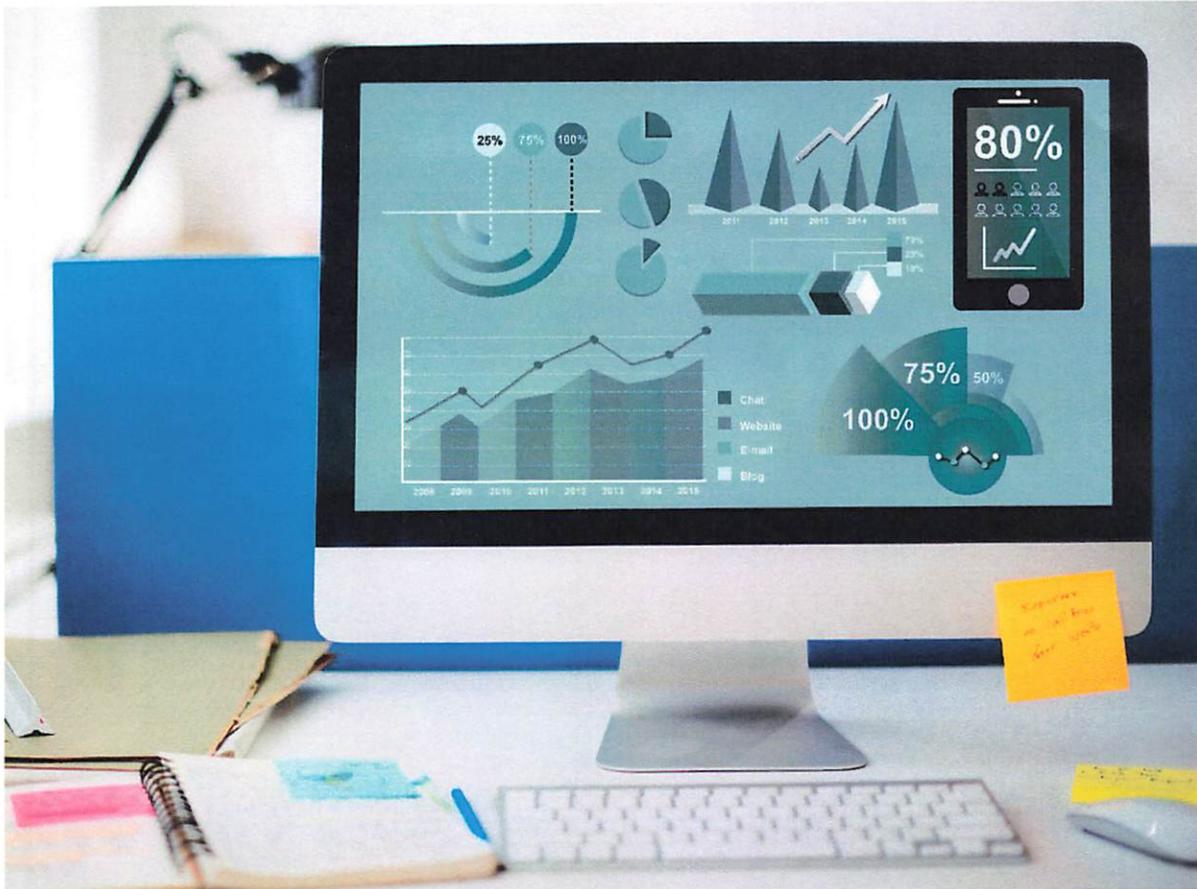
With the new year comes a long-awaited demographic milestone: in 2026, the oldest baby boomers finally turn 80, heralding the silver tsunami that promises to reshape senior living. Over the coming year, providers will face intense pressures and foster exciting innovations as they strive to deliver quality care to the next generation of customers.

“In 2026, long term care is sitting at the fulcrum of change: on one side are the pressures of the here-and-now; on the other, the blue-sky potential of what lies ahead,” said Clifton Porter II, president and CEO of AHCA/NCAL. “Our constant challenge is to deliver for our residents in our current environment while also shaping the future. AHCA is focused on helping providers strengthen our workforce, address concerns around Medicare Advantage, and rationalize the regulatory environment. As we pursue a better way forward, long term care will come out stronger, wiser and even more prepared to answer the nation’s call for care.”

As they answer that call, providers will negotiate a complex array of trends and challenges, including evolving care models, cutting-edge new technologies, and dynamic new design paradigms.

Mastering New Care Models

One of the most significant trends is the growth of value-based care and managed care models, fueled by the expansion of Medicare Advantage (MA) and Managed Medicaid. In early January, the accounting and business advisory firm Plante Moran released its 2026 Skilled Nursing Facility Medicare Benchmarking Report, based on data from 2023-2024. “MA penetration has surpassed traditional Medicare enrollment and is expected to keep climbing,” the report found, meaning tighter margins and higher administrative burdens for providers.



Denise Leonard, a partner at Plante Moran who specializes in senior care, acknowledged that it can be challenging to navigate this new terrain. When it comes to Medicare Advantage, she recommends providers ensure their entire teams have a granular understanding of their Medicare contracts. “They need to know which days and services are covered and work with the plan if additional days or services are required,” she said. “Otherwise, you’re likely not going to get paid for those services.”

As providers are likely all too aware, MA rates have stagnated and in many cases are simply too low to cover expenses. “I would recommend that people be proactive with those contract negotiations—ask for rate increases, share your five-star ratings, your quality results, and what your hospital readmissions look like,” Leonard advised. “Be prepared, going into those meetings, with your data and your story, and also understand financially what your expenses look like. What is your margin on providing care? I find often that the team or the facility don’t have the contract data, and it’s important for them to understand that.”

Much of Leonard’s advice for providers embracing value-based care (VBC) models boils down to something simple but vital: do your homework. “Organizations need to be

intentional and educated on the drivers of these different VBC programs, because they're all different," she said. (AHCA/NCAL has rolled out provider toolkits for some of the new VBP models.)

Depending on the program's metrics, providers may need to adjust their workflows accordingly. Adapting to a program that relies on staffing data, for example, would require timely, accurate PBJ submissions—an area where Leonard sees a surprising number of organizations fall short, for reasons as simple as technology hiccups or a staff member going on vacation.

"Invest in staff education and have a backup plan during times of vacation, medical leave, or turnover," she advised. "We often see these being the issues when an organization suddenly has a dip in their quality results."

Plante Moran's data point to another means of bringing in additional revenue while improving clinical outcomes: participating in Institutional Special Needs Plans, or I-SNPs, which are MA plans for individuals who require long term institutional-level care. I-SNP enrollment has seen marked growth over the last decade, from 50,000 in 2015 to 130,000 in 2025, according to the report. For providers, these plans help create value-based revenue streams inaccessible in fee-for-service models.

"There are definitely a lot of benefits to an I-SNP," Leonard said. "This is an opportunity to be compensated for the great care that you're already providing. It means working to keep the individual in the facility versus sending them to the hospital, skilling in place, and improving outcomes."

In addition to the revenue opportunities, I-SNPs typically place a nurse practitioner in the facility, benefitting residents and staff alike. "The families appreciate having a nurse practitioner involved," Leonard explained. "From the nursing staff standpoint, it's a great opportunity to have them learn from someone with incredible clinical knowledge."

Clinical Diversification and High-Acuity Care

As the population ages, the complexity of care required in long term care settings will grow accordingly. "For nursing homes, the headline trend is acuity and complexity," said Mark Prifogle, chair of the American College of Health Care Administrators (ACHCA). "Providers are increasingly asked to serve residents with greater clinical and behavioral needs, while demonstrating measurable outcomes and reliably managing transitions to and from hospitals."

With greater complexity come greater costs. To meet evolving clinical needs while mitigating financial pressures, providers are finding new, innovative ways of diversifying

their revenue streams. As the Plante Moran report highlights, some expansions include the addition of high-acuity services like memory care, ventilator units, and onsite dialysis. “With the ventilator services specifically, it provides a better placement option than a hospital for those individuals who have a prolonged need for ventilator use,” Leonard said. “Onsite dialysis is less taxing on the individual, as they are able to avoid transportation and remain in the nursing community.”

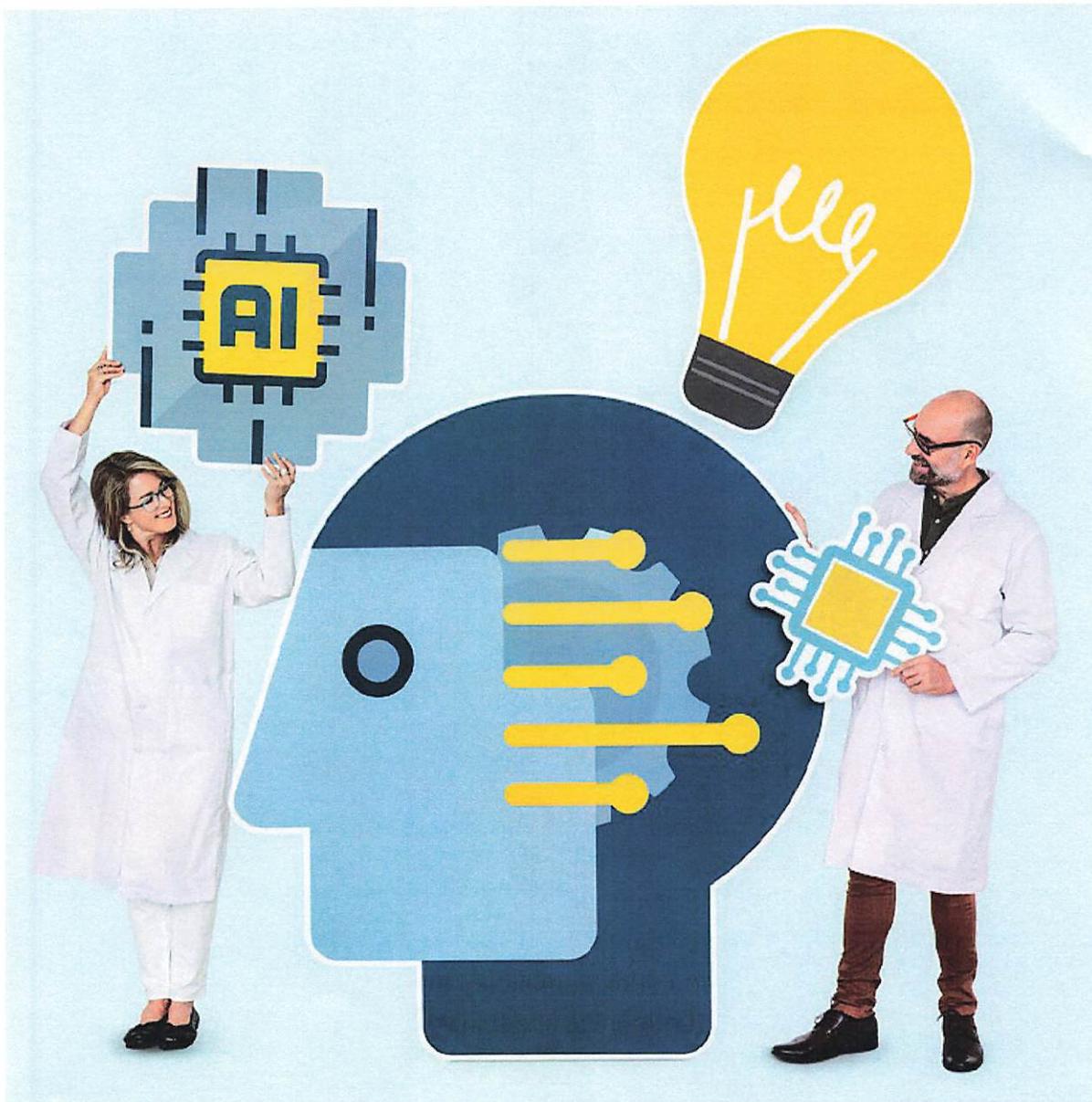
A successful diversification strategy is intentional and data-informed. Leonard advises providers to complete a robust due diligence process before expanding, including market analysis, competitor analysis, and a careful look at state Medicaid reimbursement models for specialized services. She also recommended speaking with hospital and health system partners to understand their needs and identify potential avenues for collaboration.

The pressure to innovate extends across the care spectrum, from skilled nursing facilities to assisted living. “Assisted living continues to play an important role in the long term care continuum,” said LaShuan Bethea, executive director of NCAL, in a statement about the challenges ahead. “We know the population is aging, and an increasing number of people with a focus on preserving health and wellness will need our care. We will continue to advocate at the state and federal levels for impactful change, offer solutions for more affordable assisted living options, and innovate in ways that allow providers to deliver the highest quality care to current and future residents.”

Leveraging Artificial Intelligence, Intelligently

Caregiver technologies continue to advance, powered by the rapid clip of new developments in artificial intelligence. Consider fall detection technology, which typically uses accelerometers to measure abrupt changes in speed. Chia-Lin Simmons, CEO of the personal safety, health, and caregiver tech developer LogicMark, suggested that AI can help capture the broader range of experiences involved in falls.

“Falls, for the elderly, are not just a one-dimensional experience,” she explained. “It’s not just about speed and then a stop: a lot of seniors slump, for example. How would you capture that in an accelerometer-based algorithm? We’re interested in understanding how that is applied to caretaking technology.”



Another frontier is the use of predictive AI to make sense of massive datasets and flag potential health risks, facilitating the broader shift from reactive to preventative care. One example Simmons offered is whether medication adherence data, or subtle changes in daily activity, might be able to identify patients at increased risk of falls and other serious conditions.

“Our job is to focus not just on figuring out if someone had a fall and getting them help as soon as possible—that’s a 100 percent table stakes, must-be-done kind of thing,” she said. “But are we seeing someone who is less active or are we seeing a pattern of inconsistencies that can give us a marker for potential early mental health deterioration,

early Alzheimer's, or dementia? Those things are, I think, the most exciting parts of what we can expect to see.”

“Can we try to look for a problem before it occurs?” Simmons added. “What are the markers that we can reveal using AI from a dataset perspective to say, ‘This looks like a risk for heart conditions,’ for example? I see 2026 as a year where a lot of companies are going to put more focus on that.”

Bruce Rosenblatt, owner of Senior Housing Solutions, echoed Simmons’ prediction that AI will play more of an active role in resident monitoring and safety. At the same time, he cautioned providers to bear in mind that their customers may be wary about new technologies, and to integrate them carefully. As an example of thoughtful, patient-centric design, he described one community that installed movement sensors in light fixtures.

“It’s noninvasive, but it’s a way to keep track of whether someone has fallen, or if they’re not moving in their residence,” he said. “We’re with a generation of people that are not so familiar with technology and it could be frightening to people, so I would say take it slow.”

Higher Quality Environments

As industry leaders are well aware, the modern senior living consumer is in search of a lifestyle product as well as a care product. In 2026, the demand will only increase for resort-style communities with wellness amenities, opportunities for social engagement, and beautiful design.

“In senior housing, the pressure is on to prove value,” said ACHCA’s Mark Prifogle. “Older adults and families are more discerning about pricing, experience, wellness offerings, and flexibility—so operators must connect lifestyle, community, and access to supportive services in ways that feel simple and trustworthy.

As Rosenblatt looks to the year ahead, he anticipates more spacious living spaces, including ones that blur traditional boundaries. “I’d say larger residences are on the horizon, which is a great trend where they’re offering larger two-bedrooms and three-bedrooms,” he said. “The other trend that is occurring is that independent living and assisted living are being combined so people can age in place in their residences and not have to transfer to a separate wing or a separate building.”

Martin Kimmel, president of Kimmel Architecture, hopes providers embrace those blurring lines. “It is important that communities get better at allowing residents to age in place and receive care in their home rather moving folks into different levels of acuity care. It improves residents’ sense of well-being when they have in-unit care instead—when

residents don't feel like they have to move to a new wing, their anxiety levels go down. Staying at home eliminates the trauma and indignities associated with a move," he said.

"Conventional thinking has been that in-unit care is more expensive than consolidating all those that need care into a dedicated wing," said Kimmel. "I think that people are starting to embrace the reality that it is not more expensive when you look at ALL of the costs. When you consider the true cost of dedicated units including staffing and keeping them full to optimize labor versus the stabilized costs of keeping residents in a unit, it can level or even lower the costs," Kimmel added. "I believe the best operators are starting to embrace this and moreover, it creates a market advantage when considering how much peace of mind it gives residents and family decision makers. There may be some small risks in a new approach, but there's great opportunity too."



As a designer, Kimmel predicts another important trend in senior living spaces: more sunlight. Whereas it used to be prohibitively (or at least significantly) expensive to provide ample natural light, the cost of windows has come down, making it easier for communities to give their residents bright sunlit interiors.

"With the way building codes have evolved, windows now cost equal to or less per square foot than walls do, which is kind of counterintuitive," Kimmel explained. "The window

industry has become so mechanized that you can now buy windows very cost effectively. Walls include huge amounts of labor, materials, layers and moisture protection, even the insulation that's required. Over time, walls have gotten more expensive while window costs have proportionally declined."

Crucially, the economics favor larger windows rather than more windows. "Lots of openings cost more money, because each opening has to be individually treated, flashed from the outside, and trimmed from the inside," Kimmel said. "But if you can have fewer larger window openings where manufactured units are grouped together, you create a double benefit: it costs less and it's more daylight. It's beautiful and the units are more attractive."

Beautiful, well-designed environments don't have to cost more when creativity is used to design waste out. Kimmel argued that when you choose to invest more in a particular area, it can be well worth it. "The owner operators that we know of are embracing the idea that making a better, higher-quality environment is worth the investment on all levels—absorption, retention, well-being, and wellness," he said. "I think it's easier to keep people employed in facilities that feel better than ones that feel not so good. And I feel like the industry pivot to that is good on all levels."

The Path Forward

As the senior living industry enters 2026, it still faces real challenges in the form of workforce shortages, changing regulatory frameworks, and funding cuts. Still, providers and experts see immense opportunities to innovate, adapt, and transform the standard of care for a rapidly growing elderly population.

"Across the continuum, the winning organizations will be the ones that treat workforce stability as a core strategy, equip frontline leaders with real decision-making tools, and use technology to remove friction, rather than replace relationships," Prifogle concluded. "I'm optimistic about 2026 because the path forward is clear: deliver a consistently excellent resident experience, communicate transparently, and partner effectively across settings so that every transition feels safe, coordinated, and human."

Steve Manning is a journalist based in New York City.

Advisory Council for Aging & Independence Services

Nutrition Subcommittee

January 7, 2026 | 1:00 PM

Virtual Participation

Meeting ID: 896 0847 3221

Passcode: 035415

COSD CLERK OF THE BOARD

2026 JAN 30 AM 8:47

MINUTES - DRAFT

| | Members | Absent Members | Guests |
|---|--|-----------------------|---------------|
| Attendance: | Shirley King, Chair Susan Mallett Bradlyn Mulvey Maureen Phillips (Virtual) Jacqueline Simon (Virtual) | | |
| | Staff | | |
| | | | |
| Item | Outcome | | |
| 1. Call to Order | Shirley King, Chair, 1 PM a. Welcome & Guest/Member Introductions b. Confirmation of quorum (Three): (Quorum achieved) | | |
| 2. Statement of (Just Cause) and/or Consideration of a Request to participate Remotely (emergency circumstances) by a Council member, if applicable | No action taken. | | |
| 3. Standard Business | a. Public Comments/Announcements: Members or non-members: Susan Mallett noted that today an announcement from the Trump Administration resets the recommended Dietary Guidelines. b. Approval of November 5, 2025, Meeting Minutes (Action) M/S – Susan Mallett/Bradlyn Mulvey: Unanimous Vote | | |
| 4. General Discussion | <p>The members reviewed the suggested survey questions from Delilah. These questions will be used with the congregate dining guests to gather an informal assessment of the new placemat's meaningfulness as a public health education tool. The placemat is centered around the understanding of the necessity for fall prevention and the available resources to minimize the risks. The members proposed giving Delilah the direction to start now the distribution to the willing sites such as Jewish Family Service and Salvation Army. After the use of these at the sites for one month, the survey questions will be introduced. Today Maureen started using the mats with her guests. She suggested that future messaging should more directly elicit whether the guests have seen the consequences of falls with their peers. Other topic areas include hearing, vision, dental and insurance benefits, mental health and the available help lines such as 988. The recommended questions are:</p> <ol style="list-style-type: none"> 1. Will you do anything different after reading this information? (Y/N) 2. Is this topic important to you? (Y/N) 3. Was this information relevant to you or someone you care for? (Y/N) 4. Was it easy to read? (Y/N) <p>Bradlyn and Maureen suggested that other learning tools to demonstrate the concepts of fall prevention such a video/YouTube can be considered at the sites if staff are amenable. Next month the members will assemble the survey questions.</p> | | |
| 5. Next Meeting | February 4, 2026, at 1:00 PM | | |
| 6. Adjournment | Meeting adjourned at 1:50 PM | | |

Respectfully submitted by Shirley King

Aging & Independence Services Advisory Council
Monday, January 12, 2026 | 12:00 p.m. – 2:00 p.m.
5560 Overland Avenue, 3rd Floor, Joaquin Anguera Room, San Diego, CA 92123

Call in: 1 (619) 343-2539
 Meeting ID (access code): 224 849 240 117 | Passcode: eq7c5Wr2

MINUTES - DRAFT

| | Members | Absent Members | Guests | |
|---|--|---|-----------|--|
| Attendance: | Antoinette Alioto Sabrina Bishop Paige Colburn-Hargis Shelia Coulbourn Faye Detsky-Weil Stephen Huber Rhys Jones Ted Kagan Shirley King Dennis Leggett Elaine Lewis Mikie Lochner Susan Mallett | Silvia Martinez Dan McNamara David Milroy Bradlyn Mulvey Molly Nocon Maureen Phillips Taryn Patterson Jacqueline Simon (left @ 1:17 p.m.) Smith Sirisakorn Wanda Smith Cristin Whittaker | Mina Kerr | Denise Bernal (virtual) Mr. & Mrs. Cesar B. Javier Thomas Johnson (virtual) Deepti Kurup (virtual) Tiffany Lam Shantella Slaten (virtual) Reva Subra (virtual) Linda Strohl |
| Staff | | | | |
| | Kendall Bremner Angie Durdiev Jessica Gaylord Samantha Hasler | Wendy Garcia Jennifer Sovay Brynn Viale Long | | |
| Outcome | | | | |
| 1. Call to Order | Susan Mallett Chair, 12:00 p.m. a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: <u>24 present at this time.</u> | | | |
| 2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable. | | | | |
| 3. Standard Business | a. Public Comment/Announcements: Members or non-members b. Approval of November 10, 2025, Meeting Minutes (Action)* [M/S – B. Mulvey / J. Simon (Passed with 21 votes, 3 abstained.)] | | | |
| 4. AIS Director's Items | a. AIS Director's Update b. Legislative Update | | | |
| 5. Guest Speakers | a. Impact of Polypharmacy in Older Adults <i>Tiffany (Tuyet) Lam, PharmD, Clinical Pharmacist at Scripps Health</i> Highlights included: <ul style="list-style-type: none"> ○ Understanding the Mechanisms ○ Medications Associated with Falls | | | |

| | |
|---|--|
| | <ul style="list-style-type: none"> o Clinical Approach to Polypharmacy o Enhancing Communication Among Healthcare Teams o Opportunities for Fall Prevention and Medication Safety o Conclusion and Key Takeaways <p>b. Aging & Independence Services Public Health Nurse Team <i>Jessica Gaylord, Public Health Nurse Manager</i> <i>Angie Durdiev, Public Health Nurse Supervisor</i> Highlights included:</p> <ul style="list-style-type: none"> o Aging & Independence Services (AIS) Nurse Team o Adult Protective Services Nurse Role o In-Home Support Services Nurse Role o Multipurpose Senior Services Program Nurse Role o Long-Term Care Ombudsman Mission o Additional Activities o AIS Nurses in Action o Kudos & Highlights |
| <p>6. Executive & Membership Subcommittee Report/Other Business</p> | <p>a. Chair's Report: Susan Mallett, Chair</p> <p>b. Membership Report: Jacqueline Simon, Secretary</p> <ul style="list-style-type: none"> i. Appoint Brett Bergmann to full term (Action) – Seat #17, effective immediately, to expire 4/7/2028 [M/S – S. King / B. Mulvey (Passed with 23 votes, 1 abstained)] <p>c. Board of Supervisors Annual Visits (Dates posted as confirmed):</p> <ul style="list-style-type: none"> i. District #1: Aguirre [Vacant/Vacant] ii. District #2: Anderson [Phillips/Nocon] 2/26/2025 iii. District #3: Lawson-Remer [King/Colburn-Hargis] 1/31/2025 iv. District #4: Montgomery Steppe [Bishop/Milroy] 10/11/2024 v. District #5: Desmond [Vacant/Vacant] |
| <p>7. Ancillary Subcommittee Oral Reports (Possible action)</p> | <p>a. LTC Ombudsman/Facilities (met 01/12/26): Elaine Lewis, Chair</p> <p>b. Healthy Aging (met 11/10/25): Wanda Smith, Chair</p> <p>c. Affordability in Aging (met 01/12/26): David Milroy, Chair</p> <p>d. Nutrition (met 01/07/26): Shirley King, Chair</p> |
| <p>8. Other Announcements</p> | |
| <p>9. Adjournment & Next Meeting</p> | <p>Meeting adjourned: 2:02 p.m. Next Council Meeting: February 9, 2026, 12:00 p.m.</p> <p>Future Subcommittee Meetings:</p> <ul style="list-style-type: none"> ➤ Healthy Aging: 01/12/26 2:15 p.m. ➤ Executive & Membership: 01/28/26 9:00 a.m. ➤ Nutrition: 02/04/26 1:00 p.m. ➤ LTC Ombudsman/Facilities: 02/09/26 10:30 a.m. ➤ Affordability in Aging: 02/09/26 10:30 a.m. |

Minutes respectfully submitted by Kendall Bremner



APPLICATION FOR CSL CANDIDACY

PSA _____ Incumbent ___ New Candidate ___

Name of Candidate: _____

Address: _____

City & Zip: _____

Telephone(s) (Home) _____ (CP) _____

Email: _____

My State Senator is: _____ District # _____

My State Assembly member is: _____ District # _____

My Congressional Representative is: _____ District # _____

For the Office of _____ I certify that
(Senior Senator/Senior Assemblymember)

- I am 55 years of age on election day.
- I am a registered voter.
- I reside in the Planning and Service Area (PSA) for which the election is held.
- I own a functioning computer and a printer.
- I have the ability to scan and email documents, as needed.
- I have a personal email account and basic access to and knowledge of how to use email, transmit documents, open MSOffice and PDF documents, utilize electronic drop boxes, complete Google Forms and participate in virtual meetings utilizing Zoom.
- I possess the ability to take top senior concerns/issues at local level and draft them into a legislative proposal following a template.

I agree that all decisions regarding my candidacy, election and/or recall are the responsibility of the CSL JRC and are final and binding.

Signature _____ Date Signed _____

Attach the following documents to this application:

- Resume outlining broad base of experience at the city and county levels on issues dealing with seniors
- Signed Code of Ethics
- Signed Volunteer Agreement and Waiver
- Signed Statement of Commitment

CALIFORNIA SENIOR LEGISLATURE

CODE OF ETHICS

Recognizing that the needs of the over 60 age groups are in the interests of all people, the California Legislature in 1980 created the California Senior Legislature to propose legislation to meet the needs and concerns of Older Californians.

Members of the Senior Legislature elected by their peers are cognizant of their obligation to discharge the responsibility given to them by the State Legislature, and vow to follow the path of high moral conduct and service implicit in the following code:

1. I realize that I am subject to a code of ethics
2. I accept the plural ethnicity of California Senior Legislature members, their cultural and educational variations. I will value the commitment of each as much as I do my own, and show respect to each.
3. I will show respect to the members of the State Legislature and their staff people.
4. I will work faithfully to accomplish the objectives of the California Senior Legislature.
5. I will work with the Area Agency on Aging and/or Legislative Council and other seniors in my community to develop proposals for legislation addressing their concerns.
6. I will strive to maintain the dignity of the Senior Legislature in all my speaking engagements and written articles.
7. I will be responsible for informing the public as widely as possible concerning the CSL in a positive manner.
8. I recognize and accept the administrative policies, responsibilities, and procedural concepts of the California Senior Legislature as they are enunciated in the CSL Procedures Manual and Bylaws, including the use and design of CSL business cards and stationery.
9. I promise to bring to my work with the California Senior Legislature an attitude of open-mindedness; to be willing to be trained for it; to bring to it interest and attention; and to work in support of CSL programs and priorities.
10. I will attend the annual session of the California Senior Legislature unless excused because of illness or death of a family member or other legitimate reasons.

11. I promise to conduct my campaign for office as either a Senior Senator or Senior Assemblyperson in an ethical, above-board and honest manner, in both my oral and printed campaign statements. And in no way will I mislead or deceive potential voters while campaigning. I will abide by the final election results and decision of the CSL JRC.
12. I promise not to use my office as a CSL member in any manner that reflects negatively on the high moral standards of the CSL, or negatively on any CSL member.
13. I accept and promise to comply with the STATEMENT OF COMMITMENT.

I have read and accept the code of ethics and intend to follow the code to the best of my ability.

Print Your Name: _____ Date: _____

Signature: _____

CALIFORNIA SENIOR LEGISLATURE

VOLUNTEER AGREEMENT AND WAIVER OF LIABILITY

In consideration of my desire to serve as a volunteer for the California Senior Legislature (CSL), I hereby agree to the following terms:

- I fully understand the nature of the volunteer activities that I will be performing on behalf of CSL and hereby confirm that I am qualified, in good health, and in proper physical condition to participate in such activities.
- I currently have no known mental or physical condition that would impair my capability for full participation as intended or expected of me.
- I hereby assume all responsibility for any and all risk of property damage or bodily injury that I may sustain while participating in any voluntary capacity including the use of equipment and facilities in connection with CSL volunteer duties.
- I acknowledge and agree that CSL, its directors and officers, its volunteers or any of its representatives, are not liable to me for any injuries, damages, liabilities, losses, judgments, costs or expenses which I might suffer or sustain in connection to the performance of my volunteer activities for CSL.
- Further, I, for myself and my heir, executors, administrators and assigns, hereby release, waive and discharge CSL and its officers, directors, employees, agents and volunteers of and from any and all claims which I or my heirs, administrators and assigns ever may have against any of the above for, on account of, by reason of or arising in connection with such volunteer activity or my participation therein, and hereby waive all such claims, demands and causes of action. I will indemnify, defend and hold CSL harmless from and against any claims, lawsuits, injuries, damages, losses, costs or expenses sustained by any person in connection with my participation in CSL activities and elections.
- If I suspend volunteer activities, or upon request, I will promptly return all CSL supplies, equipment, records, moneys and other items in good, clean, serviceable condition.. This Agreement is binding upon CSL, CSL representatives, me and my respective heirs, successors, assigns, executors and personal representatives.
- I hereby grant and convey to CSL all right, title and interest in any and all photographic images in which I appear including video or audio recordings, made by CSL or others on CSL's behalf during my volunteer work for CSL, including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings. I expressly agree that this Waiver is intended to be as broad and inclusive as permitted by the laws of the State of California, and that this Waiver shall be governed by and interpreted in accordance with the laws of the State of California. I agree that in the event that any clause or provision of this Waiver shall be held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this Release which shall continue to be enforceable.

Further, I have carefully read the foregoing Agreement and Waiver and understand the contents thereof and sign this release as my own, free act. I agree to abide by every term specified above and will not dispute or challenge them in any way form or fashion.

Signed on this ____ day of _____, 20 ____

Printed Name of CSL Volunteer

Signature of CSL Volunteer

CALIFORNIA SENIOR LEGISLATURE

STATEMENT OF COMMITMENT

Responsibilities of Members of the California Senior Legislature

(Note: This is to be signed by the candidate and attached to her or his application.)

As a member of the CSL I:

1. Shall be non-partisan.
2. Shall represent the best interests of state-wide California Older Adults.
3. Shall express the major concerns of California Older Adults.
4. Shall speak for the CSL on CSL-approved issues only. Otherwise, shall identify myself as a CSL member expressing own personal views.
5. Shall use only CSL - authorized cards and stationery.
6. Shall identify myself as "Senior Senator" or "Senior Assemblymember" or "Senior Assemblywoman" or "Senior Assemblyman." If given "Emeritus" status one should identify themselves as either "Senior Senator – Emeritus" or "Senior Assemblymember/woman/man – Emeritus".
7. Shall accept the responsibility for submitting at least one proposal every two years.
8. Shall accept the responsibility for attending and participating in all meetings of the Annual Session, except when an extreme emergency arises.
9. Shall develop working relationships in my PSA (Planning and Service Area) with the Area Agency on Aging, the Advisory Council or Commission on Aging and other senior groups and caucuses; and shall routinely attend their meetings and report on CSL activities.
10. Shall develop working relationships with my State and National Legislators and their staffs, particularly with my Legislators' District's staffs.
11. Shall develop and maintain a local legislative advocacy program, keeping up a two-way communication with my constituents.
12. Shall activate letter and phone campaigns to support CSL priority proposals.
13. Shall respond to calls (Alerts) from the Joint Rules Committee (JRC) to write letters, make phone calls, and visit my State Legislators and their District offices on behalf of CSL priority issues.
14. Shall develop and carry out local public relations and publicity for goals established by the CSL.
15. Shall study the Annual Schedule of Suggested Activities and follow this schedule whenever its items are applicable to my local situation.

16. Shall maintain a professional working relationship with all members of CSL as well as with the Area Agency on Aging and the Advisory Council or Commission on Aging.
17. Shall endeavor to raise funds throughout the year in order to meet the funding needs of CSL for travel and reimbursement of expenses of the Annual General Session and for meetings..
18. Shall promote CSL fund-raising activities on a local and statewide level.

As a member of CSL I acknowledge that:

19. Failure to submit at least one original proposal in any one of two consecutive years constitutes failure to live up to this commitment.
20. **Failure to live up to the STATEMENT OF COMMITMENT and the CODE OF ETHICS is grounds for review, reprimand and possible removal from office by JRC Executive Committee action.**
21. All decisions regarding my candidacy, election and/or recall are the responsibility of the CSL JRC and are final and binding.
22. There is no salary connected with this position and that lodging, meals and transportation costs will be furnished for the Annual Session, provided funds are available.
23. Lodging, meals and transportation costs may be furnished for Legislator visits ("Walk the Halls") during the course of the year provided funds are available.
24. Expenses for postage, copying, printing and telephone usage during the year are my responsibility. Transportation costs not referenced above are my responsibility as well.

To Be Signed by the Candidate:

I have read and accept responsibilities noted above and intend to follow these responsibilities to the best of my ability.

Print or Type Your Name: _____ Date: _____

Signature: _____



| |
|---|
| Past Grand Jurors Association Implementation Review Committee |
| Cheryl Converse-Rath – Chair Patricia Larkin – Vice Chair Skip Kruszona Judith Nurse Lixya Preston de Silva Melvyn Stein Susan Tostado-Pope |

COUNTY OF SAN DIEGO

**PAST GRAND JURORS ASSOCIATION
IMPLEMENTATION REVIEW COMMITTEE**

CDSJ ASSESSMENT APPEALS
 2026 JAN 28 AM 10:56

MINUTES
Regular Meeting of Wednesday, January 7, 2026, 9:30 a.m.
County Administration Center, Room 402A
1600 Pacific Highway, San Diego, California

I. Call to Order and Pledge of Allegiance

Chair, Cheryl Converse-Rath called the meeting to order at 9:34 a.m.

Present: Skip Kruszona, Melvyn Stein, Cheryl Converse-Rath, Lixya Preston de Silva, Patricia Larkin, Susan Tostado-Pope, Judith Nurse

Absent: N/A

Present PGJAIRC members and meeting attendees said the Pledge of Allegiance.

II. Approval of Meeting Minutes

August 6, 2025, regular Meeting Minutes were approved.

III. New Business

a. Election of Officers

The committee elected Cheryl Converse-Rath as Chair, and Patricia Larkin as Vice Chair.

b. 2026 Workplan/ Calendar Draft Review

The committee reviewed and finalized the 2026 workplan and selected members to lead each report. The committee also decided to go dark in March and resume its schedule in April.

IV. Old Business

None

V. Chair Report

None

VI. Public Input

None

VII. Staff Report

None

VIII. Adjourn

Meeting adjourned at 9:54 a.m.

Changes to this agenda will be posted at the County of San Diego Clerk of the Board Office and outside the South Entrance of the First Floor of the County Administration Center (1600 Pacific Highway) at least 72 hours prior to the scheduled meeting.



COSD CLERK OF THE BOARD
2026 FEB 10 AM 11:28

**COUNTY OF SAN DIEGO
ENVIRONMENTAL HEALTH AND QUALITY ADVISORY BOARD MEETING**

**December 17, 2025
8:30 a.m. – 10:00 a.m.
Hybrid
Virtual Meeting/In-person**

| Members Present | Members Absent | Staff Present | Others Present |
|--|-----------------------|---|-----------------------|
| Quintnton Austin Zohir Chowdhury Jesse Conner Scott Snyder Toby Roy Mike Vizzier Laurie Walsh LaRosa Watson Jared Wilson | Cliff Hanna | Ana Becker, DEHQ Joseph Chan, DEHQ JoAnn Cruz, DEHQ Jessica Geiszler, DEHQ Nikos Gurfield, DEHQ Amy Harbert, DEHQ Vivian He, DEHQ Joann Lee, DEHQ Zoraida Moreno, DEHQ Deb Mosley, DEHQ Dolores Scruggs, DEHQ Larry Valenzuela, DEHQ Joey Wyatt, DEHQ | N/A |

I. CALL TO ORDER

The meeting was called to order at 8:33 a.m., with six active EHQB members present.

II. STATEMENT (JUST CAUSE) AND/OR CONSIDERATION OF A REQUEST TO PARTICIPATE REMOTELY (EMERGENCY CIRCUMSTANCES) BY A BOARD MEMBER (POSSIBLE ACTION, IF APPLICABLE)

III. PUBLIC COMMENTS

There were no comments from the public.

IV. APPROVAL OF THE MEETING MINUTES – ACTION ITEM

MOTION TO APPROVE THE October 15, 2025, MINUTES – Board member Wilson, 2nd Board member, Snyder.
ALL IN FAVOR – 6-0-0

V. 2025 EHQB ANNUAL REPORT - ACTION ITEM (ITEM CONTINUED TO JAN 2026 MEETING)

Amy Harbert, Director of Environmental Health and Quality and Deborah Mosley, Deputy

The draft 2025 EHQB Annual Report was discussed. Revisions will be made based on the comments and feedback that were received. An updated draft report will be emailed to members prior to the January meeting with the objective of having the 2025 EHQB Annual Report finalized and acted upon during the January 2026 meeting. Local code requires the EHQB Annual Report to be distributed to the Board of Supervisors by January 31st of each year.

Board members provided comments and asked questions regarding regulatory agency with authority for air monitoring; environmental justice with a focus on underserved neighborhoods; process streamlining and innovation to improve cost efficiency and minimize fees; access to water-related

information; potential use of artificial intelligence to support the future workforce; awards and recognition opportunities; waste reduction and sustainability efforts, including source reduction; stormwater management; clarification of vacancies and appointments; boil water advisories; and the housing program.

VI. UPDATES FROM THE DEHQ EXECUTIVE OFFICE – INFORMATIONAL ITEM

Amy Harbert, Director of Environmental Health and Quality

- **Announcements**

Steven Tamayo, Deputy Director, will be joining the Land Use and Environment Group's Executive (LUEG) Office team to serve in temporary acting assignment as Group Finance Director from December 19, 2025 – April 30, 2026.

Vivian He, Chief of Finance, will serve as Acting Deputy Director for DEHQ and will oversee the department's finance and information technology programs from December 19, 2025 – April 30, 2026.

- **2025 EHQAB Draft Meeting Topic Calendar ideas**

The draft 2026 EHQAB presentation topics were discussed. A follow-up draft calendar will be distributed prior to the January meeting. Requests for 2026 presentations included:

- Vector Control Lab
- TJR/V to organize a panel to include other local, state and federal agencies working on this issue
- Public Works - recycling
- Food borne illness response process

- **May 20, 2026, Meeting Date**

DEHQ staff have a San Diego County Board of Supervisors meeting conflict with the May 2026 EHQAB Board meeting date and need to make an adjustment. A poll will be distributed to EHQAB Board Members for May 13 and May 27, 2026, to determine which date works best for the majority of the group to replace the previously scheduled May 20, 2026, meeting.

- **2025 Chair/Vice Chair Appointment to vote in January**

The board took action and voted to elect Scott Snyder as Chair.

MOTION TO APPROVE THE Chair for Appointment – Board member Wilson 2nd Board member, Chowdhury.

ALL IN FAVOR – 9-0-0

The board took action and voted to elect LaRosa Watson as Vice Chair.

MOTION TO APPROVE THE Vice Chair for Appointment – Board member Roy 2nd Board member, Chowdhury.

ALL IN FAVOR – 9-0-0

- **Program Updates (DEHQ Chiefs/Program Coordinator)**

- Hazardous Materials Division Updates, Zoraida Moreno
 - CUPA evaluation begins January 2026
- Community Health Division updates, Nikos Gurfield
 - West Nile virus investigations, including travel-related cases of mosquito-borne illnesses

VII. ADJOURNMENT – 9:49 A.M.

MOTION TO ADJOURN – Board member Watson, 2nd Board member Vizzier.

ALL IN FAVOR – 8-0-0

Next meeting will be held Wednesday, January 21, 2026, 8:30 a.m. – 10:00 a.m.

Jess Martin Park Advisory Committee (JMPAC)

Meeting Minutes – December 1, 2025

FOUNDED 1977 E. 14th
2025 JAN 29 4:10:55

1. Call to Order

The Vice Chair called the meeting to order at 4:05 p.m. A quorum was present.

2. Approval of December 1st, 2025, Agenda

The December 1, 2025 agenda was approved as presented.

3. Introductions and Announcements

Committee members present were Richard Loomis, Brandon Fender, Carmen Longoria, Mike Charlonne (Chair), and Allisun Kraemer (Vice Chair). Also present was Carlos Hinojosa, Supervisor for William Heise and Jess Martin Parks. Community guest Chris Olaf was introduced.

4. Public Comment: Non-Agenda Items

Chris Olaf expressed concern regarding insufficient water for the baseball fields. Carlos Hinojosa stated the fields are watered daily, with reduced watering during winter months, and that the park operates under an annual water allotment. Concerns were noted regarding dryness in the middle field and the need to rebuild the pitcher's mound. It was noted that irrigation runs daily on a timer. Mike Charlonne stated the middle field dirt has become very dry and that the pitcher's mound will be rebuilt once water is allocated.

5. Approval of October 6th, 2025, Minutes

The October 6, 2025 meeting minutes were approved with minor corrections: correct spelling of Carlos Hinojosa's name; correct spelling of Elizabeth's name; and correction to Line 4 under Old Business regarding water allotment.

6. Park Update

A flag football league is scheduled to take place at the park on December 6–7. The shed by the skate area will be used to store soccer equipment and requires a door. Carlos Hinojosa will provide the door dimensions to Mike Charlonne. The door will require a secure lock, with the specific lock type to be determined.

7. Monthly Park Maintenance Fund Budget Update

The account balance as of November 30 is \$32,428, pending staff charges.

8. Wellhead Tank and Landscape Tie-In Update

Construction is anticipated mid-December through January, pending contract revisions. The project will provide potable water. Irrigation will remain on a timer.

9. Basketball Half-Court Update

Riley DeWit and Matt Sanford will attend the February meeting. Project Timeline: Fall/Winter 2025 – Design; Winter 2025–2026 – Preparation of bid documents; Spring 2026 – Bid and award; Summer 2026 – Construction.

10. Possible Off-Leash Area

Discussion regarding a potential off-leash dog area adjacent to the park. Mike Charlonne spoke with Brittany Mushet, who indicated her mother, Debbie, may not be interested. Mike Charlonne will follow up directly with Debbie. Follow-up with County staff is recommended.

11. Proposed Next Meeting Date and Location

Monday, February 2, 2026, at 4:00 p.m., Julian County Library.

12. Adjournment

The meeting was adjourned at 4:25 p.m.

Committee Details

† JMPAC: Jess Martin Park Advisory Committee | ‡ DPR: San Diego County Department of Parks and Recreation

The Jess Martin Park Advisory Committee is a voluntary organization providing community input and recommendations to the Director of the County's Department of Parks and Recreation regarding budget, maintenance, operations, park development, facilities, and recreation programs for Jess Martin Park (Landscape Maintenance District Zone No. 2 – Julian).

Members: Mike Charlonne (Chairperson); Allisun Kraemer (Vice Chairperson); Richard Loomis (Secretary); Carmen Longoria (Board Member); Brandon Fender (Board Member).

Contact: Mike Charlonne, Chairperson | mlcharlonne@yahoo.com



1600 Pacific Highway, Room 352
San Diego, CA 92101-2942
www.sdstatusofwomenandgirls.org
CSWG@sdcounty.ca.gov

Chairwoman: Kristine Custodio Suero

Vice Chair
Kelly Jenkins-Pultz
Rohida Khan
Idara Ogunsaju

District 1, Aguirre
Vacant
Monica Martinez

District 2, Anderson
Mary Davis
Vacant

District 3, Lawson-Remer
Kimberly Keen
Kristine Custodio Suero

District 4, Montgomery
Steppe
Idara Ogunsaju
Vacant

District 5, Desmond
Rohida Khan
Amy Nantkes

Members At Large
Kelly Jenkins-Pultz
Vernita Gutierrez
Vacant

Staff Assistant
Chiara Leroy
Senior Deputy County
Counsel
Heather Murray

MINUTES

January 16, 2025

Regular Meeting

12:00 PM – 1:00 PM

Chair Custodio Suero Meeting was called to order at 12:15 PM.

Agenda item #1 – Commissioner Roll Call:

Members Present:

| | |
|-------------------------|----------------|
| Kristine Custodio Suero | Rohida Khan* |
| Mary Davis | Kimberly Keen |
| Vernita Gutierrez | Amy Nantkes |
| Kelly Jenkins-Pultz | Idara Ogunsaju |

*Attended online due to contagious illness

Members Absent:

| | |
|-----------------|--|
| Monica Martinez | |
|-----------------|--|

Agenda item #2 – Approval of Minutes: December 5, 2025

Motion by Commissioner Nantkes, seconded by Commissioner Davis. Request for future meeting minutes to be more concise. Motion passes.

Agenda item #3 – Public Comments:

Former Chair, Jenni Prisk – Reiterated importance of CEDAW and its implementation

Agenda item #4 – Guest Speaker

Nancy Brebeau, National Association of Commissions for Women

Agenda item #5 – Committee Reports:

- a. Civic Engagement: VC Jenkins-Pultz – Provided updates.
- b. Governance: VC Khan - Provided updates.
- c. Policy: VC Ogunsaju – Provided updates.
- d. Executive: Chair Custodio Suero - Provided updates.

Old Business:

Agenda item #6 – Update on the status of County Staff’s drafting of the board letter requesting approval of CSWG Bylaws revisions

VC Khan and Commissioner Gutierrez are in communication with County staff. Locating documentation of previous approvals. Continuing to progress forward and address concerns identified.

Agenda item #7 – Debrief on Status regarding CEDAW baseline analysis report

Chair Custodio Suero reported no updates from OERJ. Commissioner Nantkes mentioned an email update shared by OERJ in December. Chair Custodio Suero said there has been no update. Commissioners voiced concerns about the lack of updates and explored potential options for how to best receive information/updates, including escalating to Supervisors and/or CAO if responses were not received by the February CSWG meeting, requesting an OERJ representative attend every CSWG Regular meeting to provide updates and answer any questions, and for each Commissioner to request an individual copy of the CEDAW report.

Agenda item #8 – Updates about the discussion on interest in a Closed Session regarding CEDAW baseline analysis report

Counsel shared rules for closed sessions and the exceptions that allow for one. The discussion of the CEDAW report is not admissible under the closed session rules. The Commissioners inquired about potential options that would allow for the discussion of the CEDAW report.

Agenda item #9 – 2026 U.N. Conference on the Commission on the Status of Women

CSWG is allocated 3 delegate seats to this event. Chair Custodio Suero provided an update about if more seats may be available or not. Also reminded the commission that this is a self-funded opportunity.

Agenda item #10 - Initiative Updates and Liaison Reports

- a. **CEDAW Advisor: Chair Emeritus, Parisa Ijadi-Maghsoodi**
Update provided
- b. **Women’s Hall of Fame: Vice Chair Kelly Jenkins-Pultz**
Update provided

Agenda item #11 – Debrief on OERJ Presentation & Updates

Combined with the agenda item #7 Debrief on Status regarding CEDAW baseline analysis report

Agenda item #12 – Strategic Planning Session

Commissioners identified CEDAW as the continued top priority of their work and voiced concerns about the effort. Explored other potential priority topics, such as focus on girls/youth. Discussed potentially combining two or more of the committees together to address challenges with quorum and scheduling. Discussed the 2026 Regular meeting schedule.

New Business

Agenda item #13 – Chair/Commissioner Announcements

Updates already shared during previous agenda items.

Agenda item #14 – ADJOURNED: This meeting is closed at 2:55 PM.

NOTE: The Commission on the Status of Women and Girls jurisdiction is established by action of the Board of Supervisors as follows: The Board of Supervisors of the County of San Diego declares that it is the policy of the County to take action to identify needs and problems of women in the County that are affected by public policy decisions; and furthermore, to eliminate the practice of discrimination

and prejudice on the basis of sex within the County. In order to promote this policy and to provide an open forum for discussion and action, there is hereby established a San Diego County Commission on the Status of Women in the Chief Administrative Office. County Code of Administrative Ordinances, Section 85.



Chair
Kristine Custodio Suero

Vice Chair
Kelly Jenkins-Pultz
Rohida Khan
Idara Ogunsaju

District 1, Aguirre
Vacant
Monica Martinez

District 2, Anderson
Mary Davis
Vacant

District 3, Lawson-
Remer
Kimberly Keen
Kristine Custodio Suero

District 4, Montgomery
Steppe
Idara Ogunsaju
Vacant

District 5, Desmond
Rohida Khan
Amy Nantkes

Members At-Large
Kelly Jenkins-Plutz
Vernita Gutierrez
Vacant

Chiara Leroy, Staff
Assistant

Heather Murray, Senior
Deputy

Executive Board Committee Meeting Minutes January 23, 2026

The meeting took place at the Rancho Bernardo Library located at 17110 Bernardo Center Dr., San Diego, CA 92128 and was open to the public.

The meeting began at 4:04 pm. There were no members of the public present.

Attendance in person:

Chair Kristine Custodio Suero (KCS)
Vice Chair/Policy Committee Chair: Idara Ogunsaju (IO)
Vice Chair/Civic Engagement Committee Chair: Kelly Jenkins-Pultz (KJP)

Attendance online:

Vice Chair/Governance Committee Chair: Rohida Khan (RK)

The meeting covered updates from various committees including the Policy Committee's plans for civic engagement initiatives and upcoming events, along with discussions about governance matters and district vacancies. The Executive Committee reviewed strategic planning priorities and explored potential speakers for upcoming meetings, while also addressing the National Civic League All-America City Award and annual reporting requirements. Executive committee members outlined their schedule for the coming months, including various meetings and events, while emphasizing the importance of planning and representation in upcoming Board of Supervisors budget sessions.

Action Items

- KJP: Reach out to the San Diego Women's History Center (and confirm correct executive director contact) to invite them as a speaker for the March 6th Commission meeting; confirm speaker by February meeting.
- RK: Arrange a speaker on Female Genital Mutilation (FGM) for the April 3rd meeting and act as liaison/backup presenter if needed.
- KJP: Coordinate with RK regarding the April 3rd FGM speaker and ensure transition of liaison responsibilities as KJP will not be present.
- Idara: Touch base with YMCA, Children's Collective, and CDA CEO to follow up on family-friendly employer practices and child care services, and

provide updates to Supervisor Montgomery Steppe's office.

- RK and Commissioner Vernita Gutierrez (VG): Schedule and send agenda for upcoming Governance Committee meeting (after confirming VG's availability), and include discussion of SOPs, bylaws, and possible disbandment of the committee.
- KJP: Investigate and report back on the April 21st County Volunteer Recognition Event for potential Commission recognition opportunities.
- IO: Attend the January 27th Board of Supervisors budget workshop and/or community input session and provide updates to the next meeting.
- RK: Mark calendar and plan to attend the June 1st Board of Supervisors budget hearing at 12 pm.
- KJP: Book North County library (or similar public space) for February 11th and March 11th Executive Committee meetings (12-2 pm), and send email confirmation to group.
- IO: Lead the vice chairs in conducting the online orientation for new commissioners (Amelia Tsering and Daniela Perez) once their availability is known.
- KCS: Share updated commissioner roster and orientation slide deck with IO and vice chairs for onboarding new members.
- KJP: Start drafting the annual report for 2025, highlighting Commission activities, and coordinate with others to include photos, videos, and documentation as appropriate.
- RK: Coordinate with county staff to take screenshots/photos at upcoming county trainings (with privacy considerations) for Commission documentation.
- KCS: Move forward with engaging a UCSD student group to document and preserve the history and implementation process of the CEDAW ordinance, with the goal of presenting findings by year end.
- All executive committee members: Review and consider National Civic League All-America City Award application, and revisit after CEDAW implementation phase is further along.
- IO: Coordinate with RK for Governance Committee meeting coordination.

Civic Engagement Committee Initiatives Update

The meeting focused on updates from the Policy Committee, which discussed plans for the Civic Engagement Committee's upcoming initiatives. The committee aims to reach out to youth groups and organizations that attended a gender-based violence and harassment gathering in November 2023. They also plan to organize a Women's History Month event, potentially in collaboration with the San Diego Women's History Center. The group discussed the need to confirm a speaker for the March 6th meeting by their February meeting, and considered inviting representatives from both the Women's History Center and the San Diego History Center to participate.

Commission Planning and Governance Updates

The Executive Committee discussed several key topics including the Women's Hall of Fame event, which has not been planned for the past year, and plans to reach out to the San Diego History Center for potential speakers. Idara reported on the first policy committee meeting of the year, highlighting follow-up actions on family-friendly employer categorization, YMCA awareness, and child care services. The Executive Committee also discussed Governance Committee matters, with RK and IO planning to meet with VG to discuss the committee's role and potentially revise its bylaws. Finally, they addressed vacancies in districts 2 and 4, with IO planning to meet with her appointing supervisor about appointments.

Commission Meeting: Updates and Planning

The Executive Committee discussed several agenda items, including updates on vacancies and appointments, with Amelia Tsering scheduled for the Board of Supervisors meeting on January 27th. They reviewed CEDAW updates regarding the interest of a closed session, noting no new information was available. The Executive Committee also discussed the UN CSW70 event in March, with Amy planning to present and multiple commissioners planning to attend. They explored potential guest

speakers for upcoming meetings, including topics like Black maternal health and Asian Pacific Native Hawaiian Pacific Islander Month. The commission agreed to follow up with staff representative Chiara Leroy in her capacity as OERJ representative to assist in identifying a speaker on Black maternal health for the April meeting.

April Events and Recognition Planning

The Executive Committee discussed upcoming meetings and events. KCS outlined the schedule for April, including a guest speaker on female genital mutilation, and assigned roles to RK. They also discussed attending Board of Supervisors meetings, with KCS providing details on upcoming dates and sessions. The Executive Committee considered attending budget workshops and community input sessions, with some members expressing availability.

KCS mentioned the need for recognition of the commission and its members, particularly those involved in the CEDAW process. She inquired about potential recognition opportunities during Women's History Month and the annual county volunteer recognition event in April. The conversation ended with a brief mention of a budget hearing scheduled for June 1, 2026.

Strategic Planning and Budget Priorities

The Executive Committee discussed upcoming Board of Supervisors budget hearings and community feedback sessions, with KCS emphasizing the importance of planning and representation. The group reviewed the January 16th strategic planning session, confirming CEDAW as a priority project while exploring other strategic goals including paid family leave and youth engagement initiatives. They agreed to maintain existing committees through 2026 and discussed forming an ad hoc committee for CEDAW work, with a small working group already in place. The conversation ended with a discussion about involving Commissioner Amy Nantkes in the CEDAW committee work due to her expertise and continuity.

Civic Award and Reports Discussion

The Executive Committee discussed two main items: the National Civic League All-America City Award and annual reports to the Board of Supervisors. While the award application was deemed premature due to ongoing CEDAW implementation work, the group agreed to document the CEDAW process and history through UCSD student involvement. The Executive Committee also established regular meeting schedules, with Executive Committee meetings set for February 11th and March 11th at noon in North County locations, and discussed the need to prepare annual reports to the Board of Supervisors which will include documentation of Commission activities, photos, and presentations.

Meeting adjourned at 5:11 pm.