

**CLERK OF THE BOARD OF SUPERVISORS
EXHIBIT/DOCUMENT LOG**

MEETING DATE & AGENDA NO. 06/03/2025 #16

STAFF DOCUMENTS (Numerical)

No.	Presented by:	Description:
1	Staff	68-page PowerPoint

2

3

4

5

PUBLIC DOCUMENTS (Alphabetical)

No.	Presented by:	Description:
A	Maureen Glaser	1-page document

B	Emilia Avalos	6-page document
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C

D

E

F

OFFICIAL RECORD
Clerk of the Board of Supervisors
County of San Diego

Exhibit No. 1

Meeting Date: 6/3/2025 Agenda No. 16

Presented by: staff



COUNTY OF
SAN DIEGO

CAO Recommended Operational Plan

FISCAL YEARS 2025-26 & 2026-27

June 3, 2025

Item #16





County Overview

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27

County Strategic Initiatives



SUSTAINABILITY

Sustainability

Economy
Climate
Environment
Resiliency



EQUITY

Equity

Health
Housing
Economic
Opportunity



EMPOWER

Empower

Workforce
Transparency and
Accountability
Innovation



COMMUNITY

Community

Engagement
Safety
Quality of Life
Communications
Partnership



JUSTICE

Justice

Safety
Restorative
Environmental

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Budget Strategies



Prioritize
Mandated Services



Employ Revenue
Stabilization
Strategies



Consolidate/
Restructure &
Streamline
Operations



Maximize Alternative
Funding



Delay/Suspend
New Requests



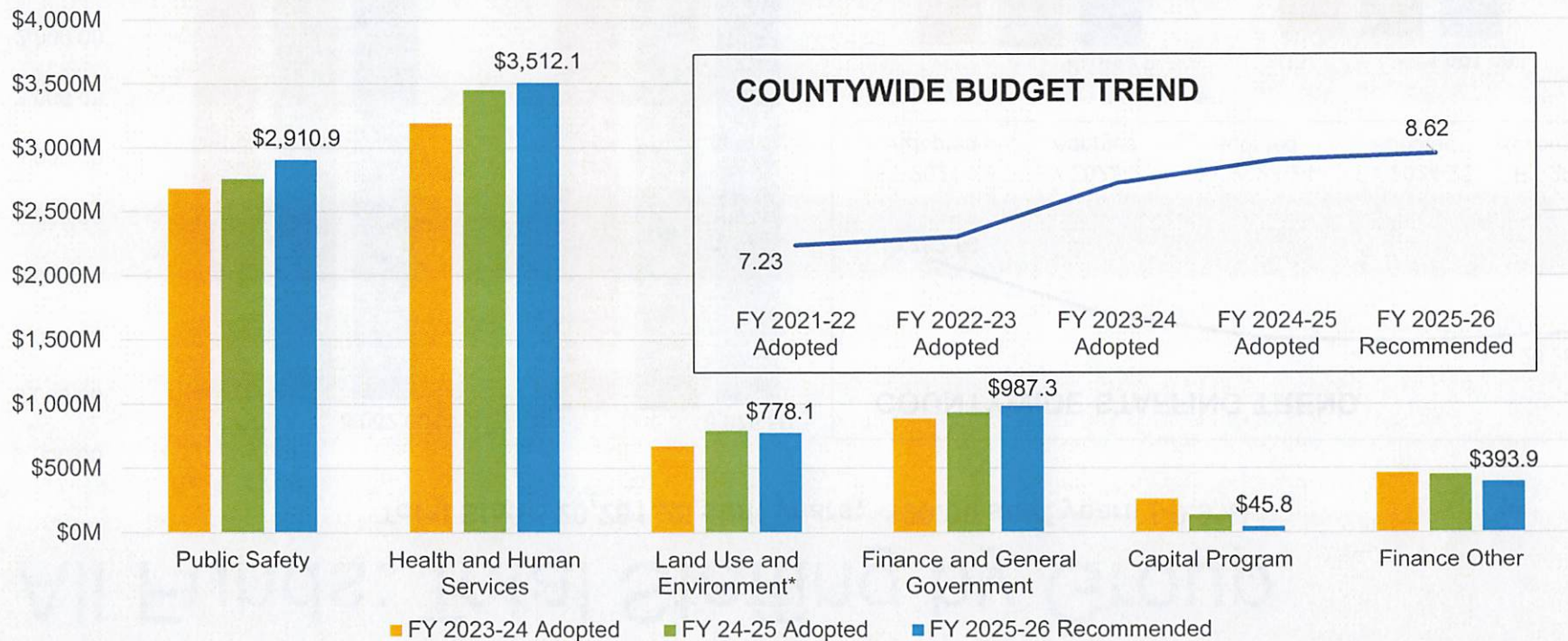
Invest Limited
New GPR

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



All Funds: Total Budget by Group

Total Budget : \$8.62 billion; +\$85.8 million (+1.0%)



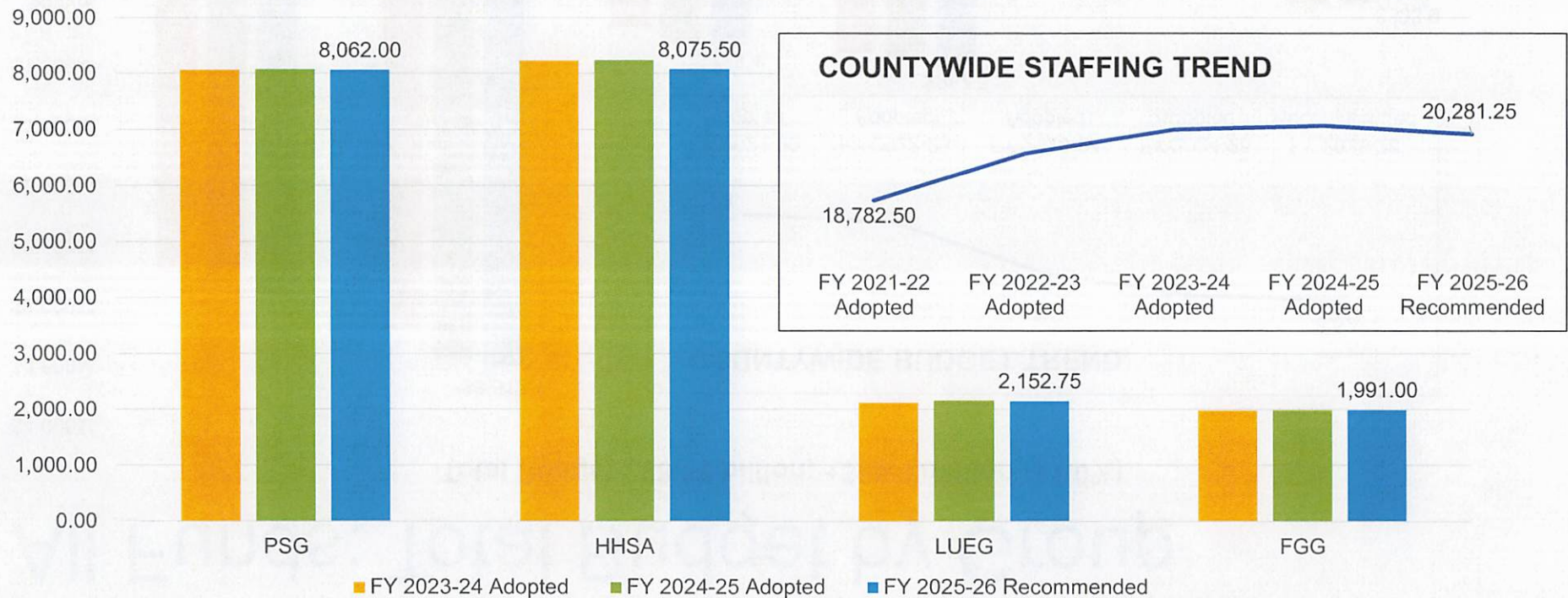
*Includes unincorporated infrastructure investments like Public Works projects.

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



All Funds: Total Staffing by Group

Total Staff : 20,281.25 staff years; -190.00 staff years (-0.9%)



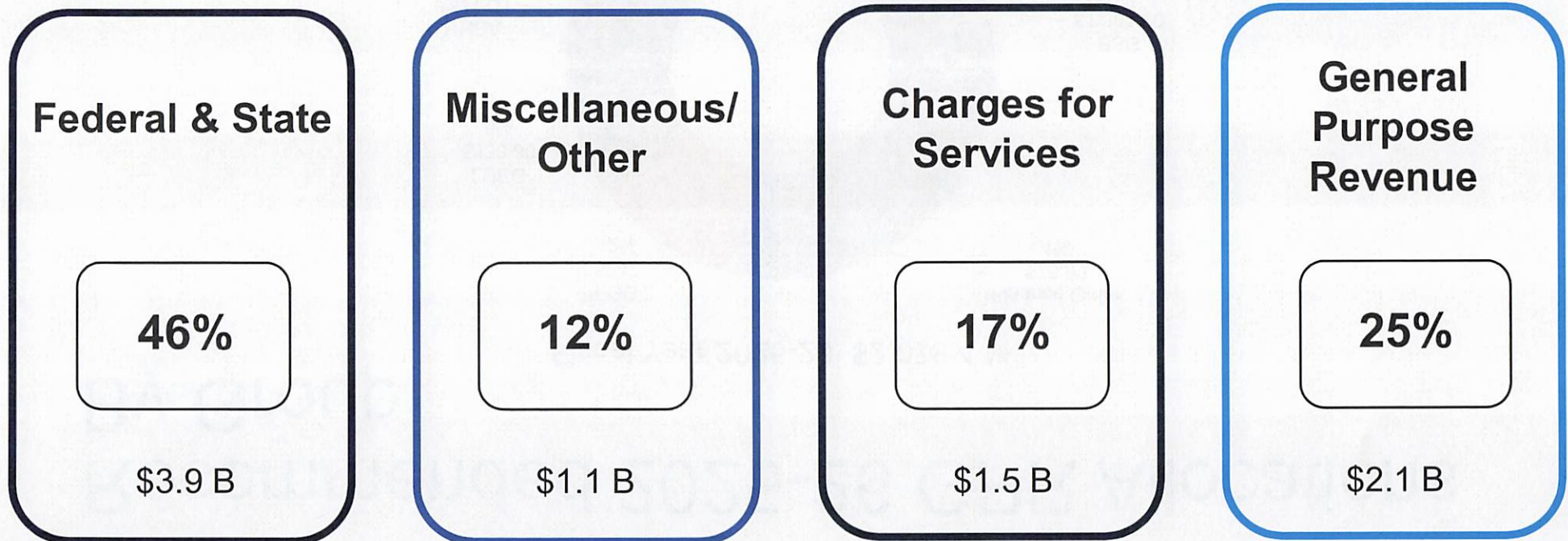
CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



**FY 25/26 CAO
Recommended**

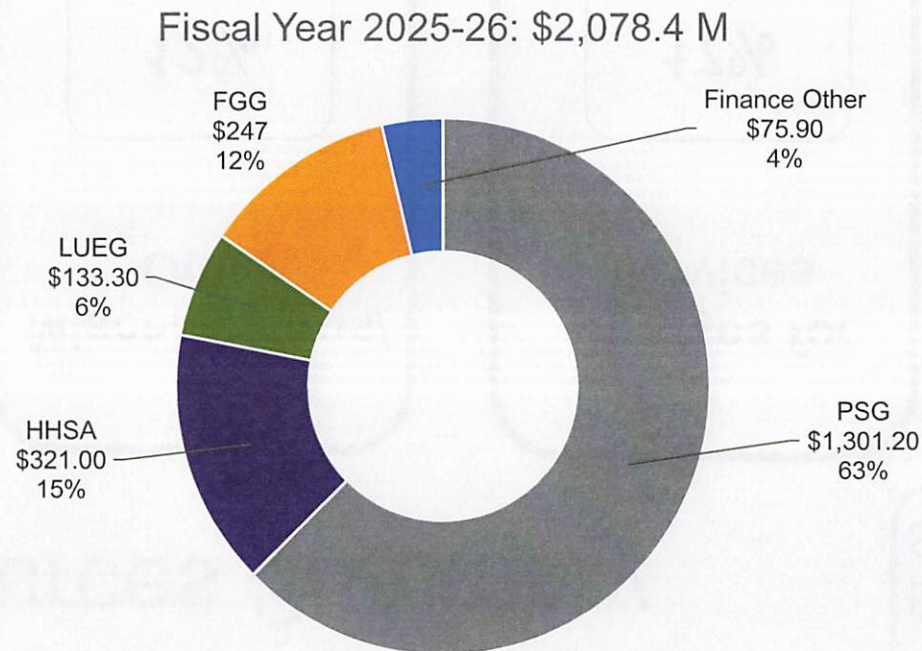
Budget: \$8.6 B
Staff: 20,281.25

Funding Sources Summary





Recommended 2025-26 GPR Allocations By Group



CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Looking Forward



Risks

- Economic Uncertainty
- Federal Policy Impact
- State Funding
- Real Estate Market
- Market Retirement Returns Volatility



Mitigation Strategies

- Prioritize Mandated Services
- Consolidate/Restructure & Streamline Options
- Delay/Suspend New Requests
- Employ Revenue Stabilization Strategies
- Maximize Alternative Funding
- Invest Limited New General Purpose Revenue



Business Group Highlights



What We Do



Activities & Accomplishments



Budget Strategies



Goals & Key Investments



Budget, Staffing, Funding Sources



Health and Human Services Agency (HHSA)

FISCAL YEARS
2025-26 & 2026-27

CAO RECOMMENDED
Operational Plan





Health and Human Services Agency

What We Do

- Make people's lives healthier, safer and self-sufficient
- Deliver essential health, housing and social services
- Directly serve 1 in every 3 county residents
- Carry out mandated and discretionary safety net programs



CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Health and Human Services Agency

Highlights



Activities & Accomplishments

Safety Net Services

- Enrolled 511,000 new customers in Medi-Cal, CalFresh and CalWORKs
- Opened new Ramona Community Resource Center
- Distributed 1.9 million meals for older adults



Health and Human Services Agency

Highlights



Activities & Accomplishments

Behavioral Health

- Provided services to more than 112,000 clients
- Expanded mental health treatment and support services, including 188 new licensed Board and Care beds
- Developed a Substance Use Optimal Care Pathways model
- Secured \$71.6M of new grant funding
- Implemented SB 43



Health and Human Services Agency

Highlights



Activities & Accomplishments

Housing and Homelessness

- Reduced unsheltered homelessness
- Leveraged State programs to provide housing and services
- Provided nightly emergency housing options for 400 people with 40% connected to permanent housing
- Awarded funding and vouchers to create 373 new affordable units
- Provided monthly rental assistance for 11,000 low-income households



Health and Human Services Agency

Highlights



Activities & Accomplishments

Public Health

- Opened state-of-the-art Public Health Lab
- Activated a public health response to Tijuana River Valley sewage crisis
- Decreased overdose deaths in San Diego County by 20+%
- Conducted a Medi-Cal Landscape Analysis to explore opportunities to increase access to care



Health and Human Services Agency

Highlights



Activities & Accomplishments

Vulnerable Populations

- Increased relative placements by 11% for children in the child welfare system
- Launched Family Connection Hub pilot
- Provided over 42,400 one-way trips to more than 550 older adults
- Nearly 47,000 IHSS recipients

Communities and Workforce

- Engaged community members at nine events per day and 343 Live Well on Wheels events
- Increased employee engagement by 3%

Budget Strategy



Prioritize
Mandated Services

- Reduction of discretionary services to reallocate local funding to core mandated services
- Align to State required service levels where outperforming



Consolidate/Restructure &
Streamline Operations

- Maximize impact through leveraging data
- Reorganization of offices previously under Homeless Solutions and Equitable Communities
- Integration of Public Health and Medical Care Services
- Facility footprint optimization

Budget Strategy



Maximize Alternative
Funding

- Grant opportunities
- Behavioral health revenue under Medicaid waiver
- Opioid Settlement Funds, Tobacco Settlement Funds



Delay/Suspend
New Requests

- Staffing
- Discretionary service expansion



Employ Revenue
Stabilization Strategies

- Realignment bridge



Health and Human Services Agency

Highlights



Goals & Key Investments

Safety Net Services

- Increase for CalWORKs and General Relief cash assistance
- Continued benefits enrollment and renewals

Behavioral Health

- Build out capacity as outlined in the Mental Health and Substance Use Optimal Care Pathways
- Implement State Bond Grants:
 - Substance Use Residential and Treatment Services
 - Children's Crisis Residential Facility
- Psychiatric Facility and Crisis Stabilization Units
- ELEVATE Behavioral Health Workforce Fund



Health and Human Services Agency

Highlights



Goals & Key Investments

Housing and Homelessness

- 27% increase in emergency housing options
 - 60 Troy St. Sleeping Cabins
 - 20 Grantville Safe Parking slots
- Regional Homeless Assistance Program (RHAP) for 250 households per night
- Riverbed encampment outreach
- 34 new affordable housing developments in the works



Health and Human Services Agency

Highlights



Goals & Key Investments

Public Health

- Six Public Health Centers
- Prevent spread of disease
- Water testing
- Tijuana River Valley sewage crisis health education and monitoring

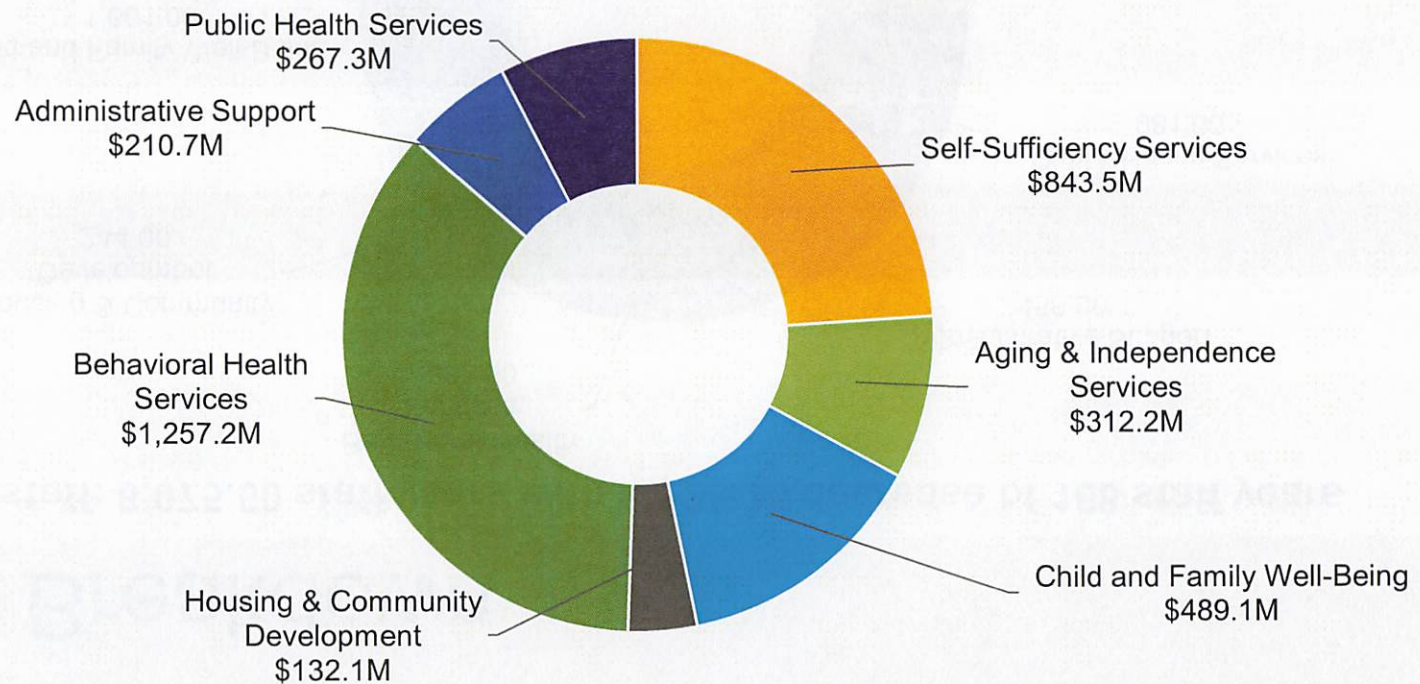
Vulnerable Populations

- Strengthen and keep at-risk families together
- Family Connection Hub
- Support for vulnerable older adults



Budget Breakdown

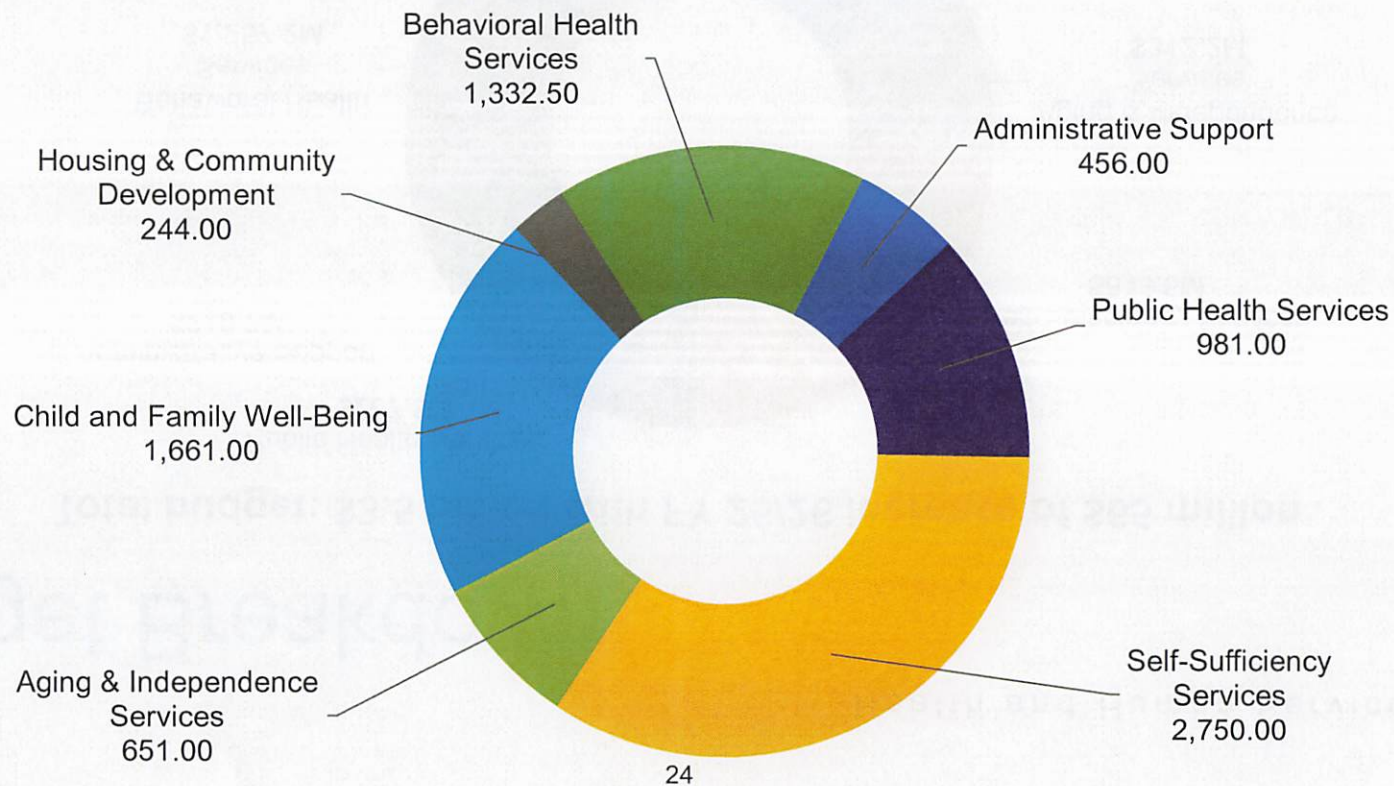
Total budget: \$3.5 billion with FY 25/26 increase of \$65 million





Staffing Breakdown

Total staff: 8,075.50 staff years with FY 25/26 decrease of 168 staff years





Health and Human Services Agency

Funding Sources Summary

**FY 25/26 CAO
Recommended**

Budget: \$3.5 B
Staff: 8,075.50

Federal & State

85%

**Miscellaneous/
Other**

3%

**Charges for
Services**

3%

**General
Purpose
Revenue**

9%



Significant Budget Adjustments

BUDGET ADJUSTMENTS	STAFF	FUNDING*
Reduction of 168 positions to align with funding and State requirements for safety net services, to reflect a reduction in discretionary services, and to reflect departmental restructuring. **	(168.00)	(\$17.7)
Tenant Legal Services	0.00	(1.5)
Landlord Incentives	0.00	(0.4)
Domestic Violence Shelter Based Program	0.00	(0.4)
Respite Care	0.00	(0.5)

**in millions*

***all positions will be reduced through vacancies/attrition*

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Significant Budget Adjustments

BUDGET ADJUSTMENTS	STAFF	FUNDING*
Direct benefit payments (primarily CalWORKs and General Relief)	0.00	22.5
BHS Continuum of Care - \$100.6 million net budget increase		
<i>Substance Use Services</i>	0.00	26.2
<i>Mental Health Services</i>	0.00	24.0
<i>Community-Based Care</i>	0.00	22.9
<i>Crisis Services</i>	0.00	22.7
<i>Housing and Homelessness, Prevention & Support, and Children and Youth services</i>	0.00	21.8
<i>Adjustments for one-time items net of various cost of doing business increases</i>	0.00	(17.0)

* in millions

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Public Safety Group (PSG)

FISCAL YEARS

2025-26 & 2026-27

CAO RECOMMENDED

Operational Plan





Public Safety

What We Do

- Investigate and prosecute crimes
- Defend individuals
- Supervise clients
- Support families through child support services
- Deliver rehabilitative and reentry services
- Ensure emergency preparedness and response
- Provide fire, medical and animal services in the unincorporated areas of our community



CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Public Safety

Highlights



Activities & Accomplishments

- Expanded youth outreach with *Rise Above*, a program focused on mentorship, conflict resolution and leadership
- Improved access through a shelter bed mobile app and Homeless Court Pop-up Resource Fairs
- Enhanced healthcare services for youth in custody
- Created a Competency Unit to support clients with serious mental health needs
- Advanced Alternatives to Incarceration efforts to prevent and reduce justice involvement



Public Safety

Highlights



Activities & Accomplishments

- Advanced wildfire prevention and disaster readiness
- Improved animal care and spay/neuter access with the Pet Health Express mobile unit
- Supported 56,000+ families with \$181 million in child support payments to strengthen children's well-being
- Upgraded toxicology systems and expanded overdose fatality reviews to address opioid-related deaths



Budget Strategy



Prioritize
Mandated Services

- Focus on core mandated public safety and legal services
- Adjust programs to meet constitutional requirements
- Monitor Prop 36 justice system impacts



Consolidate/Restructure &
Streamline Operations

- Realign discretionary resources to higher-need areas
- Implement technology and workflow changes to improve safety, compliance and efficiency
- Adjust staffing to maintain service levels and operational readiness



Budget Strategy



Maximize Alternative
Funding

- Avoid program cuts using alternate funding options
- Strategize to maintain key services despite budget constraints



Delay/Suspend
New Requests

- Focus resources on immediate operational needs
- Prioritize facility maintenance projects
- Delay implementation of some IT projects



Employ Revenue
Stabilization Strategies

- Realign funding to absorb cost increases



Public Safety

Highlights



Goals & Key Investments

Regional Emergency Services

- Expand fire and emergency medical services in the unincorporated area, including Dulzura, Pauma Valley and East Otay Mesa
- Purchase two new ambulances and associated equipment to improve regional EMS coverage
- Add a new night-flying helicopter to enhance firefighting and search-and-rescue capabilities
- Establish a Recovery and Community Engagement Unit to strengthen disaster response and community resilience



Public Safety

Highlights



Goals & Key Investments

Investments in Justice, Health, and Reentry

- Support justice-involved youth through a Less Restrictive Placement program and community-based services
- Enhance integrated healthcare for youth and adults in County care
- Expand Public Defender legal defense capacity to meet rising caseloads
- Advance reentry and supportive services with Mobile Probation Service Centers
- Launch a Resource and Reentry Hub under the Alternatives to Incarceration work plan



Public Safety

Highlights



Goals & Key Investments

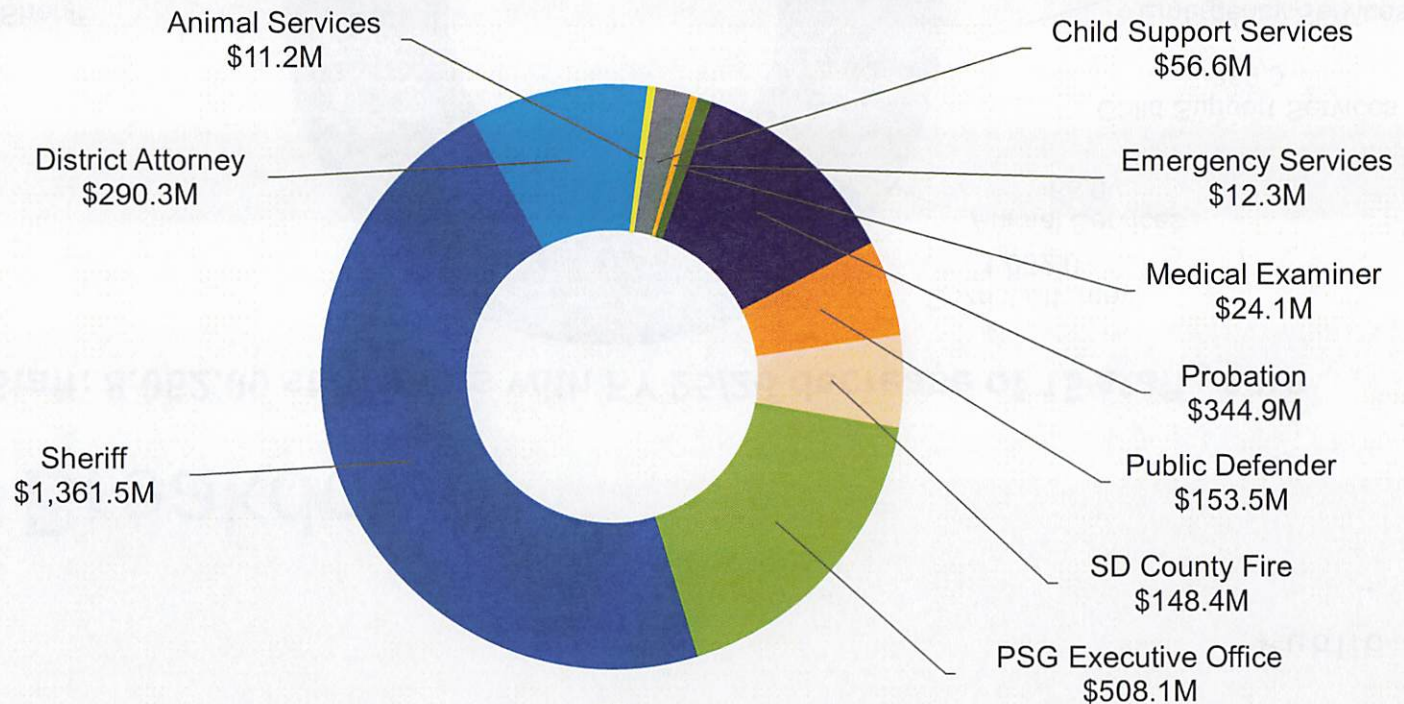
Infrastructure and Vulnerable Population Support

- Upgrade jail safety systems, security equipment and technology to enhance safety and security
- Improve juvenile facilities and technology to better support youth in our care
- Build a new County Fire Training Tower to enhance firefighter training and readiness
- Complete the South County Family Justice Center to provide trauma recovery, legal aid and medical services for victims and survivors



Budget Breakdown

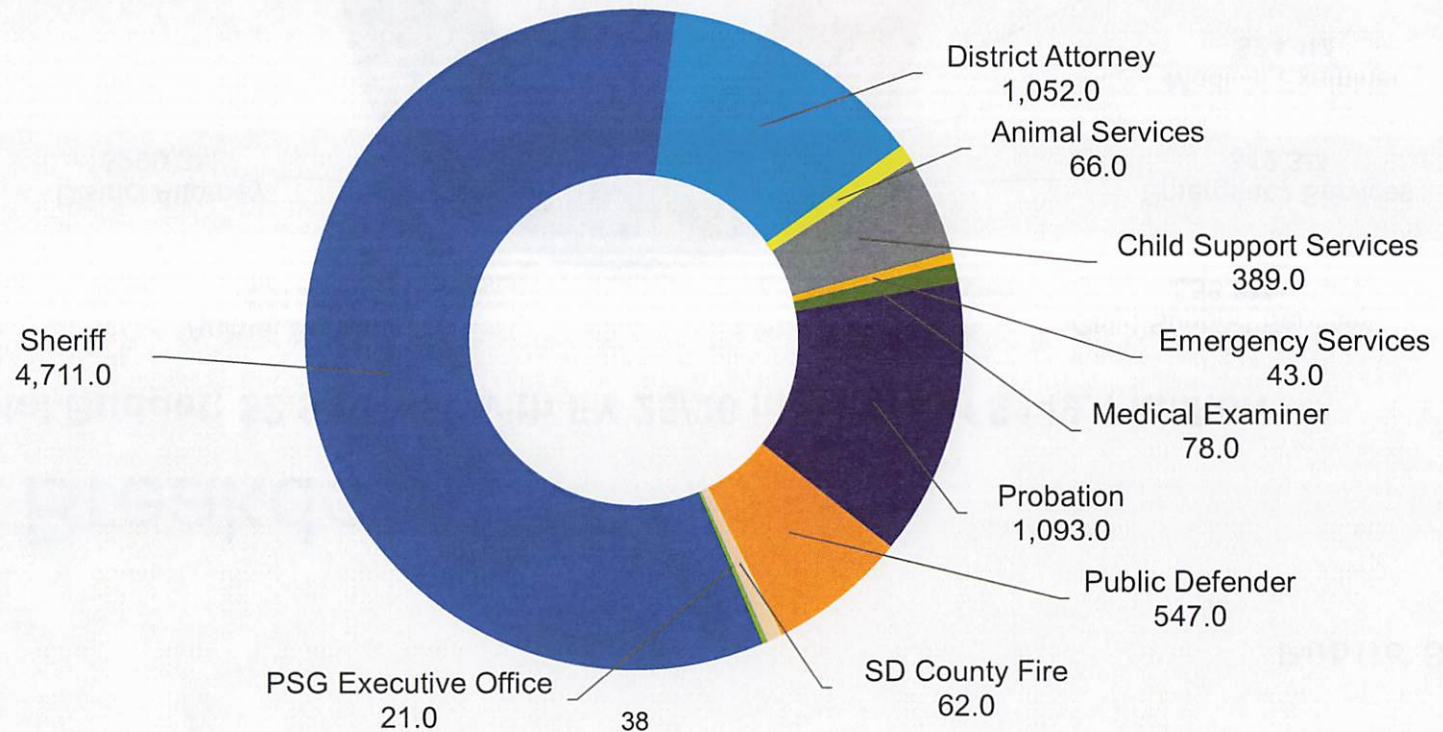
Total Budget: \$2.9 billion with FY 25/26 increase of \$149.1 million





Staffing Breakdown

Total Staff: 8,062.00 staff years with FY 25/26 decrease of 15 staff years





Public Safety

Funding Sources Summary

**FY 25/26 CAO
Recommended**

Budget: \$2.9B
Staff: 8,062.00

Federal & State

28%

**Miscellaneous/
Other**

19%

**Charges for
Services**

9%

**General
Purpose
Revenue**

45%



Significant Budget Adjustments

BUDGET ADJUSTMENTS	STAFF	FUNDING*
Emergency Services – Addition of a Recovery and Community Engagement Unit	5.0	\$0.8
Probation – Addition of a Detention Investigation Unit **	5.0	1.0
Sheriff – Addition of five staff to support Alternatives to Incarceration work plan **	6.0	1.1
Child Support Services – reduction of 35 vacant positions **	(35.0)	-0-
Sheriff – Investment in major maintenance at various County jails **	0.0	29.4
Capital Improvement Projects ***	0.0	5.2
Helicopter purchase **	0.0	14.3
Investment in the Sheriff's and Probation's medical services	0.0	28.0
County Fire services for Dulzura, Pauma Valley and East Otay Mesa	0.0	3.5

* in millions

** Program Revenue

*** General Purpose Revenue and Program Revenue

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Land Use and Environment Group (LUEG)

FISCAL YEARS
2025-26 & 2026-27

CAO RECOMMENDED
Operational Plan

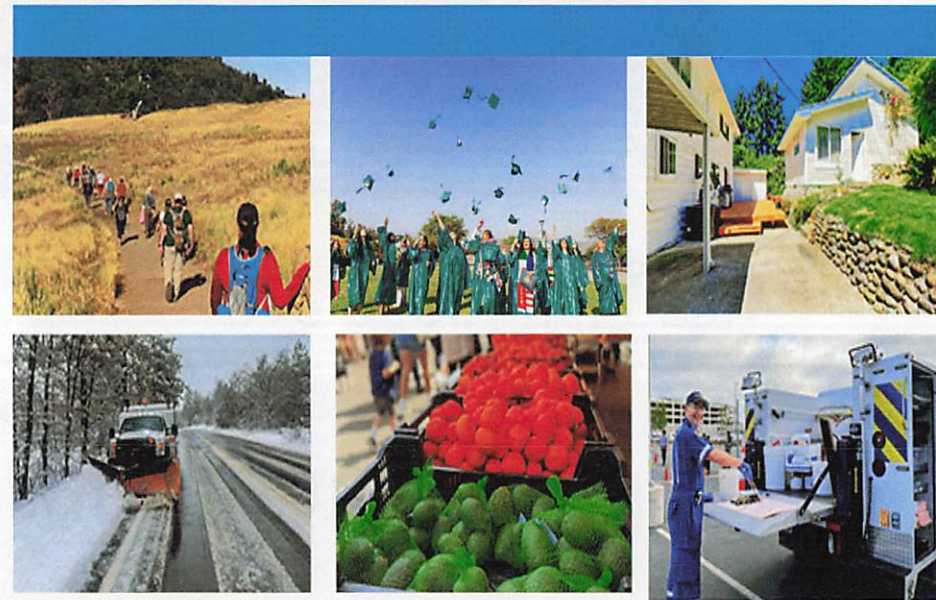




Land Use and Environment Group

What We Do

- Protect the health and safety of residents and visitors
- Manage and enhance the natural and built environments
- Sustainability and climate action planning
- Support food security and safety
- Support agriculture
- Provide first-rate park and library services
- Provide reliable infrastructure
- Advance new housing
- Protect waterways from pollutants



CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Land Use and Environment Group

Highlights



Activities & Accomplishments

Housing

- Permitted 950 + housing units
- Streamlined the development process
- 40,000 safety inspections
- 10,000 plan reviews

Parks

- Promoted recreation and wellness
- Protected habitat and species
- Connected community
- After-school programming for 8,000 youth



Land Use and Environment Group

Highlights



Activities & Accomplishments

Libraries

- Promoted lifelong learning and discovery
- Provided access to books, movies, Wi-Fi and computers
- Created spaces for community organizations to gather through:
 - 16,038 programs
 - 5.7 million check-outs
 - 6 million downloads



Land Use and Environment Group

Highlights



Activities & Accomplishments

Public Works

- Maintained 2,000 miles of roads
- Completed road safety projects
- Maintained storm drain system
- Protected watersheds from run-off



Land Use and Environment Group

Highlights



Activities & Accomplishments

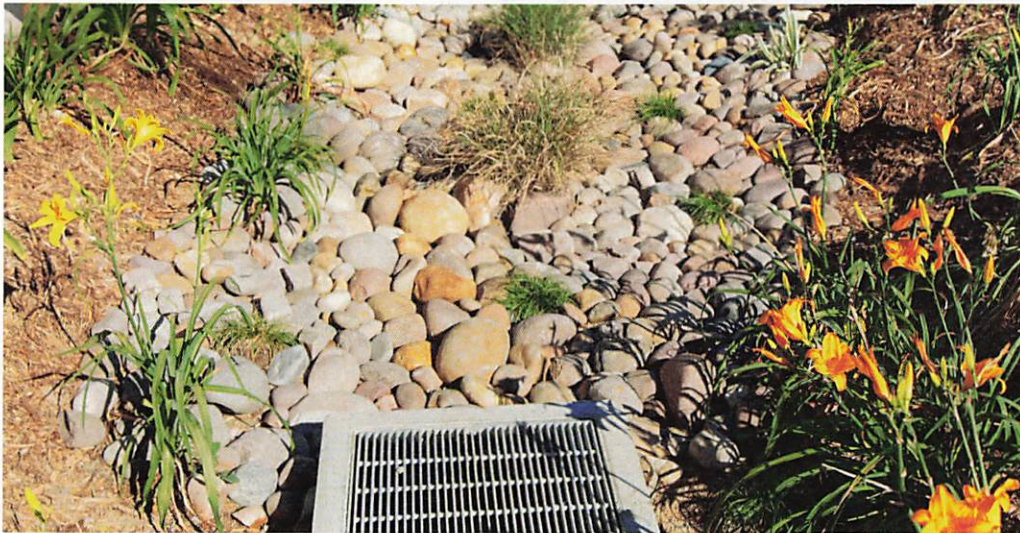
Protecting Community Health

- Monitored beach/bay water
- Prevented mosquito diseases
- Inspected food facilities
- Regulated hazardous materials



Land Use and Environment Group

Highlights



Activities & Accomplishments

Environmental Sustainability

- Protected our watersheds
- Reduced greenhouse gases
- Restored and conserved habitat
- Planted 4,000 trees
- Prevented harmful agricultural pests



Budget Strategy



Prioritize
Mandated Services

- State and Federal mandated and regulatory programs
- Maintenance of infrastructure
- Services to the unincorporated area
- Board directed programs



Maximize Alternative
Funding

- Move items to fees for regional services
- Sunset County funded permit fee waivers
- Reallocate funding to new Parks facilities and Public Works



Delay/Suspend
New Requests

- New staff for program expansion or new facilities
- Additional resources for maintenance
- New Capital investments



Land Use and Environment Group

Highlights



Goals & Key Investments

Housing

- Focus on affordability
- Process improvements
- Equity

Infrastructure

- Calavo Park in Spring Valley, Mira Mesa Epicentre and new Casa de Oro Library
- Sidewalks, bike lanes and traffic lights
- Elevating County road conditions
- Supporting community safety



Land Use and Environment Group

Highlights



Goals & Key Investments

Supporting Community

- Community gardens to improve food security
- Homeless assistance
- Citizenship and literacy classes
- Consumer protection



Land Use and Environment Group

Highlights



Goals & Key Investments

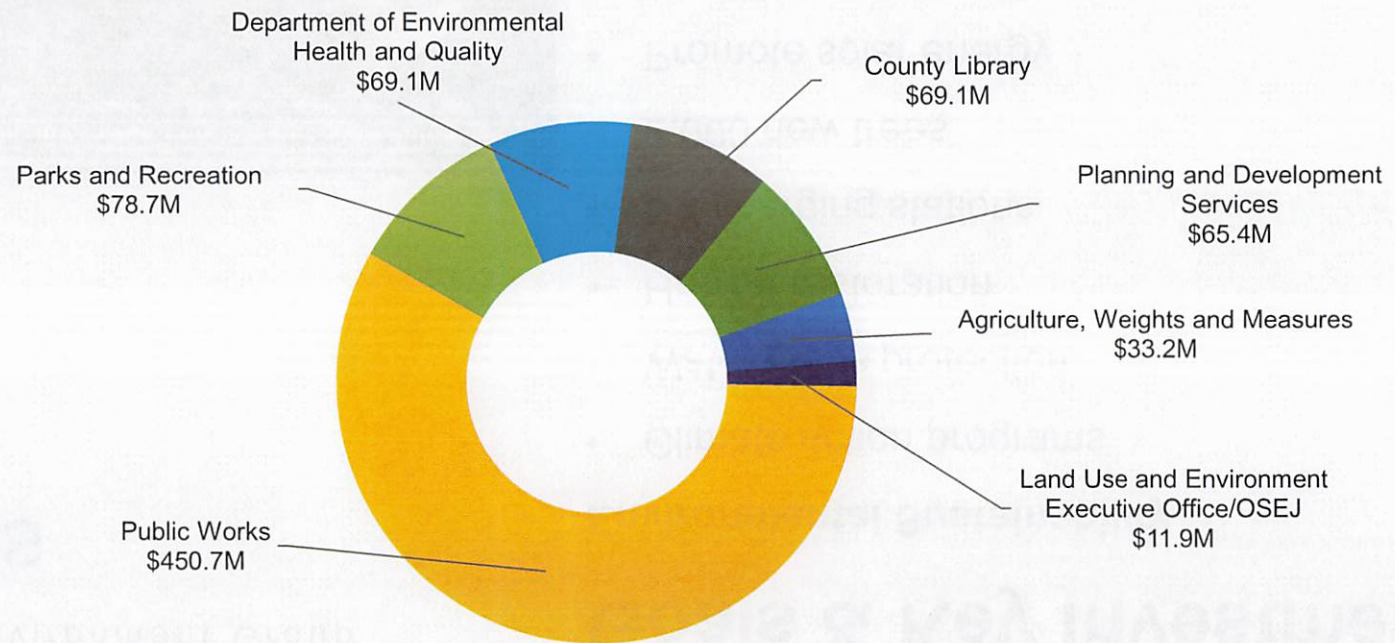
Environmental Sustainability

- Climate action programs
- Watersheds protection
- Habitat restoration
- EV charging stations
- 2,000 new trees
- Promote solar energy
- Species conservation
- Supporting agriculture



Budget Breakdown

Total budget: \$778 million with FY 25/26 decrease of \$19.3 million

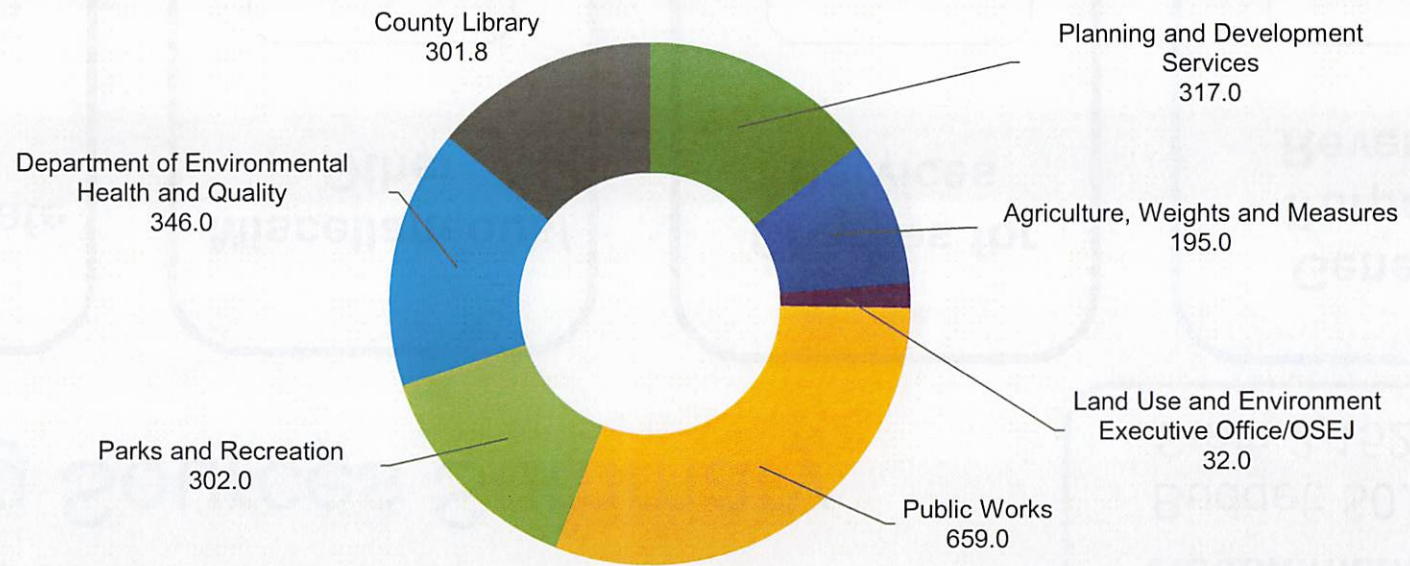


CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Staffing Breakdown

Total staff: 2,152.75 staff years with FY 25/26 decrease of 9 staff years



CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Land Use and Environment Group

Funding Sources Summary

**FY 25/26 CAO
Recommended**

Budget: \$0.8 B
Staff: 2,152.75

Federal & State

28%

**Miscellaneous/
Other**

20%

**Charges for
Services**

40%

**General
Purpose
Revenue**

12%



Significant Budget Adjustments

BUDGET ADJUSTMENTS	STAFF	FUNDING*
Reduction of 9 vacant positions	(9.0)	\$0.0
Public Works completion of one-time capital and maintenance projects		(30.1)
LUEG Executive Office/OSEJ • GPR reallocated to other departments for Parks new facilities resources and DPW cost increases		(3.2)

** in millions*



Finance and General Government (FGG)

FISCAL YEARS
2025-26 & 2026-27

CAO RECOMMENDED
Operational Plan





Finance & General Government Group

What We Do

- Operational infrastructure
- Capital program
- Conduct elections
- Property tax collection and \$18 billion investment pool
- Economic development, justice and equity
- Public information and community engagement



CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Finance & General Government Group

Highlights



Activities & Accomplishments

- Public Health Lab and County Operations Center Consolidation Project
 - \$150 million cost avoidance
- Achieved EV Roadmap goals
 - 587 active EV charging stations
 - 269 vehicles converted to EV
- 2024 Presidential General Election
- Increased economic development and small business opportunities
- Monitored federal actions and identified impacts to County finance and operations



Finance & General Government Group

Highlights



Goals & Key Investments

- Modernize the County's IT infrastructure:
 - Travel Management System
 - Integrated Property Tax System (IPTs)
 - Enterprise Resource Planning (ERP) Migration to Cloud
 - IT Outsourcing Contract Recompete
- Agreements with employee organizations
- Enhance meaningful opportunities for community engagement through public access to data and information:
 - Labor Standards Procurement Dashboard
 - Engage San Diego County
 - County News Center
 - Open Data Portal



Budget Strategy



Prioritize
Mandated Services

- Prioritize critical facilities repair and maintenance
- Maintain current staffing levels



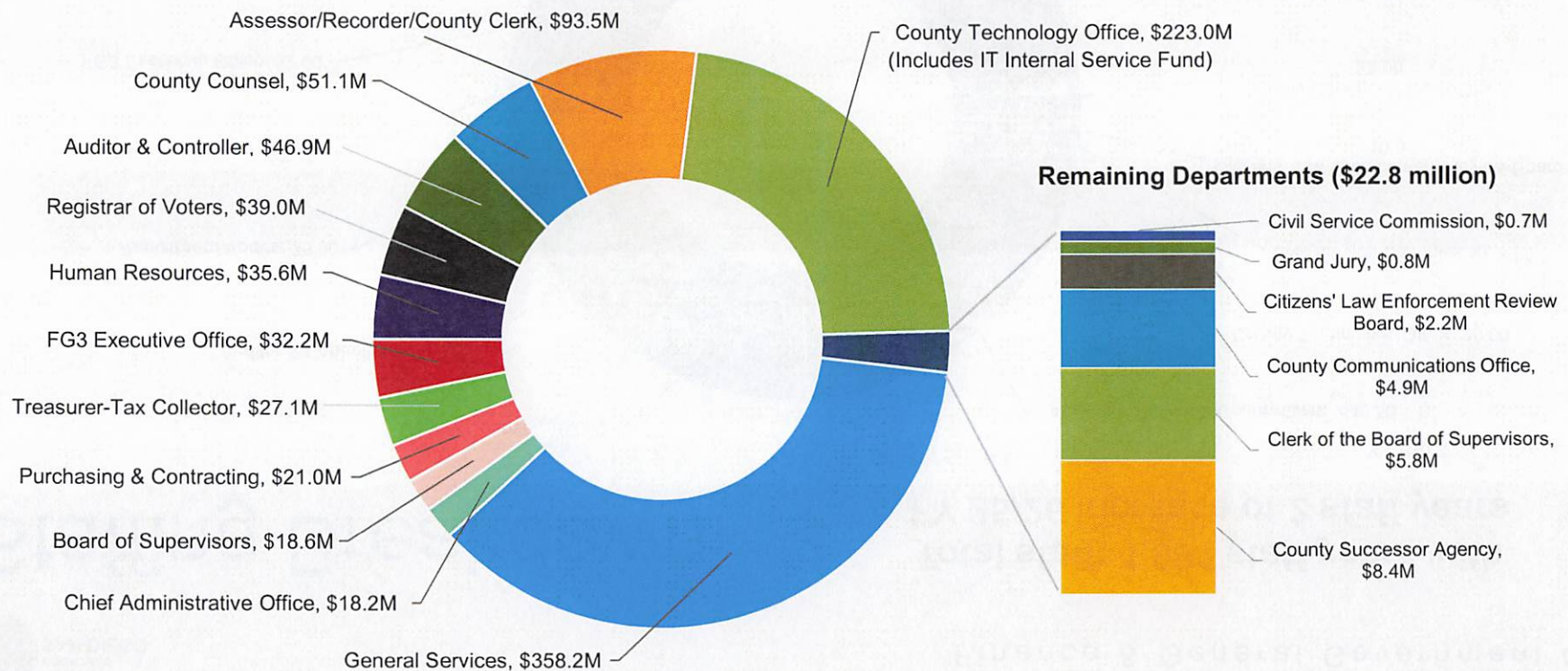
Consolidate/Restructure &
Streamline Operations

- Identify efficiencies in administrative functions and overhead while prioritizing services



Budget Breakdown

**Total budget: \$987 million with FY 25/26
increase of \$50 million**

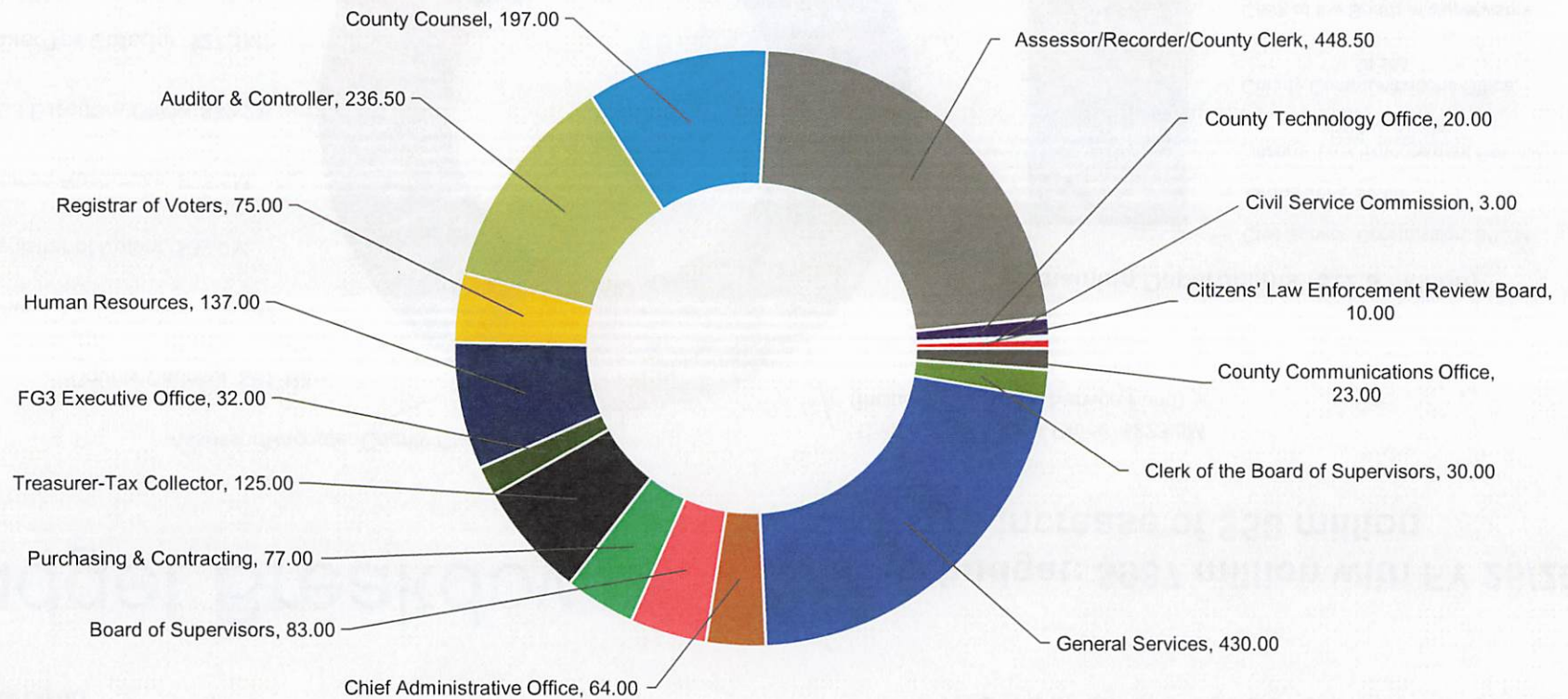




Finance & General Government Group

Staffing Breakdown

**Total staff: 1,991 staff years with
FY 25/26 increase of 2 staff years**





Finance & General Government Group

Funding Sources Summary

**FY 25/26 CAO
Recommended**

Budget: \$1.0 B
Staff: 1,991.00

Federal & State

1%

**Miscellaneous/
Other**

8%

**Charges for
Services**

66%

**General
Purpose
Revenue**

25%



FINANCE & GENERAL GOVERNMENT GROUP

Significant Budget Adjustments

BUDGET ADJUSTMENTS	STAFF	FUNDING*
EV Roadmap**	0	\$2.4
Administrative Overhead Reductions	0	(0.8)
Outreach & Consulting Services	0	(0.5)

*in millions

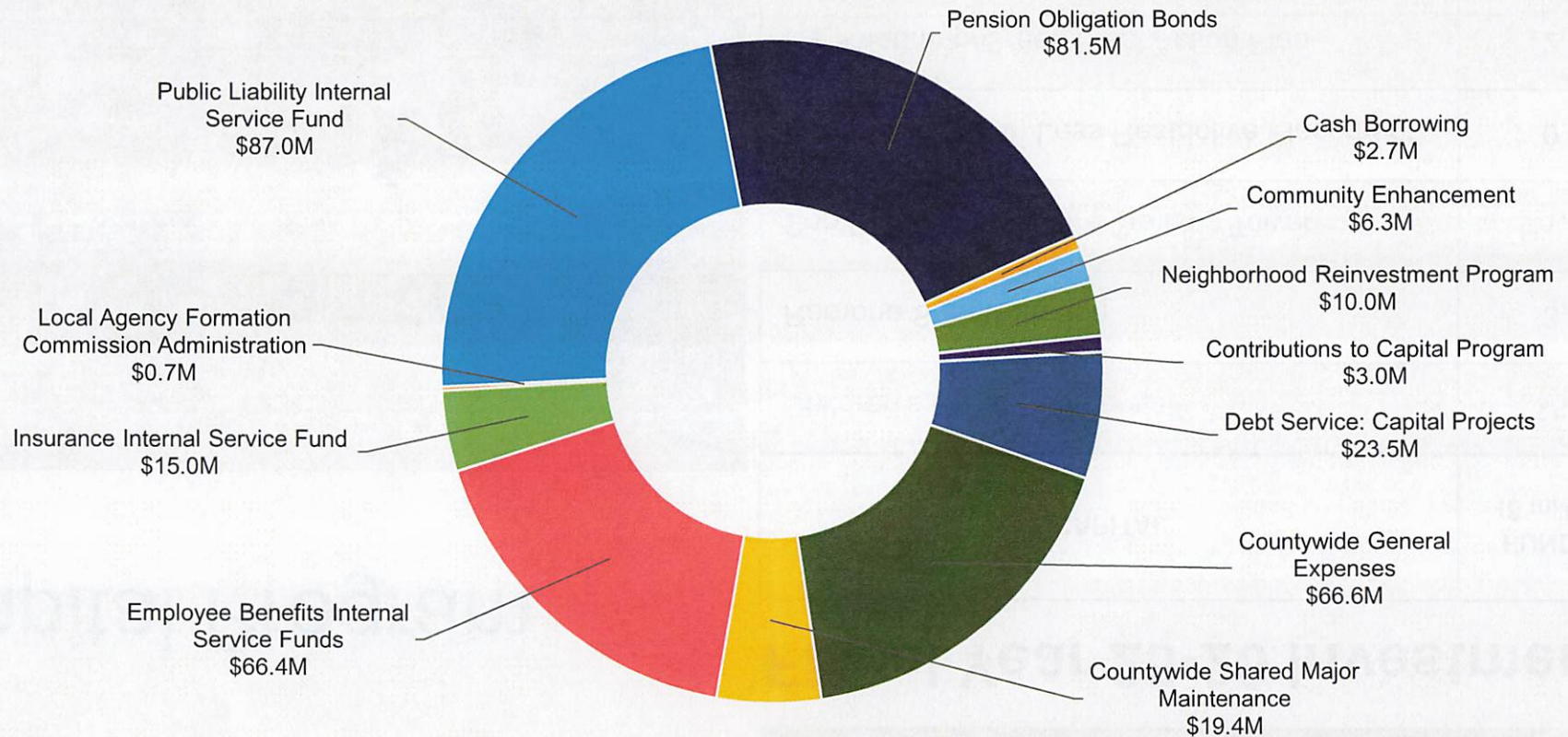
**budgeted in Finance Other

CAO RECOMMENDED OPERATIONAL PLAN
FISCAL YEARS 2025-26 & 2026-27



Finance Other

Total budget: \$382 million with FY 25/26 decrease of \$69 million





Capital Program



Fiscal Year 25-26 Investments*

CAPITAL	FUNDING (\$ millions)
Children's Crisis Residential	\$6.9
Ramona Sheriff Station	3.0
San Diego County Fire Training Tower	1.5
Probation's Youth Less Restrictive Placement	0.7
EV Roadmap/Green Fleet Action Plan	2.4
Major Maintenance Capital Outlay Fund	24.1

*Roads & Stormwater are included in Land Use & Environment budget; does not include the \$7.3M Edgemoor Development Fund appropriations, which offset the debt payments related to the Edgemoor Skilled Nursing Facility



Important Dates

June 3	9 AM public hearing starts 5:30 PM public hearing continues
June 12	Revised recommended budget available to public
June 24	Budget deliberations and adoption
Post Budget Adoption	Quarterly opportunities to amend budget based on State/Federal actions
Individual Board Item	Amend budget after County has all impacts from State/Federal actions



Thank You

OFFICIAL RECORD
Clerk of the Board of Supervisors
County of San Diego

Exhibit No. A

Meeting Date: 6/3/2025 Agenda No. 16

Presented by: Maureen Glaser

Expanding A Proven Model:

San Diego County No-Cost Senior Transportation Program

Program Outcomes as of May 2025



567

Riders Empowered



9.56/10

Rider Satisfaction Rating



57,000

Rides Scheduled

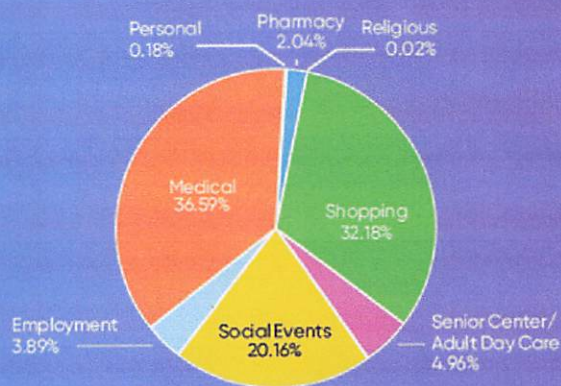
Types of Rides

Curb-to-Curb: 52,000

Door-to-Door: 3,000

Wheelchair Accessible: 2,000

Ride Purpose



Contact

Kaley Levitt, Jewish Family Service San Diego, Vice President of Government Affairs | kaley@jfsd.org | (619) 876-3133
Shana Hazan, On the Go, Vice President | shana@otgrides.org | (858) 300-2958

OFFICIAL RECORD
Clerk of the Board of Supervisors
County of San Diego

Exhibit No. 3

Meeting Date: 6/3/2025 Agenda No. 16

Presented by: Emilia Avalos

MAS FRESCO PLUS COHORT 4

Thank You Notes

The reason for this letter is to express my gratitude for the support that has been given to me in the program and for which I am grateful because it has been of help in my family economy in these months. I reiterate my gratitude.

Sincerely

Beatrice Martínez

We are very grateful for vegetables and fruits, because of this we will eat healthily thanks to you, but in these difficult times that we do not have to bring home this blessing, because of my husband's condition, he has to eat healthy.

Thank you very much, may God bless you,

Rene and María Luisa Chávez

Thank you very much, Mas Fresco, for my fruits and vegetables that I receive every week.

This week I prepared some very tasty zucchini, and I make my green smoothie. Once again, thank you!

Hortencia Villaseñor

Thank you so much for this valuable fruit and vegetable help that gives us healthy food and saves us some money.

My family and I are very grateful.

Simona Gomez

I am grateful for the opportunity to have participated in this program, since I had the opportunity to try new foods, because we do not find them easily in the markets we frequent, and when they are found they are very expensive. I was also able to try new recipes to use them and I think that from this I was able to implement a healthier diet for my family. Thank you for the opportunity to establish new and better eating habits.

Clara Delgado

The Más Fresco Plus program is very helpful in our home. We eat healthy and at the same time help the economy because the farmers are from this area. The Más Fresco Plus program has taught me new vegetables, helped me eat healthy and most of all helped me with my health. Mas Fresco is a super program that helps families, the community and the economy. Please find money to continue helping the community with this Más Fresco Plus program.

Esther C. Luzanilla

I am sending this letter to ask that they continue to allocate money for the Más Fresco Plus program. This program helps to have fruit and vegetables that many times my family cannot buy, it is an extra help on our table and it is of great benefit. I learned to cook vegetables that I didn't know about and it helped me with eating and eating healthy.

Guadalupe Corona

Thanks to the help of the Más Fresco Plus! It helped me and my family a lot, in my diet, in eating healthier and in my economy, when I needed help the most. I hope you continue to support this program because they help many families. Thanks a lot.

Lidia Vargas

I would like to thank the Mas Fresco Plus program for their support and for making this type of help possible for families. Thanks to the variety of natural foods that make it possible for families, and of course mine, to know, through these months, other fruits and vegetables and also learn new recipes that we did not know could be made with a normal diet and without so much change. Programs like this are a boon for families who are going through tough times or are stuck in what the culture has only taught you from generation to generation. And, seeing through other points of view is a WOW and a plus for everyone, and a direct change in the atmosphere of the community because people start to consume new products in the markets. I think that with this I have already extended my gratitude to the program, I hope you understand me and can allocate funds for this program.

Deeply grateful, my family and I.

America Hernandez

I would like to express my thanks and appreciation to the Mas Fresco Plus program and the San Diego County Community Organization for the valuable work they do in our communities. Through this organization or community center, the program manages to reach individuals and families who really need it, providing them with support and access to essential resources. Thanks to Mas Fresco Plus we have seen how not only the diet of many families improves, but also their general well-being. The program not only facilitates a greater consumption of fruits and vegetables, but also in this way promotes greater awareness about the importance of maintaining a healthy diet to live a full and better quality life. These types of initiatives make a huge difference in our communities. Please continue to fund this program.

Thank you for all you do, Kevin Reyes

Hello, my name is Maribel. We are so thankful for the Foodshed deliveries, every Friday my little one gets excited to find a surprise of fresh goodies at the doorstep. His favorite are apples. Not only are they a sweet snack, but they are also great for teething. We wash and prep the fruits and veggies so they are ready for the next meal. An easy meal we've made is creamy pasta with broccoli. Or a chicken veggie soup with mushrooms, carrots, potatoes and anything that needs to be used up. We've also made Stir Fry with the mushrooms which turned out really good. The alfalfa adds an extra crunch on a simple sandwich. A favorite during the holidays, and now that it's been cold is "calabaza en dulce", minus the sugar since Liam and my mom, Martha, have diet restrictions. My mom made it one night and it was a hit, with extra cinnamon and a splash of milk it was a perfect snack for cold days, it especially warms our soul now that my mom is in heaven. These deliveries have encouraged us to use more vegetables in our meals instead of just as a sad side dish.

Thank you so much.

Maribel Aitkins

Junio 2 de 2025.

Honorables Supervisores Soy la señora María Rios y quiero decirles cómo fue bendecida por el programa de Más Fresco este programa que ayuda a las mi familia. Nosotros hemos sido beneficiados por este programa que para mi y mi familia ha sido de mucha ayuda por que somos de familia de pocos recursos, y gracias a este programa podemos comer saludable. muchas gracias por su ayuda y sigan por favor apoyando monetariamente a Más Fresco.

María Elena Rios

Hola mi nombre es Maria Eugenia
Mundo quiero darles las gracias
por el programa demás fresco
plus yo estuve muy contenta
porque si me ayude mucho con
las verduras con todo lo que yo
podía comprar y pude comer
saludable ya que nosotros
sufrimos de diabetes y estas
verduras nos ayudaron bastante y
por esa razón les pido que sigan
ayudando al programa de Más
Fresco por favor encuentren un
dinero para seguir con este
programa que como lo ven si
funciona muchas gracias.

El programa de más Fresco Plus
me a ayudado a completar mi
mandado del mes sin esta ayuda
me faltaría comida y es muy
nutritiva y lo bonito es que lo train
a la casa porque mi Esposo tiene
alzaimerz y no me puedo
ahusentar de la casa. Por favor no
lo Quiten ahora como están las
cosas tan caras MAs nod have
faulta u nos haria mucha ayuda
seguir obteniendo este programa .
Gracias Rosa Vazquez

Más fresco me ayudó
mucho ,económicamente ya que
soy mamá soltera y tengo un
trabajo de medio tiempo no gano
lo suficiente y gracias a Mas
Fresco pude solventar un poco
más mis gastos, gracias a las
verduras y frutas frescos y
saludable para mí y mis hijos , ya
que como mamá busco darles a
mis hijos cosas nutritivas que
sean buenas para su salud ,
muchas gracias Mas Fresco por
ese gran apoyo , espero sigan
apoyando a más personas con
este beneficio tan saludable. Por
favor supervisores sigan
appliance este programa.
Eunice Corrales

Familia Avalos

Buddy

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