

**CLERK OF THE BOARD OF SUPERVISORS
EXHIBIT/DOCUMENT LOG**

MEETING DATE & AGENDA NO. 04/09/2024 #19

STAFF DOCUMENTS (Numerical)

No.	Presented by:	Description:
1.	Staff	PowerPoint Presentation (37 page)
2.		
3.		
4.		

PUBLIC DOCUMENTS (Alphabetical)

No.	Presented by:	Description:
A.		
B.		
C.		
D.		
E.		
F.		
G.		

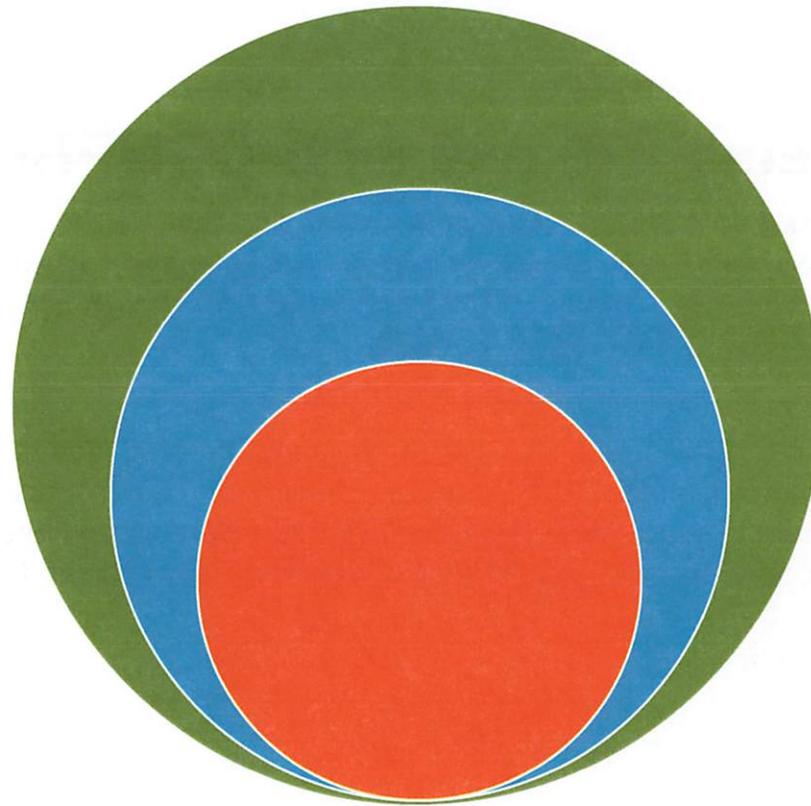
Items #20 and #19: COMPREHENSIVE UPDATE ON THE CONTINUUM OF CARE, BOARD & CARE CAPACITY, CARE ACT PROGRAM, AND SENATE BILL 43

Eric C. McDonald, MD, Interim Agency Director, Health and Human Services Agency
Luke Bergmann, PhD, Director, Behavioral Health Services
Nadia Privara, MPA, Assistant Director, Behavioral Health Services
Nicole Esposito, MD, Chief Population Health Officer, Behavioral Health Services

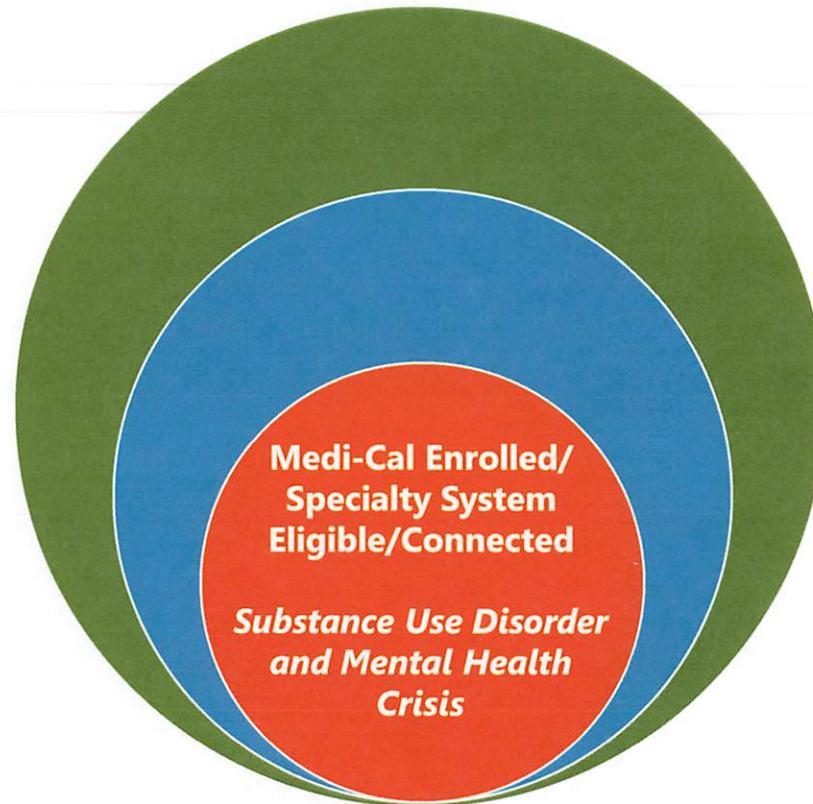
April 9, 2024



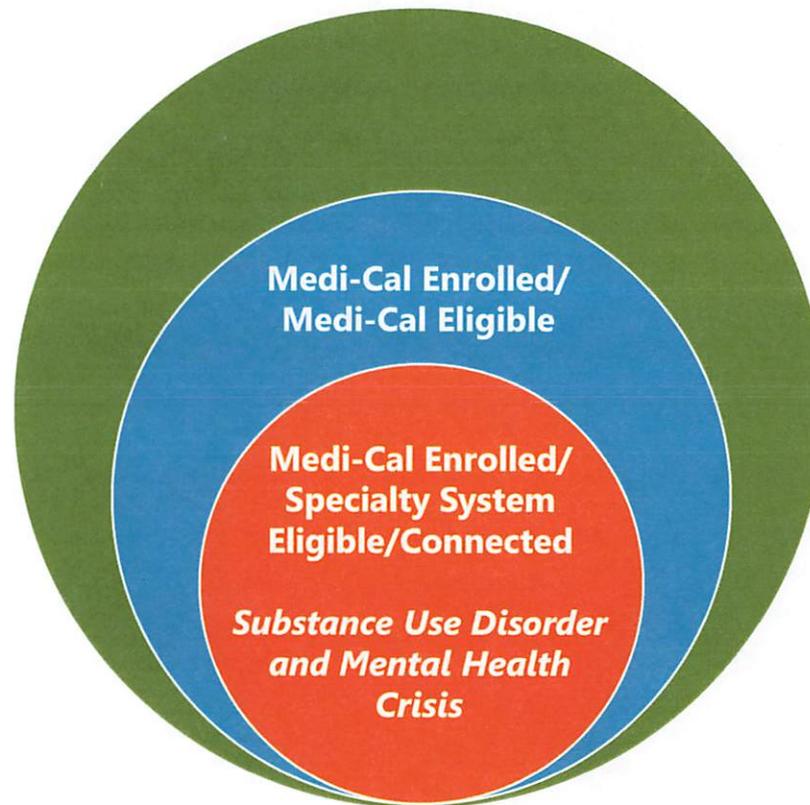
Behavioral Health Services



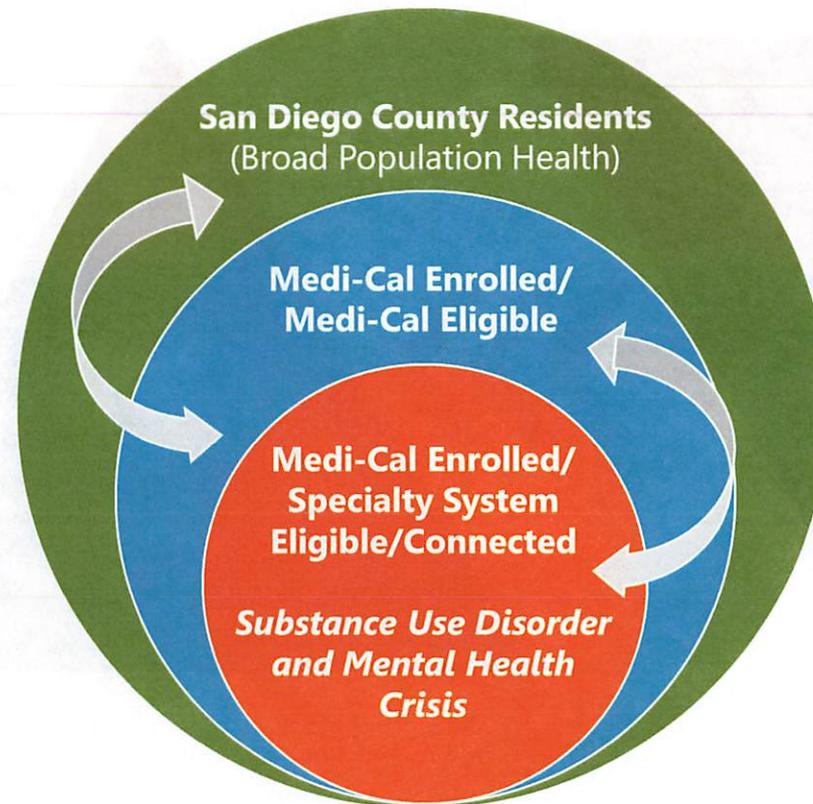
Behavioral Health Services



Behavioral Health Services



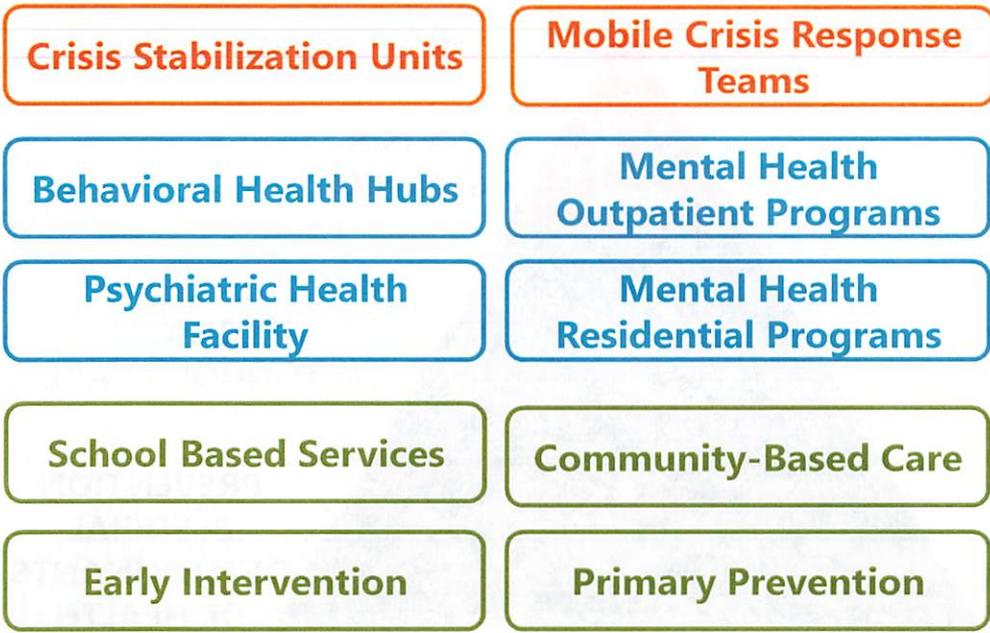
Behavioral Health Services



Advancing Behavioral Health



Transforming Mental Health Care



Transforming Substance Use Care



Withdrawal Management

Substance Use Disorder Outpatient Programs

Opioid Treatment Programs

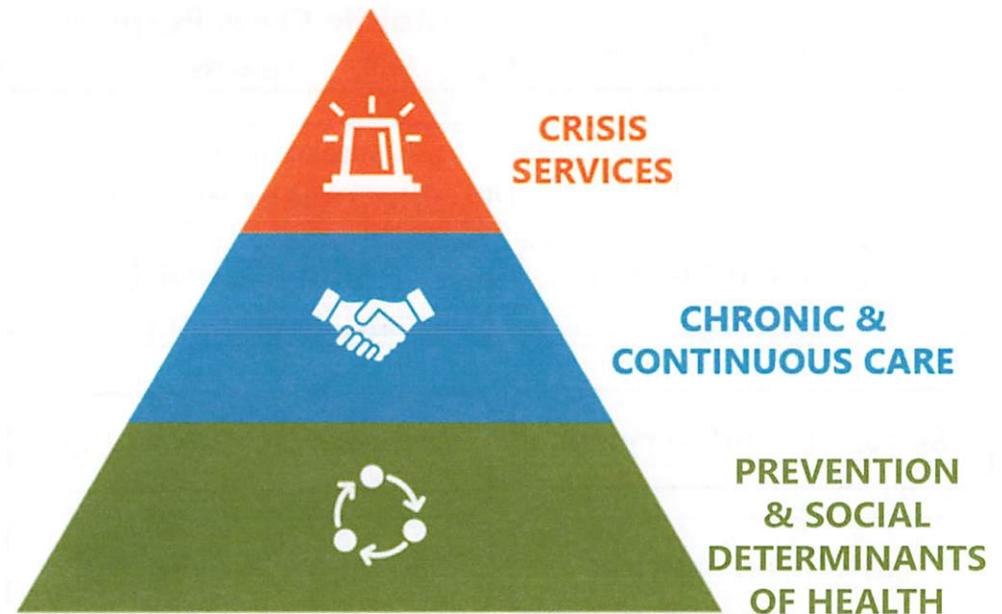
Substance Use Disorder Residential Programs

Harm Reduction Services (Syringe Services)

Permanent Supportive Housing / Recovery Residences

Naloxone Distribution

C-HRT / Safe Haven



Regional Crisis & Diversionary Services



Updated 1/4/24
Map locations are approximate

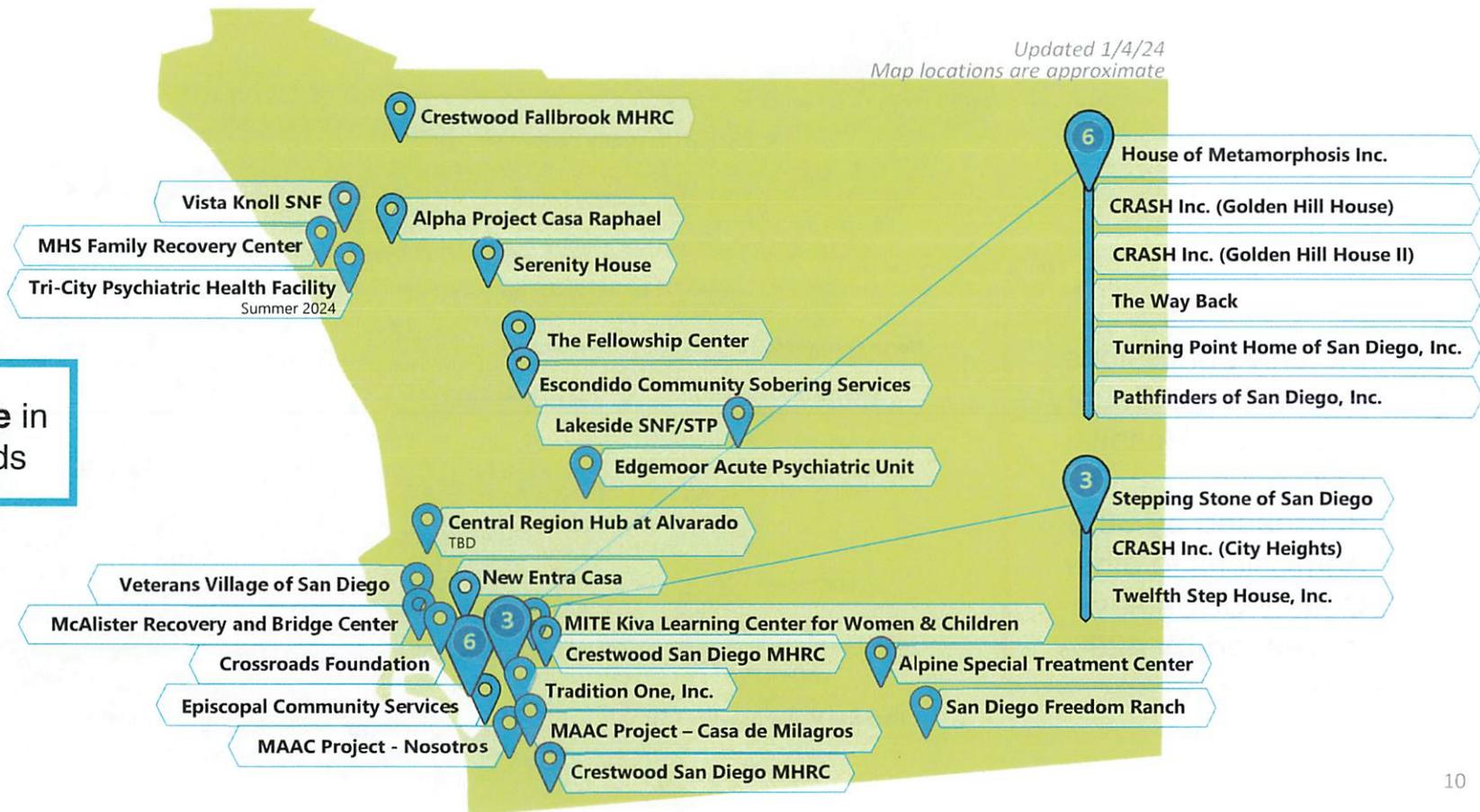


- Monthly admissions to San Diego County Psychiatric Hospital EPU have **decreased by 38%**
- Admissions to other County CSUs have **increased by 429%**

Regional Inpatient & Residential Services



Updated 1/4/24
Map locations are approximate



35% increase in Subacute Beds

Regional Prevention Services



Updated 1/12/24
Map locations are approximate



Regional Prevention Services



Updated 1/12/24
Map locations are approximate

Screening to Care

- 39 schools
- 13,000 screenings
- 1,500 students and 400 caregivers connected to services



Countywide Programs

- Positive Parenting Program
- Courage to Call
- Older Adult PEI Homebound
- Older Adult PEI Community-Based
- Caregiver Support Services
- LifeSkills
- Mental Health First Aid
- School-Based Suicide PEI
- Friday Night Live
- Dream Weaver Consortium
- Family & Adult Peer Support Program
- CVRT
- First Responder Behavioral Health Program
- Naloxone Distribution Program

Regional Long-Term Care & Housing Services



Updated 1/4/24
Map locations are approximate

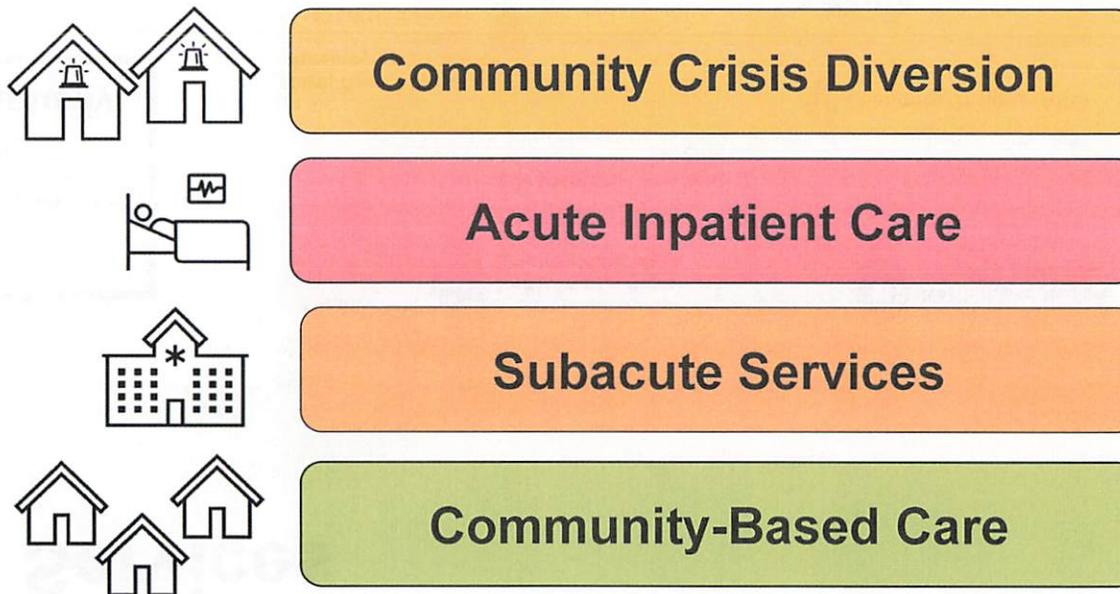
New Recovery Residence capacity to serve **390 more individuals annually**



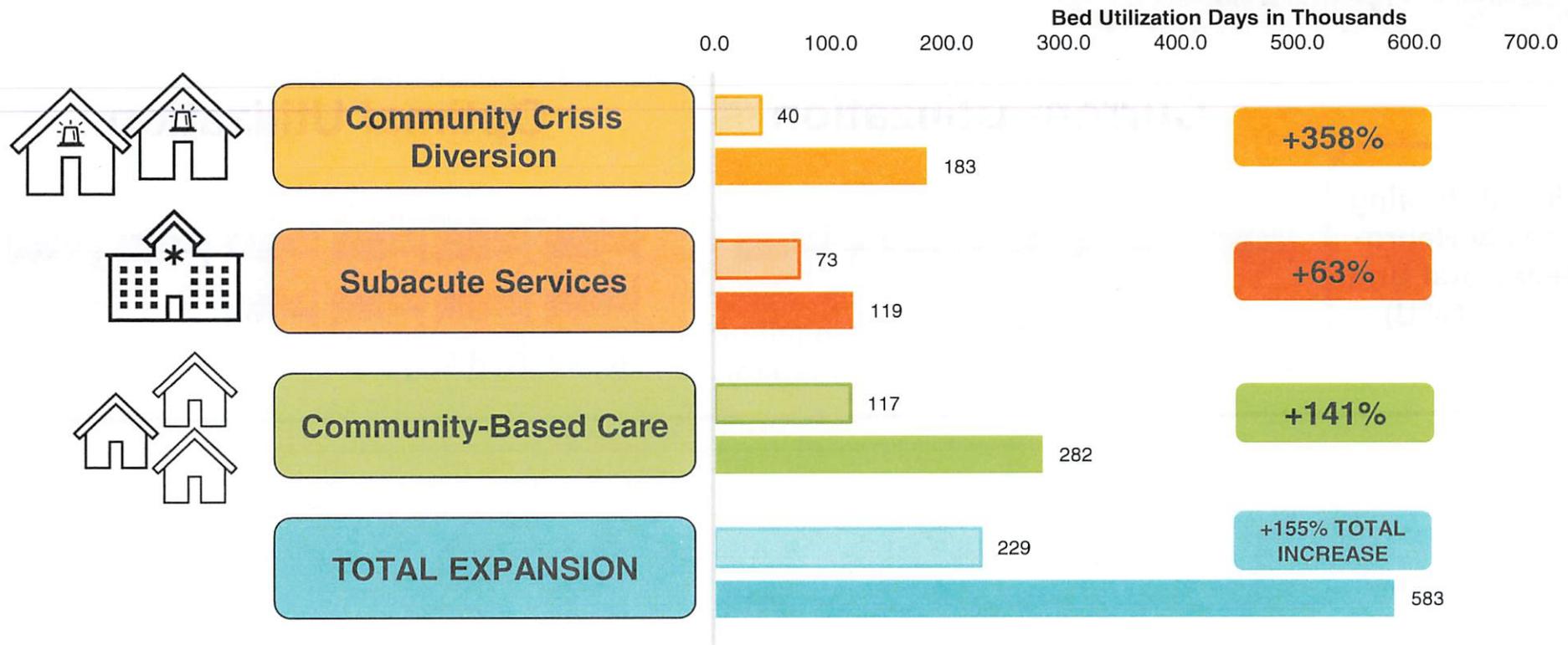
Behavioral Health Optimal Care Pathways Model



- Algorithm using data, models of care, and best practices
- Recommends the **future capacity** necessary to optimize behavioral health care under four service categories:



Optimal Service Utilization



Recalibrating Subacute Care



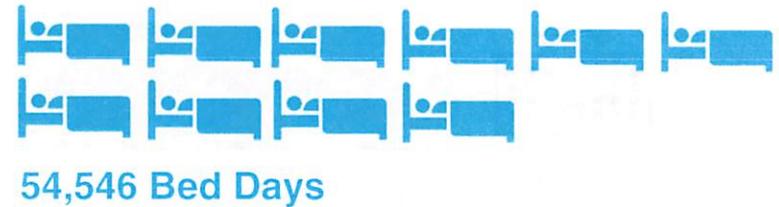
Bed Day Utilization

Current Utilization

Skilled Nursing
Facility Neuro-
Behavioral Unit
(SNF-NBU)



Optimal Utilization



Recalibrating Subacute Care



Bed Day Utilization

Current Utilization

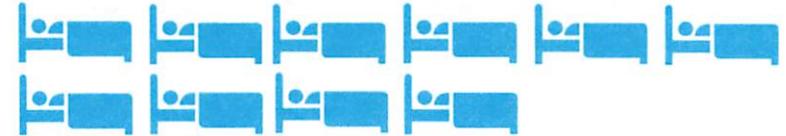
Skilled Nursing Facility Neuro-Behavioral Unit (SNF-NBU)



4,031 Bed Days

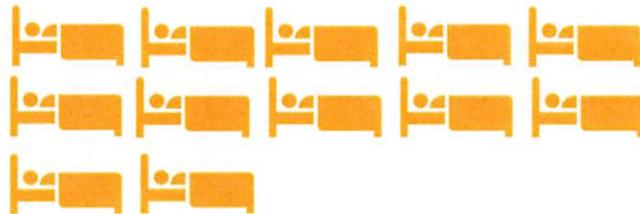
People in jail or Psych Hospital

Optimal Utilization



54,546 Bed Days

Mental Health Rehabilitation Centers (MHRC)



63,277 Bed Days



Shift to Board and Care

33,923 Bed Days

Board and Care Capacity



**Total Licensed Board and Care
Beds in San Diego County**

**1,208 Providers
30,630 Beds**

Board and Care Capacity



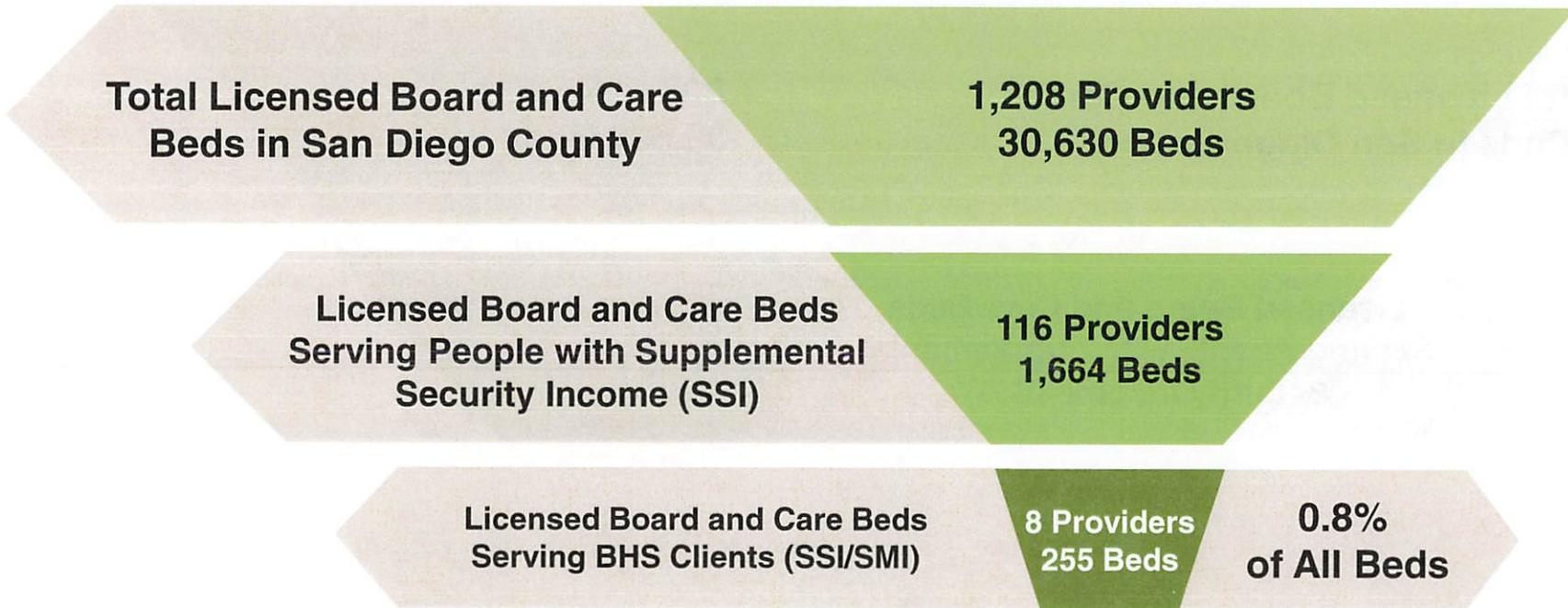
**Total Licensed Board and Care
Beds in San Diego County**

**1,208 Providers
30,630 Beds**

**Licensed Board and Care Beds
Serving People with Supplemental
Security Income (SSI)**

**116 Providers
1,664 Beds**

Board and Care Capacity



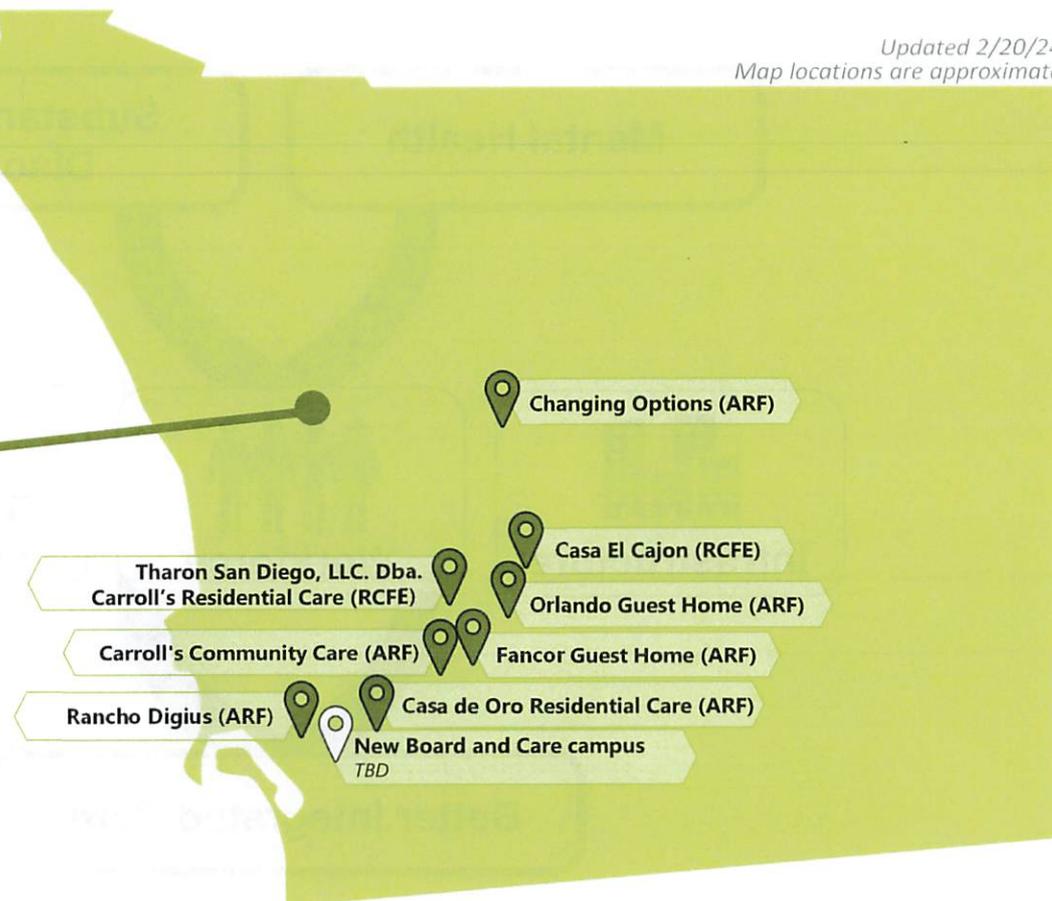
Board and Cares with County Clients



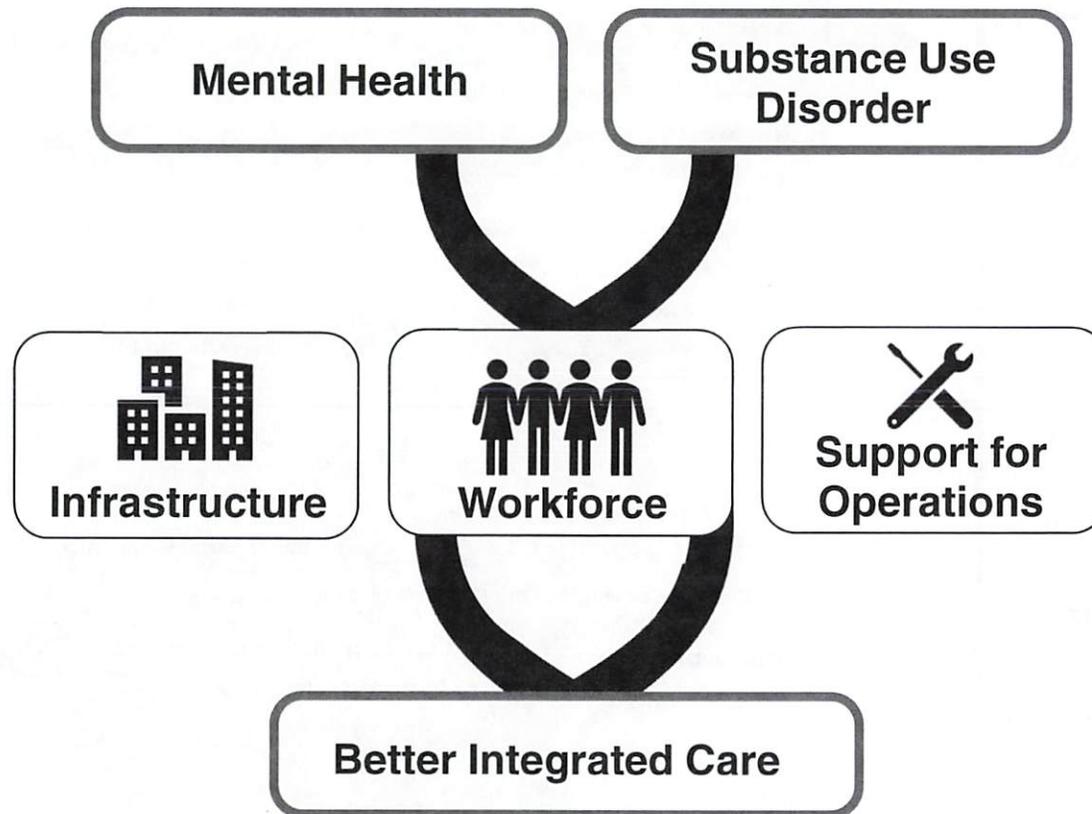
Updated 2/20/24
Map locations are approximate

What We Need

- 400 additional Board and Care beds in San Diego County
- More Board and Cares located in the South, Central, North Central, North Inland, and North Coastal regions
 - RFI for new 115-bed Board and Care Campus in Central region



Strategies to Enhance Community-based Care and Subacute Service Capacity



Accelerators & Barriers to the Continuum Vision



Infrastructure



Workforce



Operations

Behavioral Health
Payment Reform



Prop 1

Incompetent to
Stand Trial

CARE Act

Senate Bill 43

Accelerators & Barriers to the Continuum Vision



Infrastructure



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Behavioral Health Payment Reform



Prop 1



Incompetent to Stand Trial



CARE Act

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Accelerators & Barriers to the Continuum Vision



Infrastructure



Workforce



Operations

- Behavioral Health Payment Reform
- Prop 1
- Incompetent to Stand Trial
- CARE Act
- Senate Bill 43

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Accelerators & Barriers to the Continuum Vision



Infrastructure



Workforce



Operations

Behavioral Health Payment Reform



Prop 1



Incompetent to Stand Trial



CARE Act



Senate Bill 43



SB 43 Multi-Sectoral Convening



Involuntary Behavioral Health Treatment Collaborative Workgroup

- Co-chairs:
 - Dr. Nicole Esposito, Behavioral Health Services
 - Mike Phillips, Jewish Family Service of San Diego
- Workgroup convenes partners across multiple sectors
 - County government
 - Housing providers
 - Hospital and health system partners
 - Consumer advocates and peers
 - Justice partners
 - Community-based behavioral health providers
 - Health plans
 - And others

Collaborative Workgroup Subcommittees

Training and Education

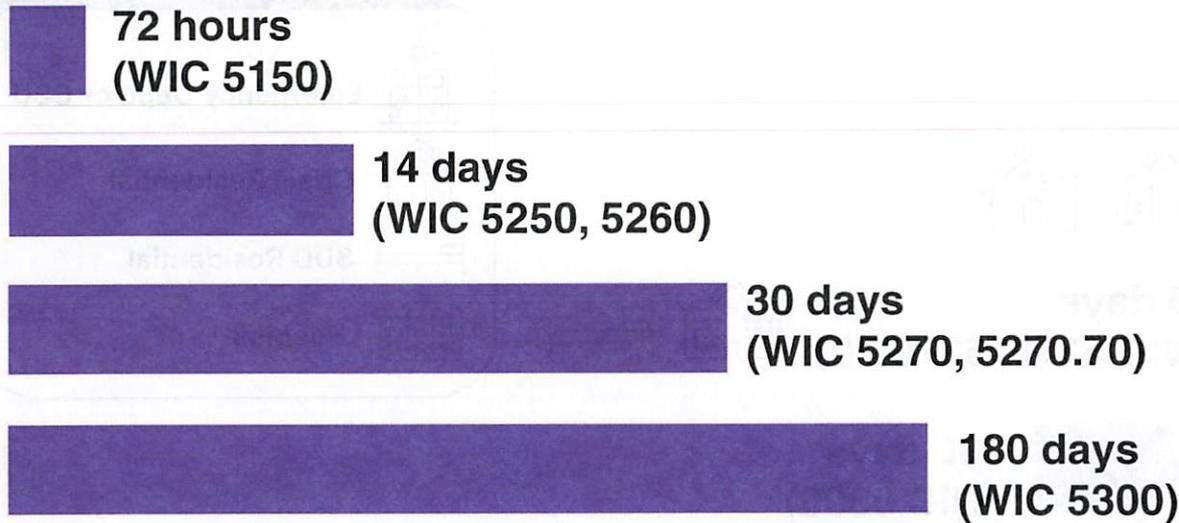
Expanded Treatment, Services,
and Support for Those with SUD

Alternatives to Emergency
Departments

Continuum of Holds Under the LPS Act



Involuntary Treatment Holds



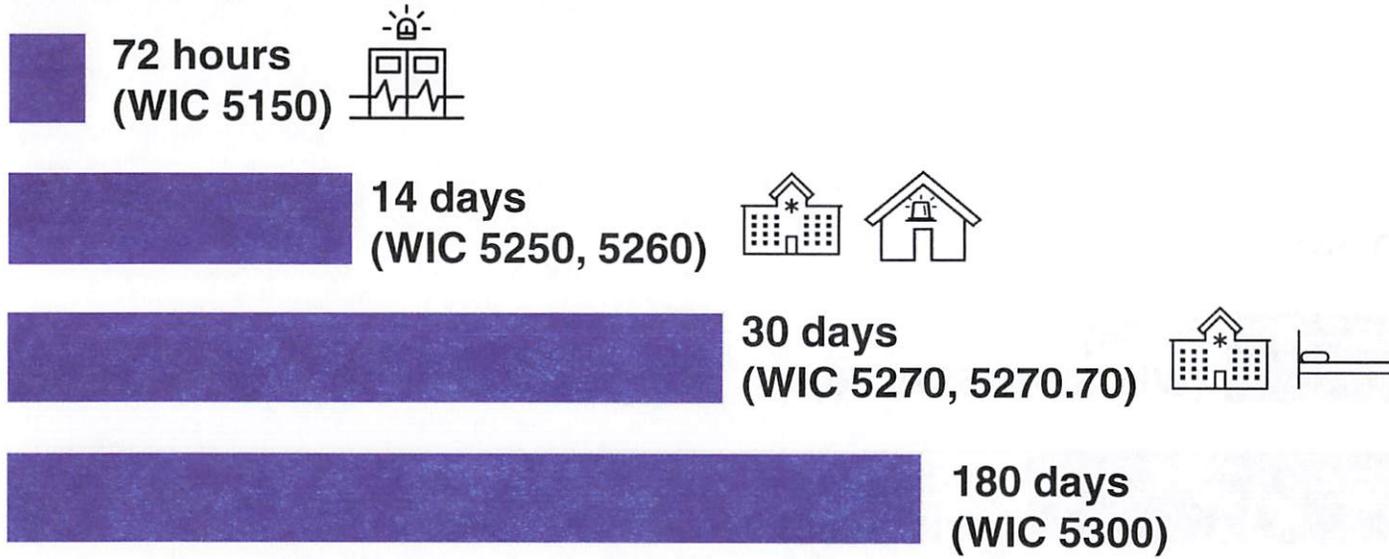
Temporary and Permanent Conservatorships



Continuum of Holds Under the LPS Act



Involuntary Treatment Holds



Treatment Settings Legend

- Emergency Dept. or CSU
- Crisis Residential
- SUD Residential
- Hospital

Temporary and Permanent Conservatorships



Initial Readiness Domains



Domain 1

Education and Training

Domain 2

**Expanded Treatment, Services, and Support
for People with Substance Use Disorder (SUD)**

Domain 3

**Alternatives to Emergency Departments
for 5150 Transports**

Domain 4

**Update Procedures and Add Capacity to
Support the Office of the Public Conservator**

Readiness Timeline

IMMEDIATE ACTIONS March – May 2024

MID-TERM ACTIONS June – August 2024

LONG-TERM ACTIONS September 2024 – March 2025

Education & Training

- Develop LPS training
- Focused education and public awareness efforts
- Development of SB 43 public website

- Conduct LPS trainings
- Develop focused education and public awareness efforts

- Reassessment of LPS trainings
- Continue focused education and public awareness efforts

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Education & Training

- | | | |
|---|---|--|
| <ul style="list-style-type: none"> • Develop LPS training • Focused education and public awareness efforts • Development of SB 43 public website | <ul style="list-style-type: none"> • Conduct LPS trainings • Develop focused education and public awareness efforts | <ul style="list-style-type: none"> • Reassessment of LPS trainings • Continue focused education and public awareness efforts |
|---|---|--|

Expanded Treatment, Services & Support

- | | | |
|--|---|--|
| <ul style="list-style-type: none"> • Implementation of SD Relay program | <ul style="list-style-type: none"> • Enhance connections for patients in emergency departments to SUD residential and outpatient treatment | <ul style="list-style-type: none"> • Policy changes to establish locked hospital-based SUD treatment • Establish new crisis residential treatment for primary stand-alone SUD • Expand harm reduction housing options
Develop the Optimal Care Pathways 2.0 |
|--|---|--|

Readiness Timeline

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Education & Training	<ul style="list-style-type: none"> Develop LPS training Focused education and public awareness efforts Development of SB 43 public website 	<ul style="list-style-type: none"> Conduct LPS trainings Develop focused education and public awareness efforts 	<ul style="list-style-type: none"> Reassessment of LPS trainings Continue focused education and public awareness efforts
Expanded Treatment, Services & Support	<ul style="list-style-type: none"> Implementation of SD Relay program 	<ul style="list-style-type: none"> Enhance connections for patients in emergency departments to SUD residential and outpatient treatment 	<ul style="list-style-type: none"> Policy changes to establish locked hospital-based SUD treatment Establish new crisis residential treatment for primary stand-alone SUD Expand harm reduction housing options Develop the Optimal Care Pathways 2.0
Alternatives to EDs	<ul style="list-style-type: none"> Pursue state policy changes to CSU Medi-Cal billing and designation 	<ul style="list-style-type: none"> Contract actions to support CSU capacity for primary and stand-alone SUD Technical assistance for CSUs 	<ul style="list-style-type: none"> Operationalize CSU capacity for primary and stand-alone SUD

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Expanded Treatment, Services & Support

- Implementation of SD Relay program

- Enhance connections for patients in emergency departments to SUD residential and outpatient treatment

- Policy changes to establish locked hospital-based SUD treatment
- Establish new crisis residential treatment for primary stand-alone SUD
- Expand harm reduction housing options
- Develop the Optimal Care Pathways 2.0

Alternatives to EDs

- Pursue state policy changes to CSU Medi-Cal billing and designation

- Contract actions to support CSU capacity for primary and stand-alone SUD
- Technical assistance for CSUs

- Operationalize CSU capacity for primary and stand-alone SUD

Public Conservator Procedures & Capacity

- Establish new policies and procedures for conservatorship evaluations
- Participation in statewide convenings to inform clinical thresholds
- Public Conservator's Office resourcing

- Implement new policies and procedures for conservatorship evaluations
- Continued participation in statewide convenings
- Continued Public Conservator's Office resourcing
- Evaluate AOT and CARE Act capacity

- Implement data collection and reporting processes and infrastructure
- Assess ongoing Public Conservator's Office resourcing needs

Recommendations



Update on Board & Care

1. Receive an update on the regional capacity of board and care and subacute beds for Medi-Cal eligible adults with serious behavioral health conditions and strategies to enhance board and care and subacute capacity in San Diego County.
2. Amend the following five board and care contracts to extend contract terms up to June 30, 2025: Casa de Oro Residential Care ARF; Carroll's Community Care ARF; Tharon San Diego, LLC RCFE; Fancor Guest Home ARF; and Orlando Residential Care ARF.
3. Direct the Interim Chief Administrative Officer to sunset time-certain reporting for addressing the behavioral health worker shortage in San Diego County to coincide with significant developments.

Update on SB 43

1. Receive the 90-day update on Senate Bill 43 implementation plan as directed by the San Diego County Board of Supervisors on December 5, 2023.

Items #20 and #19: COMPREHENSIVE UPDATE ON THE CONTINUUM OF CARE, BOARD & CARE CAPACITY, CARE ACT PROGRAM, AND SENATE BILL 43

Eric C. McDonald, MD, Interim Agency Director, Health and Human Services Agency
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Nicole Esposito, MD, Chief Population Health Officer, Behavioral Health Services

April 9, 2024

