

**COUNTY OF SAN DIEGO
BOARD OF SUPERVISORS
TUESDAY, SEPTEMBER 30, 2025**

MINUTE ORDER NO. 2

**SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP SAN DIEGO COUNTY
REGIONAL PLAN 2024-25 ANNUAL REPORT (DISTRICTS: ALL)**

OVERVIEW

According to population estimates from San Diego Association of Governments, of the nearly 3.3 million people currently residing in San Diego County, approximately 710,000 are adults aged 60 years and older. By 2029, the number of adults aged 60 years and older who reside in the county is expected to increase to more than 824,500. Therefore, it is essential that the County of San Diego (County) has a plan to support the unique needs of older adults and empower them to live healthy, safe, and thriving lives. Initiated at the direction of the San Diego County Board of Supervisors on September 24, 2019 (4), the Aging Roadmap is the County plan to ensure that the region has programs and communities that equitably support the needs of older adults.

The Aging Roadmap is organized by ten priority areas that collectively represent the County's comprehensive system of care, including person-centered and community-wide approaches: Health & Community Support; Housing; Social Participation; Transportation; Dementia; Caregiver Support; Safety; Preparedness; Silver Economy; and Medical & Social Services System. The Aging Roadmap annual report highlights significant accomplishments across each of the ten priority areas as well as age-friendly efforts across the county.

The region must continue to work collaboratively and proactively to strengthen the comprehensive system of care to better support older adults, their families, and people of all ages. Today's action requests the Board receive the Aging Roadmap San Diego County Regional Plan 2024-25 Annual Report.

This item supports the County vision of a just, sustainable, and resilient future for all, specifically those communities and populations in San Diego County that have been historically left behind, as well as our ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe, and thriving communities. This will be accomplished by continuing to support older adults and persons with disabilities through various programs and initiatives and ensuring a community that is livable for people of all ages.

RECOMMENDATION(S)

CHIEF ADMINISTRATIVE OFFICER

Receive update on the Aging Roadmap.

EQUITY IMPACT STATEMENT

Recognizing the increasing diversity of San Diego County's population, the Aging Roadmap represents a commitment to ensuring that all residents can age well while accessing needed services, regardless of their race, ethnicity, national origin, religion, gender identity, and/or sexual orientation. Principles of equity and diverse community engagement have guided the development of Aging Roadmap priorities since its inception. Implementation of programs and initiatives within each of the priority areas are informed by the needs expressed by community members and stakeholders. Through regular convening

of diverse community coalitions and collaboration with community-based organizations, the County of San Diego (County) has worked to ensure that programs are implemented with continuous input from those they intend to serve.

Throughout this past fiscal year, community partnerships and cross-departmental collaboration have facilitated innovative approaches to increased program accessibility. Community partnerships have been instrumental in the success of programs for at-risk populations such as non-English speaking residents, homebound older adults, and rural communities. For example, transit trainings were held with diverse community members participating in the CalFresh Healthy Living program about the use of public transportation to access community resources. Partnerships with community-based organizations serving rural parts of the county were strengthened through frequent communication and resident-led planning. For example, the use of livestream technology helped to facilitate the implementation of new programming in Campo, a community with limited access to services due to its rural location. Additionally, the Dementia-Friends initiative continues to educate various sectors of the community on how to be inclusive of those living with dementia and cultivate a sense of belonging for them and their families.

The County continues to engage partners and community members in discussions to inform future initiatives and program planning. Likewise, providing input opportunities for diverse and often under-represented groups remains a priority.

SUSTAINABILITY IMPACT STATEMENT

Receiving today's update supports the County of San Diego's (County) Sustainability Goal #1 to engage the community in meaningful ways; Sustainability Goal #2 to provide just and equitable access to County services, and Sustainability Goal #4 to promote health and well-being. The Aging Roadmap represents the County's comprehensive system of care for older adults, and it was informed by input from impacted stakeholders with diverse perspectives. The Aging Roadmap prioritizes equitable access to both person-centered and community-wide programs and services that aim to improve the quality of life and overall well-being of older adults. Furthermore, the Aging Roadmap advances the County's sustainability goals by raising awareness on transportation programs and resources that enable older adults to access community resources; implementing programs that improve physical and social health; highlighting education efforts to help older adults avoid scams; and increasing opportunities for older adults to live in safe and affordable housing. The Aging Roadmap continues to underscore the needs of older adults in the region's sustainability planning and leverages impactful partnerships to improve and expand services that enable older adults to live healthy, safe, and thriving lives.

FISCAL IMPACT

There is no fiscal impact associated with today's recommendation. There will be no change in net general fund costs and no additional staff years.

BUSINESS IMPACT STATEMENT

N/A

ACTION:

ON MOTION of Supervisor Montgomery Steppe, seconded by Supervisor Aguirre, the Board of Supervisors took action as recommended, on Consent.

AYES: Aguirre, Anderson, Lawson-Remer, Montgomery Steppe, Desmond

State of California)
County of San Diego) §

I hereby certify that the foregoing is a full, true and correct copy of the Original entered in the Minutes of the Board of Supervisors.

ANDREW POTTER
Clerk of the Board of Supervisors



Signed
by Andrew Potter