

Meeting Date: June 24, 2026
Agenda Item No.: IA01
Distribution Date: June 23, 2026
Batch No. :02

From: Christiane N <[REDACTED]>

Sent: Monday, June 22, 2026 7:58 PM

To: Potter, Andrew <Andrew.Potter@sdcounty.ca.gov>; Lawson-Remer, Terra <Terra.Lawson-Remer@sdcounty.ca.gov>; Desmond, Jim <Jim.Desmond@sdcounty.ca.gov>; Paloma Aguirre <Paloma.Aguirre@sdcounty.ca.gov>; Supervisor Joel Anderson District 2 <Joel.anderson@district2.sdcounty.ca.gov>; MontgomerySteppe, Monica <Monica.MontgomerySteppe@sdcounty.ca.gov> Subject: [External] Agenda Item: IHSS Closed Session

June 22, 2026

Board of Supervisors
Clerk of the Board of Supervisors

I, Christiane Lee Nitschke, hereby waive any confidentiality of my personal statement filed on June 17, 2026 for California Superior Court Case 25CU022064N Titled Nitschke v. White.

I did ask my mother, Sheryl Lee Nitschke, to include my 29 page Declaration with her public comment that was included in the Agenda for IHSS Closed session and I waive confidentiality of medical information

7:37 PM Mon Jun 22



SanDiegoCounty.gov Sign In

Meeting Calendar | Search Agenda Items | User Guide | Archived Videos | Clerk of the Board

RSS Alerts

Details						
File #:	26-450 Version: 1					
Type:	In-Home Supportive Services Public Authority	Status:	Discussion Item			
File created:	6/18/2026	In control:	IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY			
On agenda:	6/24/2026	Final action:				
Title:	CLOSED SESSION (DISTRICTS: ALL)					
Attachments:	1. 06 24cob IHSS , 2. Agenda Information Sheet IHSS , 3. 06242026 IA01 Public Communication 1					
History (0)						
0 records						
Date	Action By	Action	Result	Action Details	Agenda Materials	Video
No records to display.						



Please note: this meeting's minutes have not been finalized yet. Actions taken on legislation and their results are not available.

Details

Meeting Name: IN-HOME SUPPORTIVE SERVICES PUBLIC AUTHORITY **Agenda status:** Final
Meeting date/time: 6/24/2026 9:00 AM **Minutes status:** Draft
Meeting location: County Administration Center Board Chamber, Room 310
Published agenda: [Agenda](#) [Accessible Agenda](#) **Published minutes:** Not available
Meeting video: Not available **eComment:** [eComment](#)

Attachments:

Meeting Items (1)

File #	Agenda #	Group	Title	Action	Result	Action Details	Video
26-450	1.	In-Home Supportive Services Public Authority	CLOSED SESSION			Not available	Not available

Meeting Date: June 24, 2026
Agenda Item No.: IA01
Distribution Date: June 22, 2026
Batch No.:01

From: [Potter, Andrew](#)
To: [EGG, Public Comment](#)
Subject: FW: [External] Fwd: To the Members of the San Diego County Board of Supervisors, and county CAO - a mothers witness
Date: Thursday, June 18, 2026 5:22:38 PM

Team,
Please add the email below to IHSS item 1 on June 24, 2026. You'll need to print the attachments and organize them using the page numbers at the bottom of the document. Before posting publicly in Legistar, please add a document that the attachments are confidential and are on file with the Clerk of the Board.



Andrew Potter, Executive Officer/Clerk of the Board of Supervisors
Pronouns: *he/him/his*
Clerk of the Board of Supervisors
County of San Diego
O: 619-531-5431 | [REDACTED]

From: sheryl nitschke [REDACTED]
Sent: Thursday, June 18, 2026 2:56 PM
To: Potter, Andrew <Andrew.Potter@sdcounty.ca.gov>
Subject: [External] Fwd: To the Members of the San Diego County Board of Supervisors, and county CAO - a mothers witness

Please include the following public comment (with attachments-please check order; 29 pages are numbered) for IHSS meeting (Agenda File 26-450) to be held next Wednesday, June 24, 2026.

Thank you

Sheryl Lee Nitschke

----- Forwarded message -----

From: sheryl nitschke [REDACTED]
Date: Thu, Jun 18, 2026 at 2:49 PM
Subject: Fwd: To the Members of the San Diego County Board of Supervisors, and county CAO - a mothers witness
To: sheryl nitschke [REDACTED] >

----- Forwarded message -----

From: sheryl nitschke <[REDACTED]>
Date: Thu, Jun 18, 2026 at 2:29 PM
Subject: To the Members of the San Diego County Board of Supervisors, and county CAO -
a mothers witness
To: sheryl nitschke [REDACTED]

To the Members of the San Diego County Board of Supervisors, and county CAO

I am submitting this statement as a mother, an IHSS caregiver, and a firsthand witness.

On June 17, 2026, I sat in a courtroom and witnessed my daughter Christiane Nitschke stand before a judge and try to tell her story .

She had prepared her statement and wanted to read it out loud in court.

But she wasn't allowed.

She was told by the judge that she had already filed it with the Clerk's Office and didn't need to read it out loud.

Sitting in that courtroom, I realized that what I was witnessing was not simply a legal proceeding but something far more significant.

I was witnessing the culmination of years of pain carried by a person who wanted nothing more than to know that the rule of law mattered.

It was about whether someone who is vulnerable, disabled, and struggling is truly seen and heard when she reaches out for help.

That her constitutional and civil rights be respected.

For many years, I have watched my daughter struggle to find dignity, respect and a place where her voice would be heard.

She lives with bipolar disorder, yet she possesses extraordinary intelligence,

determination, and resilience.

Throughout the years, I have watched her endure disappointment, rejection, emotional anguish that comes from believing that nobody in a position of authority is willing to listen to her.

She was not asking for special treatment.

She was not asking for favors.

She was simply asking for a housing voucher as a reasonable accommodation for her disability under Supreme Court Precedent *Olmstead v. L.C.*, 527 US 581 (1999).

A chance at greater independence.

A chance at stability.

A chance at dignity.

As her mother and longtime IHSS caregiver, I have witnessed the consequences firsthand.

I have seen the sleepless nights.

I have seen the anxiety.

I have seen the tears.

I have seen the frustration of a person who continued to follow every process available to her, only to feel as though she had become invisible.

I have watched her submit applications, gather documentation, write letters, and pursue every avenue she could find.

Again and again, she asked for fair application of the law.

Again and again, she felt ignored.

What continues to trouble me is what I have continuously witnessed from County government over the past many years.

I have listened to countless county presentations about helping vulnerable residents.

I have listened to promises about equity, inclusion, disability rights and ensuring that no one falls through the cracks.

I have listened to speeches about increasing and furthering housing efforts.

These are important commitments.

But words are tested when they encounter a real person.

My daughter was that person.

She submitted applications.

She provided documentation.

She wrote letters.

She pursued every avenue available to her.

Again and again, she asked to be heard. Just like the United States Supreme Court heard Lois Curtis and Elaine Wilson.

As *Olmstead v. L.C.*, 527 US 581 27th Anniversary approaches on June 22, a day intended to recognize the rights, dignity, independence, and inclusion of people with disabilities, I ask County leadership to reflect on what those principles mean in practice.

Because inclusion is not measured by proclamations.

Compassion is not measured by press releases.

Humanity is not measured by mission statements.

They are measured by how institutions respond when a vulnerable person is standing in front of them asking for help.

The legal outcome in her case is now a matter of record.

But the human story remains unheard.

Behind every case file is a person.

Behind every policy is a life.

Behind every denial is a human being who must live with the consequences.

My daughter entered federal court seeking relief.

She entered state court seeking to be heard.

What cannot be disputed is that she spent years attempting to navigate systems while her voice was not being heard.

The rule of law was not heard.

I ask that you read her statement.

Not as politics.

But as the story of a human being.

A daughter.

A person with a disability.

Someone who spent years asking her government to listen and follow the law.

And then ask yourselves one simple question:

When she was asking to be heard, did anyone truly hear her?

Respectfully,

Sheryl Nitschke

CONFIDENTIAL

ORIGINAL DOCUMENTS ON FILE WITH THE
CLERK OF THE BOARD OF SUPERVISORS.

ATTORNEY OR PARTY WITHOUT ATTORNEY (Name, State Bar number, and address) CHRISTIANE LEE NITSCHKE 1655 LIVE OAK RD APT 43 VISTA, CA 92081 TELEPHONE NO: (619) 935-2507 FAX NO: (619) 935-2507 EMAIL ADDRESS: CHRISTIANE@LEE.NITSCHKE.COM ATTORNEY FOR (Name)	FOR COURT USE ONLY FILED Clerk of the Superior Court JUN 17 2026 By: _____
SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO <input type="checkbox"/> CENTRAL DIVISION, HALL OF JUSTICE, 330 W BROADWAY, SAN DIEGO, CA 92101 <input type="checkbox"/> EAST COUNTY DIVISION, 250 E. MAIN, EL CAJON, CA 92020 <input checked="" type="checkbox"/> NORTH COUNTY DIVISION, 325 S. MELROSE DR., VISTA, CA 92081 <input type="checkbox"/> SOUTH COUNTY DIVISION, 500 3RD AVE., CHULA VISTA, CA 91910	
PLAINTIFF/PETITIONER: CHRISTIANE LEE NITSCHKE DEFENDANT/RESPONDENT: TIMOTHY MATTHEW WHITE	CASE NUMBER 26CV022064N
DECLARATION	

(page 1 of 29)

today, June 17, 2026 at 1:30 p.m. at Department N-02, 1, Christiane Lee Nitschke, will appear before Judge Cynthia A. Freelund (according to staff at the Clerk's office).

I wished that a Court Reporter could be present but I understood that I should have asked for a reasonable accommodation sooner. I am sorry for any inconvenience I may have caused. I am under severe distress. Everyone is.

But also I realized I can't speak today. It is now 2:30 AM and I know I won't sleep. Thus, everything I wished to say I am writing down now at home. I won't ask questions either.

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct. (turn page for MC-025)
 Date: 6/17/2026

CHRISTIANE LEE NITSCHKE *Christiane Lee Nitschke*
(TYPE OR PRINT NAME) (SIGNATURE OF DECLARANT)

Attorney for Plaintiff Petitioner Defendant
 Respondent Other (Specify):

SHORT TITLE: MITSCHKE V. WHITE	CASE NUMBER: 20022064N
-----------------------------------	---------------------------

ATTACHMENT (Number): 1

(This Attachment may be used with any Judicial Council form.)

I asked about recording a statement out loud. This is it.

First, I want to tell you a little bit about myself.

My name is spelled C-H-R-I-S-T-I-A-N-E.

It is the German version of the French/Latin name Christine. It means "follower of Christ" and it is also known as a nickname for Don of Claws also known as Saint Nick.

I was born in Brazil. I am a dual citizen. My mom was born in Portland, Oregon. She is the daughter of missionaries who left the U.S. on a two month voyage on a ship headed to South America. Brazil was their final destination.

I could tell you many stories I heard but I don't know which to pick. Adventures in the Amazon; founding Baptist churches in Florianópolis, Santa Catarina where I was born.

My Dad is a Brazilian citizen; the grandson of Russian and German emigrants who left their nations to receive free land they could farm in Southern Brazil, where it gets cold (not as cold as Russia). For my father's family, Brazil was the free land promised just like the U.S. welcomed immigrants willing to work hard to build something of their own and be free.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 2 of 29
(Add pages as required)

SHORT TITLE:

NITSCHKE V. WHITE

CASE NUMBER:

26CV022064W

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

When I was six years old, my mom convinced my dad to take me and my older brothers (twins) to São Paulo to apply for American citizenship for us kids.

I remember sitting next to my mother across the table from the then - U.S. Consul himself (I felt so important) and my mom opening her purse to reveal a pack of letters (all with envelopes and USPS official postage with stamps) and seeing how the U.S. Consul became amused when he discovered my dad would write my mom when they were doing but her family was in the U.S. (missionaries would come back to America for a year or two to speak about their work overseas at churches all over).

What the Consul found amusing were my dad's doodles that he would draw on the envelope; like stick figures and hearts and their future kids (smaller stick figures). I am not sure he drew 3 little ones but I won't hold it against him if I was missing; I am #3.

Next, the sound of a "file stamp" confirmed the fact that I became an American citizen before my brothers did.

Now I was the second oldest American in the family, even if I am the youngest Brazilian. I had "status".

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 3 of 29

(Add pages as required)

SHORT TITLE:

MITSUKE V. WHITE

CASE NUMBER:

26C002X064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

At that time, becoming an American Citizen meant I would soon go on a family trip to Disneyworld. I would dream about getting pictures and autographs from Mickey Mouse; eating bar-shaped ice cream sandwiches with watching the Electrical Parade and fireworks.

My dream come true. But just as memorable was visiting the United Nations headquarters in New York City. I saw many paintings displayed on the walls; closely reading about their origin while my brothers were more interested in guessing what languages other people were speaking.

And, going up the stairs to the top of the Statute of Liberty. We even went to Washington, D.C. and got a tour of the White House (yes, they used to allow it).

There were many beautiful portraits; furniture and rugs.

Back to Brazil. For years I studied English and during the 1994 FIFA World Cup, our English class (and my older brother) spent some time in Beilong Springs, North Carolina at the Gardner-Webb University (Go Runner' Bulldogs!) for an exchange program. Everything was so green and peaceful.

I loved spending time at the library and getting

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 4 of 21
(Add pages as required)

SHORT TITLE:

NITSCHKE v. WHITE

CASE NUMBER:

260022069 N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

self-serve ice cream at the cafeteria.

When I was 18 years old, I began law school in Brazil. It takes 5 years to get a degree, it took me 6 years because I took a year off to live with my uncle and aunt and cousins in Encinitas, CA. It was heaven. I loved going to the shops on 101 (Fleshbacker is my favorite); walking on the beach; riding my bike.

After a year, going back to Brazil to finish law school felt like going back home but I began to feel out of place after a week or so.

My friends had already graduated. Depression and mood swings became more frequent until I saw a psychiatrist.

A diagnosis of depression, anxiety disorder and Bi-Polar disorder ~~was~~ convinced me to take medication to treat it.

But in Brazil at that time taking medications and seeing a psychiatrist had to be kept a secret. The stigma was devastating.

Still, I was hospitalized the day I was meant to turn in my final thesis. It was about international law. The file was still in a floppy disk.

There I was at the hospital, the doctor yelling at

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 5 of 29

(Add pages as required)

Form Approved for Optional Use
Judicial Council of California
MC-025 (Rev. July 1, 2009)

ATTACHMENT
to Judicial Council Form

www.courtinfo.ca.gov

SHORT TITLE: MITSCHKE v. White	CASE NUMBER: 26682064N
-----------------------------------	---------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Saying "Why didn't you just take the entire bottle?"

A friend pointed out my final thesis and turned it in. I did not reveal the reason for my hospitalization.

I graduated law school. But I never took the Brazilian Bar exam.

Instead, the University of San Diego admitted me into their International LL.M. Program, go Tortures!

My Professional Ethics professor openly spoke about his own Bi-Polar diagnosis. He was mad at the CA state bar requirement of disclosure of a Bi-Polar diagnosis. I understood his frustration and his courage to speak publicly about his disorder. I am no longer keeping it a secret.

In fact, I have been very vocal about it. I won't be silenced any longer.

Now I can share my story with no fear of being judged.

Not because people won't judge me but because I discovered that it is enough for me

to be kind to myself. I did not worry about the CA state bar because I didn't ^{care} to take the exam.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 6 of 79
(Add pages as required)

SHORT TITLE:

NITSCHKE U. WHITE

CASE NUMBER:

26C020064R

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

But then the CA state Bar changed its rules! now I had a shot! I chose to stay in the golden state.

no one knew statistics for international students yet. My grasp would be the first. Or was it the shard?

But depression come back. mood swings. Now this was all real. I was blessed to receive mental health treatment at USD. my therapist was amazing.

the stigma become less burdensome but no one else at school knew. It was still my and my family's secret.

I was able to take the Barbra Prep course and I would study 12 hours a day. in the morning, at the Mason building

I made a friend from Louisiana. He told me all about Hurricane Katrina and that he was already an attorney but everything he loved was gone. His house. Gone. my problems felt small.

What I taught was dedication at the time was that moment when I could be focused like no one else could. All the

librarians at the Encinitas and the Cardiff library recognized me. Kids playing, I didn't hear them. People looking for books.

I didn't feel their presence. it was me, my Barbra books, my Macintosh my mom gifted me and my corner table by the window in Cardiff. ^{sometimes at the Encinitas library.}

Same thing at night. me by the kitchen alone studying. I don't know what else was going on.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 7 of 29
(Add pages as required)

SHORT TITLE:

NITSCHKE V. WHITE

CASE NUMBER:

26CUB22064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

I remember those 3 days during the CA Bar Exam. My written exam (multiple choice) was highlighted by me with yellow, green, pink, purple, blue highlighters. At the last day, a kind senior citizen who was a proctor told me: You will pass! I wish I could have a copy of my Exam. So colorful!

I did pass. In my first try! Finishing out was exhilarating! My name on the computer screen of the office of a hotel.. I ran across that hotel corridors screaming: I passed the Bar!

To this day, my mom will proudly tell anyone who will hear that her daughter passed the CA State Bar on her first try!

I have maintained my License in Inactive Status until today because it makes my mom happy. I promised her I will always keep it because I have accomplished so much.

Now my niece and nephew are so proud that their "Tita" Chris is a lawyer! I don't tell them I am in inactive status. I will once they can understand why I am not a practicing attorney. That day is years from today. Today is a different

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 8 of 29
(Add pages as required)

SHORT TITLE: MITSCHKE V. WHITE	CASE NUMBER: J66002064N
-----------------------------------	----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

story. today I am here asking the Court to prevent me on dependent adult restraining order against Respondent, who is an active attorney in California.

I have been falsely accused by Respondent that I am trying to "leech" a nursing list. I am not playing games. I am not disrespecting other people. I am only asking for something the law says I have a right to ask for.

Under title II of the Americans with Disabilities Act I have a right to a Reasonable Modification of nursing list rules.

The US Department of Justice also published guidance re: the integration mandate. I don't need to wait until risk of institutionalization. I am unreasonably and/or prematurely institutionalized. I am unreasonably and/or prematurely institutionalized to request a Reasonable Modification under the integration mandate.

The US Supreme Court ruled in *Olmitool v. L.C.* 527 U.S. 521 (1999) that I have a right to immediate relief ^{when} ~~if~~ available, ^{resources are} ~~resources are~~ spent to prevent unjustified institutionalization.

But Respondent failed to disclose to the Federal Court that there were millions of dollars available to the ^{Residing Authority of the County of San Diego.}

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 9 of 29
(Add pages as required)

SHORT TITLE: NITSCHKE U. WHITE	CASE NUMBER: 260020064N
-----------------------------------	----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

All the county of San Diego had to do was to use regular
 HIV and/or administrative reserves to fund 1 (one)
 Housing choice voucher to a qualified individual with
 disability to prevent medically unnecessary and/or
 premature institutionalization,
 it would have cost the CSD/MHSD no more than 1500 (one
 thousand five hundred dollars) per month to comply with the
 integration mandate in my case.
 But the CSD still claimed my reasonable accommodation
 request would amount to a fundamental alteration of the
 county's HIV program.
 Why? Because available resources were not taken into
 account.
 Instead, fundamental alteration claimed by the CSD
 was based on program overall accessibility & was
 meaningful access standard under the ADA.
 No one bothered to check Supreme Court precedent to
 understand my request had to take financial resources
 into consideration. But respondent did and chose to
 distort my reasonable accommodation request.
 I am traumatized by all of this mistreatment/abuse.
 Just like I remember being in a locked hospital and
 running out of toilet paper and not realizing I
 should ask for another roll.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.) Page 10 of 207
 (Add pages as required)

SHORT TITLE:

NITSCHKE U. WHITE

CASE NUMBER:

26C022864N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

My solution instead was to use a clean hospital gown instead. No new roll of toilet paper appear at my bathroom.

But somehow clean hospital gowns kept showing up. I don't know for how long. One day I figured out I should ask the nurse at the nurse's stations for a roll of toilet paper.

Was it all a test? I am still puzzled about it. I also remember waking up and down the only corridor and looking at paintings hung on the walls of Villas by the Sea. With flowers on every window.

I hoped someday I would live in a place like that. Home became more than a place to be left alone. It became a sanctuary. It means not going back to the hospital.

It means not being afraid of another patient entering my room at night just like it happened before where a patient (an older man) entered my room and was standing by my bed watching me then coming closer until a nurse caught him there and removed him. My parents made a formal complaint. I was moved to another room next to the security cameras. The other patient was transferred to another wing of the hospital.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 11 of 29
(Add pages as required)

SHORT TITLE: MITCHKE U. WHITE	CASE NUMBER: 26CUC02064N
----------------------------------	-----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

I recall sitting next to my pillow; watching the window waiting for my mom and dad to come see me.

Later, after I left the hospital, my mom told me she would look for me from the parking lot and seeing me sitting by the window waiting for her visit gave her joy. I felt like a kitty sitting by the window waiting for their person to come home.

But there were people screaming; claiming they had a gun and the sheriff intervening. Then the most angelic ringing voice I ever heard coming from the room next to mine; to the right.

There is a mix of fear from not knowing how sick others are. Making friends is a bad idea; could make doctors believe you are happy being locked up.

There is no getting fresh air or sunlight, you can hear the buzzing sound of lights turning on and off. Sleep is hard. Nurses walk in at night to check for blood pressure or to give you meds. Then, insomnia from not sleeping leads to more sleeping meds. Then after sleeping, I would keep wearing pajamas all day. I recall I was the only patient wearing PJ's 24/7. I loved that. So comfy.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 12 of 29
(Add pages as required)

SHORT TITLE: WITSCHKE U. WHITE	CASE NUMBER: JEC002261N
-----------------------------------	----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

the food tasted heavenly. Probably because of sense deprivation of sun light; of feeling the air, smelling nature there is a TV Room. But no remote control. Usually a football game was on. Or a cartoon but no news (which was good).

Puzzles always missing pieces, mostly because someone would get frustrated and pieces would fly and fall all over the floor. Then bingo, I liked helping others check their letters/numbers. Other were more competitive.

Crayons but no glitter gel pens. No skeletons or any pants with cords. Fine by me. I love wearing slippers.

What made me happy was seeing my mom and dad and grandma. The purple fuzzy blanket my parents bought just for me. Comfy new pajamas with Minnie mouse and hearts. Pink slippers.

At night, having a treat quorono soft drink my mom brought from home, they were set aside at the fridge just for me. The nurses had it under lock and key.

I did feel loved. I was the lucky one.

Most patients didn't get any visitors. People would have shouting matches at the public phone at the corridor. I only made one phone call.

Asking for 1,000 dollars the hospital was demanding.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.) Page 13 of 29 (Add pages as required)

SHORT TITLE:

MISCHKE V. WHITE

CASE NUMBER:

26002064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

From me. I made that phone call. Not the billing department. me. But thank God for my cheap insurance. Medical only paid for one week. no longer than that without prior authorization. Getting discharged felt like an escape. all my stuff was in a pillowcase, papers folded that I gave my mom and racing to get to the elevator.

Finally going home. Because my mother protected me. Because my father cared for me until he could no longer care for himself. Because my brother is the kindest person I know despite being paralyzed from the waist down. Because my other brother reminds me of how my father treated his kids. with such joy despite personal struggles. the fun dad. Plenty of dad jokes.

today I left Home (will soon actually) because of what the county of San Diego did that Respondent Timothy Matthew White could have advised the County Board of Supervisors to stop doing.

to stop discriminating. to stop violating my civil rights. to uphold *Olmstead v. L.C.*, 527 U.S. 581 (1999). to follow the law. to uphold civil rights certifications submitted to HUD since 2021 until today.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 14 of 29
(Add pages as required)

SHORT TITLE:

NITSCHKE V. WHITE

CASE NUMBER:

26C002064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Am I here because of what Timothy Matthew White did? Yes. But to me it matters why he did it.

Being a dual citizen, I can tell you I love the US more than I love Brazil. I am not ashamed to admit it.

I don't own a Brazilian flag but I am saving a place in my future home to proudly display the American flag my family was gifted by the US Navy when my grandmother passed away at the Chula Vista Veterans Home.

But one thing I am proud about being a Brazilian is that I can admit when I am wrong. The word "dixulpa" is not something I hold back. I will even say it in English plenty of times. I am sorry, Dixulpa.

I am sorry I can't do more. I am sorry I can't deal with people like before. I am sorry I don't have any friends.

But I am not sorry for who I am. It got me this far.

I wish American Society could feel free to say "dixulpa"; to destigmatize the word "Sorry" and the act of asking for forgiveness accompanied by an act of accountability. In this Nation, admitting fault is something a few have the privilege to do.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 15 of 29
(Add pages as required)

SHORT TITLE:

WHSCHKE U. WHITE

CASE NUMBER:

26C0022064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

if one is not powerful enough; when one must answer to a superior then admitting fault can be fatal. Fatal to a career. Fatal to a friendship. Fatal to someone's dignity.

I am a victim of American Prude. the Bad kind. Once the County of San Diego said NO to my Reasonable Accommodation Request there was no going back. no one could admit an error was made. their jobs were on the line. If will employers can't admit fault. that is career suicide. Yes, I said the "S" word. for a different meaning.

Only those who can't suffer consequences are privileged to say sorry. And when and if they do; they are celebrated; they are brave and humble. I know that if the County of San Diego's BOS were responsible for the ongoing denial of my Civil Rights on paper I wouldn't be here today.

I am confident I would receive an apology. I might even have a placard from Supervisor Jim Desmond celebrating the 27th Anniversary of *Sturtead v. L. G.* 527 US 581 (1999) next Monday, June 22, 2026.

Maybe the governor of California would be

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 16 of 29
(Add pages as required)

SHORT TITLE: MISCHKE U. WHITE	CASE NUMBER: 260022064N
----------------------------------	----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

making a big to-do on how California is championing mental health awareness. How Prop 1 is Gavin Newsom's biggest achievement. to advance treatment and guaranteeing individuals with severe mental illness are cared for. declaring Housing is 30% of California's updated mental health set budget formula. Housing is Health.

But I would not be impressed. While the State of California is fighting HUD in federal court to maintain the status quo of "housing first" when HUD shifts to temporary housing with wraparound services to enable self-reliance by demanding treatment first I can tell you today that reality is "HOUSING NEVER".

I am on SSI. So is my brother. My dad now resides in a nursing home. My mom is mine and my brother's live-in IHSS Provider. Her income affects our family on opportunity to have a roof over our heads. We share expenses.

Now the federal government is freezing IHSS funds. Over a billion dollars to California alone, as far as I know.

Today I am safe. I have more than I need thanks to my mom's generosity. She gifts me candles; squishndaws; aromatherapy for a hot shower; comfortable PJs and slippers. Quonoma Soda Pop.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 17 of 19
(Add pages as required)

SHORT TITLE: NITSCHKE U. WHITE	CASE NUMBER: 26CU022064N
-----------------------------------	-----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Because of my mom I love "HOUSING NOW".
The State of California and the Federal government
need to stop this embarrassing clash over Money for Political
gain and remember we the People.

We, Everybody, the able bodied, the disabled, the
elder, the children. We need your fight to end. I need
it to be over. "HOUSING NOW"; "HOUSING ALWAYS".
I know that is a dream for now. But in my
Case, I could be forced into a Conservatorship and
with BIPOLAR DISORDER WITH PSYCHOSIS I could be placed
on a Care Court treatment Plan Ordered by a Court like
this one.

But should that happen, I do not want a graduation
ceremony or any flower necklaces and pictures with
the Judge.

I have graduated from College. Both in Brazil and
in the U.S.

But I will never graduate from severe mental
illness. There is no amount of hard work; wraparound
services; temporary or long term housing ordered by a
Judge that could be worthy of a graduation day.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this
Attachment are made under penalty of perjury.)

Page 18 of 29
(Add pages as required)

SHORT TITLE:

MITSCHKE V. WHITE

CASE NUMBER:

26CV02064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Mental illness is not something to graduate from. Fighting SMi does not guarantee a happy result. Instead, each day is a battle. There is no getting ready for what's next. It is about years of ferociously finding the right mix of meds. It is about gaining weight to keep my sanity; a "side effect" that has been exacerbated since the County of San Diego decided to disregard my civil rights. There is stress eating. Eating so I can sleep. More than 50 lbs I have gained since 2001.

But this is better than years of feeling like a zombie the uncomfortable silence when I couldn't speak.

I remember watching the movie "The Hobbit" with Kate Winslet; Cameron Diaz; Jude Law and Jack Black so many times I would parrot all lines before the actors spoke them. I would not watch anything else.

I now think about my past experiences and think about it from an actor's perspective. I call them "episodes" because others witness them; they see it and experience it but I am left with pieces to put together. I am a part of it but I am not a watcher; a viewer. I don't see the whole picture.

Some memories stayed. I just turn them off. I change the channel if I can.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 17 of 27
(Add pages as required)

SHORT TITLE:

NITSCHKE V. WHITE

CASE NUMBER:

26CV022064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

But I can't change someone else's mind. I tried. I failed. That is why I am here today. I deserve to have my day in court. I deserve to be given the opportunity to have fair treatment.

When I get my day in federal court by filing FRCP 60 Motion to undo the mess the County of San Diego and its employees/officers/fair policy makers/attorney who could not admit they were wrong I will have a fighting chance.

For nearly 5 years I have been fighting for my Constitutional Right to Life, liberty and the Pursuit of Happiness. For my right to belong to a community. To be free and not stuck in a hospital.

For nearly 5 years the County of San Diego has been fighting back. Not because I am wrong but because to admit fault is a risk that the government can't afford.

I am here today because the risk of admitting error or fault is deemed by the County of San Diego to be higher than my value as an individual. Millions of \$\$ are at stake. Thousands of lives hang in the balance.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 2 of 27
(Add pages as required)

SHORT TITLE: NITSCHKE V. WHITE	CASE NUMBER: 202200062N
-----------------------------------	----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

The scales won't favor me. Why? Because the Federal Government could decide to freeze the flow of cash to the County of San Diego pending a formal investigation.

One person over countless lives? Who are we talking about? A powerful person? No. An influential person? No. A well-connected person? No. It is JUST ME. C-H-R-I-S-T-I-A-N-E LEE NITSCHKE.

But, to borrow from Detective HARRY BOSCH: "Everybody counts or nobody counts".

Today I entered ~~(I will enter actually)~~ "The Halls of Justice". I am not; never was and will never do anything to harass Respondent Timothy Matthew White.

But because I need to comply with the Honorable Linda Lopez's Chambers Rules regarding a mandatory meet-and-confer before filing a FFCP 60 motion I ask that Respondent be ordered to distance himself from me and my case.

I don't want to meet and confer with Respondent. No emails; no phone calls; no meetings by Zoom.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 21 of 27
(Add pages as required)

SHORT TITLE: NITSCHKE V. WHITE	CASE NUMBER: 26CU022064N
-----------------------------------	-----------------------------

ATTACHMENT (Number): _____

(This Attachment may be used with any Judicial Council form.)

or in person. No contact whatsoever.
 were timely Matthew White to say sorry today;
 tomorrow or not at all I will be okay. But I won't
 engage with him.

But I forgive. Once I go home I want to sleep. today
 I spoke (actually I read this declaration). He listened.
 I relieved my burden. He will carry it.

No one today will win or lose.

there is still time to make things right.

Should the Court deny my request I will go
 home. I will leave this place protected by angels.

But I fight because I must. Because my mom deserved
 to come home and not see me sitting on my bed
 watching the window. We deserve to walk side-by-side
 when we enter our home.

I have a right to receive community-based services,
 including housing supports, that door has been shut.

I have done my part. But I deserve to be made whole.

Respondent's attorney failed to file Form
 EA-120. Now I understand why a noncompliant

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this
 Attachment are made under penalty of perjury.)

Page 22 of 29
 (Add pages as required)

SHORT TITLE:

NITSCHKE V. WHITE

CASE NUMBER:

26002064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Response was filed by opposing counsel on 5/11/2016.
 Because the Litigation Privilege is on immunity.
 But to declare under penalty of perjury (under
 Item # 14) that Respondent's conduct is justified
 or Excused would be a minefield to be crossed,
 What is Respondent's Justification or Excuse?
 that I did not appeal? that is gaslighting.
 that I should have sought relief from the
 federal court? Respondent is blocking my access.
 that I am an inactive attorney? that is
 demeaning to vulnerable people; that a smart person
 can't be vulnerable.
 Respondent's conduct is not justified. It is not excused
 it would have been best for Respondent to remain
 silent.
 then I could accept a hard truth:
 Respondent is not alone in his guilt. the system
 is corrupt.
 But to have the audacity to disregard a California
 Judicial Council mandatory form JA-100 is cowardice.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this
 Attachment are made under penalty of perjury.)

Page 23 of 29
 (Add pages as required)

SHORT TITLE: NITSCHKE V. WHITE	CASE NUMBER: 26C002064N
-----------------------------------	----------------------------

ATTACHMENT (Number): _____

(This Attachment may be used with any Judicial Council form.)

Should Respondent desire to address this Court, please do so under Penalty of Perjury.

What is your (Respondent's) Justification or Excuse?
That the FPPC denied a Complaint I filed regarding FRCP 4(a)?

On December 23, 2025, the FPPC released records under a CPRA request I submitted. Within it, an email from former County Supervisor Nathan Fletcher addressing my Complaint with the FPPC raises a reasonable suspicion that Respondent lied to me and to the Federal Court to obtain a continuance and/or stay of County's deadline to answer (File FRCP 12(b)(6)) regarding ~~FR~~ filed on October 2023.

Former County Supervisor Nathan Fletcher informed the FPPC on October 2, 2025 at 5:51:52 am that "I don't know this person or anything about these allegations but everything included happened"

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 24 of 29
(Add pages as required)

SHORT TITLE:

NITSCHKE V. WHITE

CASE NUMBER:

260002064N

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Well after I had left the County of San Diego. I resigned
in March of 2023.

Respondent's October 24, 2023 email was attached
to PPPC Complaint.

Someone is not telling the truth.

Also, colluding my attempts) to report by email
misconduct to the BOS inappropriate crossed a line.

the BOS oversees the Office of County Counsel.
During entirety of case 3:23-cv-01206-LU-VET, not
a single closed session took place between County
Counsel and the BOS, ZERO. NADA.

In fact, respondent flew under the radar to keep
the BOS insulated with plausible deniability while
he and former County Counsel Claudia Silver took
advantage of a pro se plaintiff and deceived a federal
Judge by misrepresenting an integration mandate
case into a meaningful lawsuit case; thus obtaining
a dismissal with prejudice by fraudulent means.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this
Attachment are made under penalty of perjury.)

Page 25 of 29
(Add pages as required)

SHORT TITLE: NITSCHKE V. WHITE	CASE NUMBER: 26CUD2064N.
-----------------------------------	-----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Also, California's Ralph Brown Act prohibition on "Serial meetings" supports a reasonable inference that Respondent could not have spoken to more than 2 Supervisors outside of closed session.

Being no closed session ever took place and Respondent claims he had authorization from former Supervisor Nora Vargas to receive, bring and return FRCP 4(d) for individual capacity with demand of punitive damages then only 1 additional supervisor could have done the same.

Because a decision to pay/indemnify punitive damages award requires a public vote by a majority of the BOS.

Either a violation of the CA Brown Act took place or Respondent is not being honest by claiming today that emails I received on 4/20/2026 and 4/6/2026 are not about obstructive behavior but an innocent, dignified request that I be by co-acted!

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 26 of 29
(Add pages as required)

SHORT TITLE: MITCHKE V WHITE	CASE NUMBER: 266022064N
---------------------------------	----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

Communication to Respondent only instead of contacting his client (BOS ; COSD).

there is no evidence to support a claim that Respondent is in contact with the BOS about my case.

Instead, the evidence supports a claim that Respondent is engaging in obstruction of justice; is trying to silence a witness by calling reports of his misdeeds to outside law enforcement (US. ATTORNEY'S OFFICE - FRANK GORDON); (CA DOJ - ROB BORTH); COSD DA'S Public Integrity Unit; CA State Bar Office of Chief Trial Counsel (unhelpful) and inappropriate.

Also, Respondent has engaged in financial and emotional abuse of a dependent adult when he chose to deprive me of my right to compensation for Constitutional Rights Violations perpetrated by the County of San Diego by misrepresenting an Integration minute claim under Shusterman

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page A of 27
(Add pages as required)

SHORT TITLE: Mtschke v. White	CASE NUMBER: 2600220641
----------------------------------	----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

U.L.C., 527 U.S. 521 (1999); and in California financial abuse covers loss of property rights (including loss of a cause of action).

The US Supreme Court recognized that financial compensation is warranted when a deprivation of a Constitutional right to Procedural Due Process is established.

Instead Rights as a qualified entitlement. The COSD has an ongoing obligation to provide community-based services to those who without it would require placement in an institution when a doctor has determined individual can be treated in a community setting; The individual does not oppose community placement and the placement can be reasonably accommodated taking into account the resources available to the COSD and the needs of other qualified individuals with disability facing

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 28 of 29
(Add pages as required)

SHORT TITLE: NITSCHKE U. WHITE	CASE NUMBER: 26CV022064X
-----------------------------------	-----------------------------

ATTACHMENT (Number):

(This Attachment may be used with any Judicial Council form.)

disloyalty - related services from the County of San Diego. Respondent perpetuated a fraud; thus making the COSD in an ongoing violation of a qualified obligation. Funds were available all this time.

Million(s) of federal tax dollars were hoarded while I suffered and still am suffering financial loss and severe emotional distress.

Lastly, CA State Bar Rule 1.7 B triggered in this case because Respondent has a personal interest in denying falsity of 10/29/23 email.

thus, how could Respondent continue to fight Request for Substitution of Counsel?

It is TIMOTHY MATTHEW'S WORD AGAINST former county Supervisor Nathan Fletcher's WORD.

And, this issue is material to FRCP 60(d)(3) and (b)(4) motion due to consequence of obtaining a liar stay under false pretenses should Respondent be the loser.

(If the item that this Attachment concerns is made under penalty of perjury, all statements in this Attachment are made under penalty of perjury.)

Page 29 of 29
(Add pages as required)