

CLERK OF THE BOARD OF SUPERVISORS
EXHIBIT/DOCUMENT LOG

MEETING DATE & AGENDA NO. 04/09/2024 #20

STAFF DOCUMENTS (Numerical)

No.	Presented by:	Description:
1.	Staff	PowerPoint Presentation (37 page)
2.		
3.		
4.		

PUBLIC DOCUMENTS (Alphabetical)

No.	Presented by:	Description:
A.		
B.		
C.		
D.		
E.		
F.		
G.		

Items #20 and #19: COMPREHENSIVE UPDATE ON THE CONTINUUM OF CARE, BOARD & CARE CAPACITY, CARE ACT PROGRAM, AND SENATE BILL 43

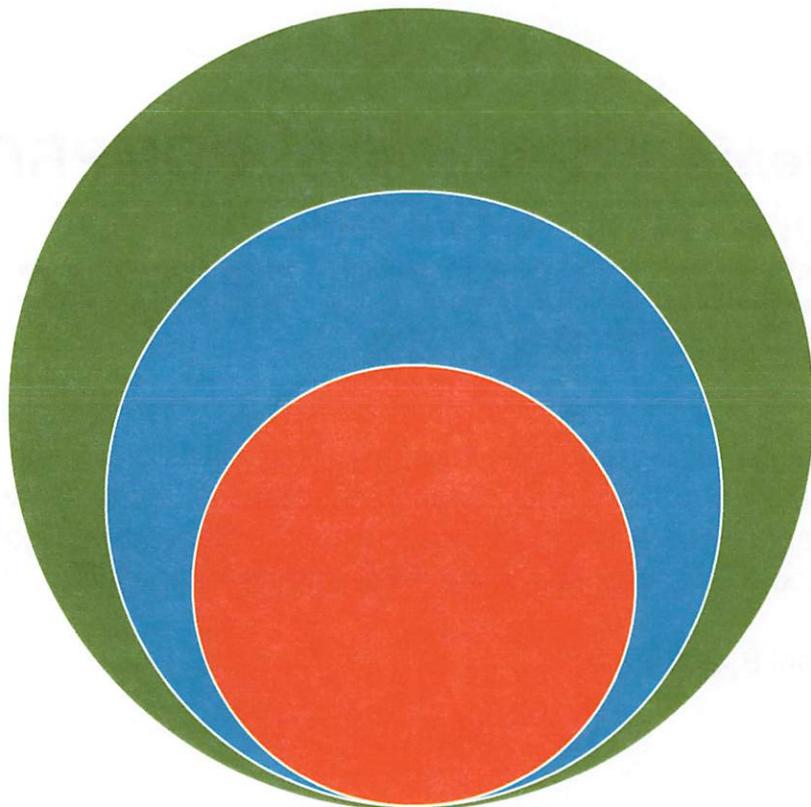
Eric C. McDonald, MD, Interim Agency Director, Health and Human Services Agency
Luke Bergmann, PhD, Director, Behavioral Health Services
Nadia Privara, MPA, Assistant Director, Behavioral Health Services
Nicole Esposito, MD, Chief Population Health Officer, Behavioral Health Services

April 9, 2024

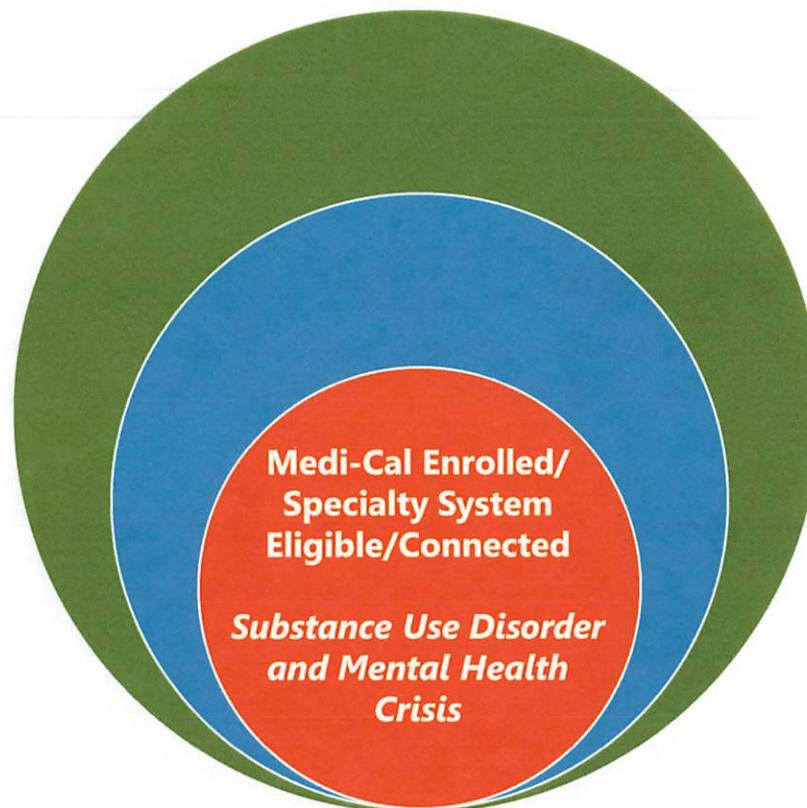


**LIVE WELL
SAN DIEGO**

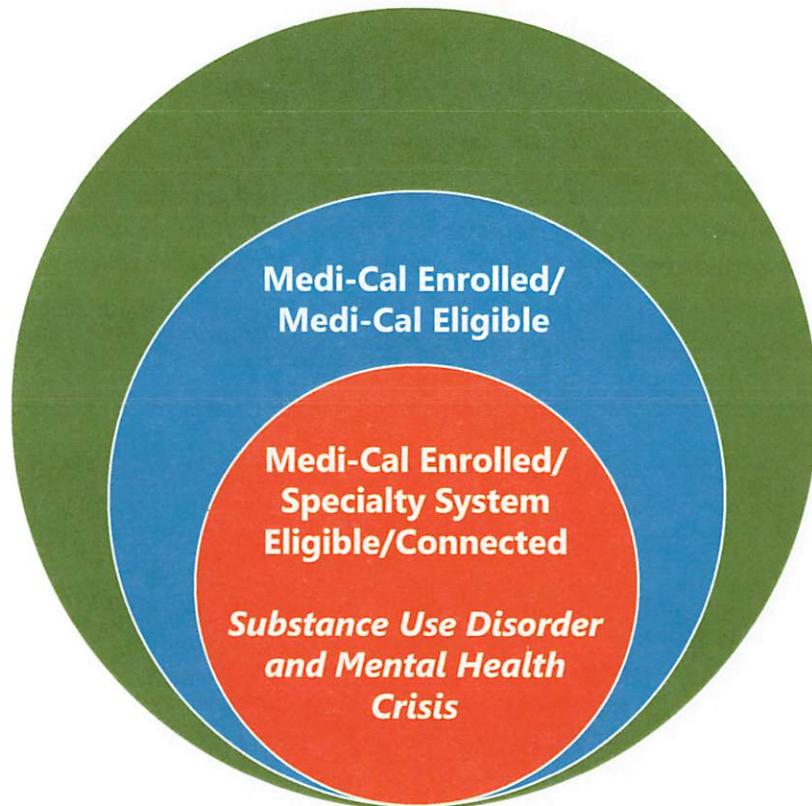
Behavioral Health Services



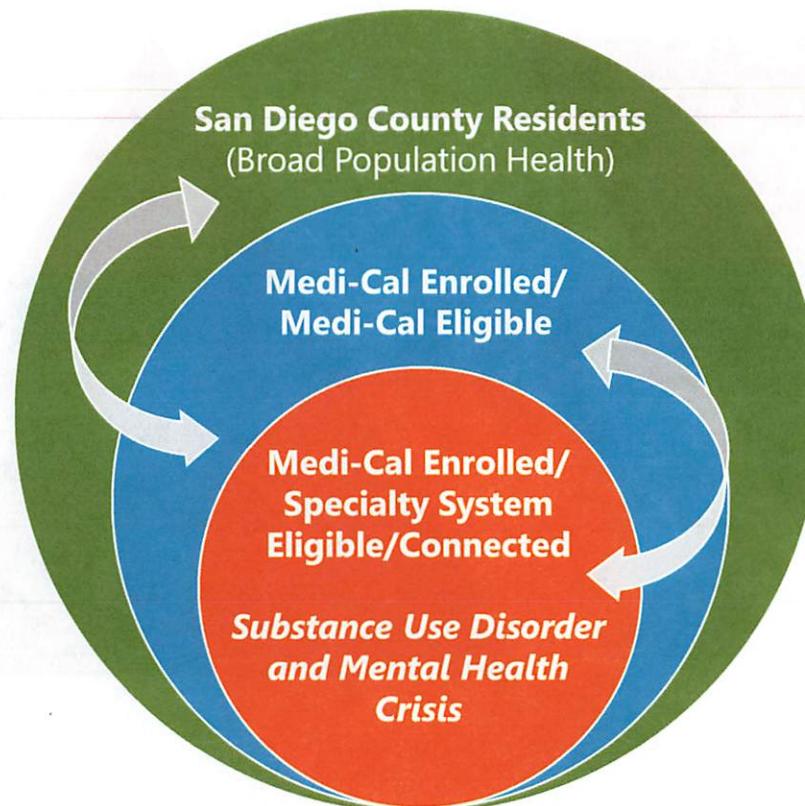
Behavioral Health Services



Behavioral Health Services



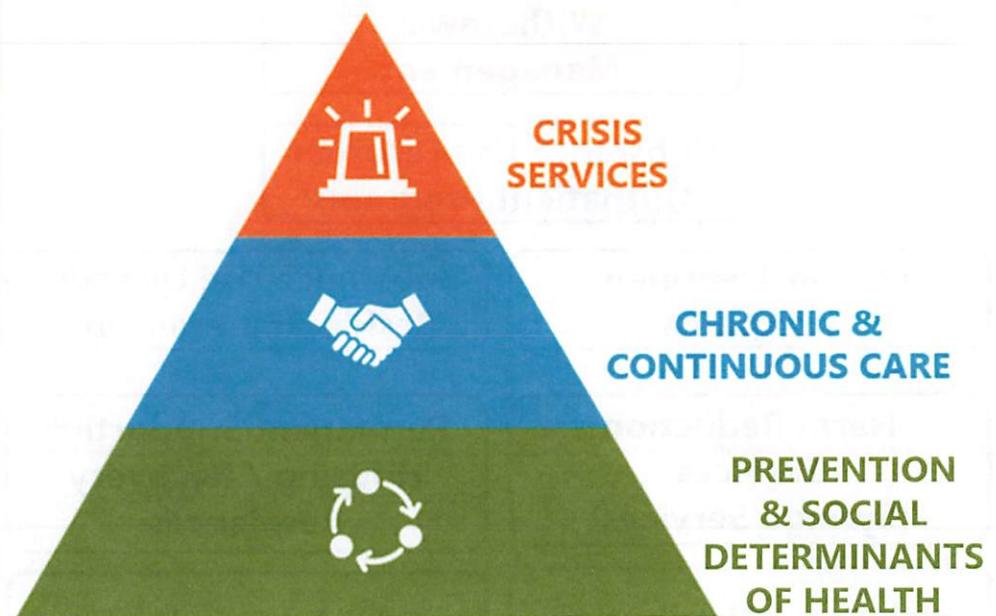
Behavioral Health Services



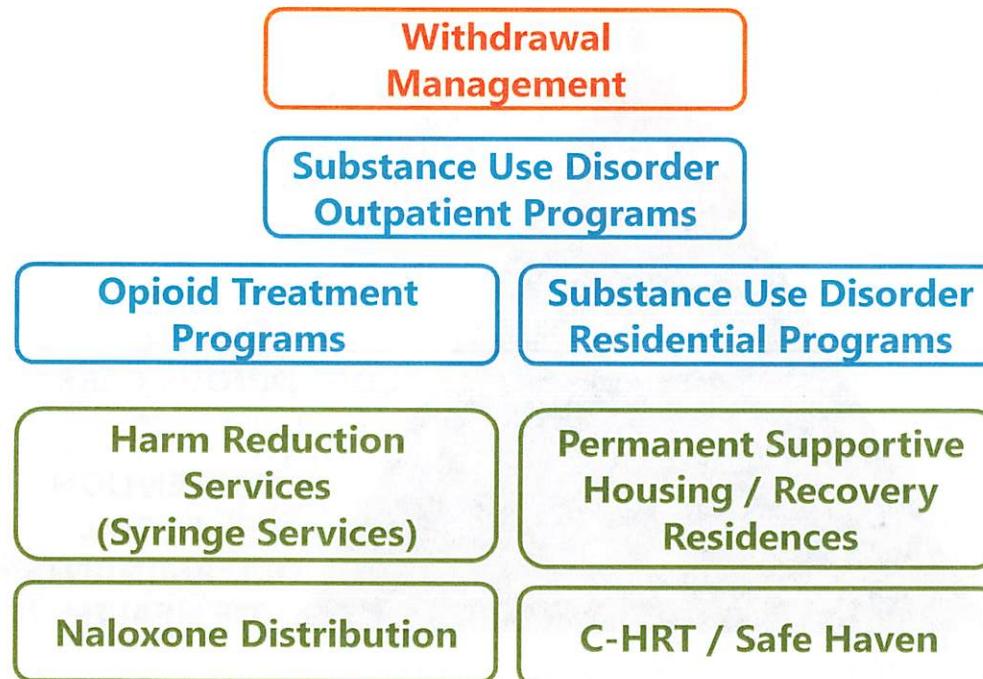
Advancing Behavioral Health



Transforming Mental Health Care



Transforming Substance Use Care



Regional Crisis & Diversionary Services



Updated 1/4/24
Map locations are approximate



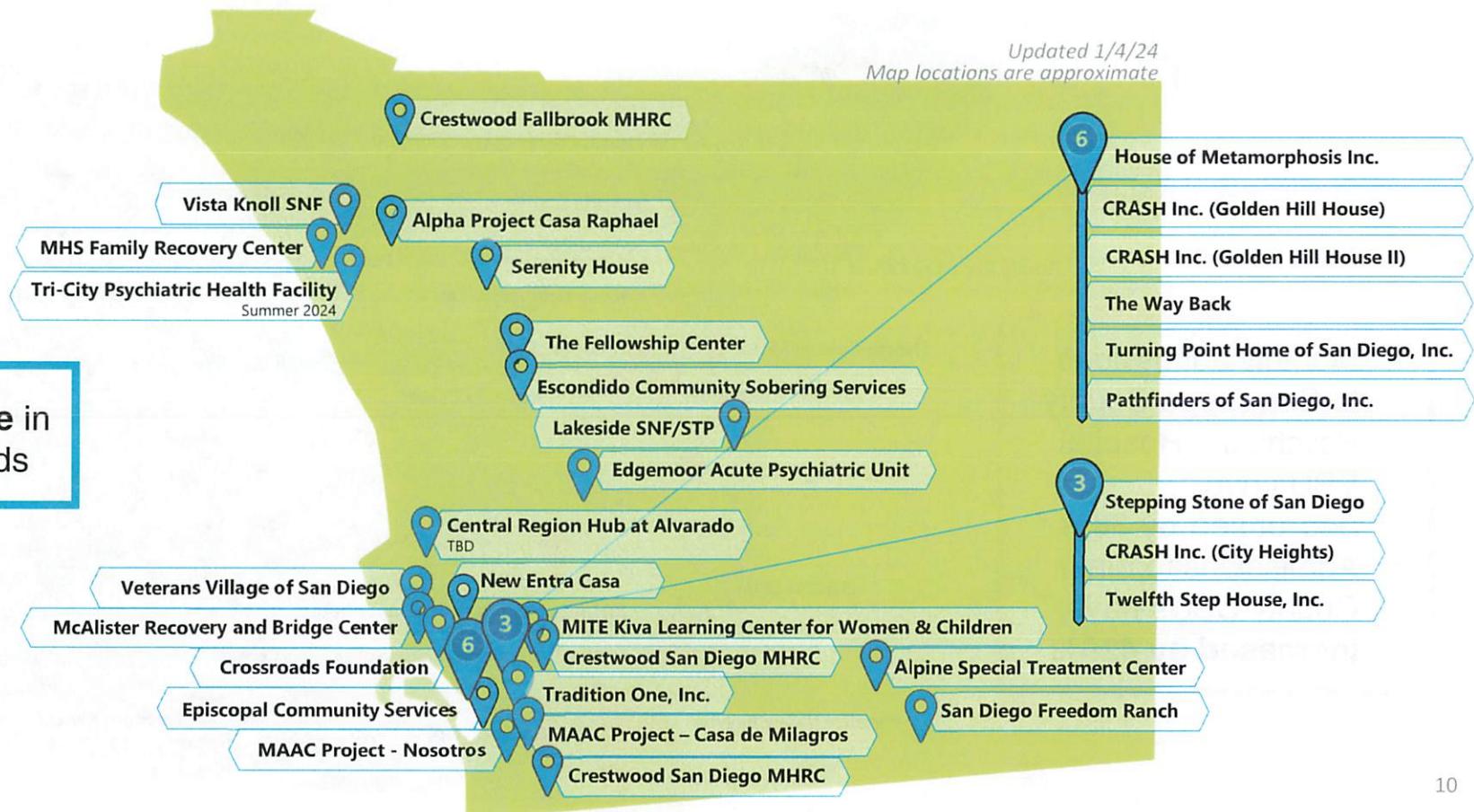
- Monthly admissions to San Diego County Psychiatric Hospital EPU have **decreased by 38%**
- Admissions to other County CSUs have **increased by 429%**

Regional Inpatient & Residential Services



Updated 1/4/24
Map locations are approximate

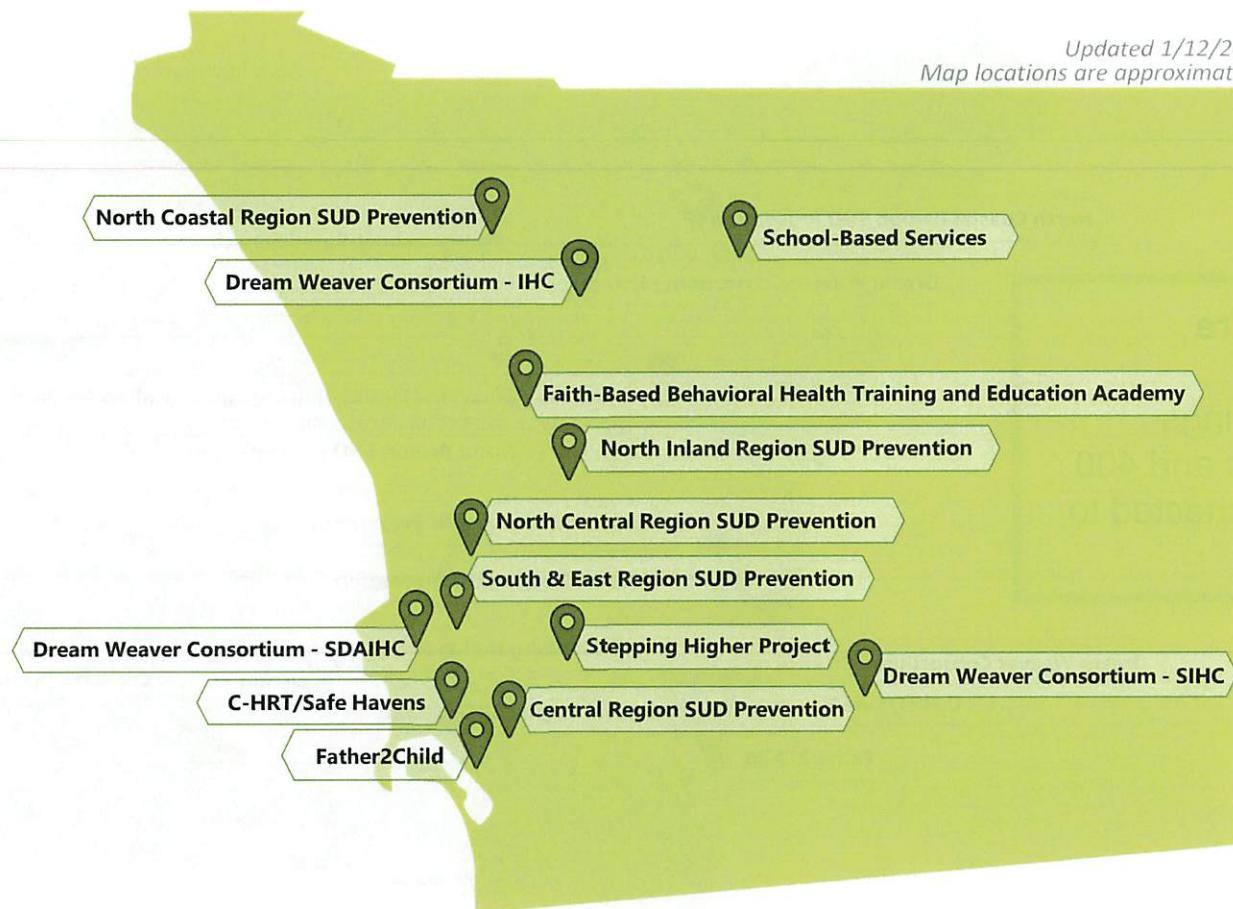
35% increase in
Subacute Beds



Regional Prevention Services



Updated 1/12/24
Map locations are approximate



Regional Prevention Services



Updated 1/12/24
Map locations are approximate

Screening to Care

- 39 schools
- 13,000 screenings
- 1,500 students and 400 caregivers connected to services



Countywide Programs

- Positive Parenting Program
- Courage to Call
- Older Adult PEI Homebound
- Older Adult PEI Community-Based
- Caregiver Support Services
- LifeSkills
- Mental Health First Aid
- School-Based Suicide PEI
- Friday Night Live
- Dream Weaver Consortium
- Family & Adult Peer Support Program
- CVRT
- First Responder Behavioral Health Program
- Naloxone Distribution Program

Regional Long-Term Care & Housing Services



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Updated 1/4/24
Map locations are approximate

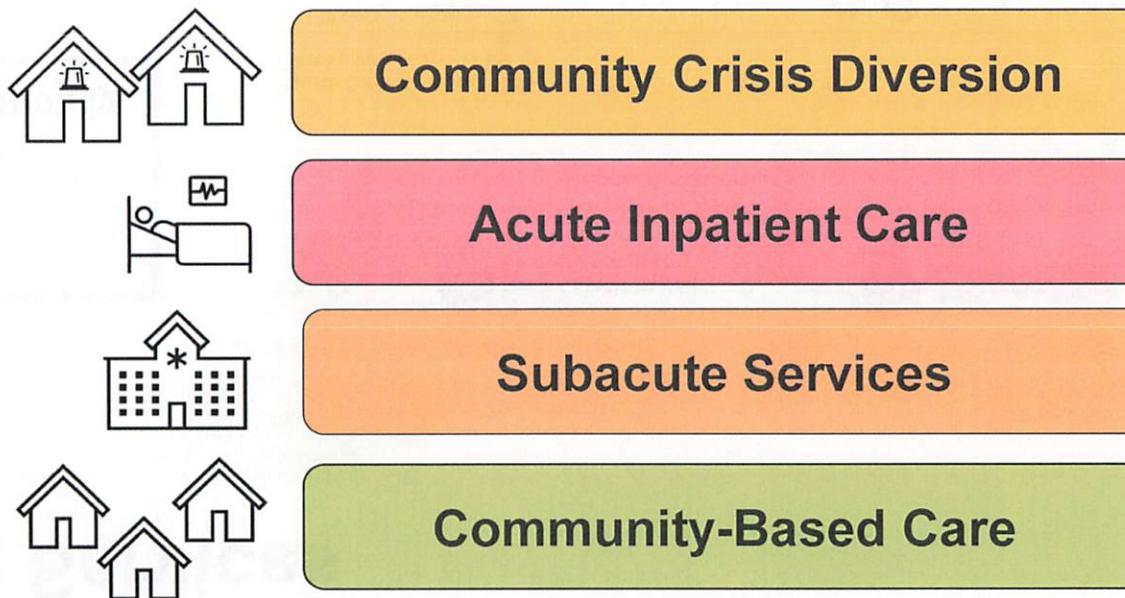
New Recovery
Residence capacity to
serve **390 more**
individuals annually



Behavioral Health Optimal Care Pathways Model



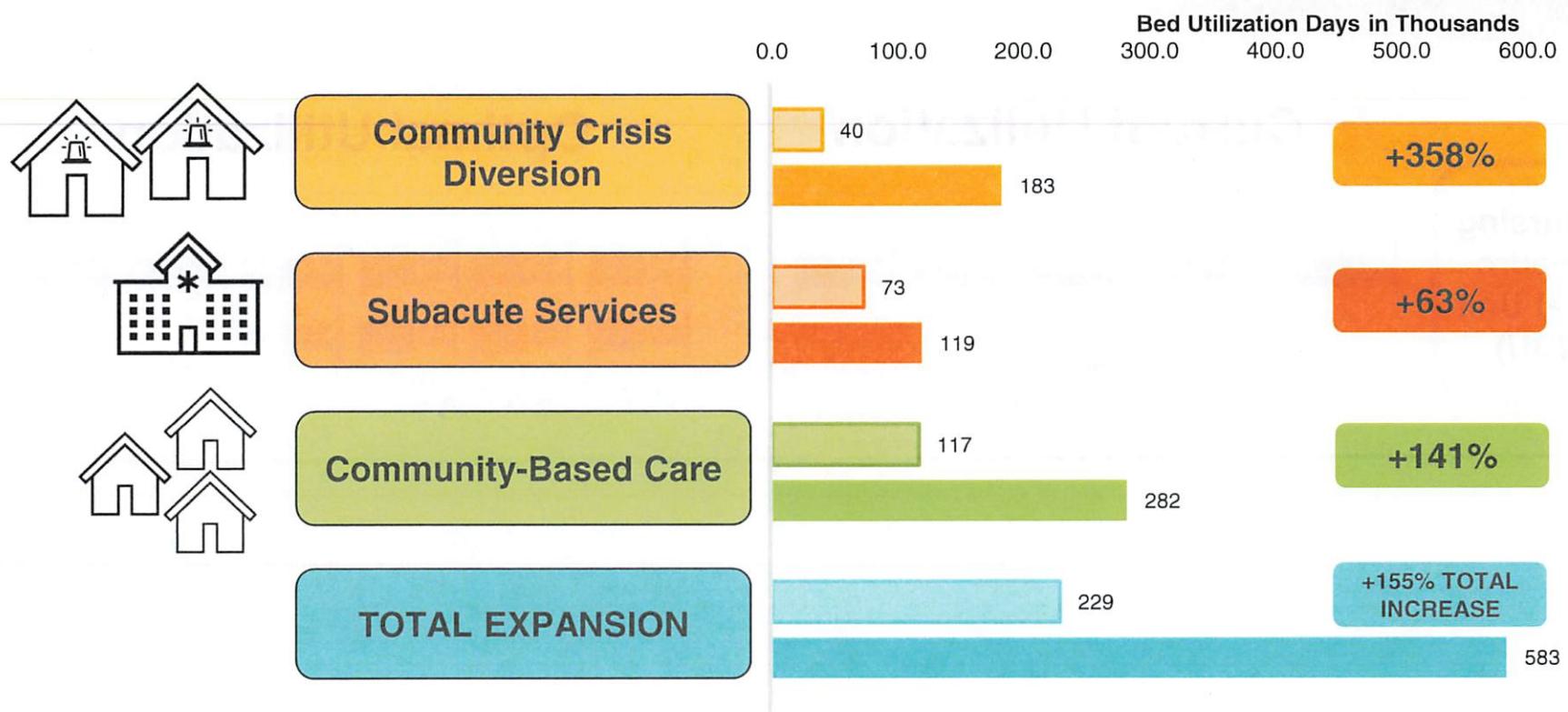
- Algorithm using data, models of care, and best practices
- Recommends the **future capacity** necessary to optimize behavioral health care under four service categories:



Optimal Service Utilization



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Recalibrating Subacute Care



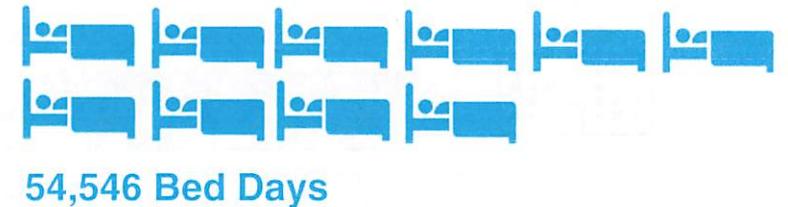
Bed Day Utilization

Current Utilization

Skilled Nursing Facility Neuro-Behavioral Unit (SNF-NBU)



Optimal Utilization



Recalibrating Subacute Care



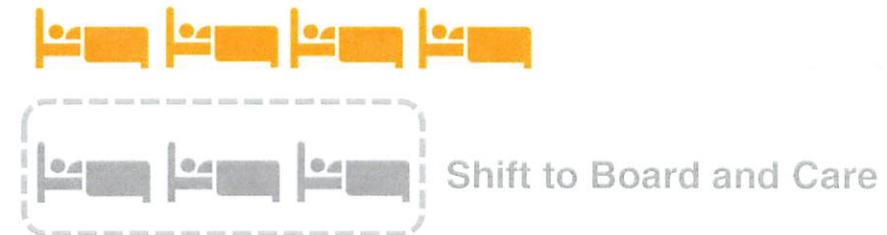
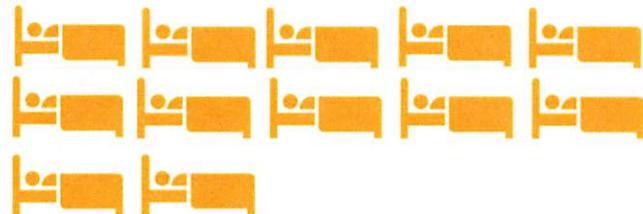
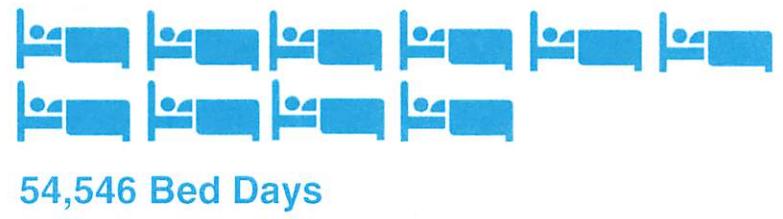
Bed Day Utilization



Current Utilization



Optimal Utilization



Board and Care Capacity



**Total Licensed Board and Care
Beds in San Diego County**

**1,208 Providers
30,630 Beds**

Board and Care Capacity



**Total Licensed Board and Care
Beds in San Diego County**

**1,208 Providers
30,630 Beds**

**Licensed Board and Care Beds
Serving People with Supplemental
Security Income (SSI)**

**116 Providers
1,664 Beds**

Board and Care Capacity



Total Licensed Board and Care Beds in San Diego County

**1,208 Providers
30,630 Beds**

Licensed Board and Care Beds Serving People with Supplemental Security Income (SSI)

**116 Providers
1,664 Beds**

Licensed Board and Care Beds Serving BHS Clients (SSI/SMI)

**8 Providers
255 Beds**
**0.8%
of All Beds**

Board and Cares with County Clients



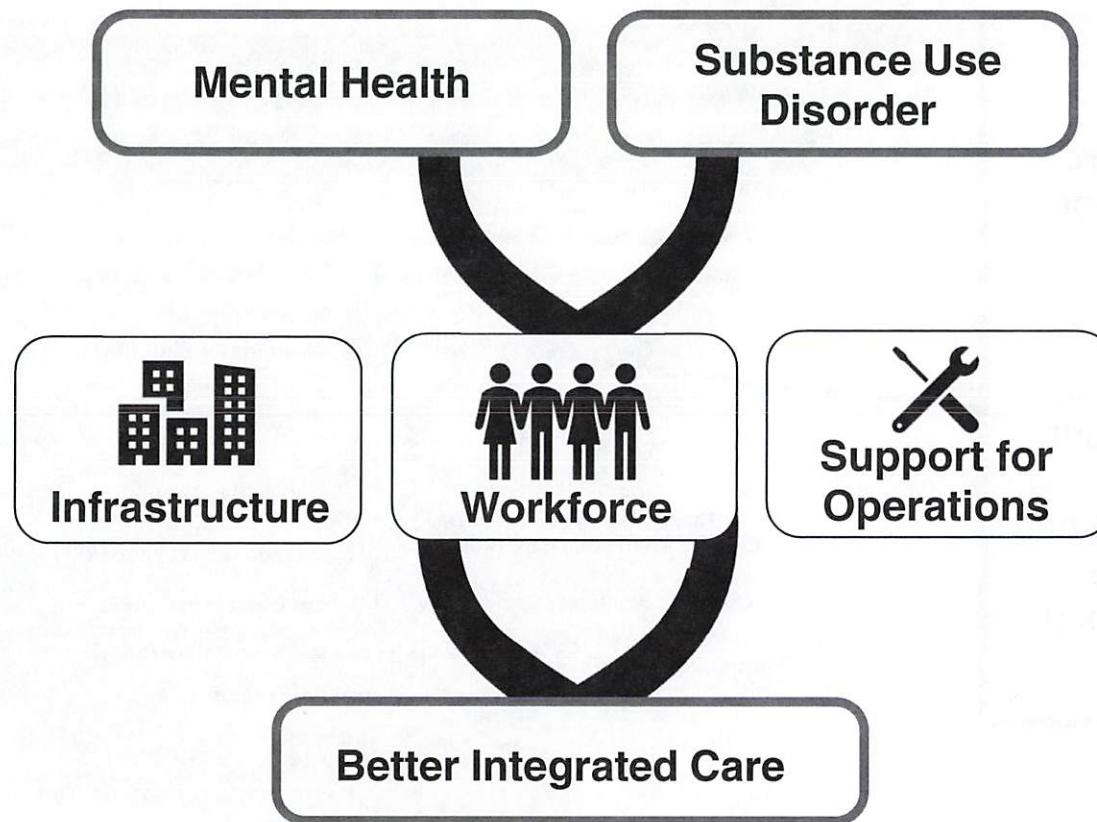
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What We Need

- 400 additional Board and Care beds in San Diego County
- More Board and Cares located in the South, Central, North Central, North Inland, and North Coastal regions
 - RFI for new 115-bed Board and Care Campus in Central region



Strategies to Enhance Community-based Care and Subacute Service Capacity



Accelerators & Barriers to the Continuum Vision



Infrastructure



Workforce



Operations

Behavioral Health
Payment Reform



Prop 1



Incompetent to
Stand Trial

CARE Act

Senate Bill 43

Accelerators & Barriers to the Continuum Vision



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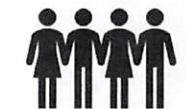
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Workforce



Operations

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Prop 1



Incompetent to
Stand Trial



CARE Act



Senate Bill 43



SB 43 Multi-Sectoral Convening



Involuntary Behavioral Health Treatment Collaborative Workgroup

- Co-chairs:
 - Dr. Nicole Esposito, Behavioral Health Services
 - Mike Phillips, Jewish Family Service of San Diego
- Workgroup convenes partners across multiple sectors
 - County government
 - Housing providers
 - Hospital and health system partners
 - Consumer advocates and peers
 - Justice partners
 - Community-based behavioral health providers
 - Health plans
 - And others

Collaborative Workgroup Subcommittees

Training and Education

**Expanded Treatment, Services,
and Support for Those with SUD**

**Alternatives to Emergency
Departments**

Continuum of Holds Under the LPS Act

Involuntary Treatment Holds

72 hours
(WIC 5150)

14 days
(WIC 5250, 5260)

30 days
(WIC 5270, 5270.70)

180 days
(WIC 5300)

Temporary and Permanent Conservatorships

Temporary Conservatorships (approx. 30 days)

Permanent Conservatorships
(Up to 1 year)

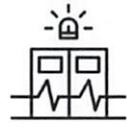


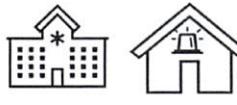
Continuum of Holds Under the LPS Act

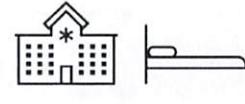


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Involuntary Treatment Holds

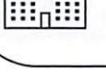
72 hours
(WIC 5150) 

14 days
(WIC 5250, 5260) 

30 days
(WIC 5270, 5270.70) 

180 days
(WIC 5300)

Treatment Settings Legend

-  Emergency Dept. or CSU
-  Crisis Residential
-  SUD Residential
-  Hospital

Temporary and Permanent Conservatorships

Temporary Conservatorships (approx. 30 days)

Permanent Conservatorships
(Up to 1 year)

Initial Readiness Domains



Domain 1

Education and Training

Domain 2

**Expanded Treatment, Services, and Support
for People with Substance Use Disorder (SUD)**

Domain 3

**Alternatives to Emergency Departments
for 5150 Transports**

Domain 4

**Update Procedures and Add Capacity to
Support the Office of the Public Conservator**

Readiness Timeline

	IMMEDIATE ACTIONS March – May 2024	MID-TERM ACTIONS June – August 2024	LONG-TERM ACTIONS September 2024 – March 2025
Education & Training	<ul style="list-style-type: none">• Develop LPS training• Focused education and public awareness efforts• Development of SB 43 public website	<ul style="list-style-type: none">• Conduct LPS trainings• Develop focused education and public awareness efforts	<ul style="list-style-type: none">• Reassessment of LPS trainings• Continue focused education and public awareness efforts

Readiness Timeline

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Expanded Treatment, Services & Support	<ul style="list-style-type: none">• Implementation of SD Relay program	<ul style="list-style-type: none">• Enhance connections for patients in emergency departments to SUD residential and outpatient treatment	<ul style="list-style-type: none">• Policy changes to establish locked hospital-based SUD treatment• Establish new crisis residential treatment for primary stand-alone SUD• Expand harm reduction housing options• Develop the Optimal Care Pathways 2.0

Readiness Timeline

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Alternatives to EDs	<ul style="list-style-type: none">Pursue state policy changes to CSU Medi-Cal billing and designation	<ul style="list-style-type: none">Contract actions to support CSU capacity for primary and stand-alone SUDTechnical assistance for CSUs	<ul style="list-style-type: none">Operationalize CSU capacity for primary and stand-alone SUD

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Public Conservator Procedures & Capacity	<ul style="list-style-type: none">Establish new policies and procedures for conservatorship evaluationsParticipation in statewide convenings to inform clinical thresholdsPublic Conservator's Office resourcing	<ul style="list-style-type: none">Implement new policies and procedures for conservatorship evaluationsContinued participation in statewide conveningsContinued Public Conservator's Office resourcingEvaluate AOT and CARE Act capacity	<ul style="list-style-type: none">Implement data collection and reporting processes and infrastructureAssess ongoing Public Conservator's Office resourcing needs

Recommendations



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Update on Board & Care

1. Receive an update on the regional capacity of board and care and subacute beds for Medi-Cal eligible adults with serious behavioral health conditions and strategies to enhance board and care and subacute capacity in San Diego County.
2. Amend the following five board and care contracts to extend contract terms up to June 30, 2025: Casa de Oro Residential Care ARF; Carroll's Community Care ARF; Tharon San Diego, LLC RCFE; Fancor Guest Home ARF; and Orlando Residential Care ARF.
3. Direct the Interim Chief Administrative Officer to sunset time-certain reporting for addressing the behavioral health worker shortage in San Diego County to coincide with significant developments.

Update on SB 43

1. Receive the 90-day update on Senate Bill 43 implementation plan as directed by the San Diego County Board of Supervisors on December 5, 2023.

Items #20 and #19: COMPREHENSIVE UPDATE ON THE CONTINUUM OF CARE, BOARD & CARE CAPACITY, CARE ACT PROGRAM, AND SENATE BILL 43

Eric C. McDonald, MD, Interim Agency Director, Health and Human Services Agency
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April 9, 2024



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